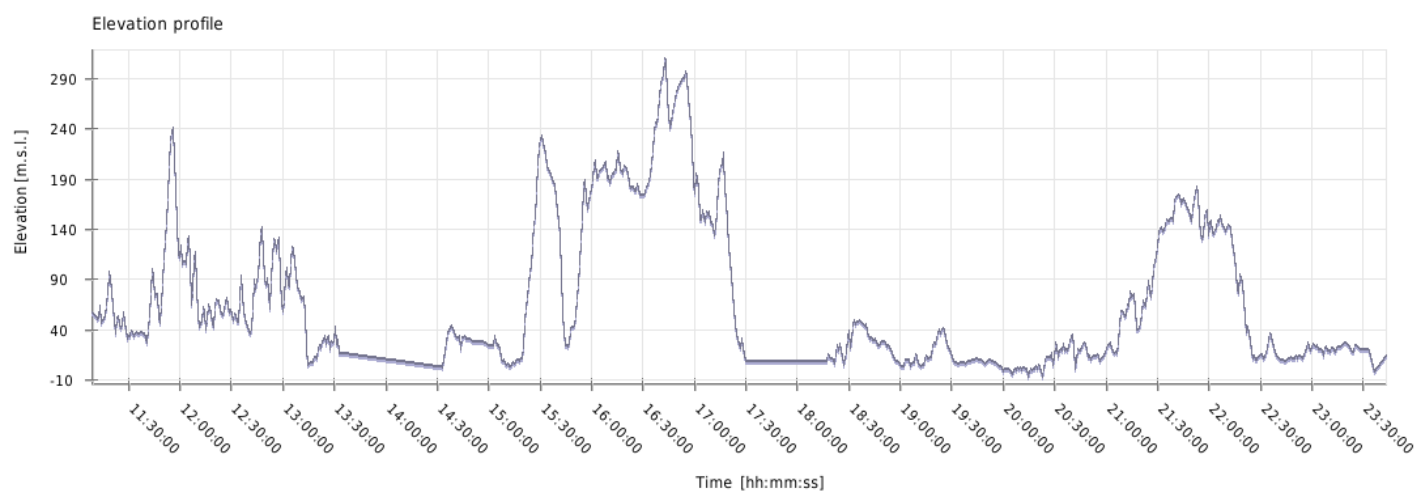
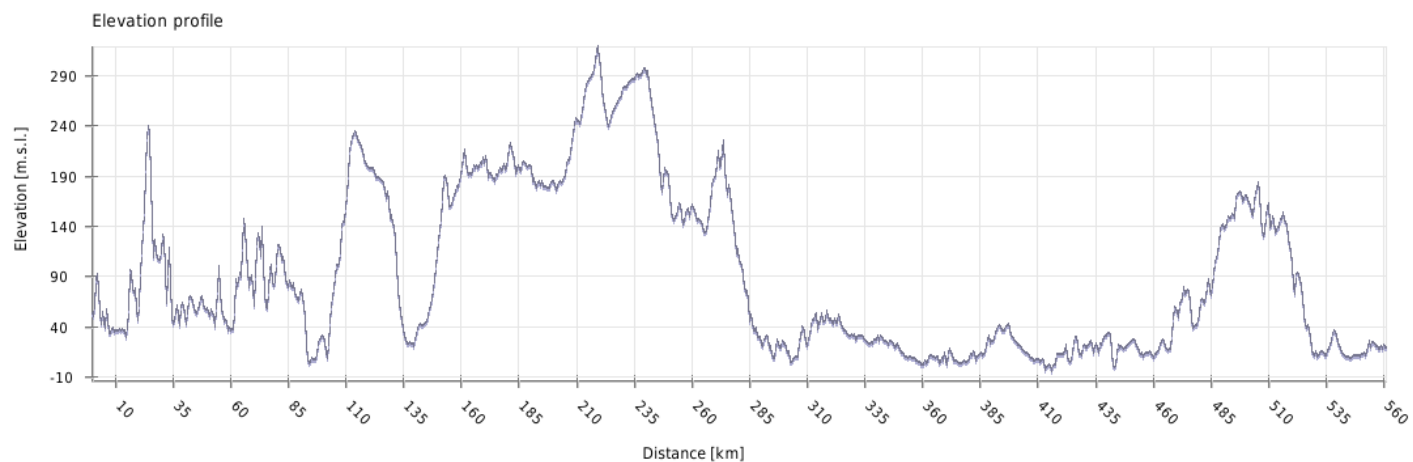
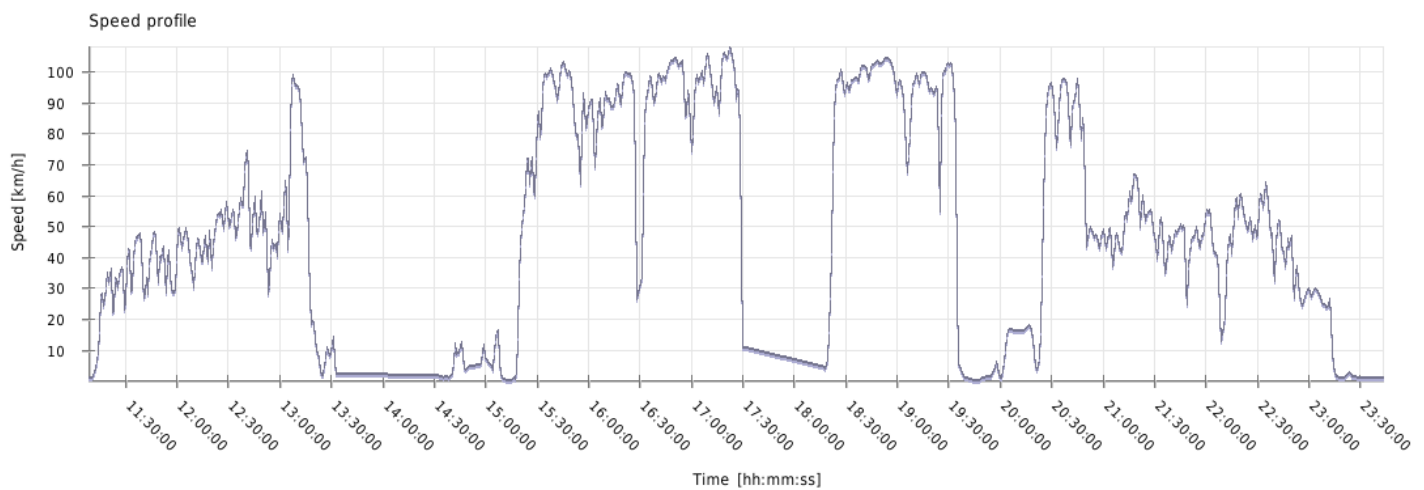
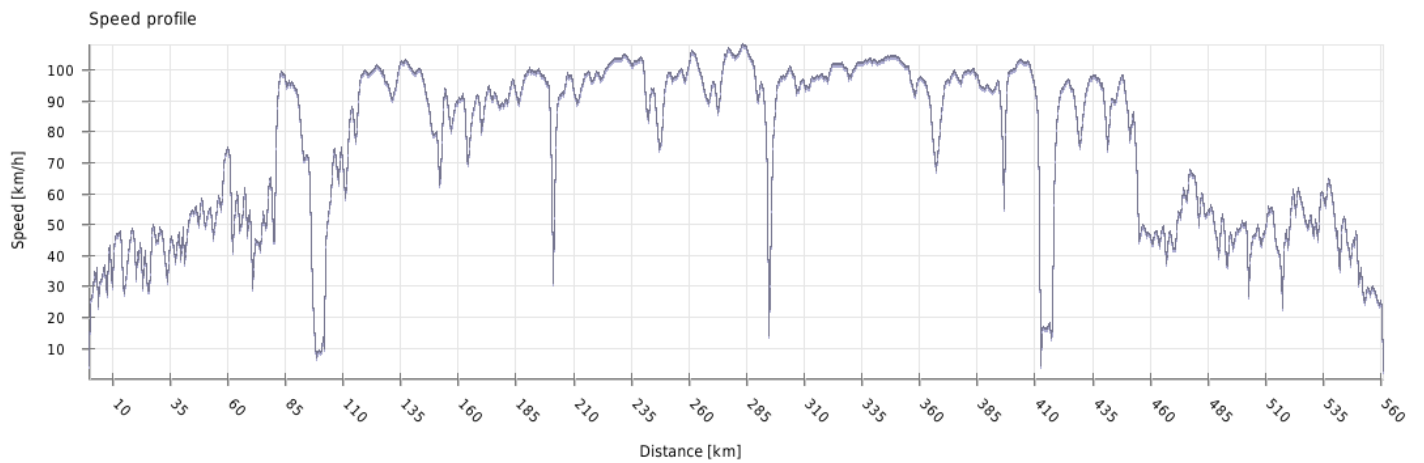


Elevation



Minimum elevation:	-14 m.s.l.
Maximum elevation:	319 m.s.l.
Average elevation:	79.5 m.s.l.
Maximum difference:	333 m
Total climbing:	3903 m
Total descent:	3938 m
Start elevation:	48.1 m.s.l.
End elevation:	13 m.s.l.
Final balance:	-35.1 m

Speed

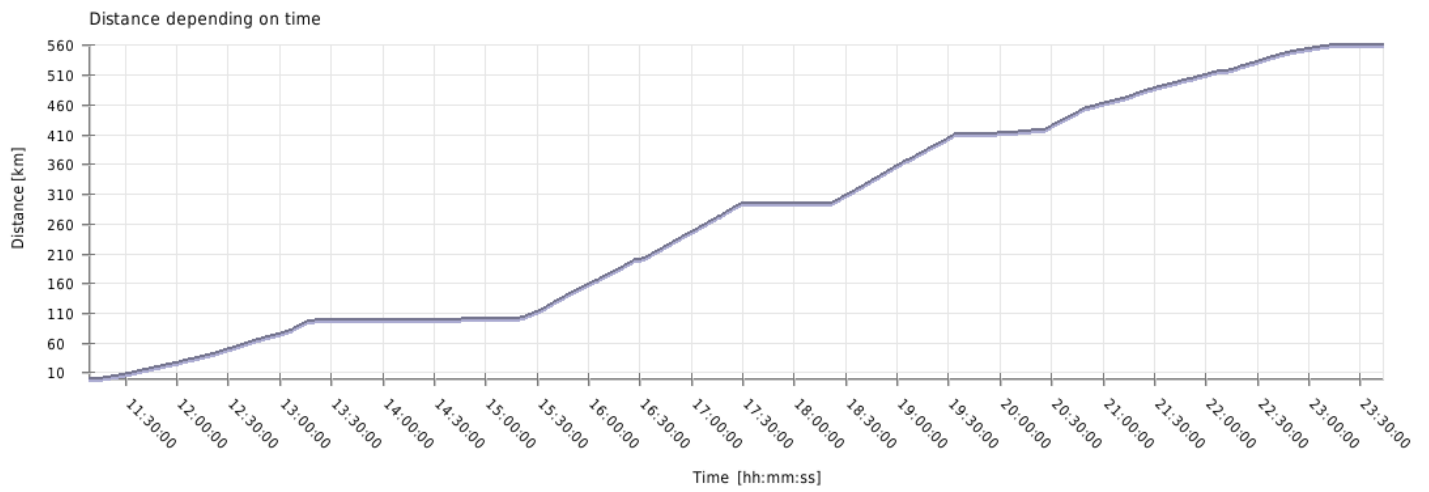


Minimum speed:	0.1 km/h
Maximum speed:	108 km/h
Average climbing speed :	62.2 km/h
Average descent speed :	66 km/h
Average flat speed:	56.8 km/h
Average speed:	63 km/h

Time

Date of track:	26.3.2010
Start time:	11:08:19
End time:	23:43:30
Total track time:	12h 35m 11s
Climbing time:	5h 25m 24s
Descent time:	5h 39m 41s
Flat time:	1h 30m 06s

Distance



Total flat distance: 560.7 km

Total real distance: 561.1 km

Climbing distance: 244.1 km

Descent distance: 244.8 km

Flat distance: 72.2 km