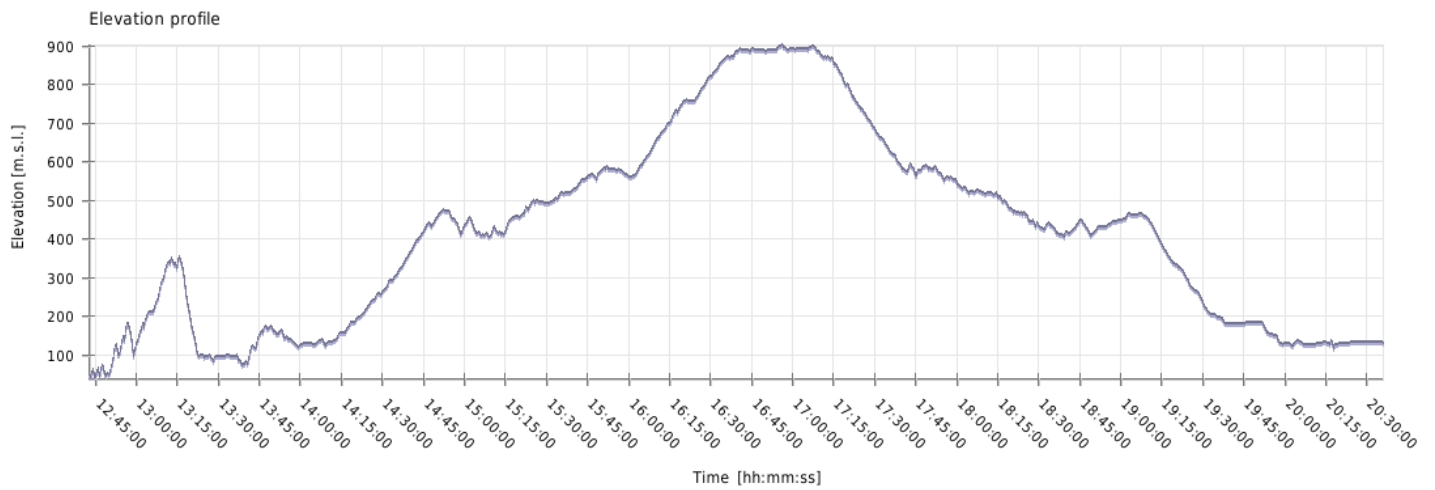
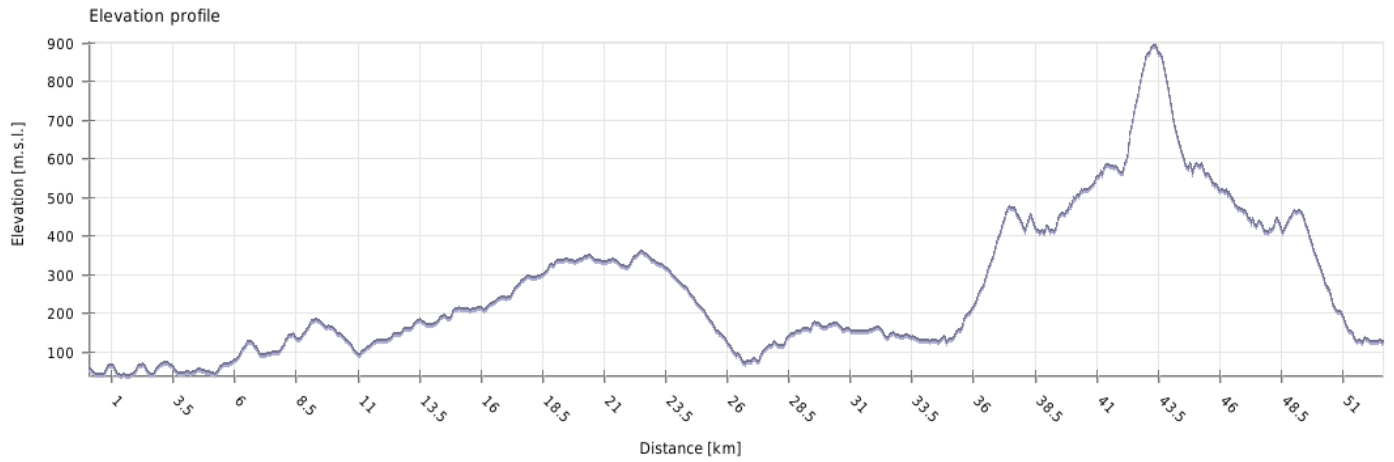
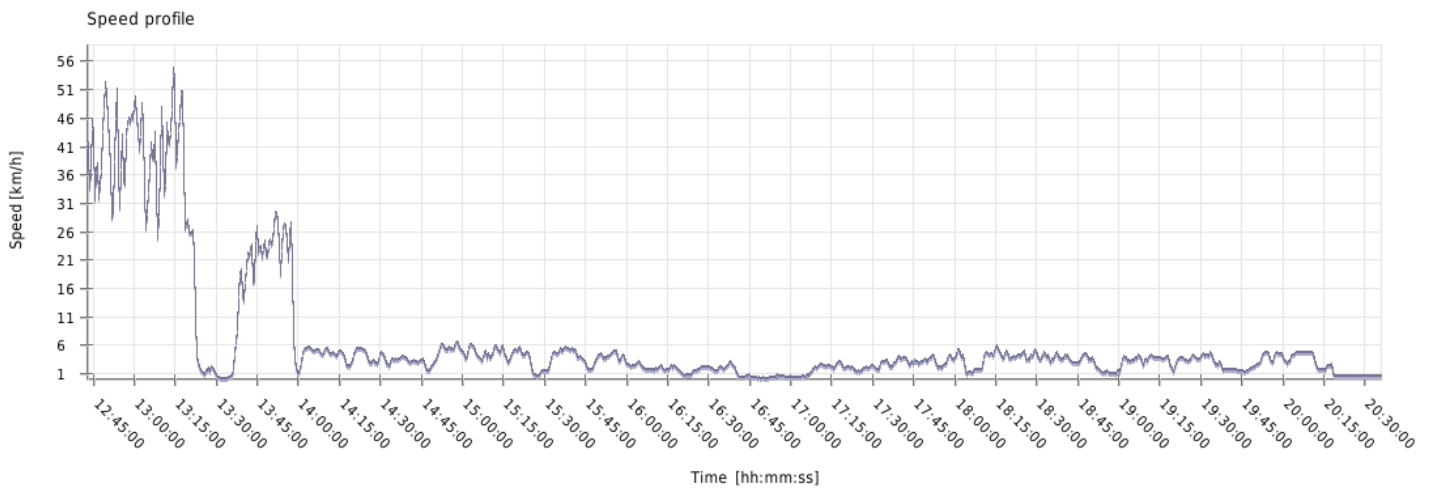
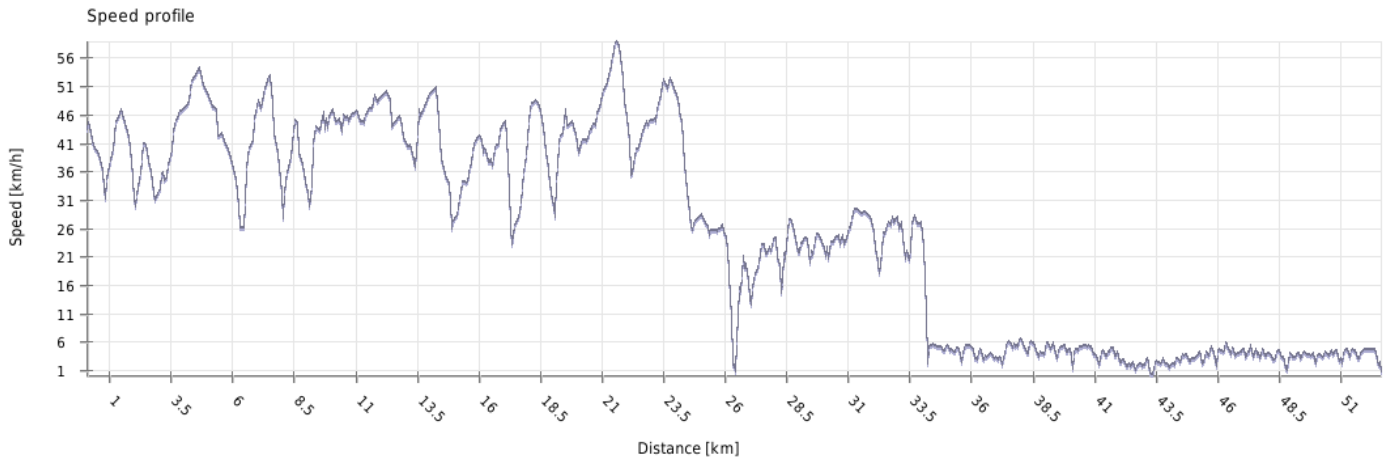


## Elevation



Minimum elevation:	38 m.s.l.
Maximum elevation:	903 m.s.l.
Average elevation:	407.4 m.s.l.
Maximum difference:	865 m
Total climbing:	2650 m
Total descent:	2573 m
Start elevation:	51.7 m.s.l.
End elevation:	128 m.s.l.
Final balance:	76.3 m

## Speed



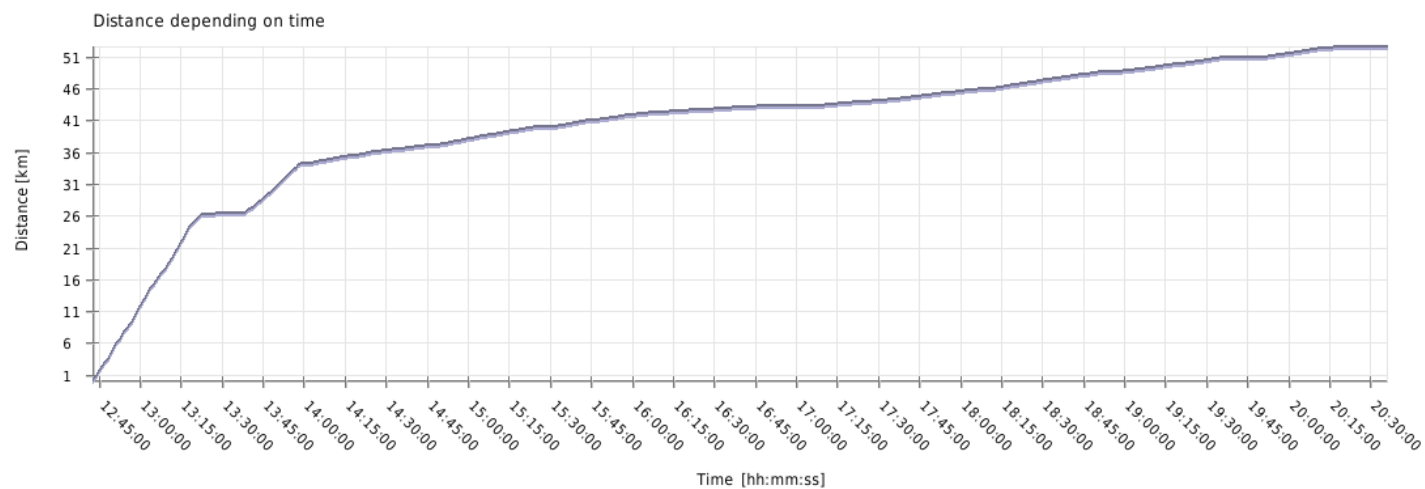
Minimum speed:	0.1 km/h
Maximum speed:	58.9 km/h
Average climbing speed :	13.5 km/h
Average descent speed :	13.2 km/h
Average flat speed:	9.9 km/h
Average speed:	12.8 km/h

## Time

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Date of track:	25.3.2010
Start time:	12:42:41
End time:	20:36:02
Total track time:	7h 53m 21s
Climbing time:	3h 26m 54s
Descent time:	3h 20m 40s
Flat time:	1h 05m 47s

## Distance



Total flat distance:	51.8 km
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Total real distance:	52.6 km
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Climbing distance:	24.5 km
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Descent distance:	22.5 km
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Flat distance:	5.7 km
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