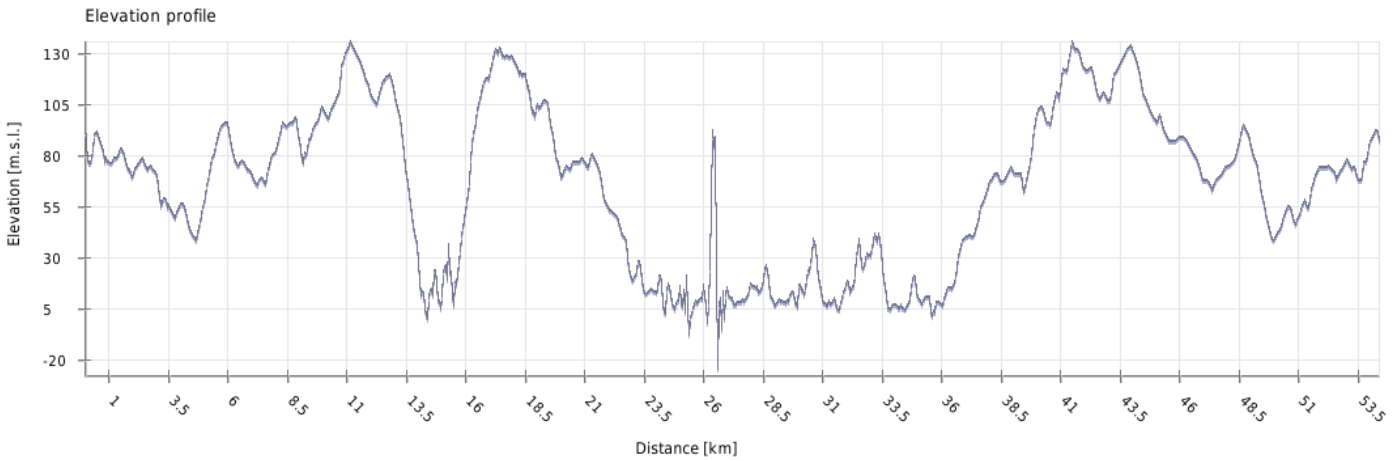
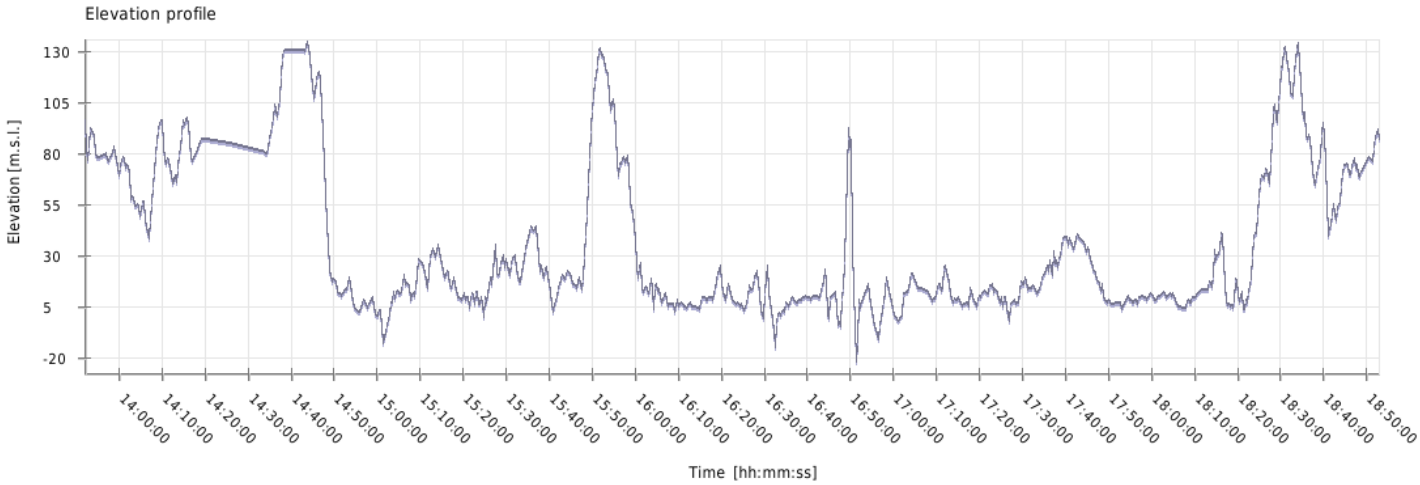
no_name

Generated by uTrack (http://utrack.crempa.net)

Elevation





Minimum elevation:	-28 m.s.l.
Maximum elevation:	136 m.s.l.
Average elevation:	40.4 m.s.l.
Maximum difference:	164 m
Total climbing:	1767 m
Total descent:	1776 m
Start elevation:	96.2 m.s.l.
End elevation:	87 m.s.l.
Final balance:	-9.2 m

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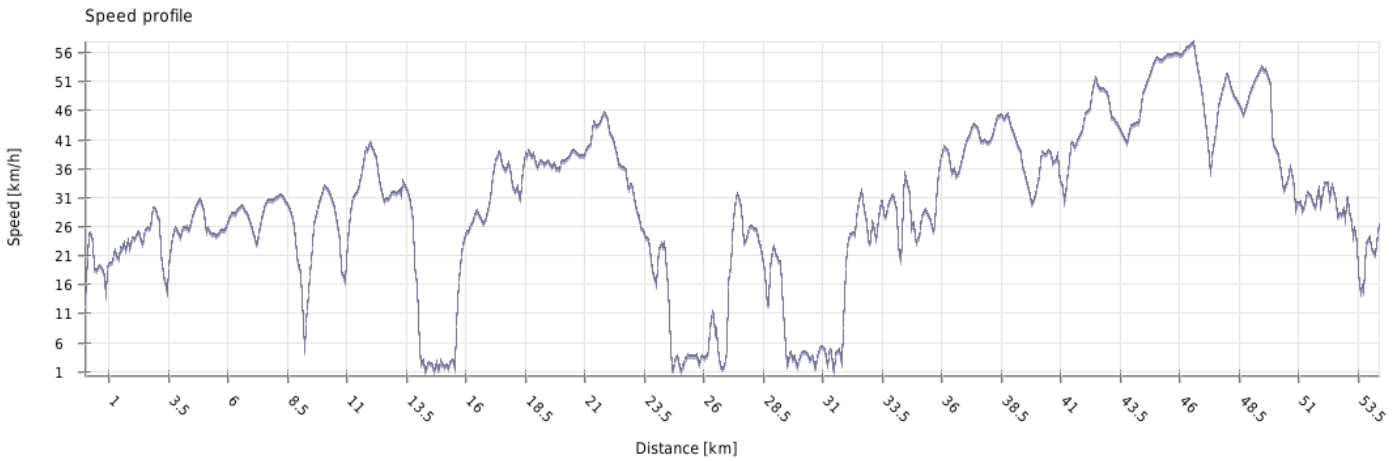
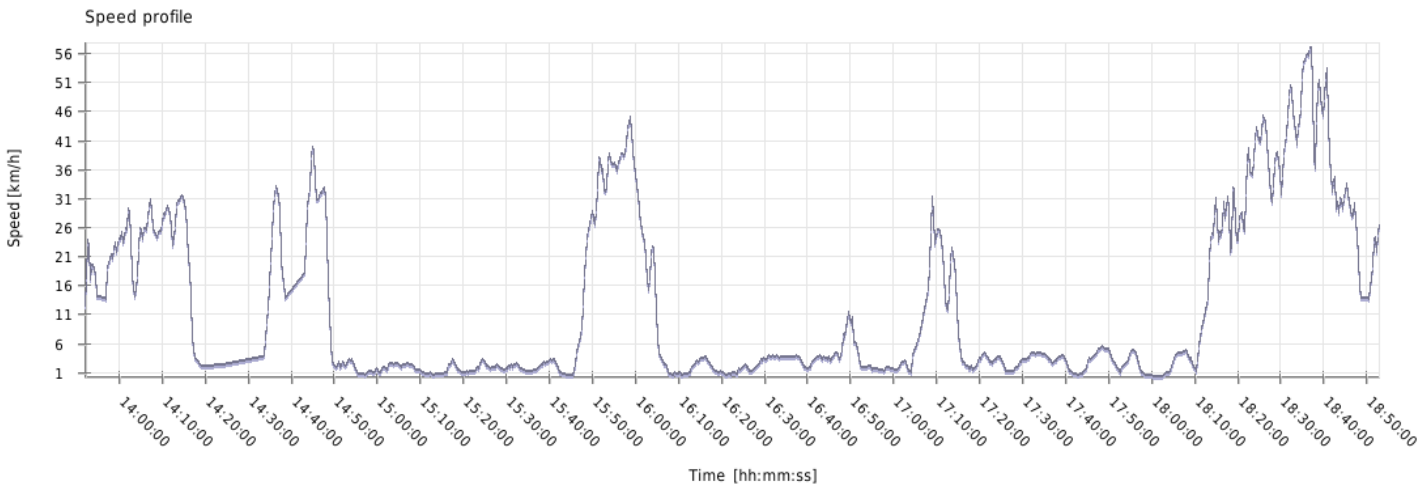
Speed





Minimum speed:	0.3 km/h
Maximum speed:	57.8 km/h
Average climbing speed :	22.9 km/h
Average descent speed :	24.3 km/h
Average flat speed:	19 km/h
Average speed:	22.9 km/h

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Time

Date of track:	28.3.2010
Start time:	13:52:07
End time:	18:52:58
Total track time:	5h 00m 51s
Climbing time:	2h 04m 41s
Descent time:	2h 18m 40s
Flat time:	37m 30s

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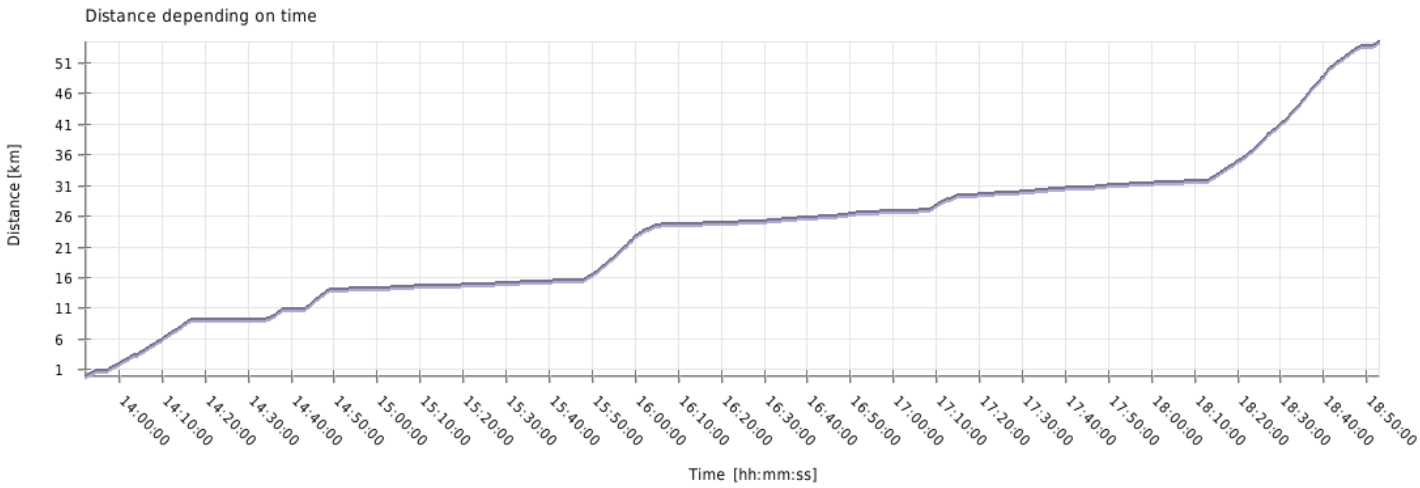
Distance



Total flat distance:	53.7 km
Total real distance:	54.4 km
Climbing distance:	23.8 km
Descent distance:	24 km
Flat distance:	6.5 km