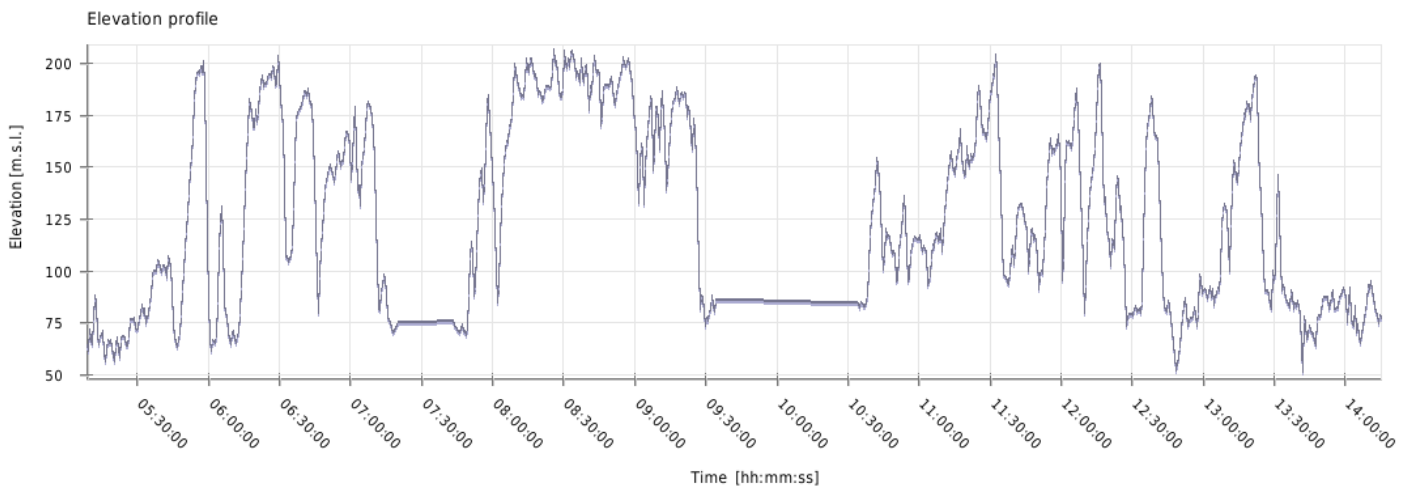
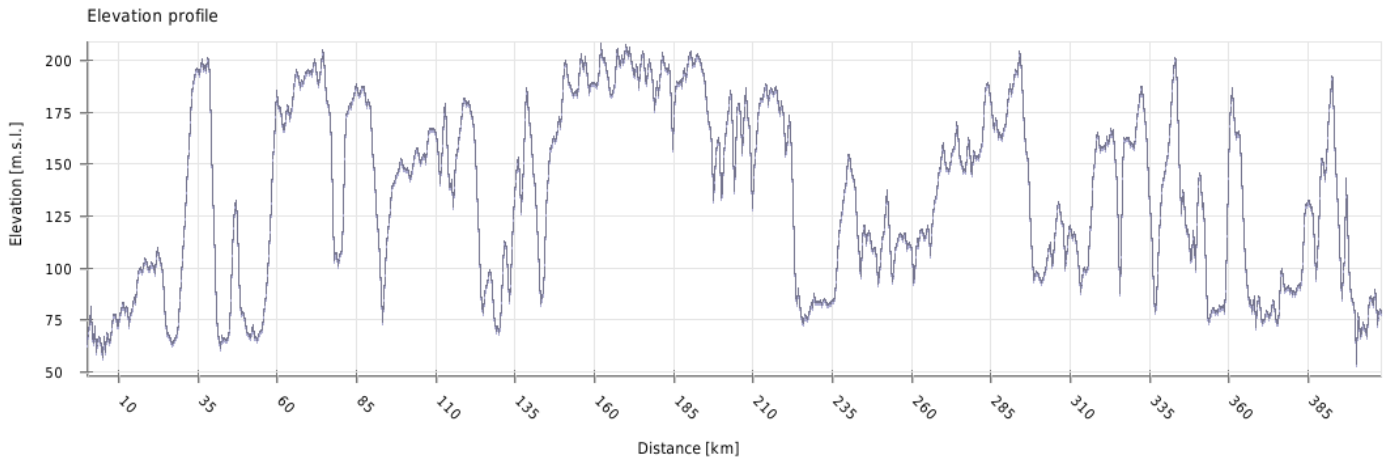
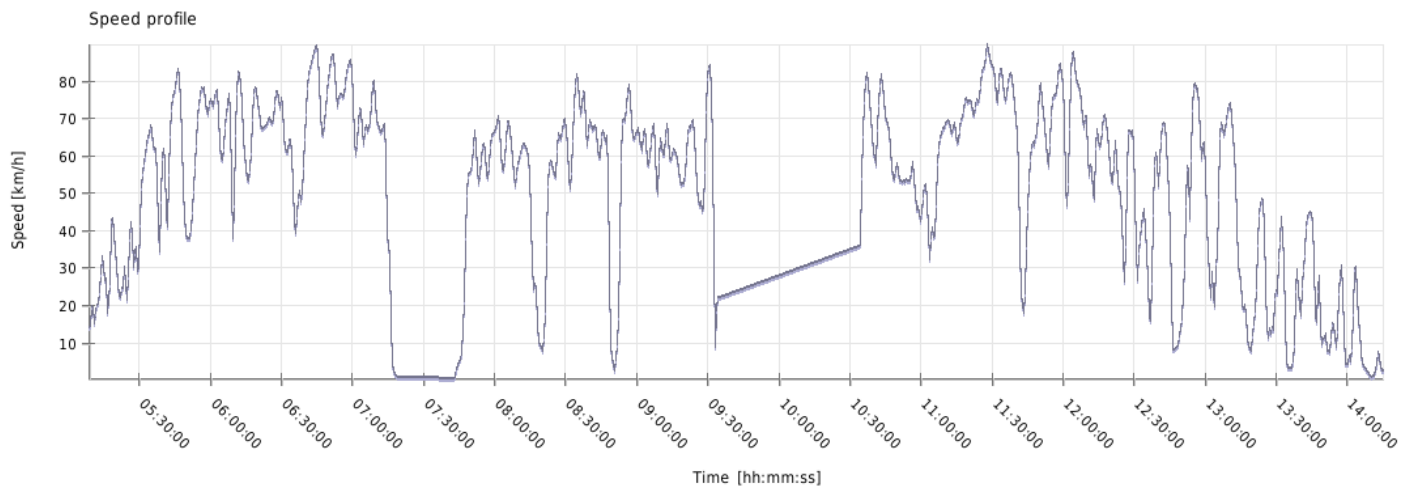
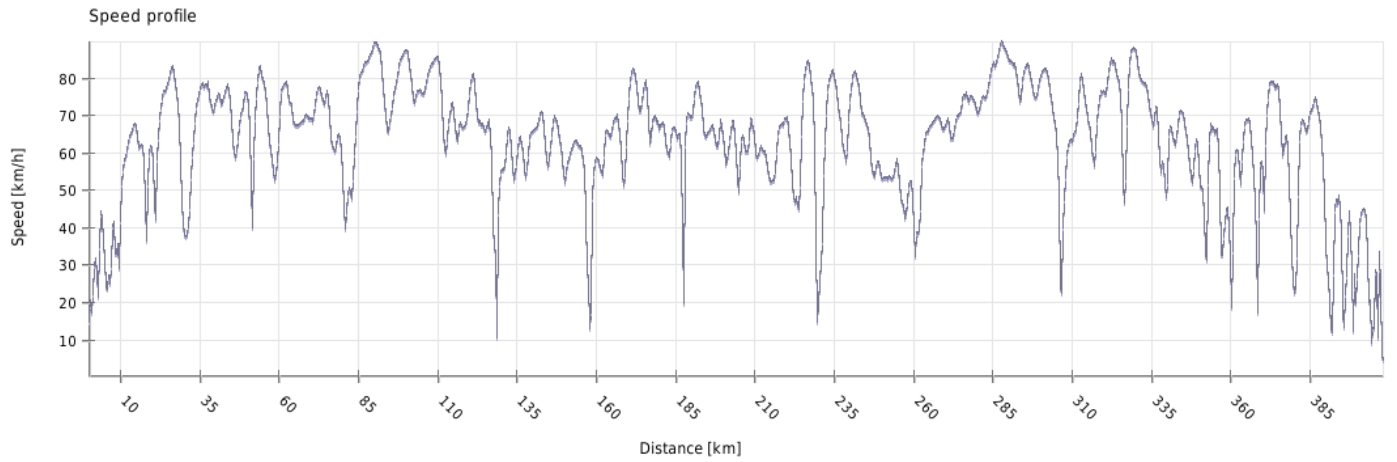


Elevation



Minimum elevation:	48 m.s.l.
Maximum elevation:	209 m.s.l.
Average elevation:	127.2 m.s.l.
Maximum difference:	161 m
Total climbing:	3825 m
Total descent:	3818 m
Start elevation:	71 m.s.l.
End elevation:	77 m.s.l.
Final balance:	6 m

Speed

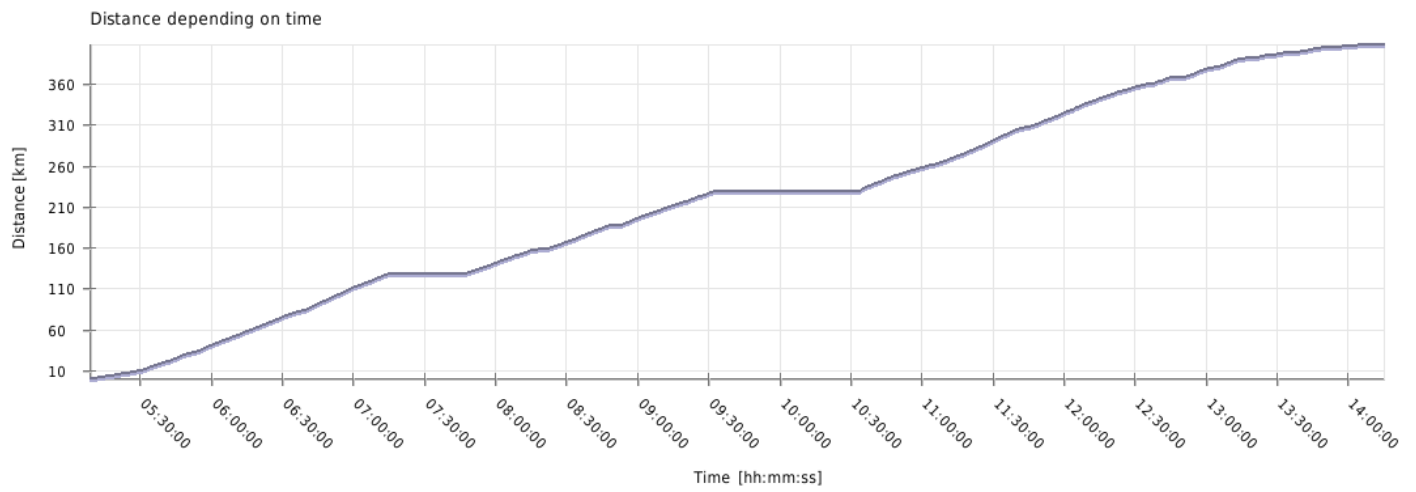


Minimum speed:	0.4 km/h
Maximum speed:	89.8 km/h
Average climbing speed :	56.6 km/h
Average descent speed :	59.6 km/h
Average flat speed:	54.8 km/h
Average speed:	57.6 km/h

Time

Date of track:	14.9.2008
Start time:	06:08:45
End time:	15:15:11
Total track time:	9h 06m 26s
Climbing time:	3h 57m 54s
Descent time:	4h 17m 18s
Flat time:	51m 14s

Distance



Total flat distance:	407.8 km
----------------------	----------

Total real distance:	408.1 km
----------------------	----------

Climbing distance:	191.5 km
--------------------	----------

Descent distance:	176.8 km
-------------------	----------

Flat distance:	39.8 km
----------------	---------