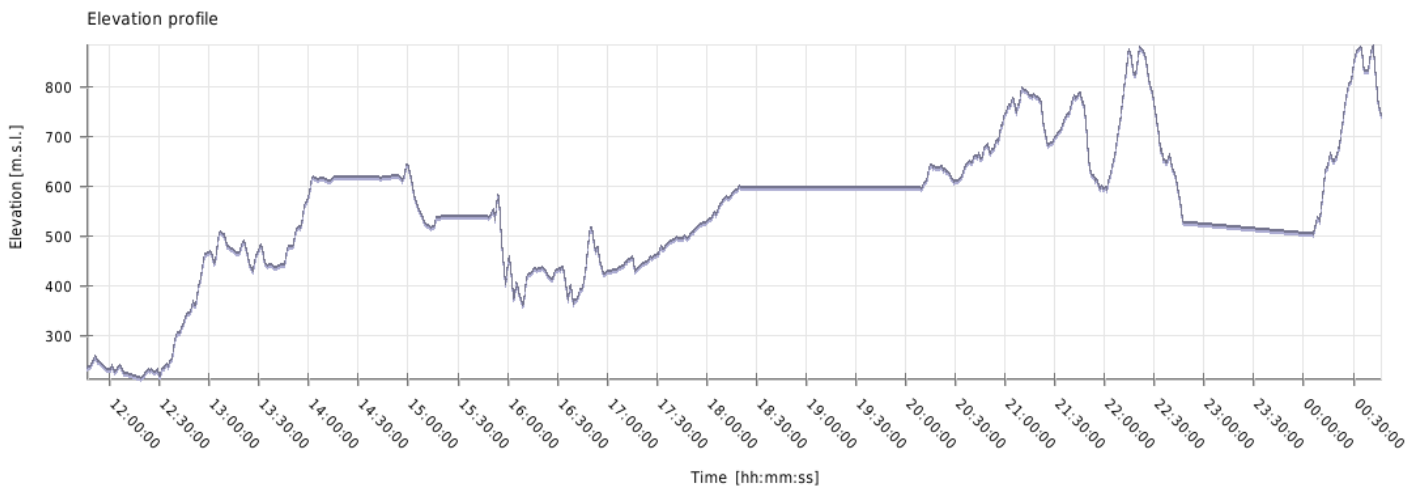
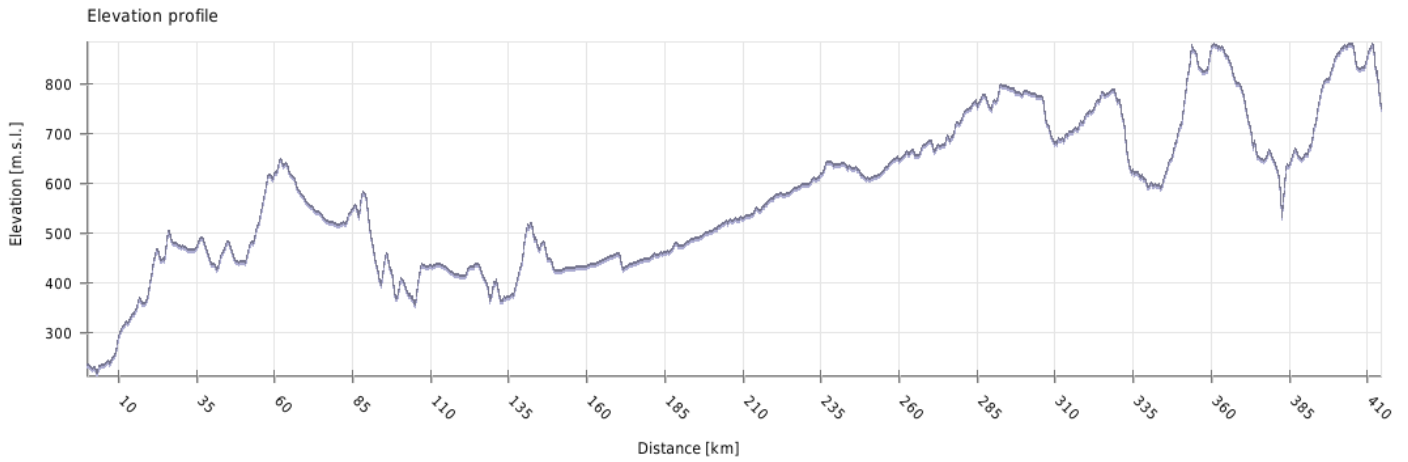
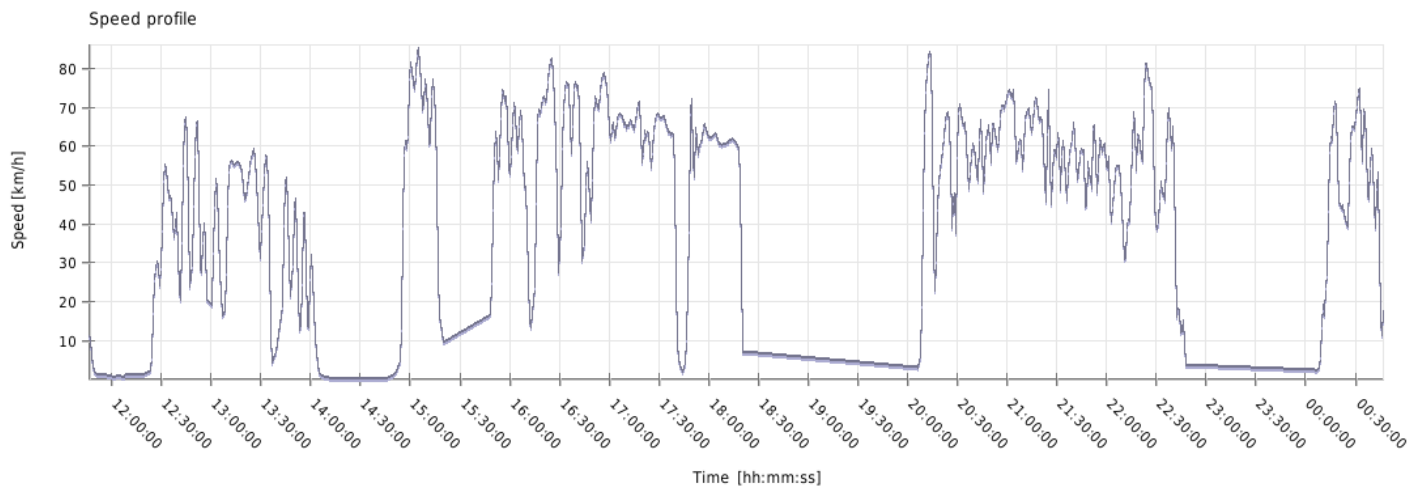
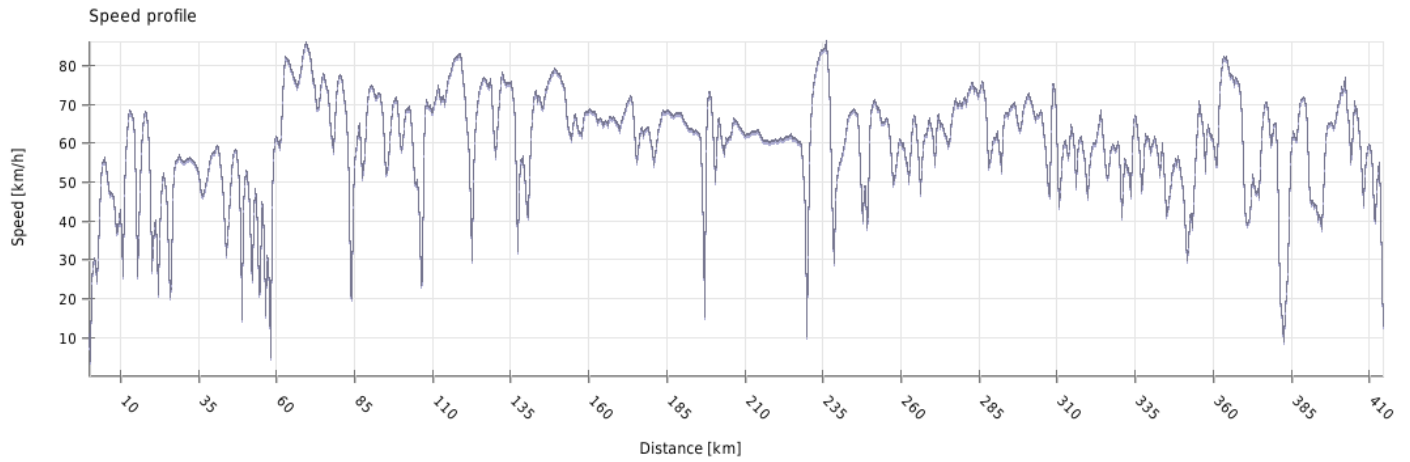


Elevation



Minimum elevation:	212 m.s.l.
Maximum elevation:	884 m.s.l.
Average elevation:	576.8 m.s.l.
Maximum difference:	672 m
Total climbing:	3249 m
Total descent:	2741 m
Start elevation:	236.6 m.s.l.
End elevation:	744 m.s.l.
Final balance:	507.4 m

Speed

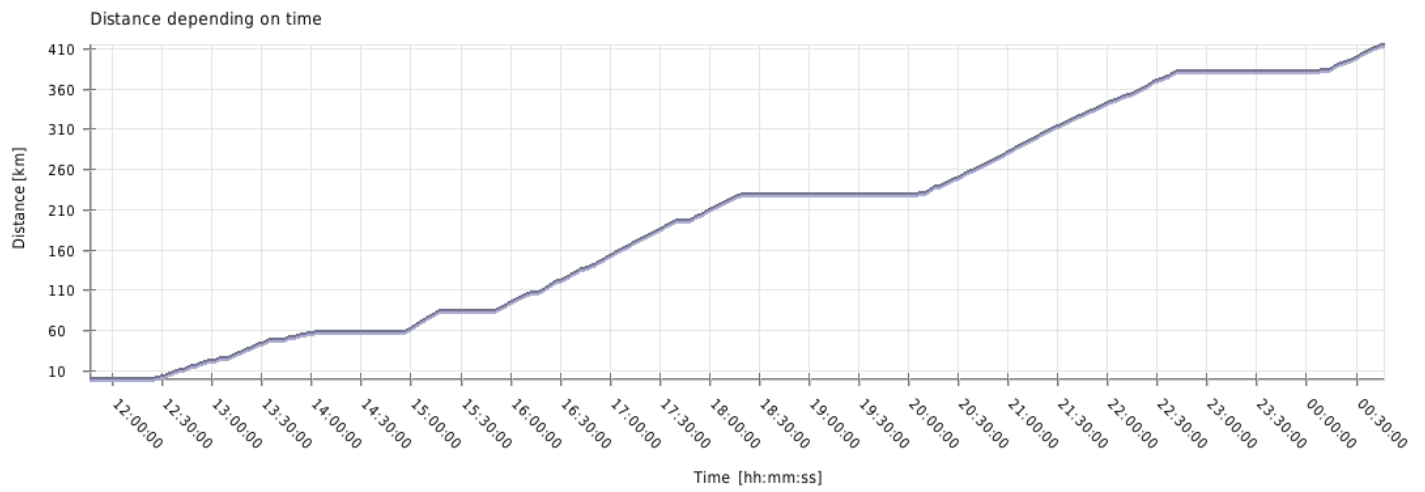


Minimum speed:	0.1 km/h
Maximum speed:	86.1 km/h
Average climbing speed :	55.8 km/h
Average descent speed :	58.8 km/h
Average flat speed:	57.6 km/h
Average speed:	57.1 km/h

Time

Date of track:	2010
Start time:	31.3 - 11:46:24
End time:	1.4 - 00:46:56
Total track time:	13h 00m 32s
Climbing time:	4h 42m 55s
Descent time:	5h 22m 06s
Flat time:	2h 55m 31s

Distance



Total flat distance:	414.2 km
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Total real distance:	414.5 km
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Climbing distance:	210.2 km
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Descent distance:	147 km
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Flat distance:	57.3 km
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