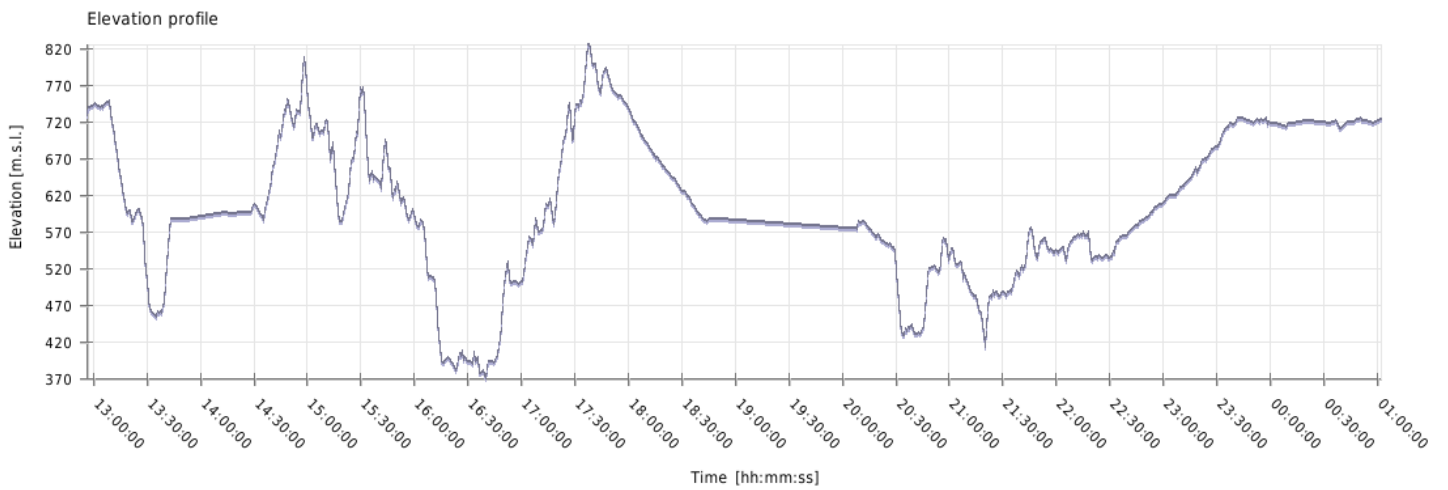
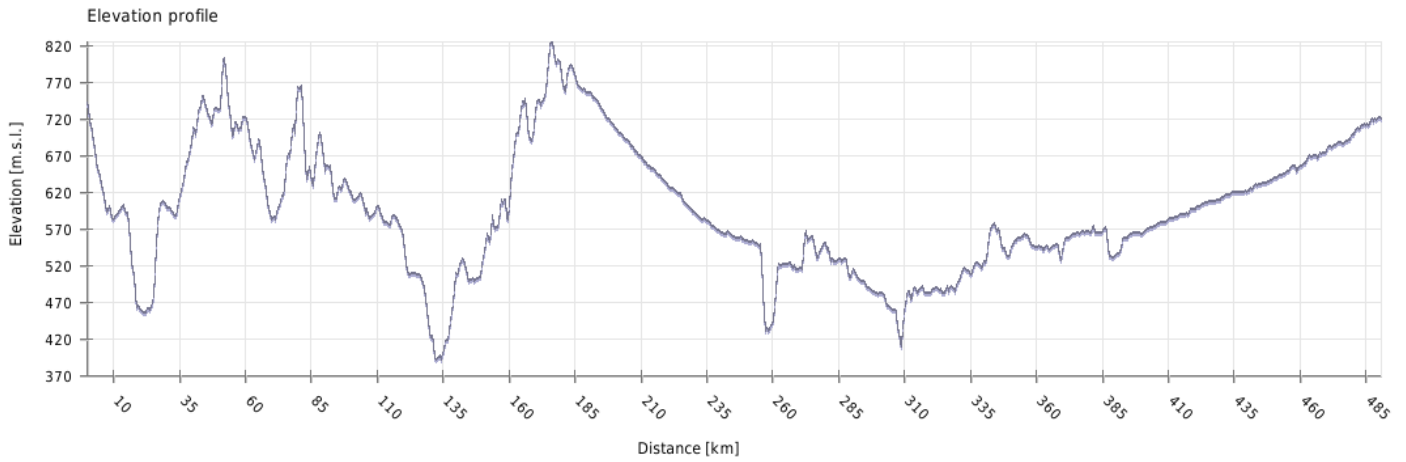
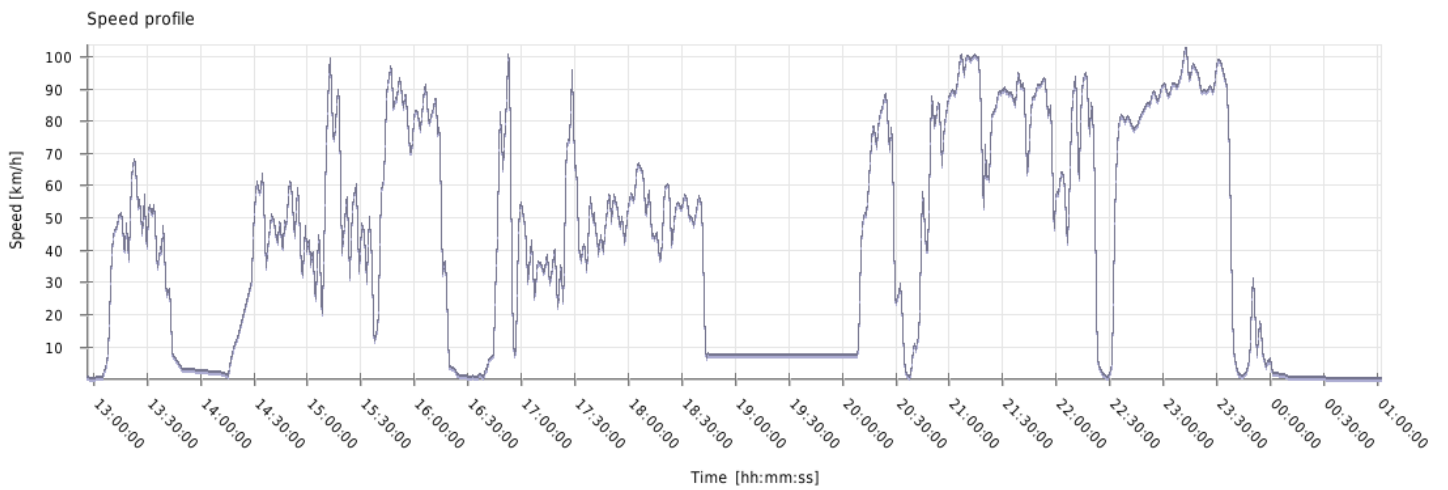
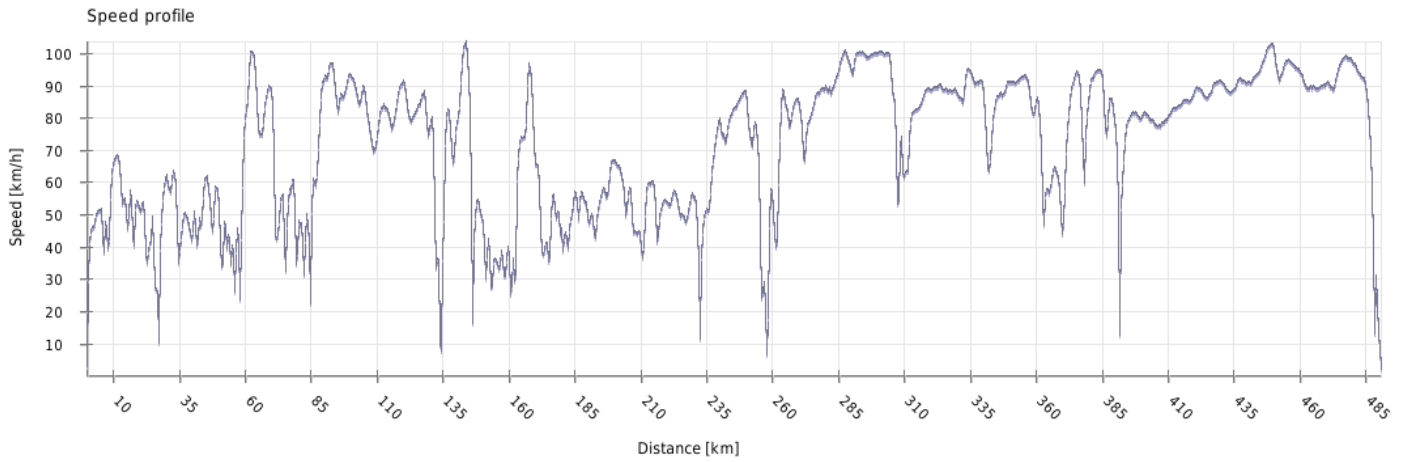


Elevation



Minimum elevation:	370 m.s.l.
Maximum elevation:	825 m.s.l.
Average elevation:	606.6 m.s.l.
Maximum difference:	455 m
Total climbing:	2945 m
Total descent:	2948 m
Start elevation:	726.2 m.s.l.
End elevation:	723 m.s.l.
Final balance:	-3.2 m

Speed

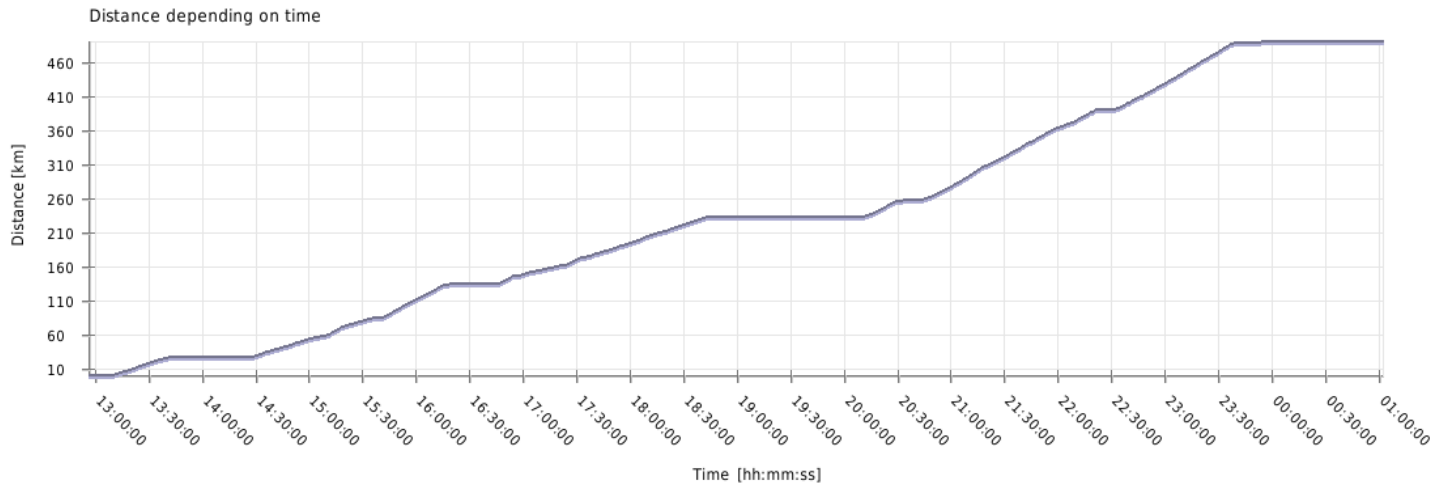


Minimum speed:	0.1 km/h
Maximum speed:	103.7 km/h
Average climbing speed :	63 km/h
Average descent speed :	64 km/h
Average flat speed:	63.7 km/h
Average speed:	63.5 km/h

Time

Date of track:	2010
Start time:	1.4 - 12:55:52
End time:	2.4 - 01:02:24
Total track time:	12h 06m 32s
Climbing time:	4h 37m 15s
Descent time:	5h 48m 50s
Flat time:	1h 40m 27s

Distance



Total flat distance:	490.5 km
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Total real distance:	490.8 km
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Climbing distance:	198.4 km
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Descent distance:	203 km
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Flat distance:	89.4 km
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