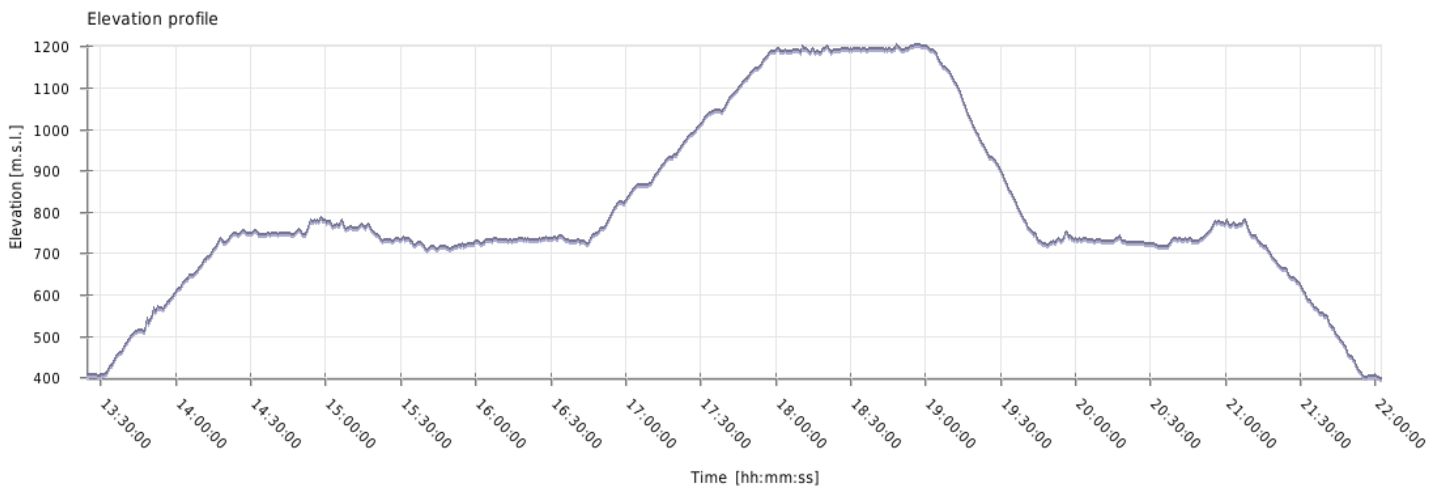
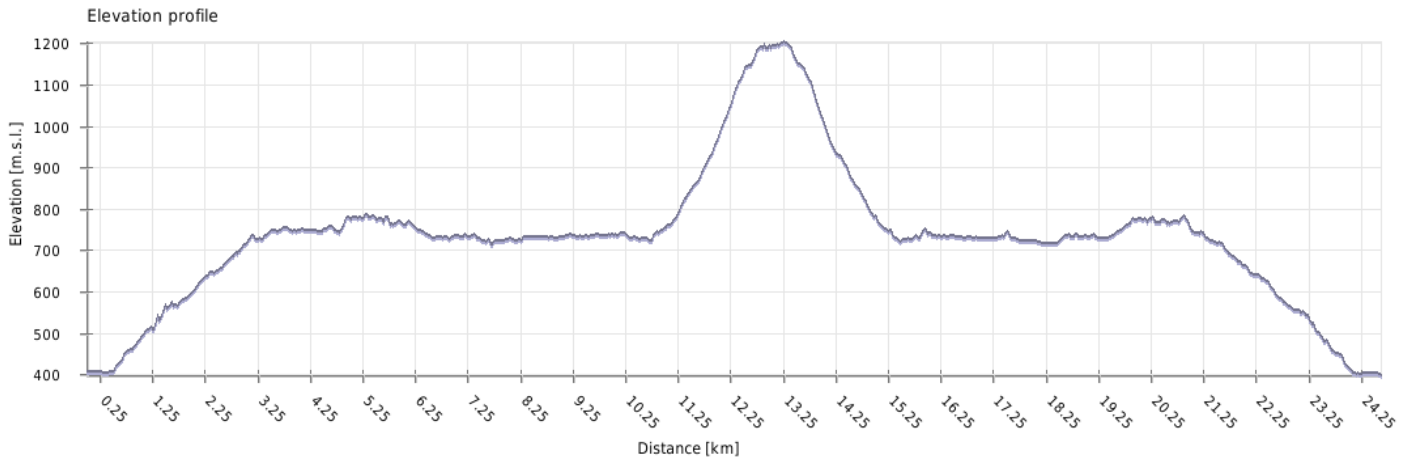
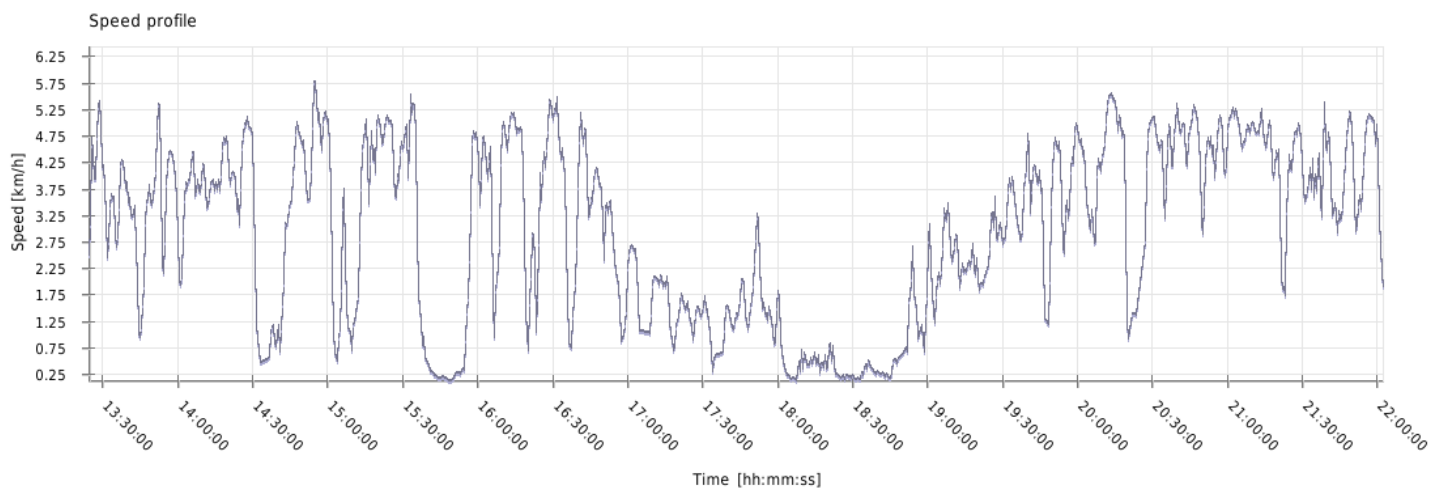
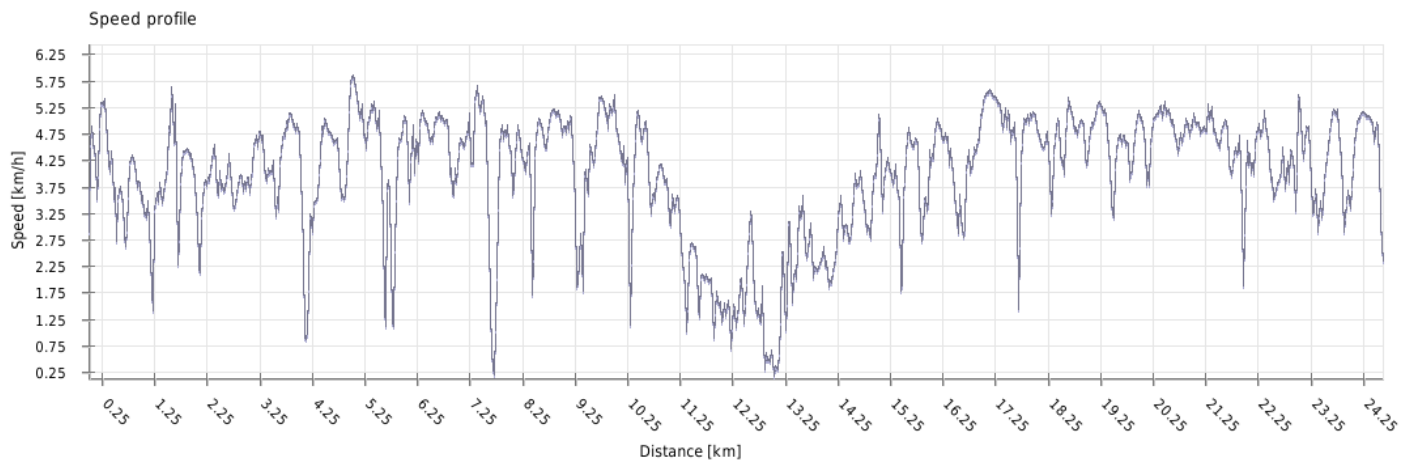


## Elevation



Minimum elevation:	398 m.s.l.
Maximum elevation:	1204 m.s.l.
Average elevation:	779.9 m.s.l.
Maximum difference:	806 m
Total climbing:	1738 m
Total descent:	1747 m
Start elevation:	407.1 m.s.l.
End elevation:	398 m.s.l.
Final balance:	-9.1 m

## Speed



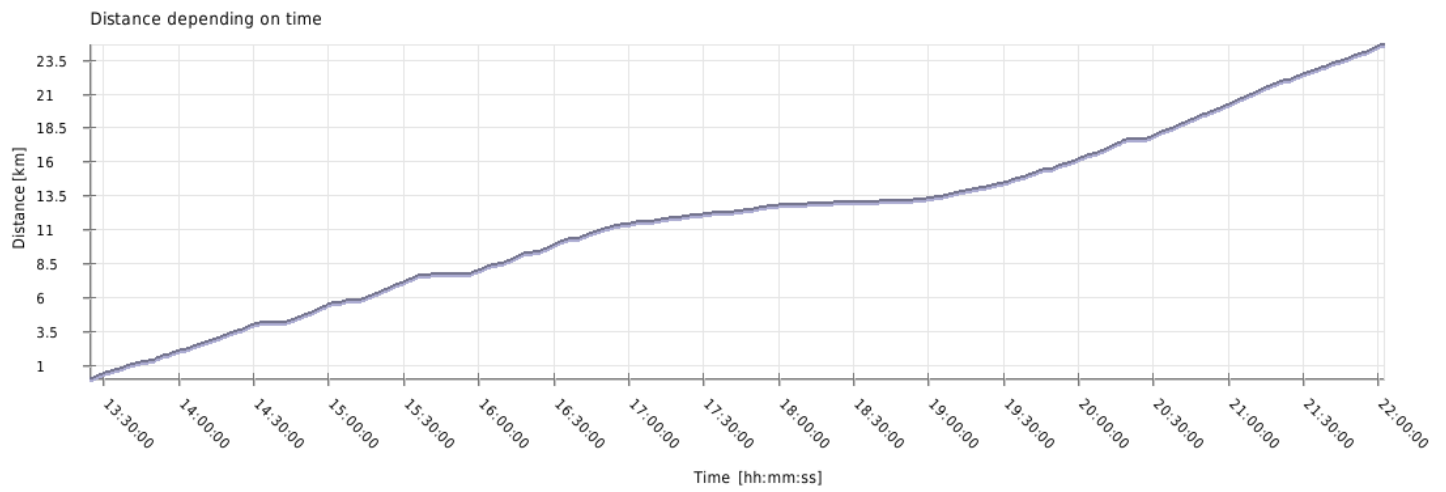
Minimum speed:	0.1 km/h
Maximum speed:	6.4 km/h
Average climbing speed :	4.6 km/h
Average descent speed :	4.9 km/h
Average flat speed:	4.9 km/h
Average speed:	4.8 km/h

## Time

---

Date of track:	16.3.2010
Start time:	13:24:04
End time:	22:02:26
Total track time:	8h 38m 22s
Climbing time:	3h 35m 45s
Descent time:	3h 16m 24s
Flat time:	1h 46m 13s

## Distance



Total flat distance:	24 km
Total real distance:	24.6 km
Climbing distance:	9.5 km
Descent distance:	9.6 km
Flat distance:	5.5 km