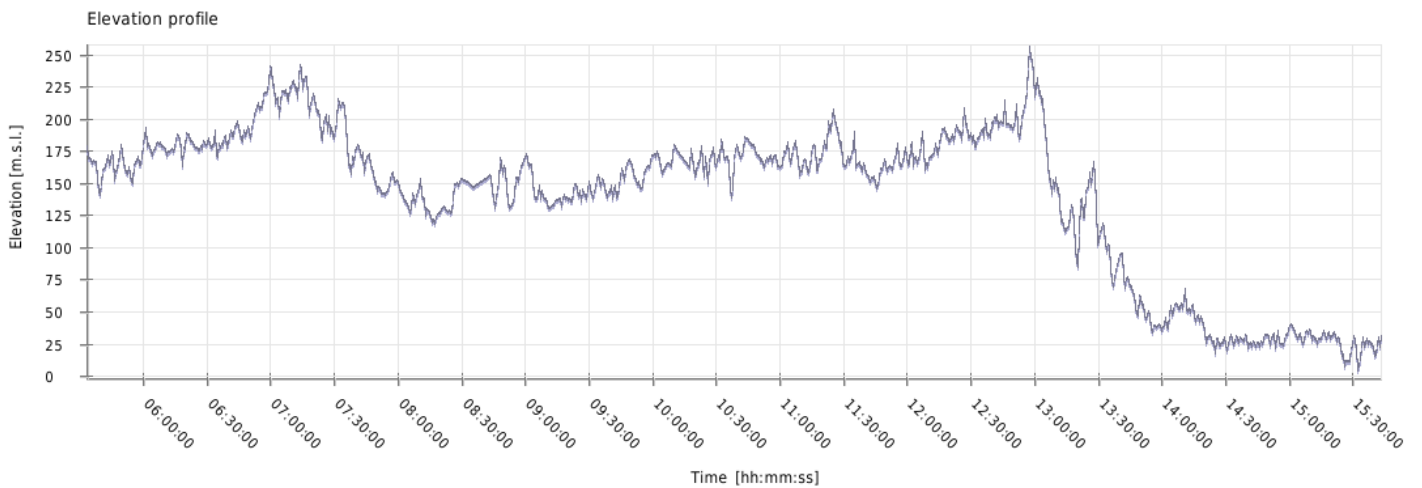
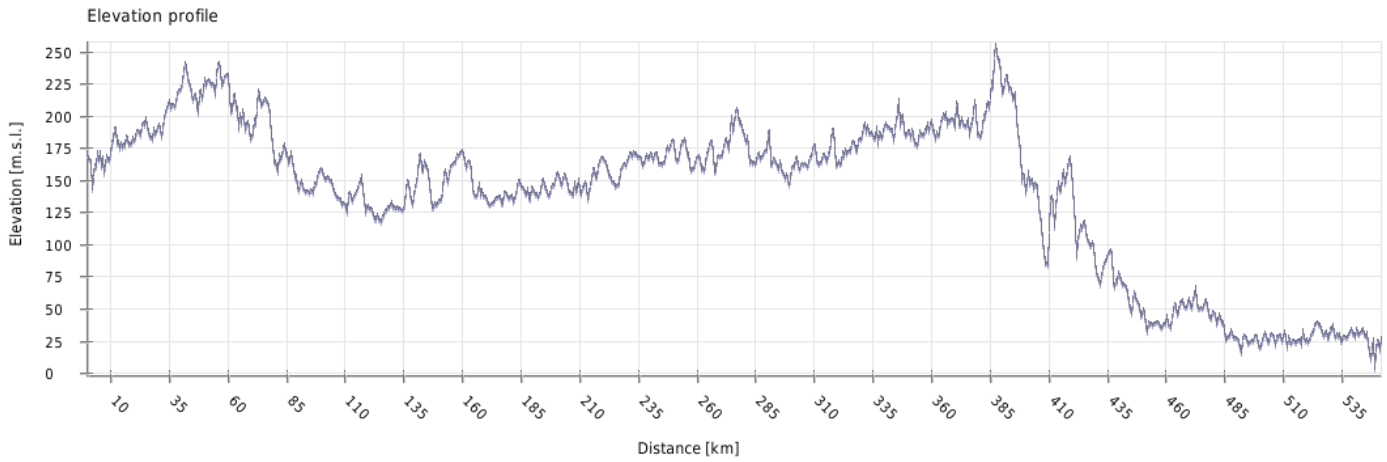
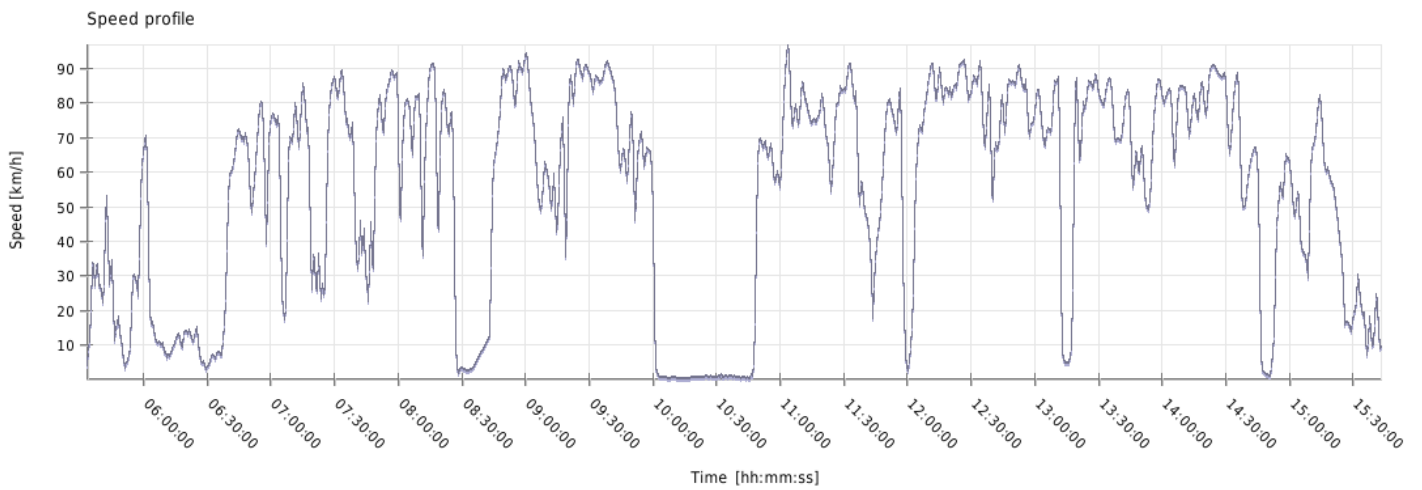
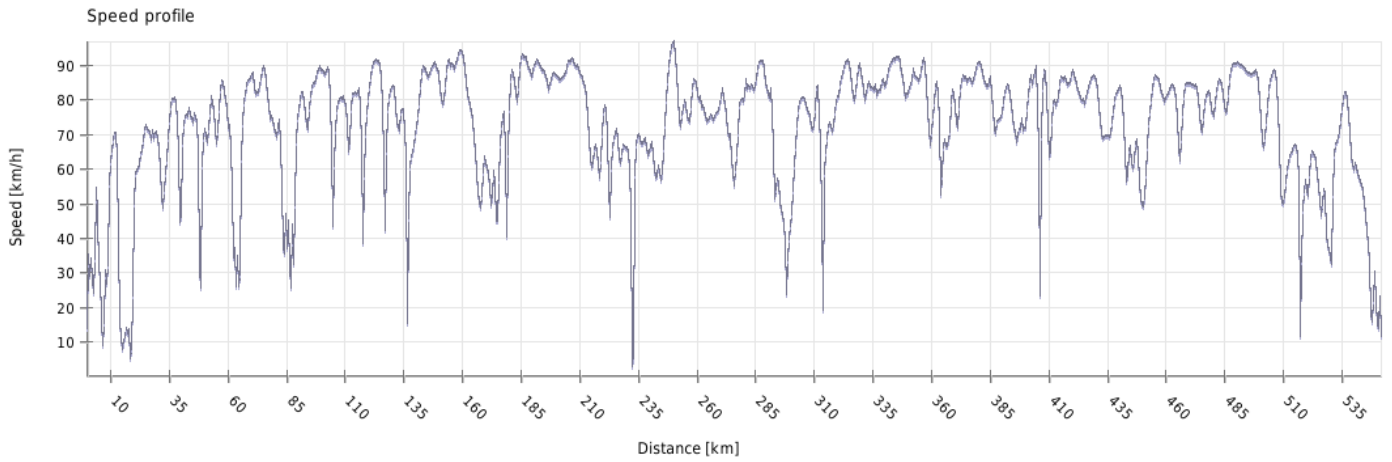


Elevation



Minimum elevation:	-2 m.s.l.
Maximum elevation:	258 m.s.l.
Average elevation:	139.4 m.s.l.
Maximum difference:	260 m
Total climbing:	3649 m
Total descent:	3779 m
Start elevation:	165.7 m.s.l.
End elevation:	35 m.s.l.
Final balance:	-130.7 m

Speed

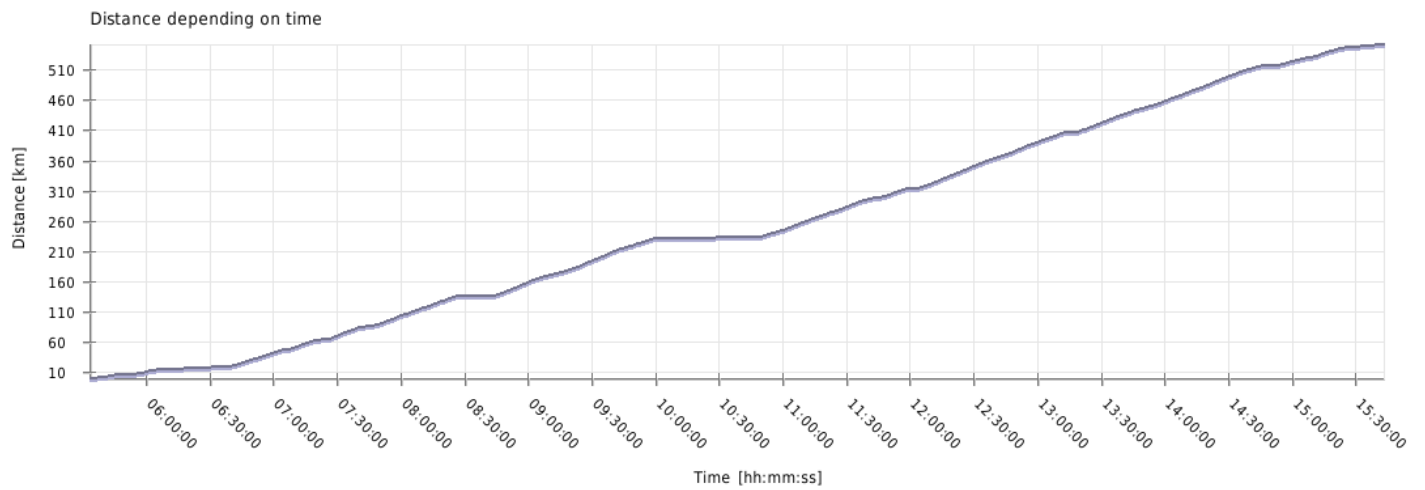


Minimum speed:	0.3 km/h
Maximum speed:	96.6 km/h
Average climbing speed :	64.1 km/h
Average descent speed :	65.7 km/h
Average flat speed:	61.9 km/h
Average speed:	64.5 km/h

Time

Date of track:	23.9.2008
Start time:	06:33:05
End time:	16:43:22
Total track time:	10h 10m 17s
Climbing time:	4h 35m 30s
Descent time:	4h 24m 26s
Flat time:	1h 10m 21s

Distance



Total flat distance:	551.1 km
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Total real distance:	551.7 km
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Climbing distance:	250.4 km
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Descent distance:	236.1 km
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Flat distance:	65.2 km
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