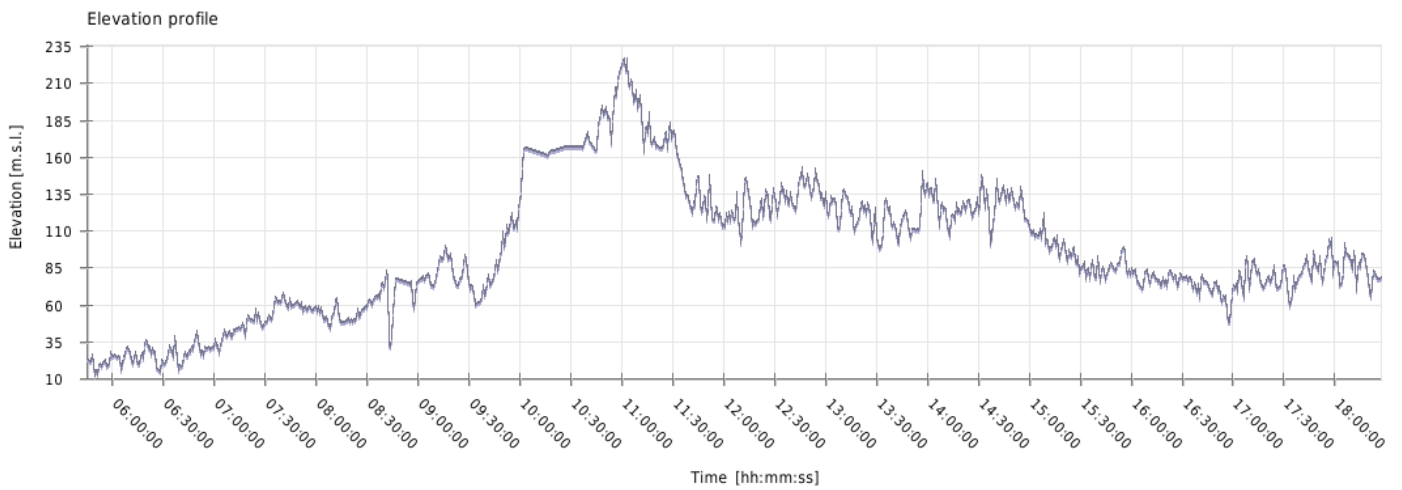
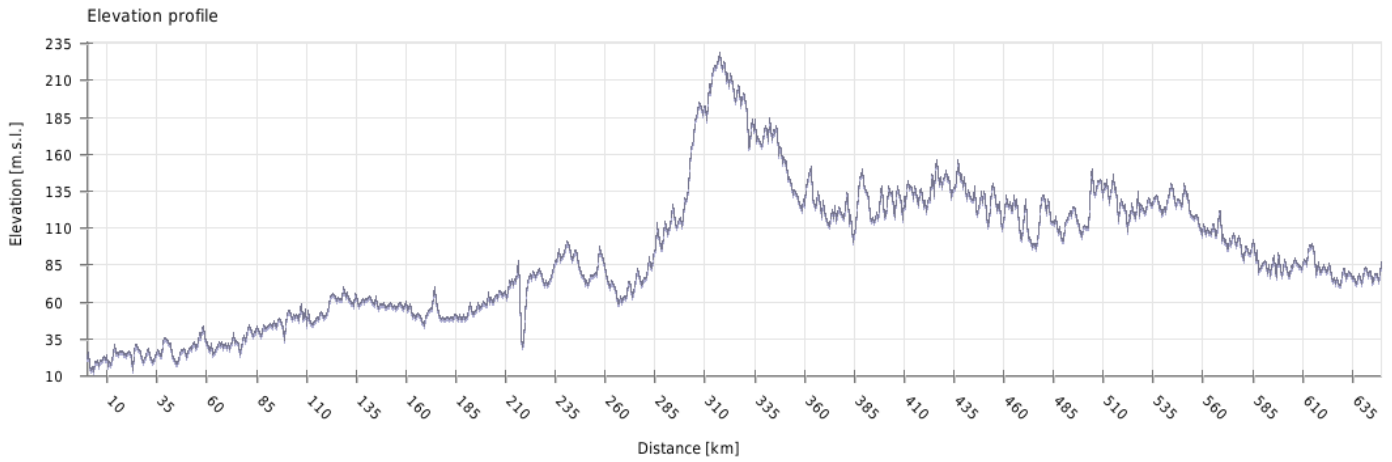
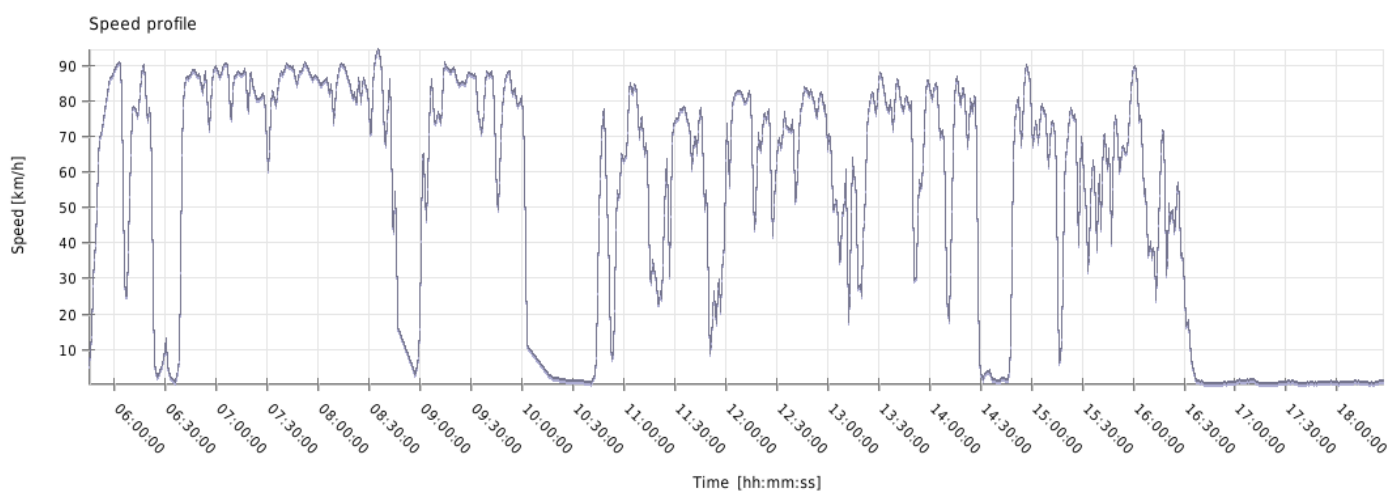
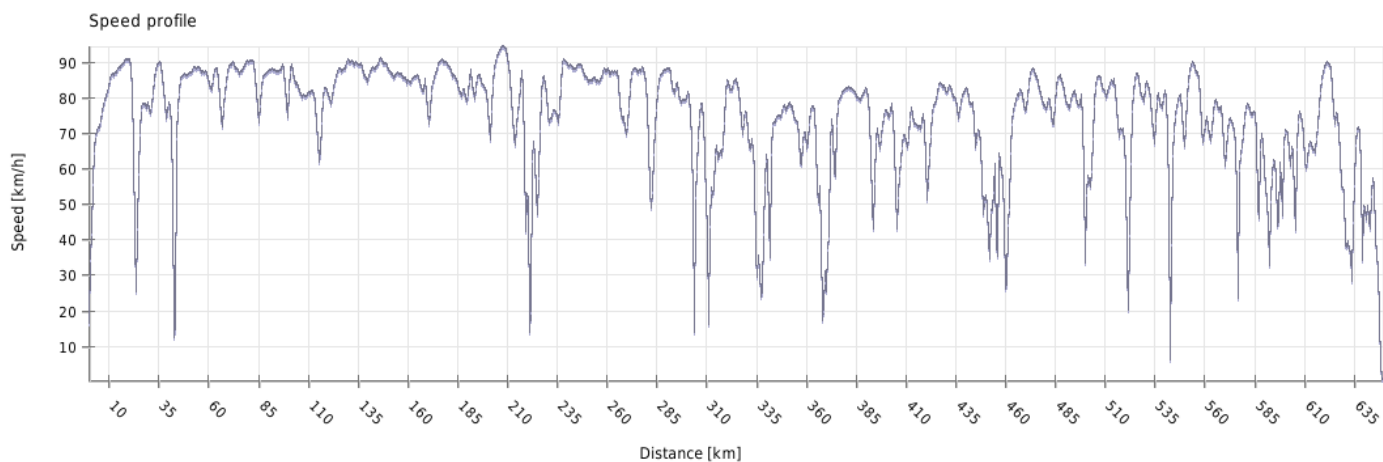


Elevation



Minimum elevation:	10 m.s.l.
Maximum elevation:	236 m.s.l.
Average elevation:	98.9 m.s.l.
Maximum difference:	226 m
Total climbing:	3766 m
Total descent:	3714 m
Start elevation:	27.6 m.s.l.
End elevation:	79 m.s.l.
Final balance:	51.4 m

Speed

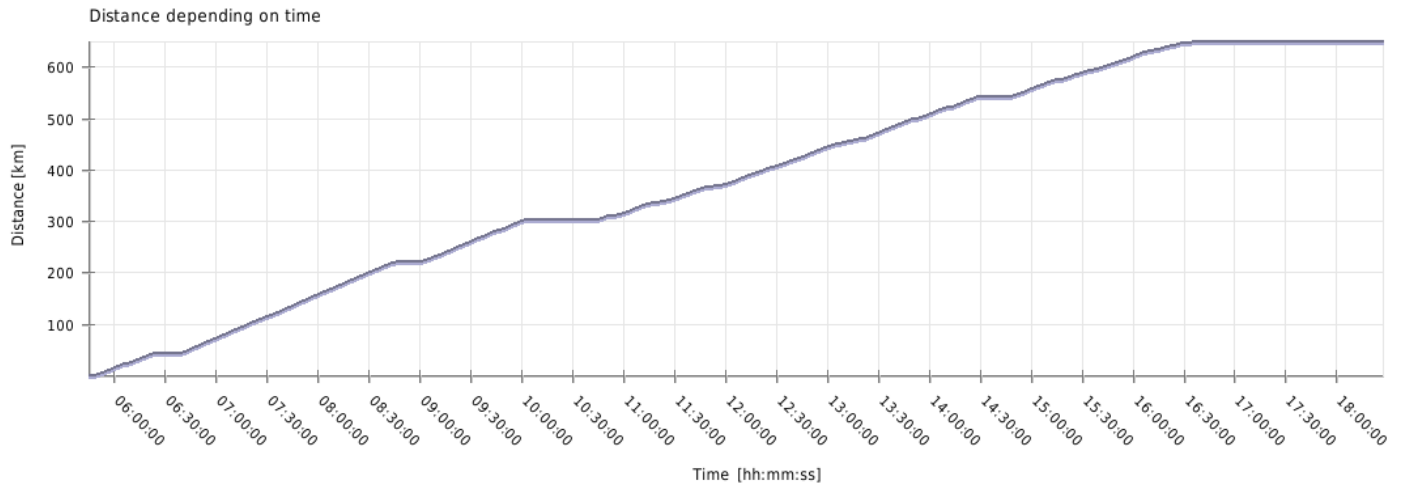


Minimum speed:	0.2 km/h
Maximum speed:	94.4 km/h
Average climbing speed :	69.8 km/h
Average descent speed :	71.8 km/h
Average flat speed:	67.5 km/h
Average speed:	70.4 km/h

Time

Date of track:	1.10.2008
Start time:	06:41:04
End time:	19:27:25
Total track time:	12h 46m 21s
Climbing time:	5h 29m 19s
Descent time:	5h 55m 30s
Flat time:	1h 21m 32s

Distance



Total flat distance:	648.8 km
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Total real distance:	649.6 km
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Climbing distance:	280.2 km
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Descent distance:	289.1 km
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Flat distance:	80.3 km
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