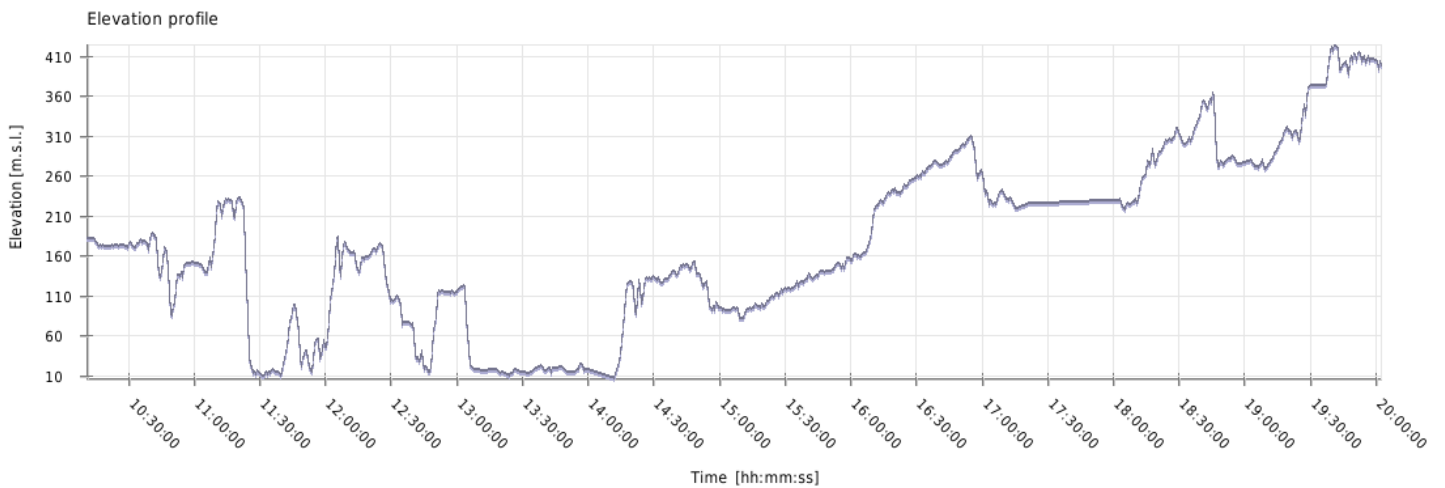
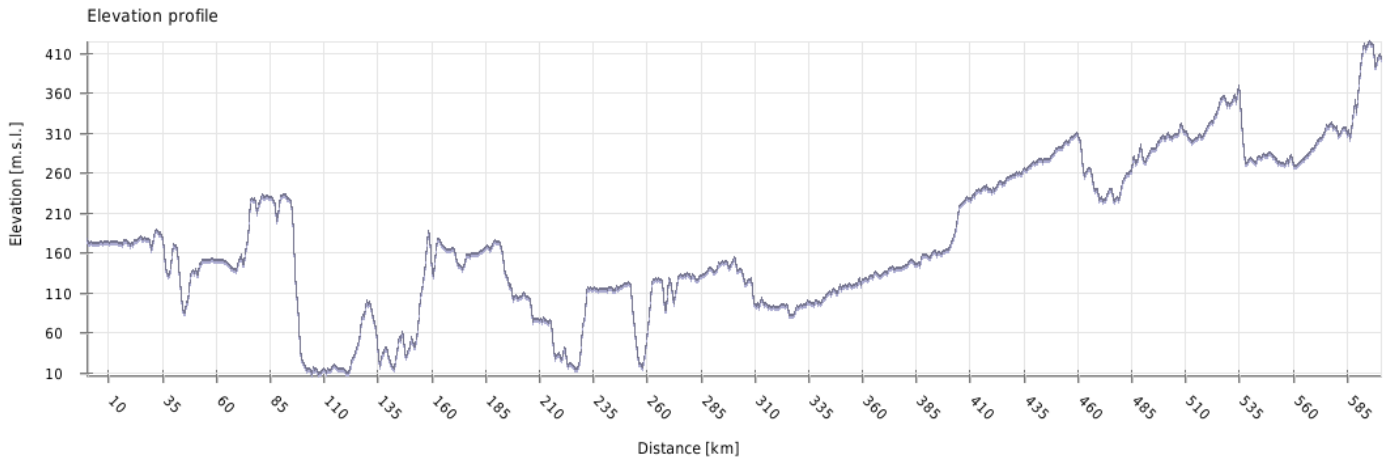
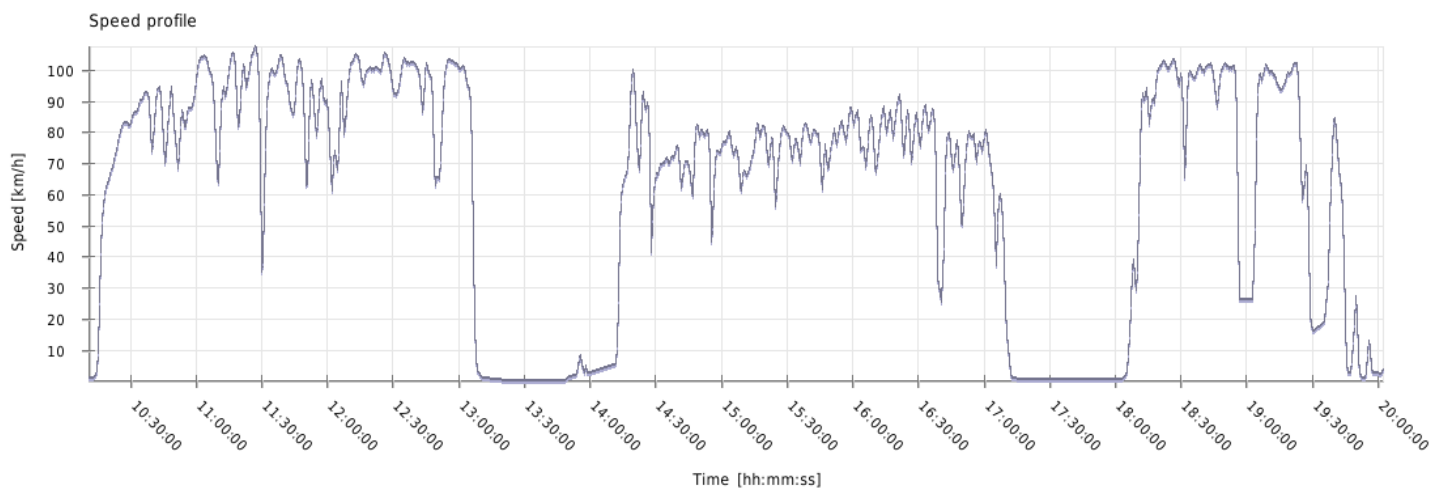
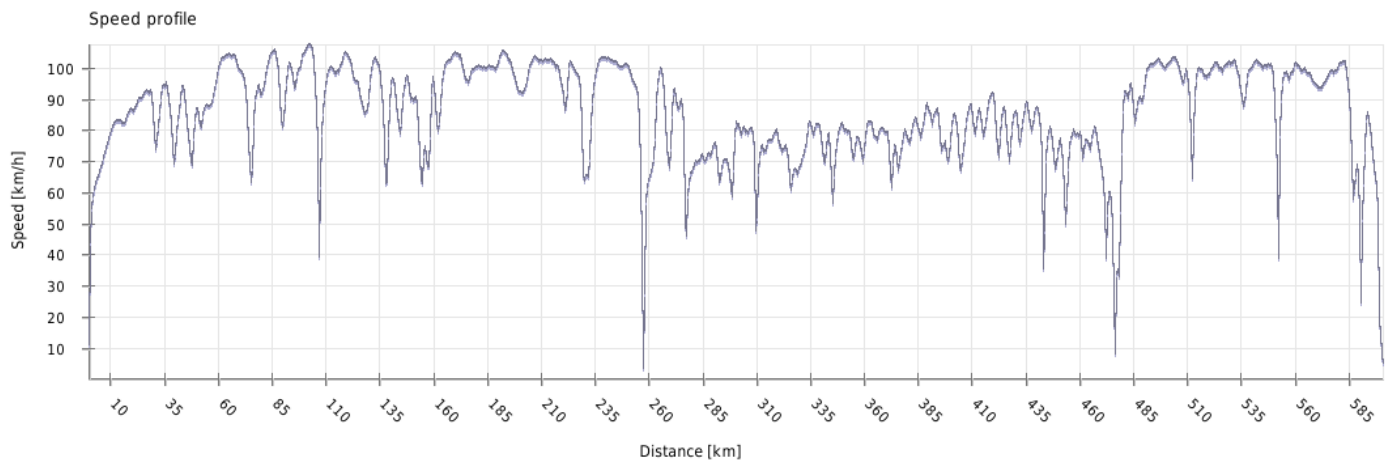


## Elevation



Minimum elevation:	6 m.s.l.
Maximum elevation:	424 m.s.l.
Average elevation:	181.2 m.s.l.
Maximum difference:	418 m
Total climbing:	2655 m
Total descent:	2428 m
Start elevation:	169.2 m.s.l.
End elevation:	396 m.s.l.
Final balance:	226.8 m

## Speed



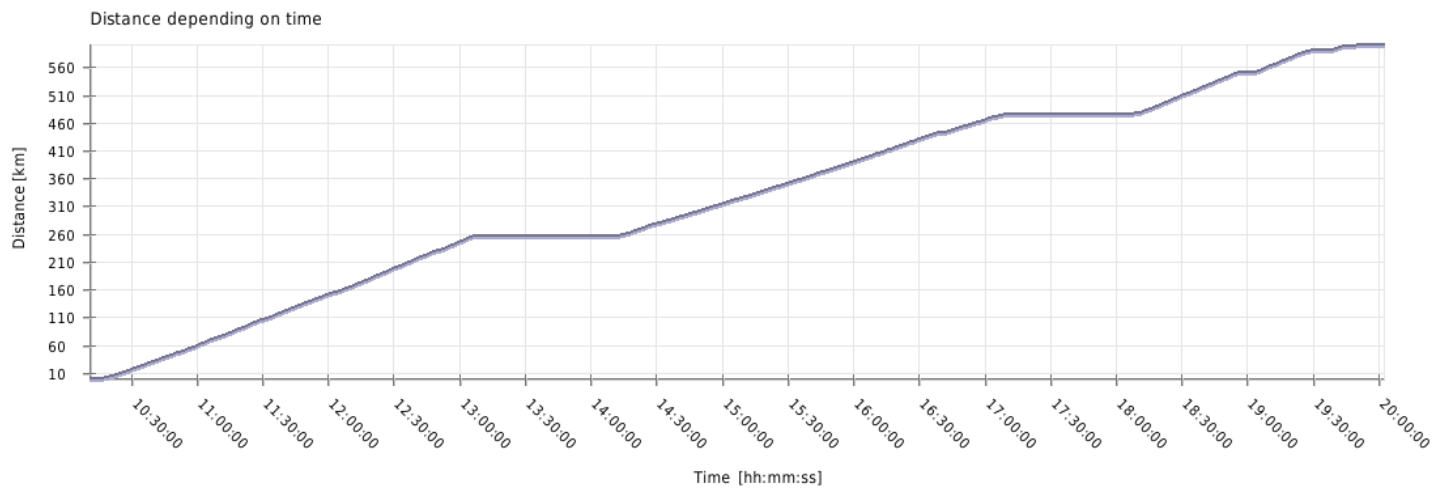
Minimum speed:	0.1 km/h
Maximum speed:	107.5 km/h
Average climbing speed :	80.8 km/h
Average descent speed :	85.2 km/h
Average flat speed:	78 km/h
Average speed:	81.8 km/h

## Time

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Date of track:	15.3.2010
Start time:	10:10:38
End time:	20:02:26
Total track time:	9h 51m 48s
Climbing time:	5h 01m 00s
Descent time:	3h 23m 08s
Flat time:	1h 27m 40s

## Distance



Total flat distance:	600.7 km
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Total real distance:	600.9 km
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Climbing distance:	278 km
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Descent distance:	216.6 km
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Flat distance:	106.3 km
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