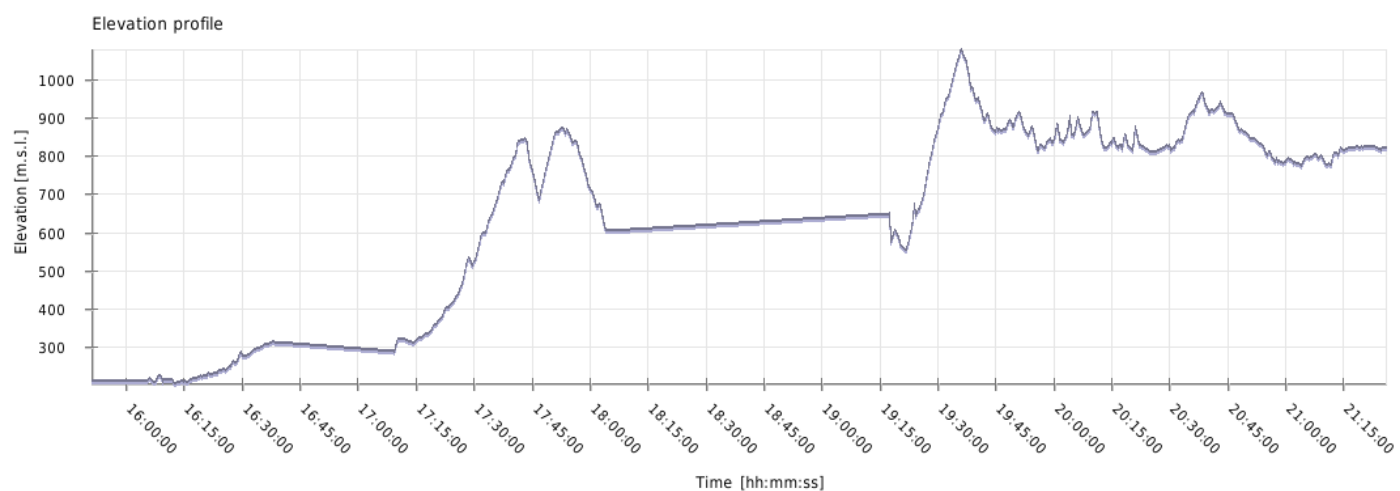
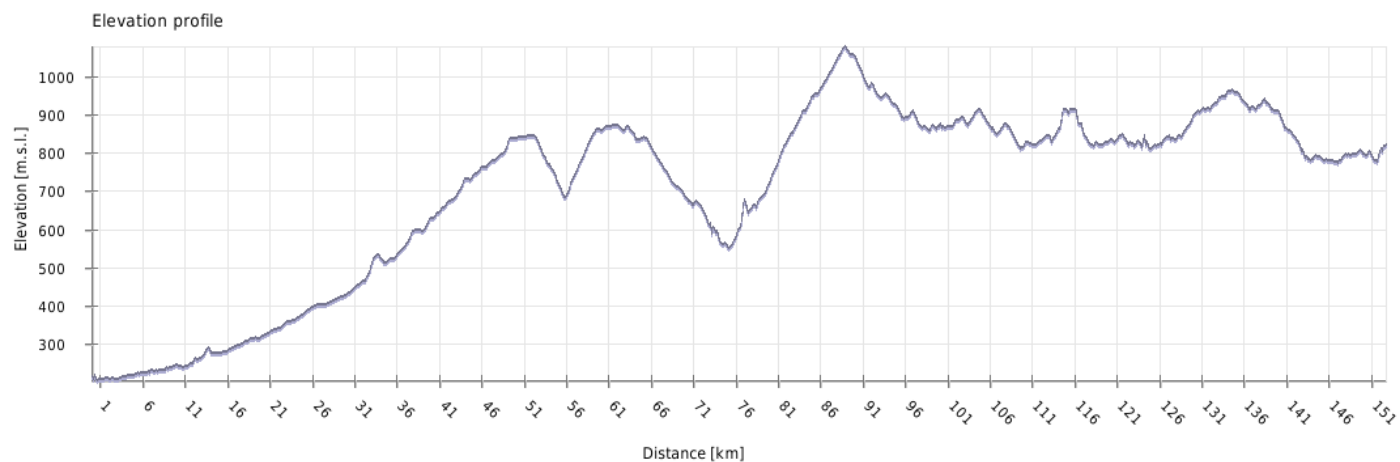
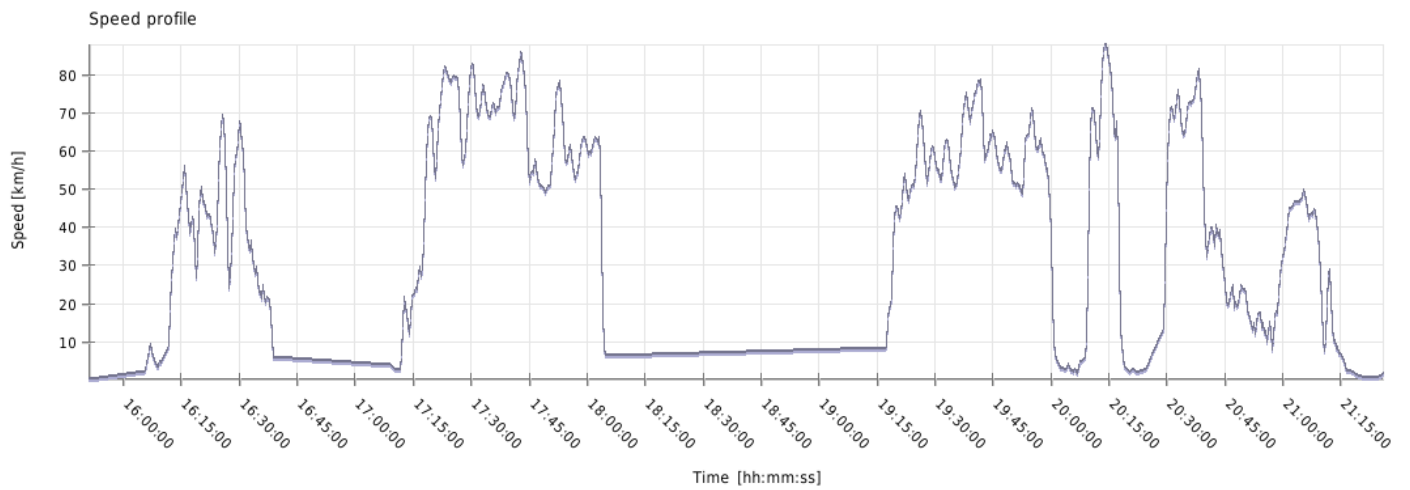
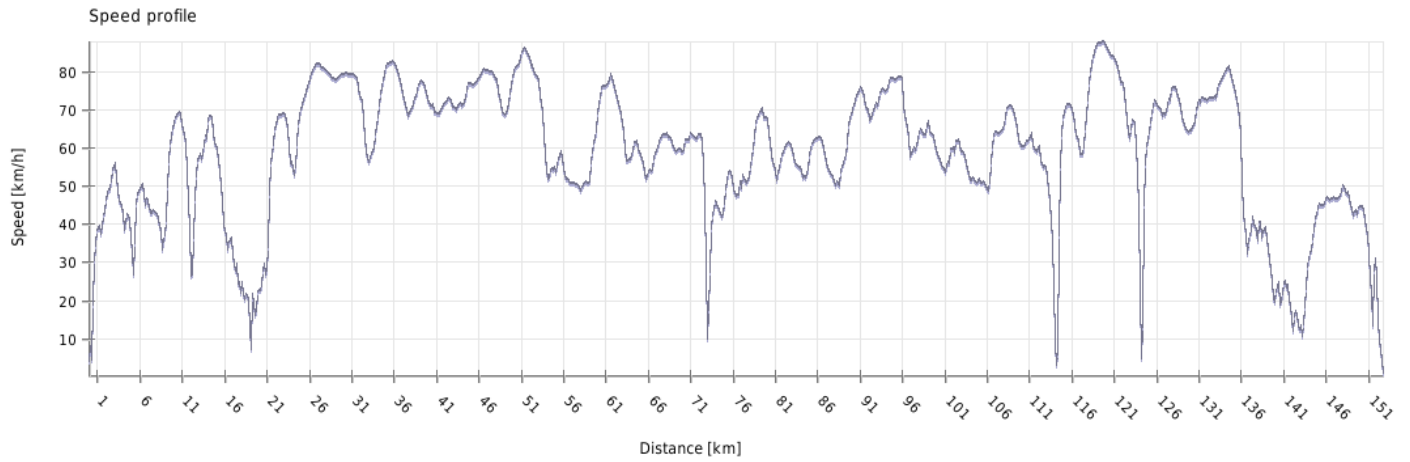


Elevation



Minimum elevation:	204 m.s.l.
Maximum elevation:	1079 m.s.l.
Average elevation:	696.8 m.s.l.
Maximum difference:	875 m
Total climbing:	2796 m
Total descent:	2188 m
Start elevation:	212.6 m.s.l.
End elevation:	820 m.s.l.
Final balance:	607.4 m

Speed

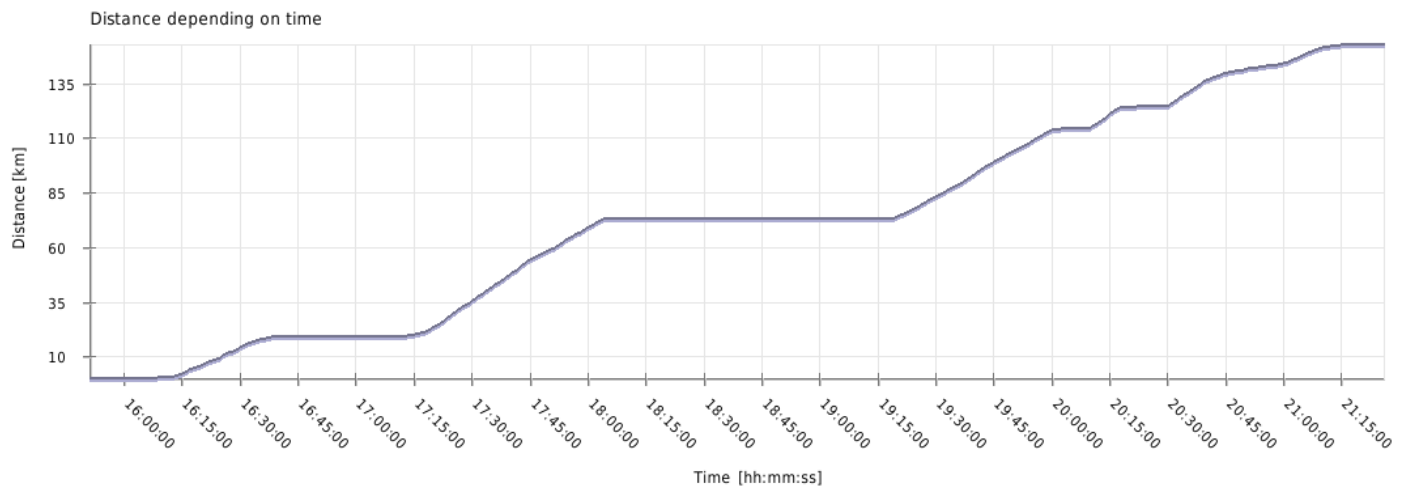


Minimum speed:	0.3 km/h
Maximum speed:	87.8 km/h
Average climbing speed :	53.3 km/h
Average descent speed :	48.6 km/h
Average flat speed:	41.8 km/h
Average speed:	50.5 km/h

Time

Date of track:	3.4.2010
Start time:	15:51:04
End time:	21:26:00
Total track time:	5h 34m 56s
Climbing time:	3h 20m 46s
Descent time:	1h 53m 47s
Flat time:	20m 23s

Distance



Total flat distance:	152.2 km
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Total real distance:	152.7 km
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Climbing distance:	86.6 km
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Descent distance:	54.9 km
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Flat distance:	11.2 km
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