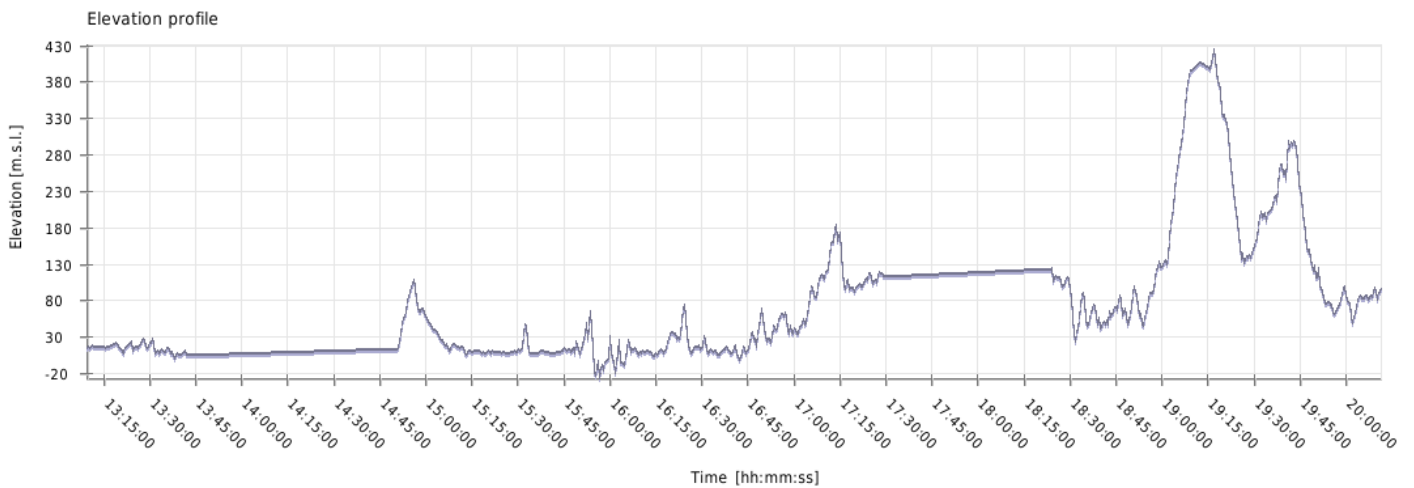
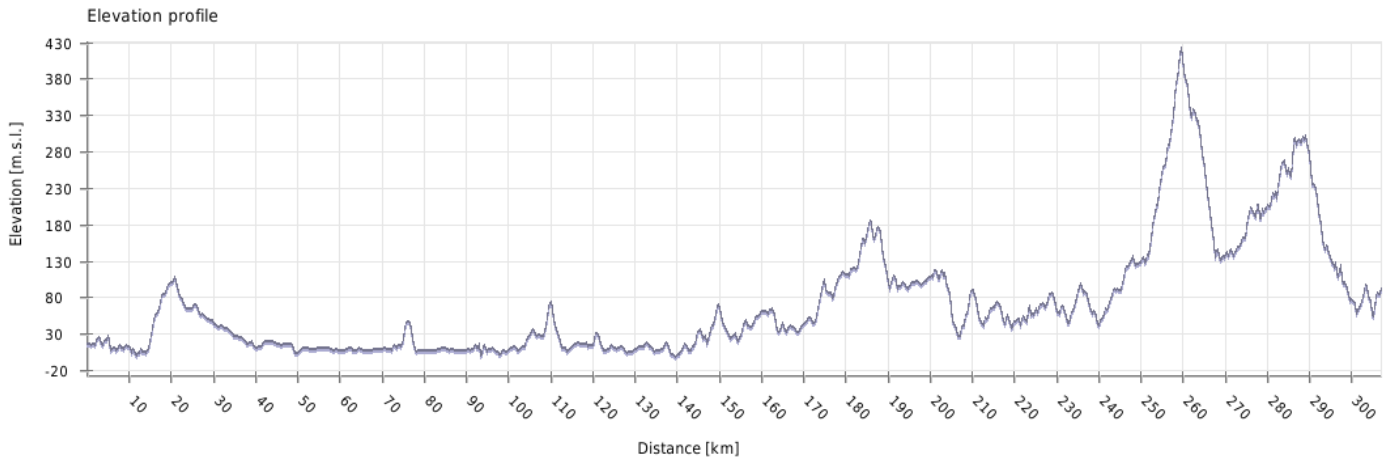
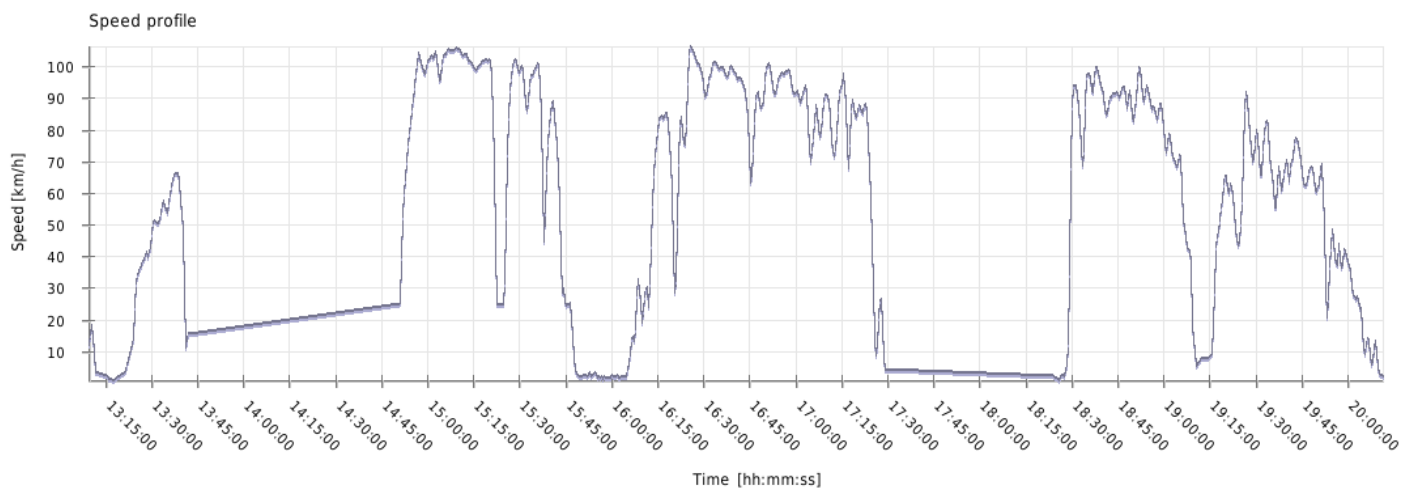
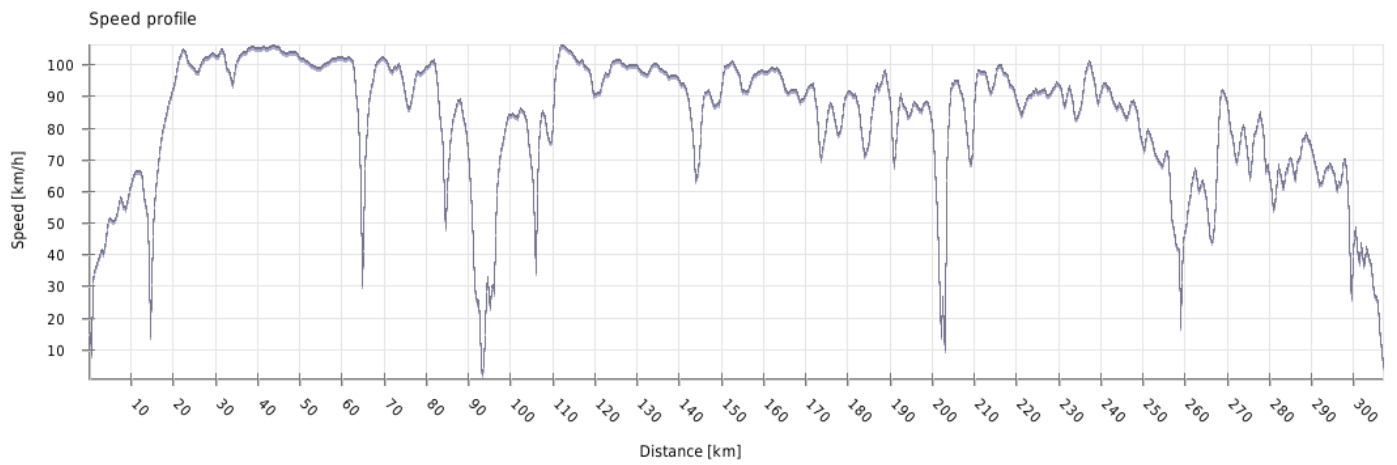


Elevation



Minimum elevation:	-27 m.s.l.
Maximum elevation:	431 m.s.l.
Average elevation:	93.4 m.s.l.
Maximum difference:	458 m
Total climbing:	2618 m
Total descent:	2533 m
Start elevation:	11.8 m.s.l.
End elevation:	96 m.s.l.
Final balance:	84.2 m

Speed

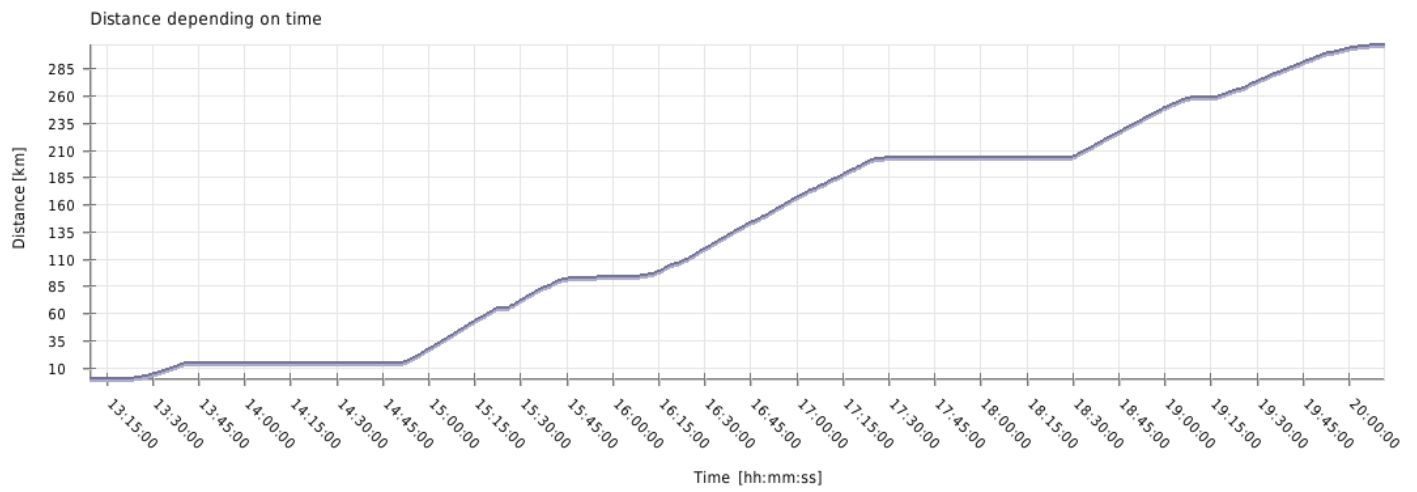


Minimum speed:	0.8 km/h
Maximum speed:	106.3 km/h
Average climbing speed :	72.6 km/h
Average descent speed :	73.5 km/h
Average flat speed:	74.3 km/h
Average speed:	73.2 km/h

Time

Date of track:	27.3.2010
Start time:	13:09:23
End time:	20:11:33
Total track time:	7h 02m 10s
Climbing time:	4h 23m 49s
Descent time:	2h 01m 33s
Flat time:	36m 48s

Distance



Total flat distance: 306.6 km

Total real distance: 307.1 km

Climbing distance: 139 km

Descent distance: 124 km

Flat distance: 44.1 km