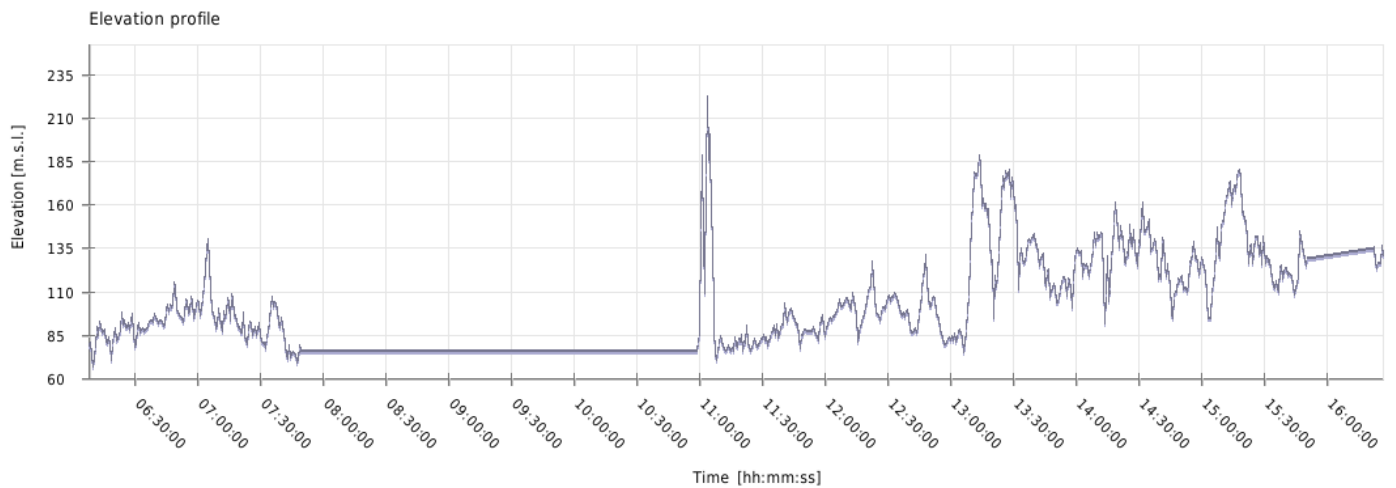
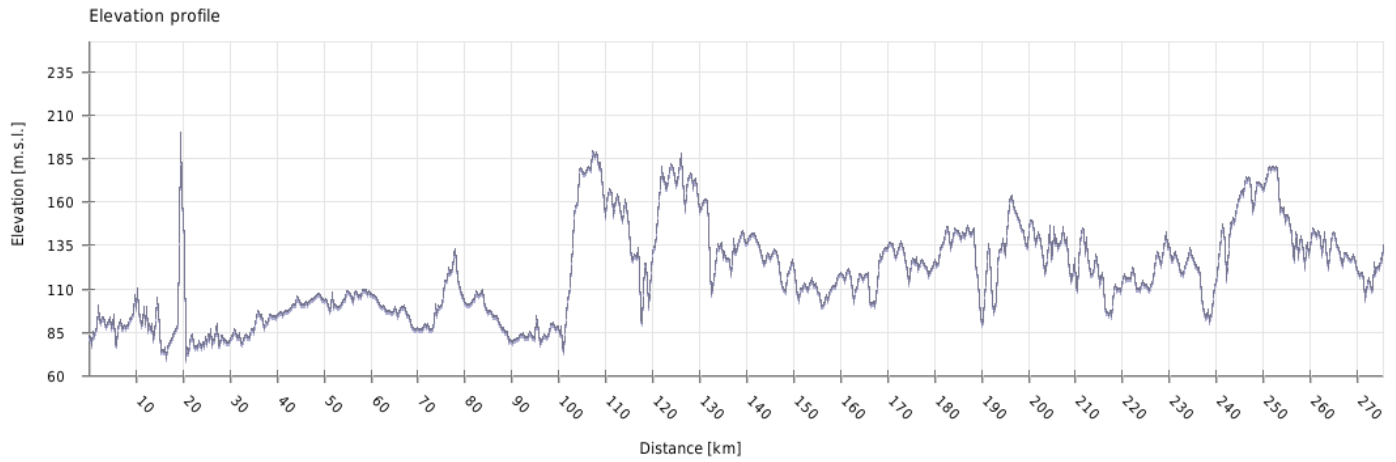
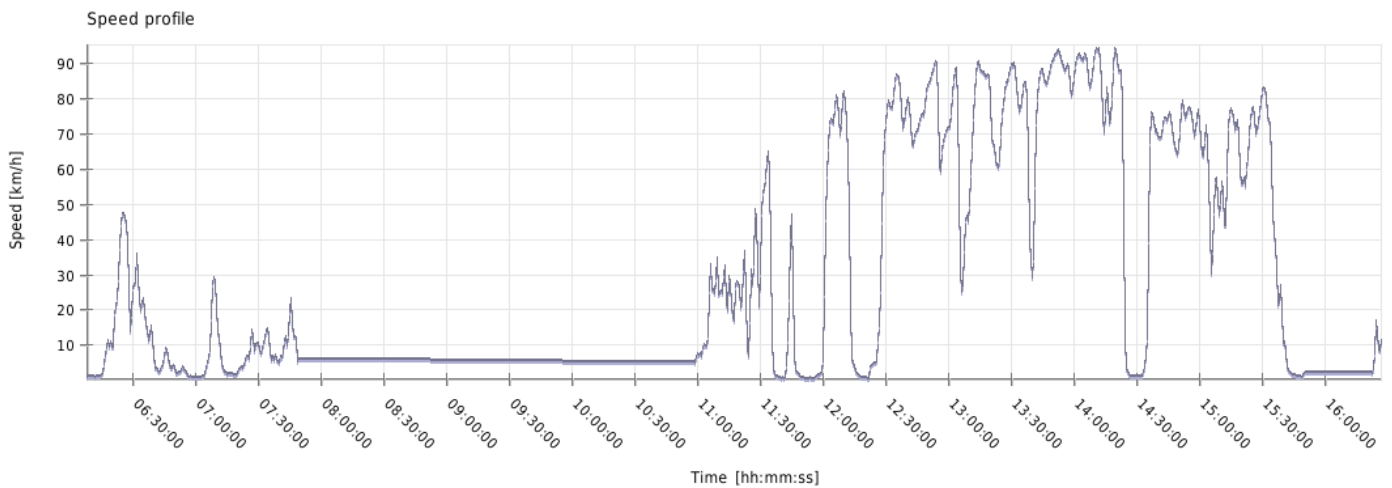
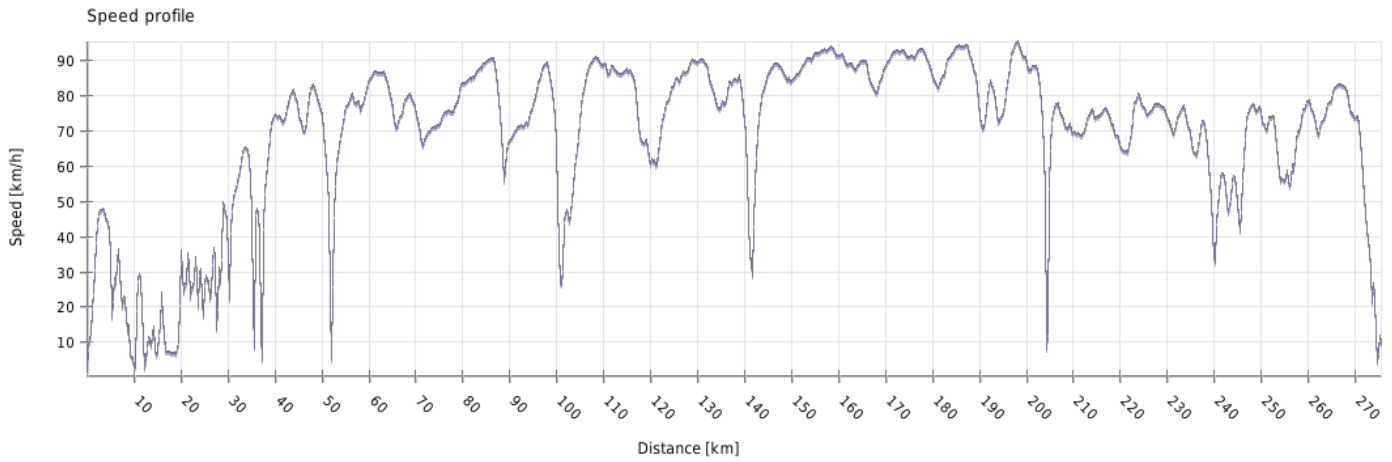


## Elevation



Minimum elevation:	60 m.s.l.
Maximum elevation:	252 m.s.l.
Average elevation:	110.1 m.s.l.
Maximum difference:	192 m
Total climbing:	3001 m
Total descent:	2959 m
Start elevation:	86.5 m.s.l.
End elevation:	128 m.s.l.
Final balance:	41.5 m

## Speed



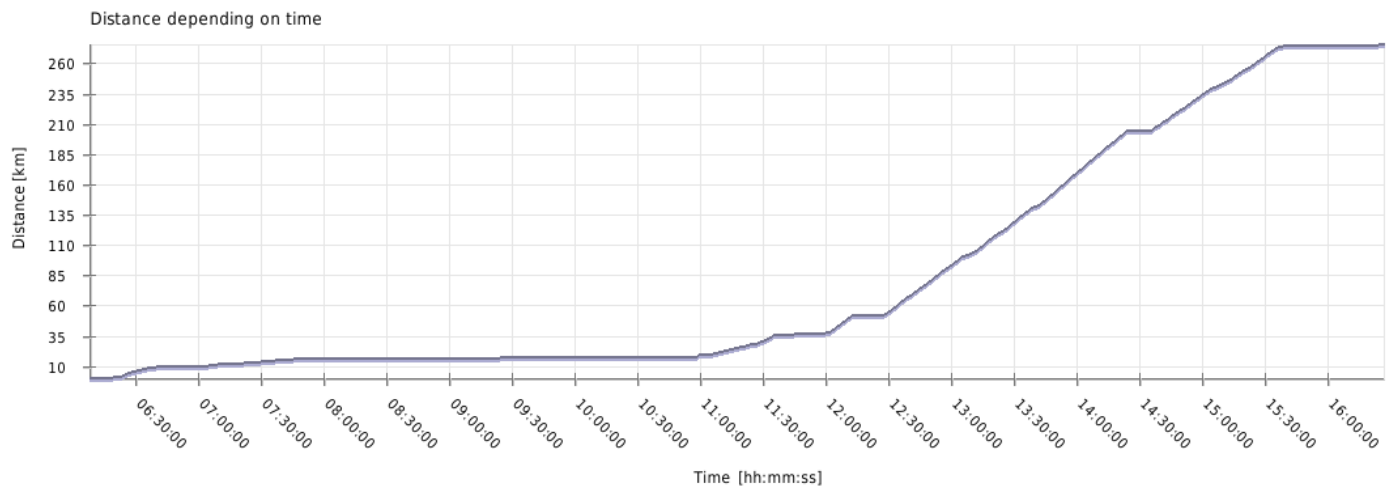
Minimum speed:	0.4 km/h
Maximum speed:	95.3 km/h
Average climbing speed :	55.2 km/h
Average descent speed :	58.4 km/h
Average flat speed:	51.9 km/h
Average speed:	56.2 km/h

## Time

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Date of track:	15.9.2008
Start time:	07:07:40
End time:	17:27:12
Total track time:	10h 19m 32s
Climbing time:	3h 34m 01s
Descent time:	2h 55m 12s
Flat time:	3h 50m 19s

## Distance



Total flat distance: 274.6 km

Total real distance: 275.6 km

Climbing distance: 127.1 km

Descent distance: 119.4 km

Flat distance: 29.1 km