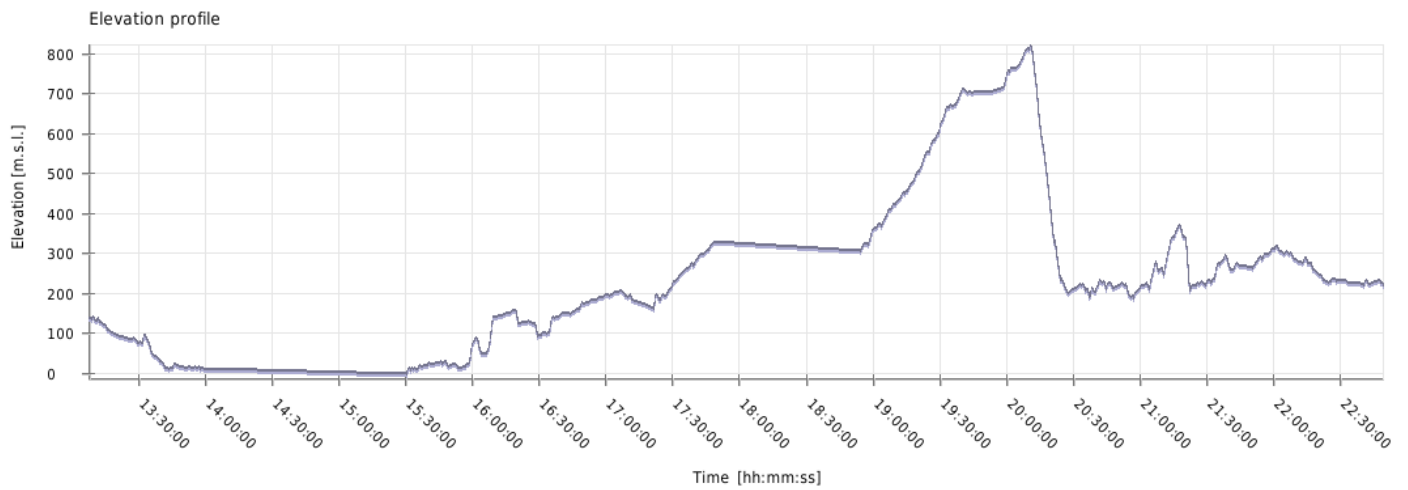
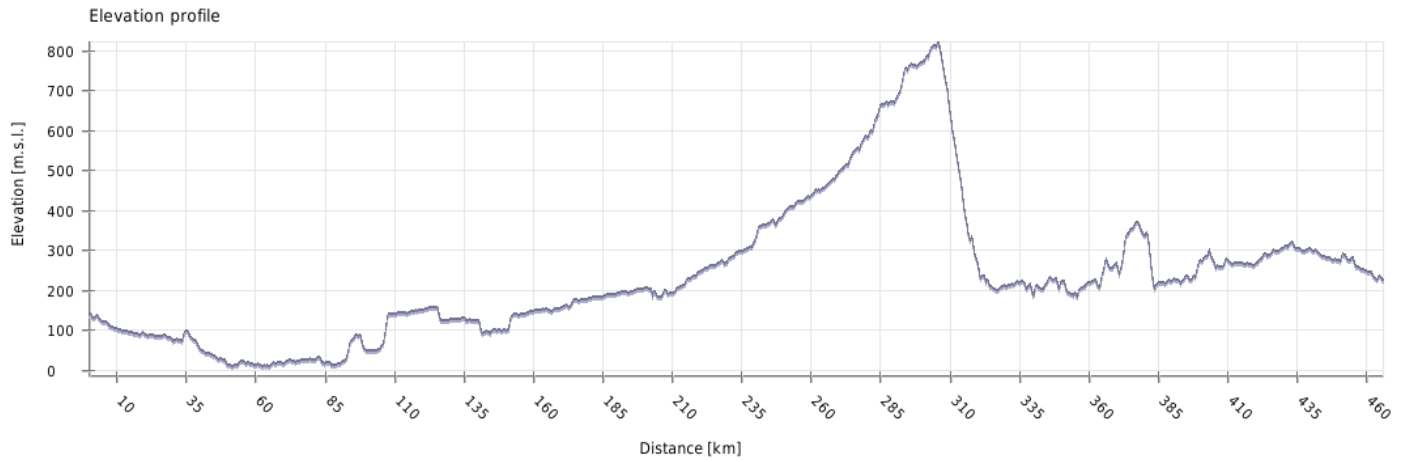
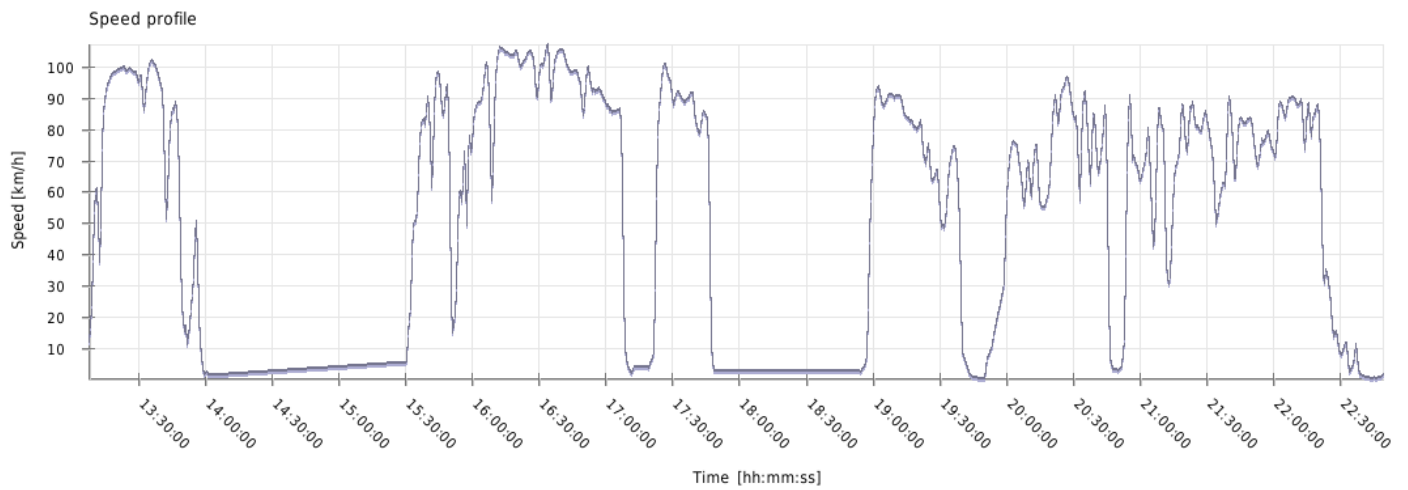
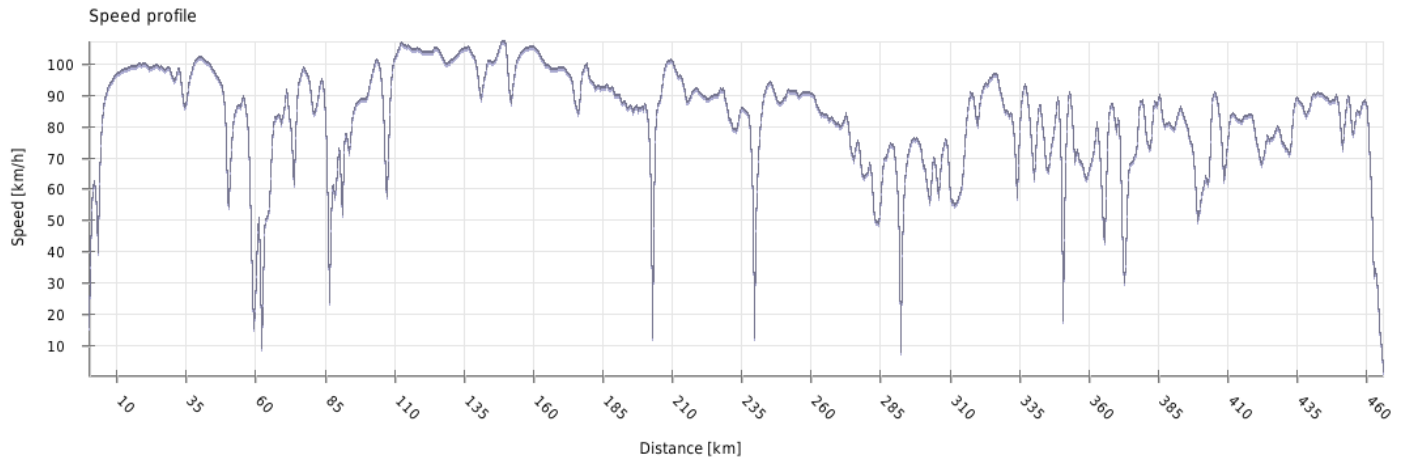


Elevation



Minimum elevation:	-14 m.s.l.
Maximum elevation:	823 m.s.l.
Average elevation:	245.1 m.s.l.
Maximum difference:	837 m
Total climbing:	2302 m
Total descent:	2218 m
Start elevation:	135.2 m.s.l.
End elevation:	219 m.s.l.
Final balance:	83.8 m

Speed

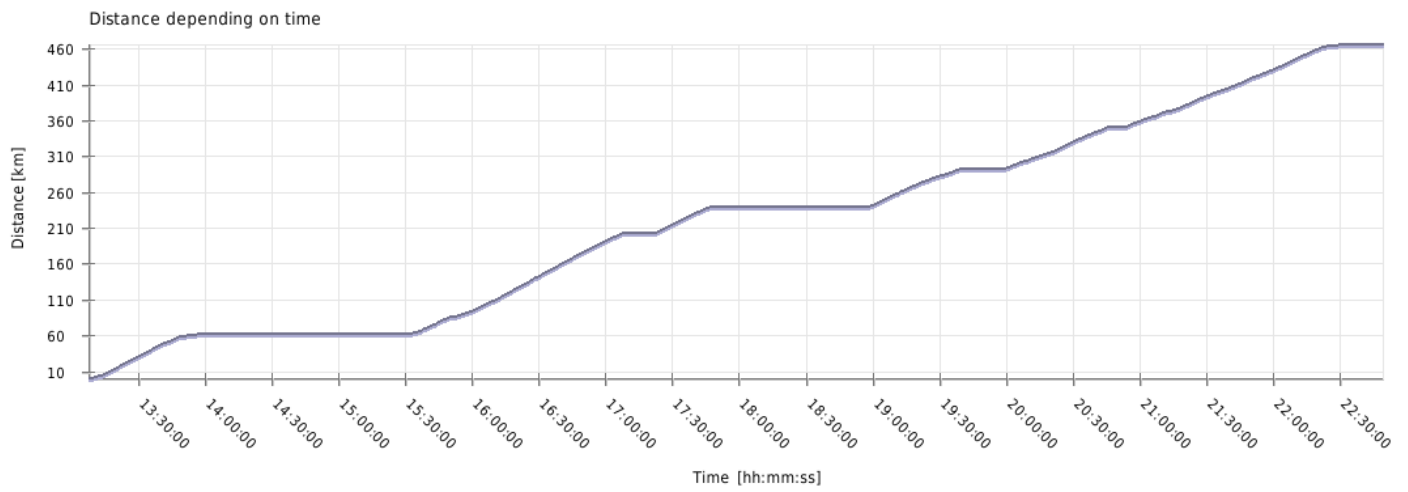


Minimum speed:	0.2 km/h
Maximum speed:	107.1 km/h
Average climbing speed :	76.7 km/h
Average descent speed :	79.3 km/h
Average flat speed:	77.2 km/h
Average speed:	77.7 km/h

Time

Date of track:	30.3.2010
Start time:	13:07:33
End time:	22:49:24
Total track time:	9h 41m 51s
Climbing time:	3h 20m 39s
Descent time:	5h 10m 56s
Flat time:	1h 10m 16s

Distance



Total flat distance:	465.8 km
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Total real distance:	466 km
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Climbing distance:	223.9 km
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Descent distance:	164.4 km
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Flat distance:	77.7 km
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