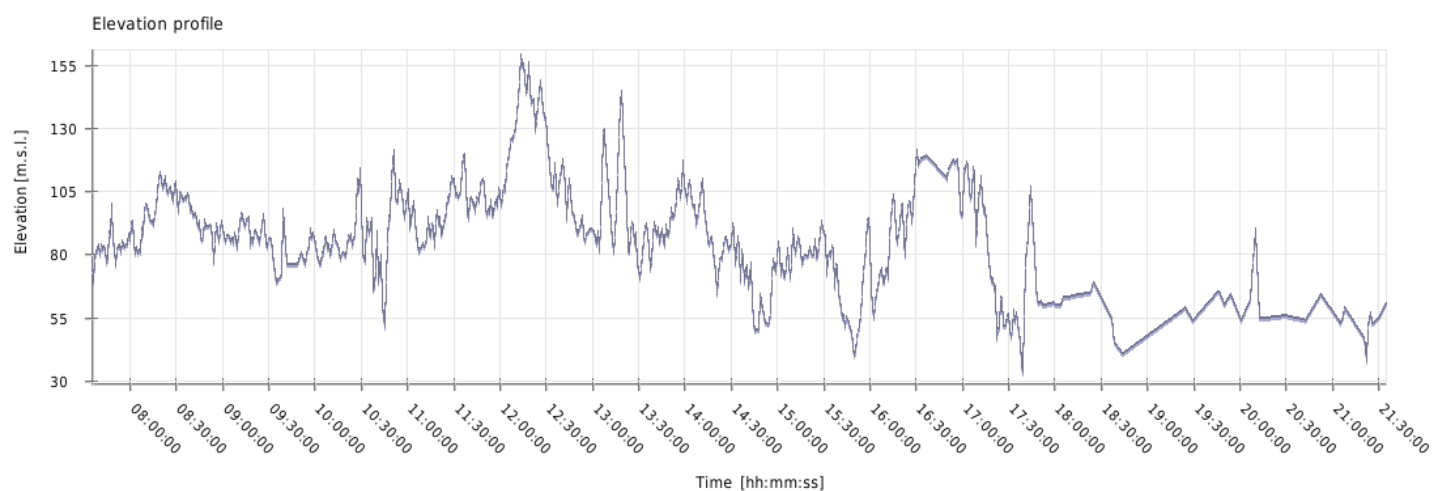
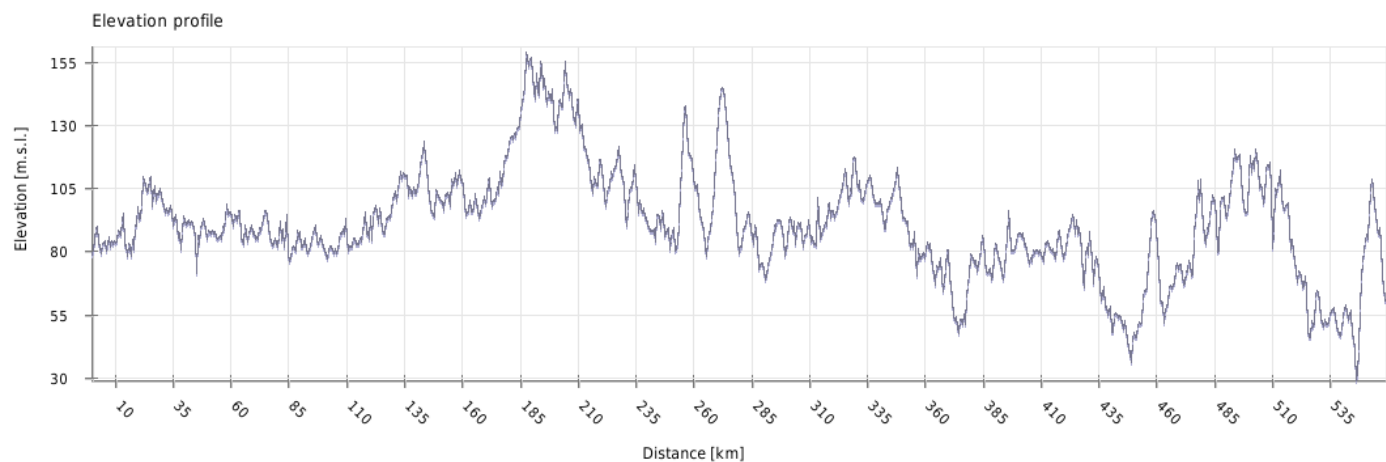
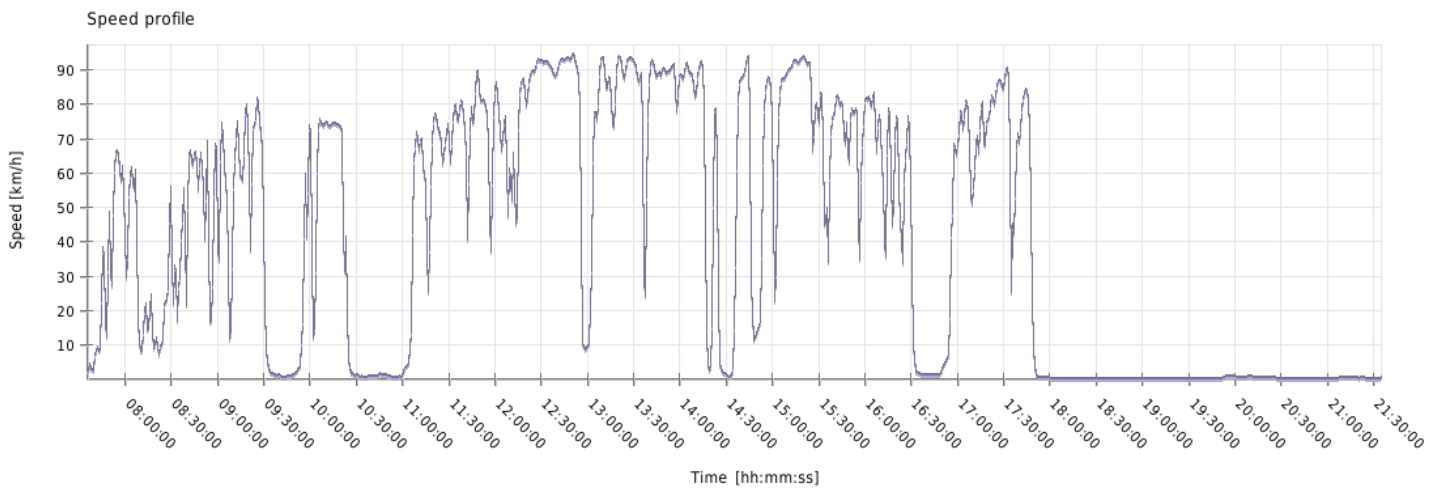
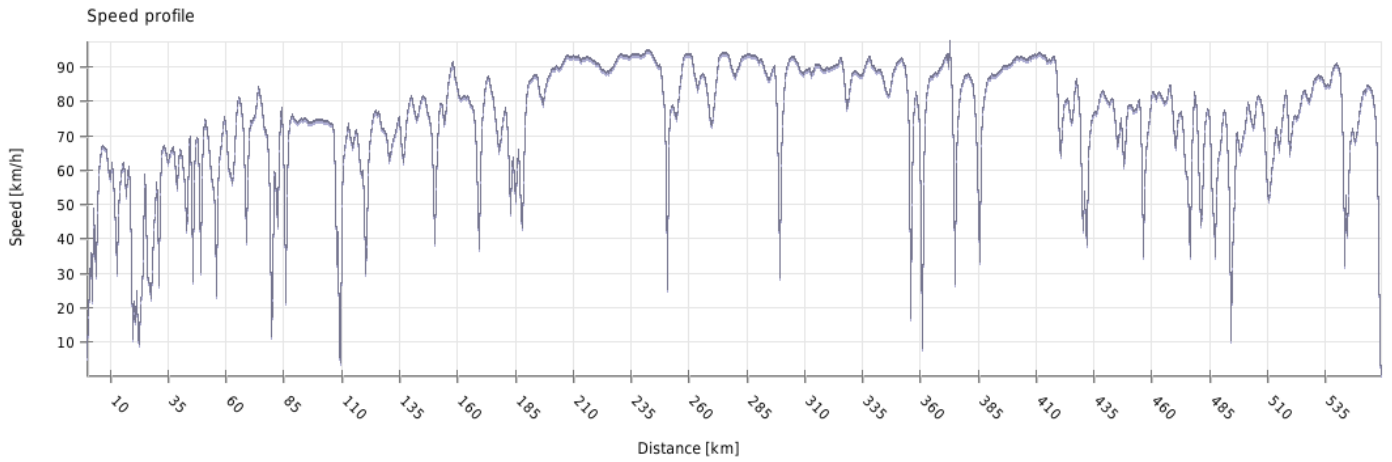


## Elevation



Minimum elevation:	29 m.s.l.
Maximum elevation:	161 m.s.l.
Average elevation:	89.6 m.s.l.
Maximum difference:	132 m
Total climbing:	3070 m
Total descent:	3089 m
Start elevation:	80.9 m.s.l.
End elevation:	61 m.s.l.
Final balance:	-19.9 m

## Speed



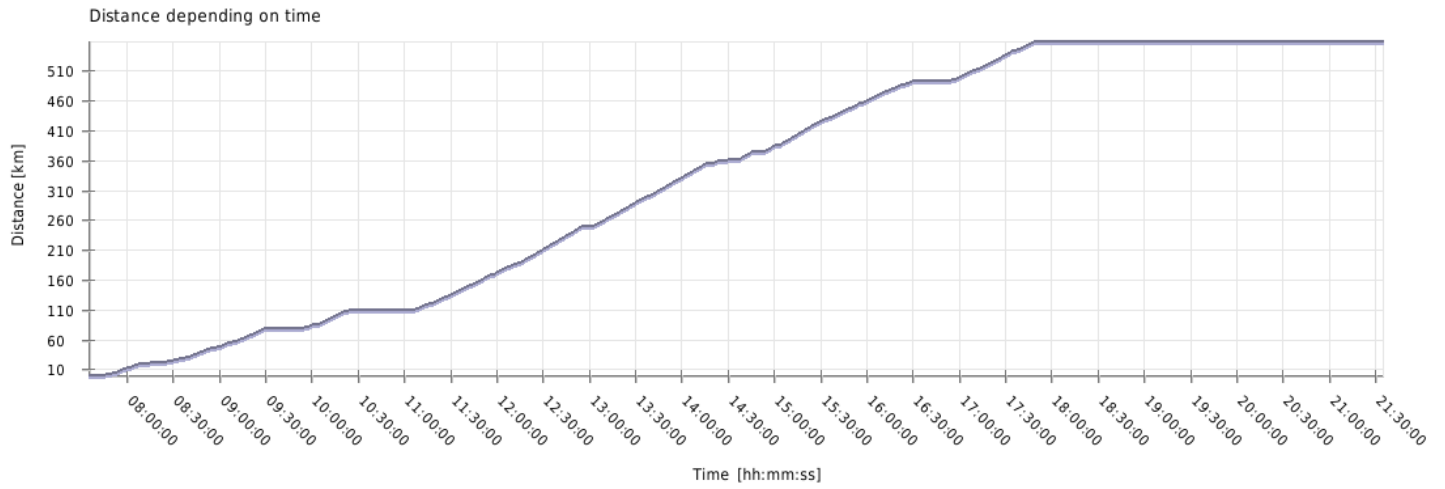
Minimum speed:	0.1 km/h
Maximum speed:	97.3 km/h
Average climbing speed :	68.9 km/h
Average descent speed :	71.5 km/h
Average flat speed:	64.9 km/h
Average speed:	69.5 km/h

## Time

---

Date of track:	2.10.2008
Start time:	08:35:02
End time:	22:35:00
Total track time:	13h 59m 58s
Climbing time:	6h 38m 49s
Descent time:	5h 56m 37s
Flat time:	1h 24m 32s

## Distance



Total flat distance: 558.6 km

Total real distance: 559.2 km

Climbing distance: 248 km

Descent distance: 242.8 km

Flat distance: 68.5 km