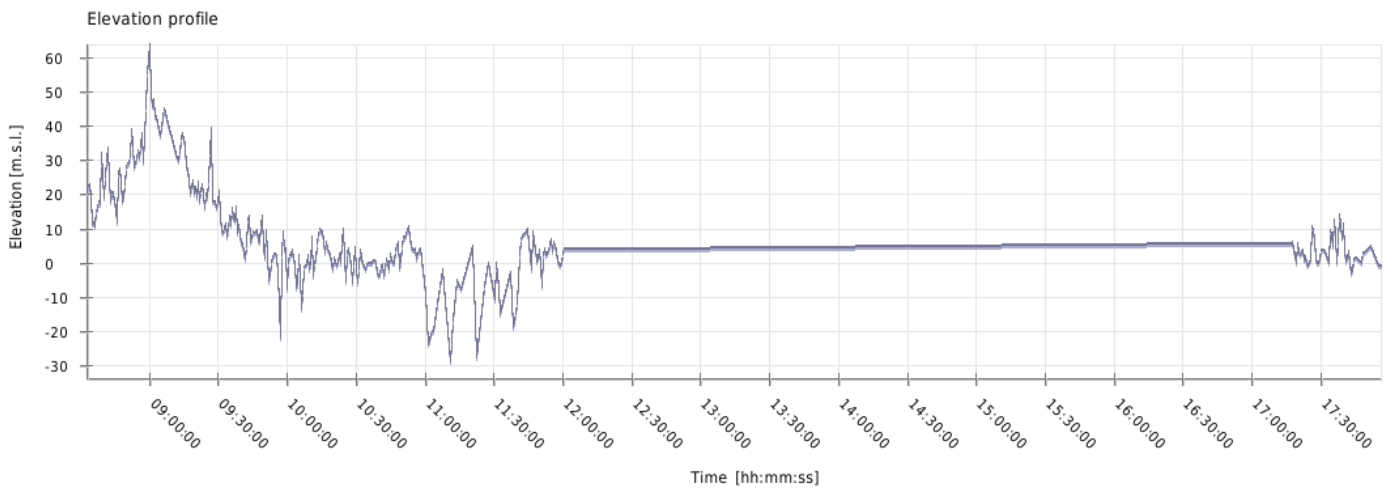
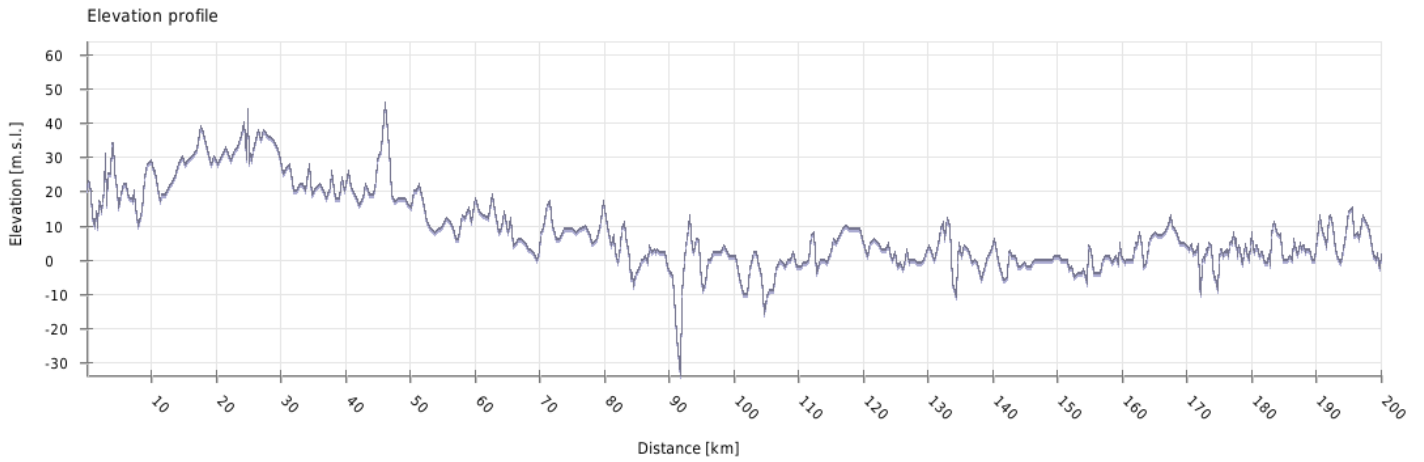
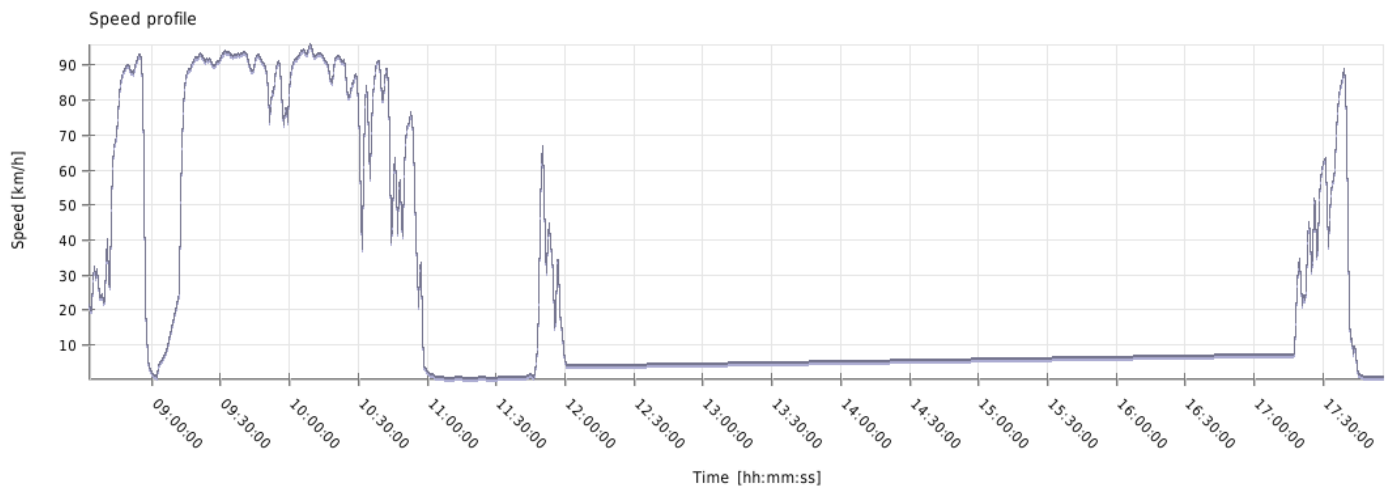
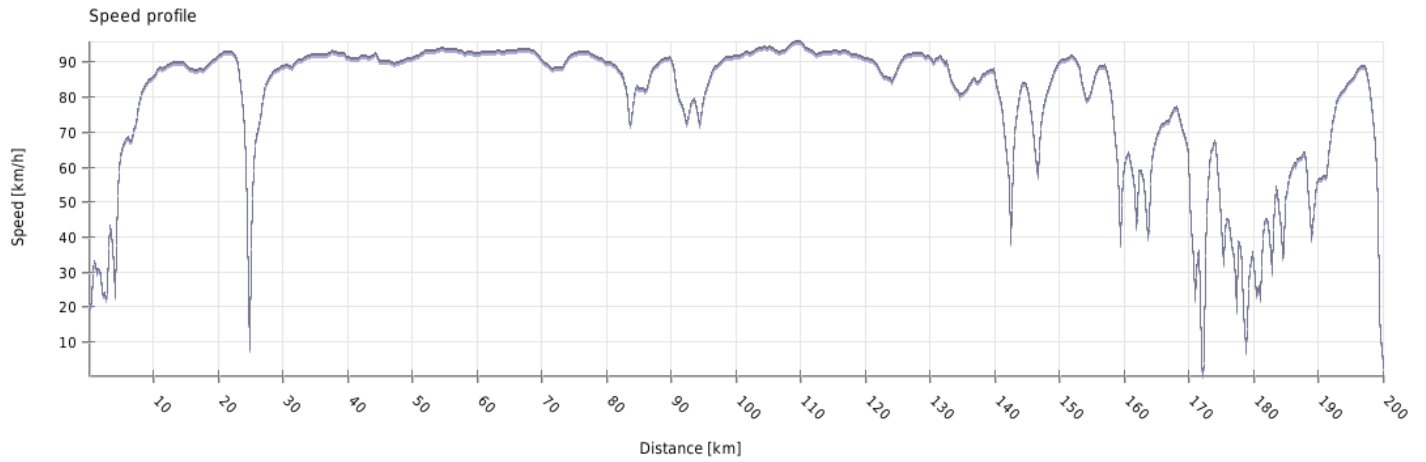


Elevation



Minimum elevation:	-34 m.s.l.
Maximum elevation:	64 m.s.l.
Average elevation:	7.5 m.s.l.
Maximum difference:	98 m
Total climbing:	1022 m
Total descent:	1043 m
Start elevation:	20.9 m.s.l.
End elevation:	-1 m.s.l.
Final balance:	-21.9 m

Speed

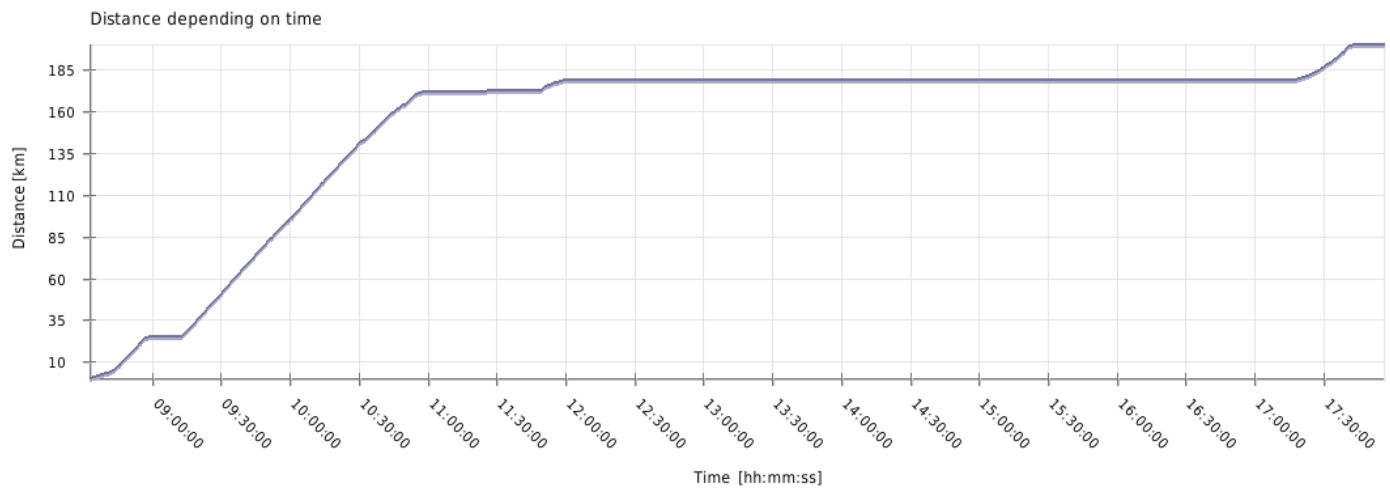


Minimum speed:	0.3 km/h
Maximum speed:	95.8 km/h
Average climbing speed :	74 km/h
Average descent speed :	72.3 km/h
Average flat speed:	66.8 km/h
Average speed:	71.9 km/h

Time

Date of track:	4.10.2008
Start time:	09:32:43
End time:	18:56:14
Total track time:	9h 23m 31s
Climbing time:	7h 04m 46s
Descent time:	1h 40m 54s
Flat time:	37m 51s

Distance



Total flat distance:	199.8 km
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Total real distance:	200 km
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Climbing distance:	83 km
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Descent distance:	80.5 km
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Flat distance:	36.5 km
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