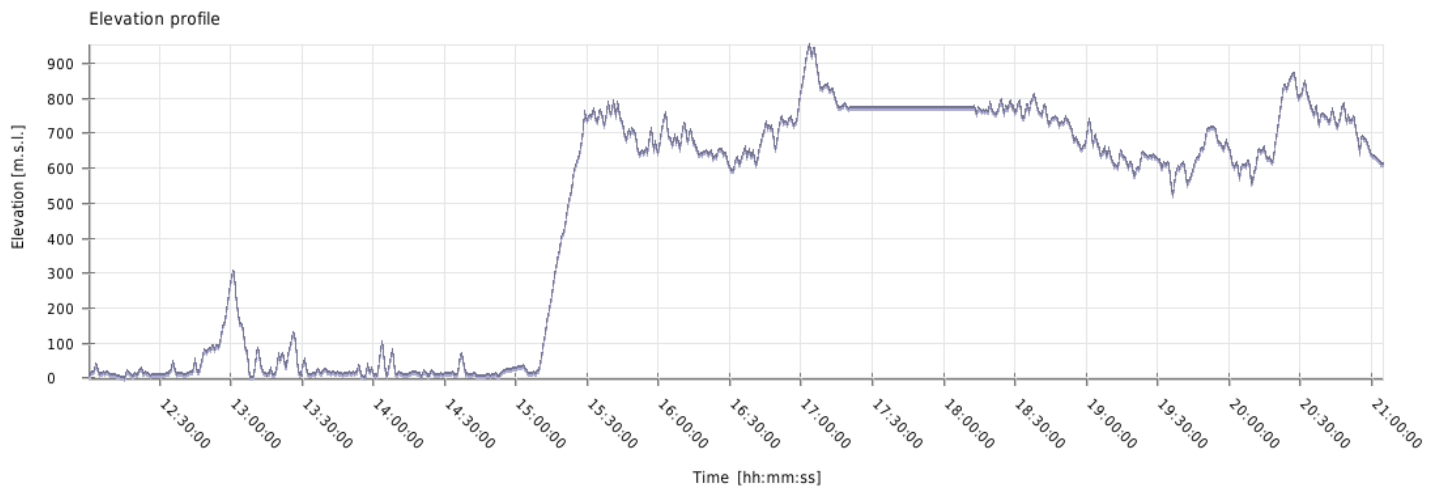
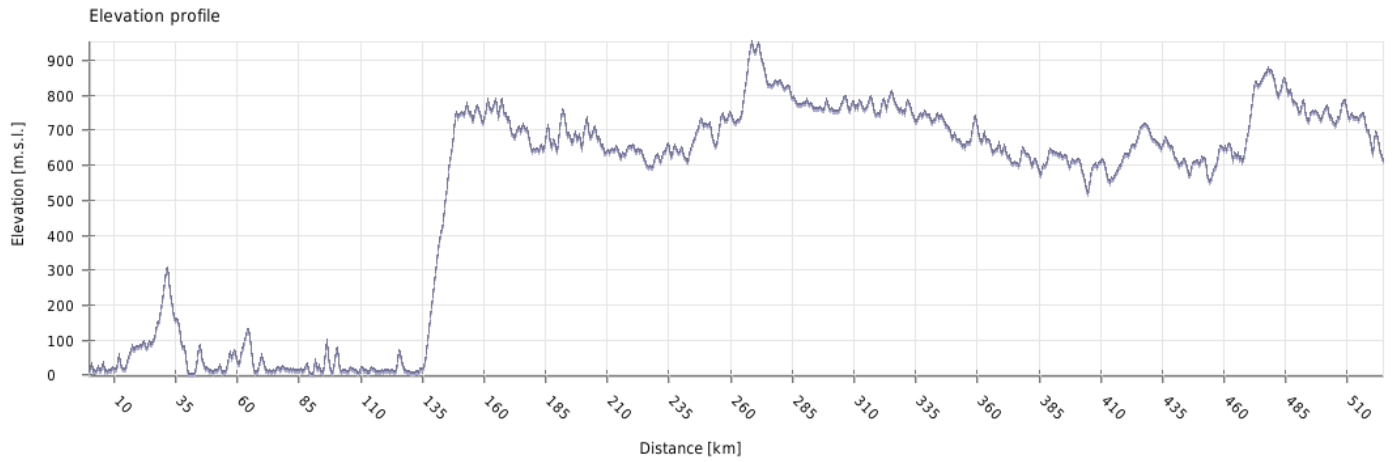
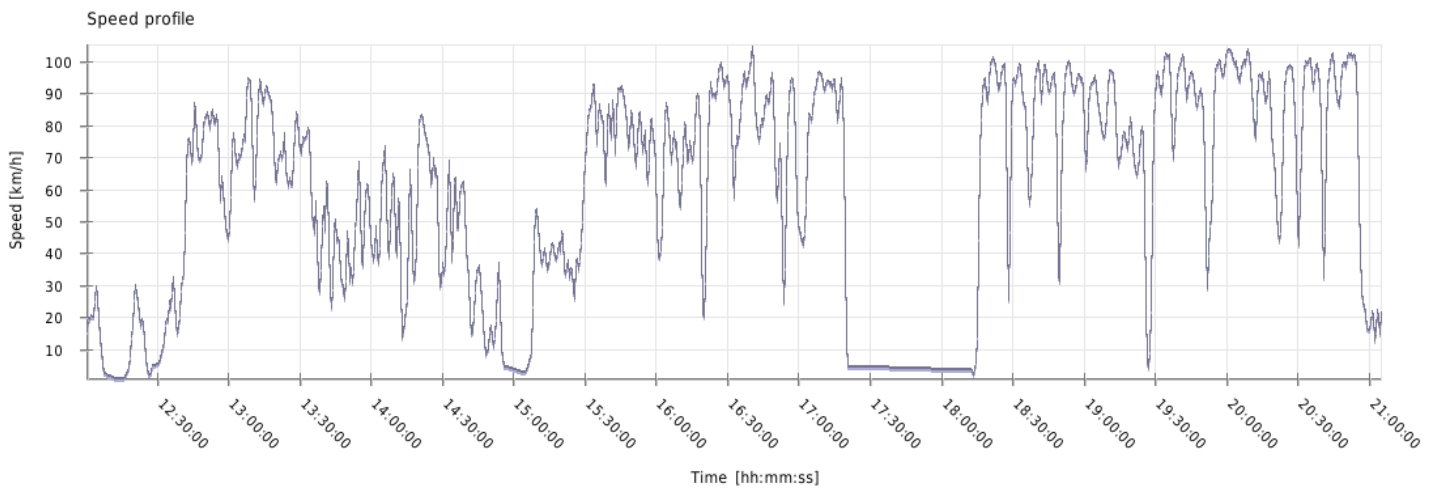
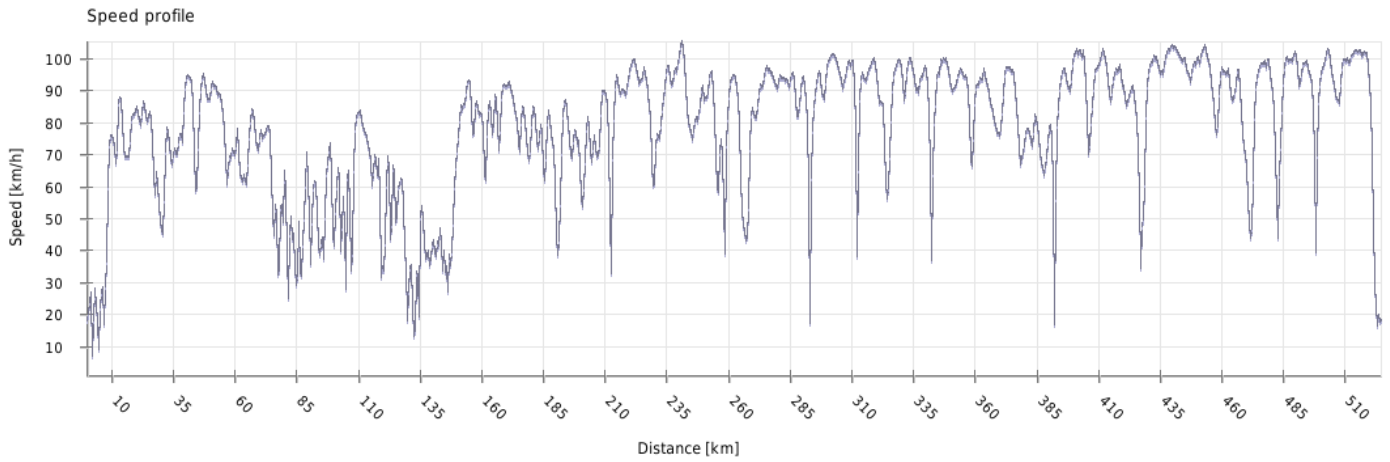


## Elevation



Minimum elevation:	-2 m.s.l.
Maximum elevation:	952 m.s.l.
Average elevation:	411.9 m.s.l.
Maximum difference:	954 m
Total climbing:	6861 m
Total descent:	6257 m
Start elevation:	7.2 m.s.l.
End elevation:	611 m.s.l.
Final balance:	603.8 m

## Speed



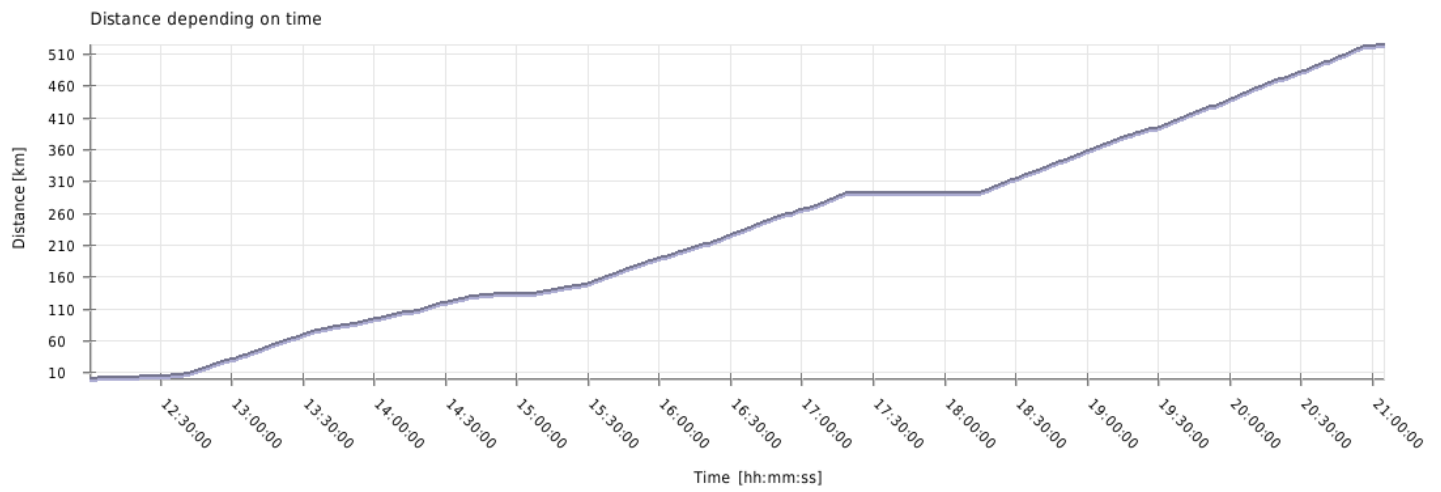
Minimum speed:	0.8 km/h
Maximum speed:	105.4 km/h
Average climbing speed :	68.1 km/h
Average descent speed :	76.7 km/h
Average flat speed:	52.9 km/h
Average speed:	70.1 km/h

## Time

---

Date of track:	22.2.2010
Start time:	12:00:29
End time:	21:05:03
Total track time:	9h 04m 34s
Climbing time:	4h 53m 07s
Descent time:	3h 23m 32s
Flat time:	47m 55s

## Distance



Total flat distance:	524.1 km
----------------------	----------

Total real distance:	524.6 km
----------------------	----------

Climbing distance:	248.6 km
--------------------	----------

Descent distance:	236.2 km
-------------------	----------

Flat distance:	39.8 km
----------------	---------