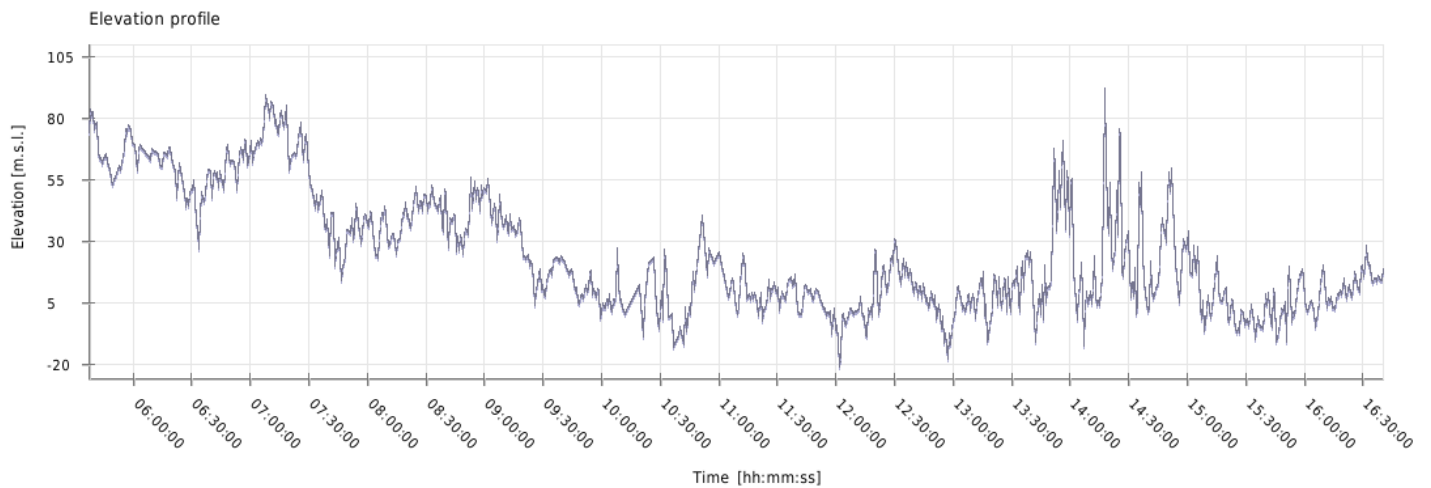
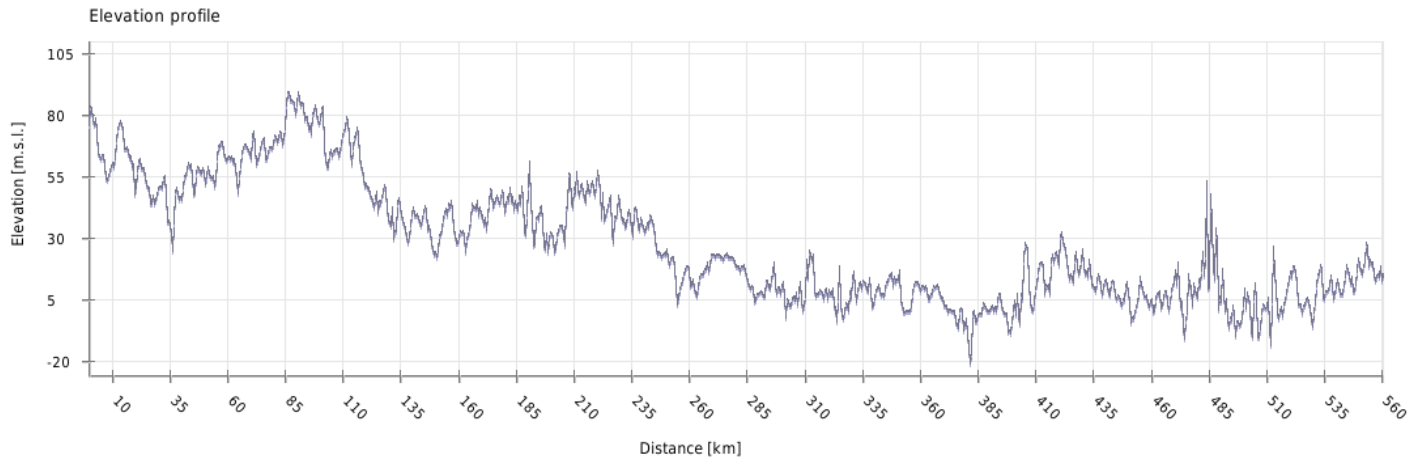
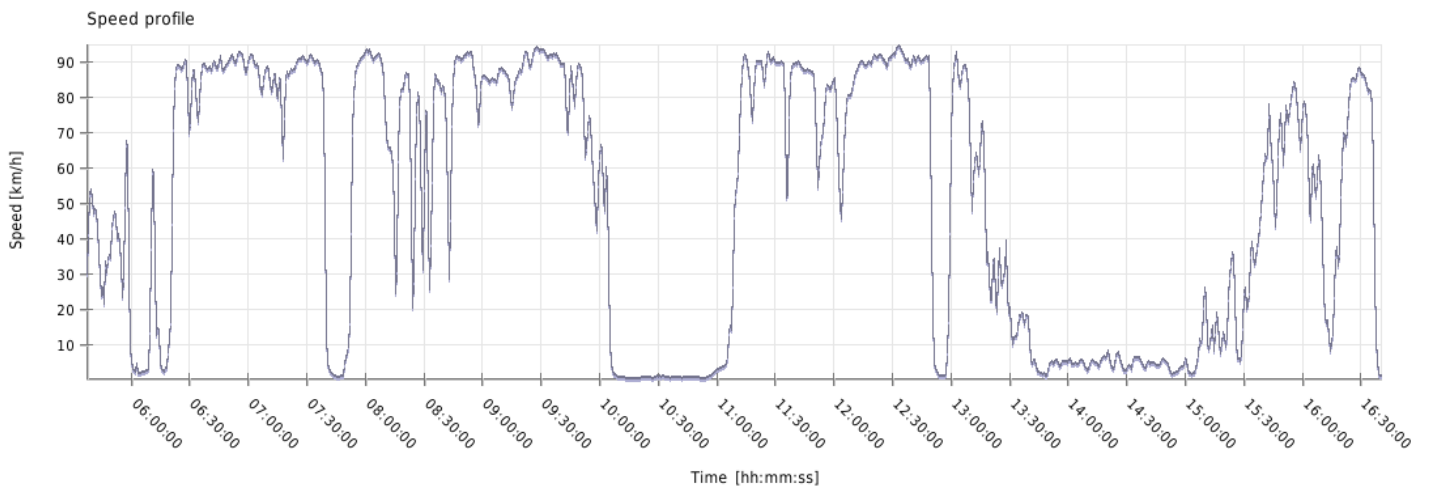
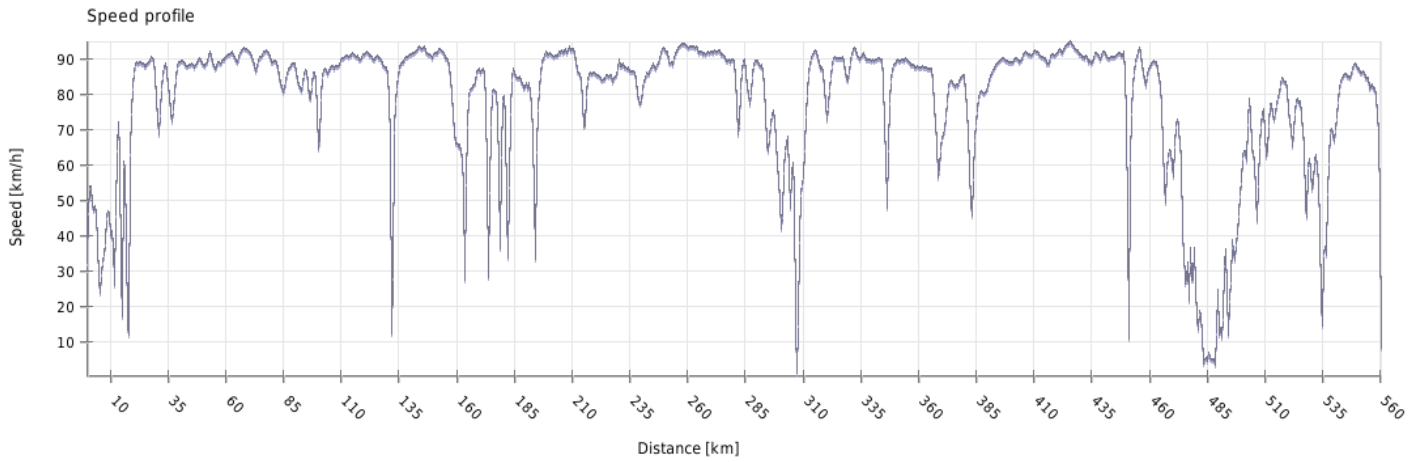


Elevation



Minimum elevation:	-26 m.s.l.
Maximum elevation:	110 m.s.l.
Average elevation:	25.2 m.s.l.
Maximum difference:	136 m
Total climbing:	4017 m
Total descent:	4073 m
Start elevation:	74.5 m.s.l.
End elevation:	18 m.s.l.
Final balance:	-56.5 m

Speed

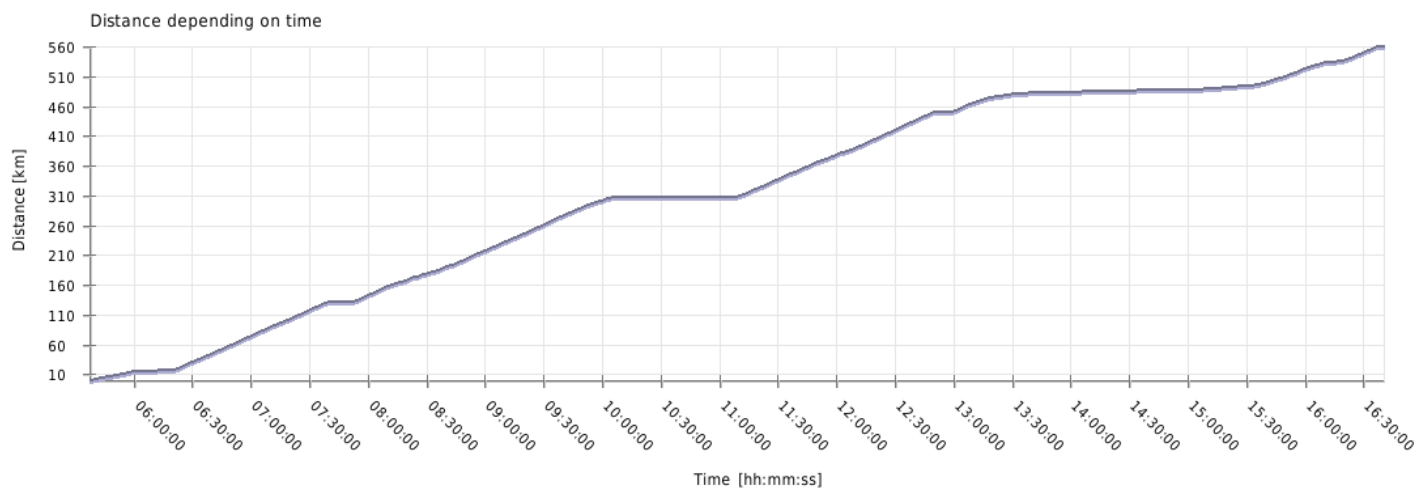


Minimum speed:	0.3 km/h
Maximum speed:	94.7 km/h
Average climbing speed :	63.8 km/h
Average descent speed :	65 km/h
Average flat speed:	65.4 km/h
Average speed:	64.5 km/h

Time

Date of track:	30.9.2008
Start time:	06:37:29
End time:	17:40:30
Total track time:	11h 03m 01s
Climbing time:	4h 48m 43s
Descent time:	4h 47m 53s
Flat time:	1h 26m 25s

Distance



Total flat distance: 559.1 km

Total real distance: 560.4 km

Climbing distance: 231.4 km

Descent distance: 242.6 km

Flat distance: 86.4 km