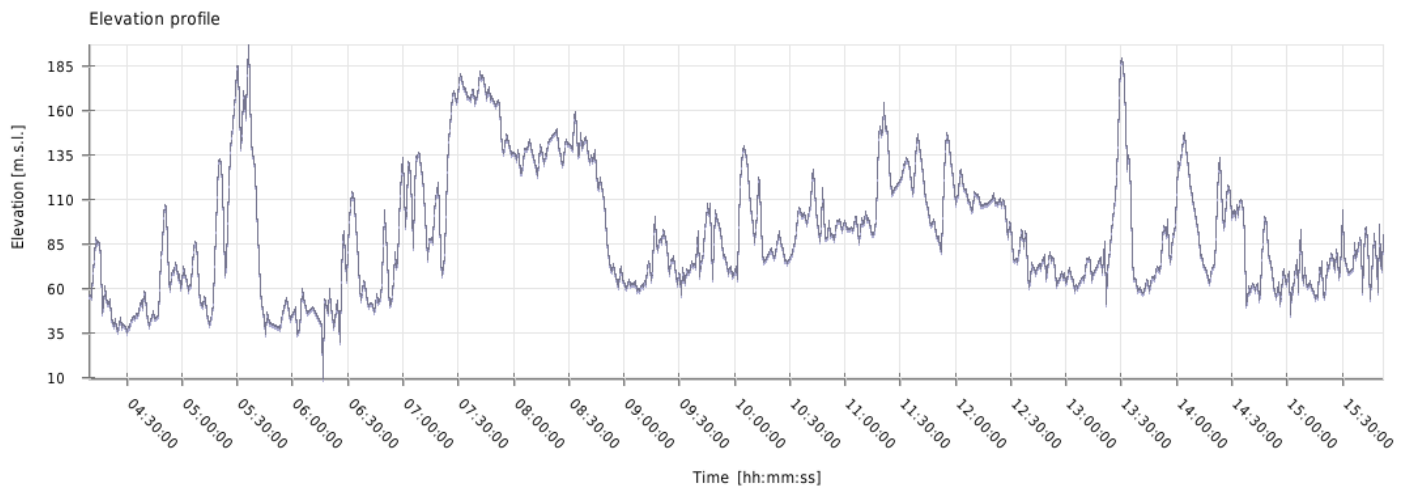
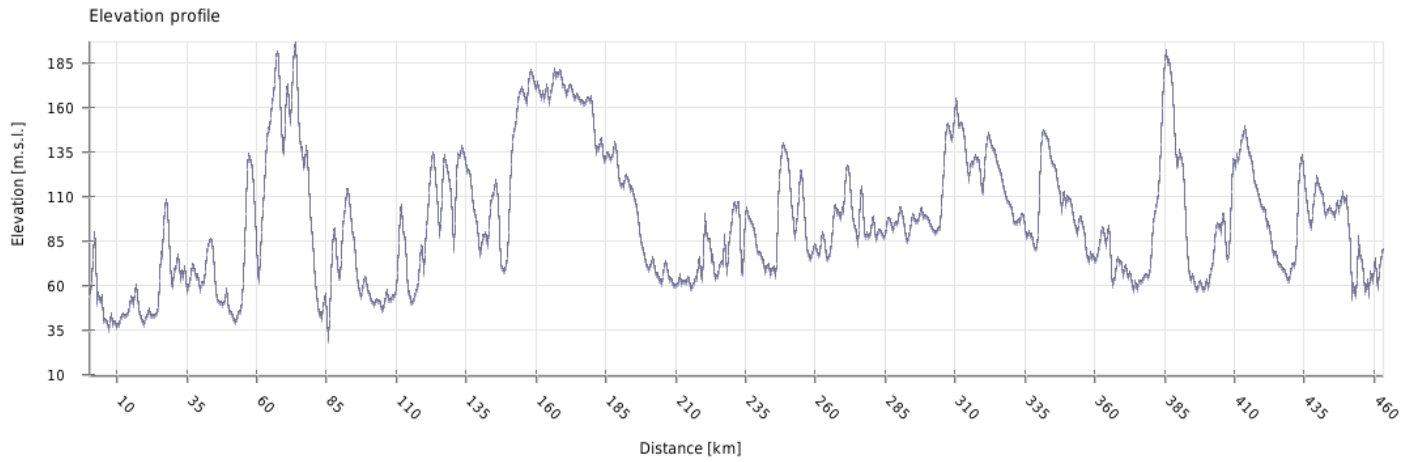
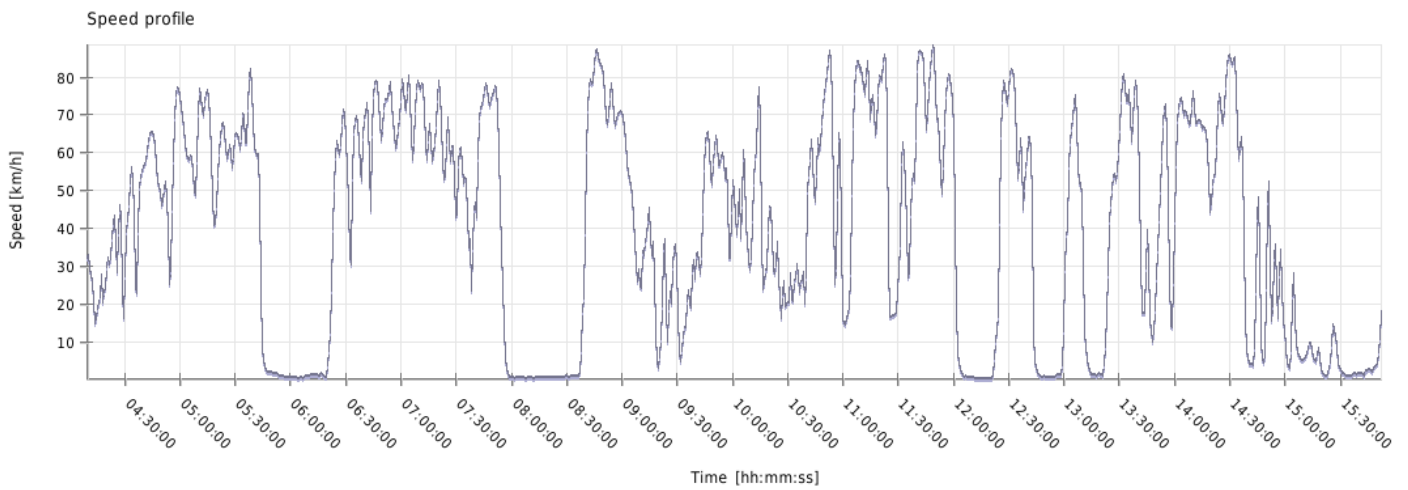
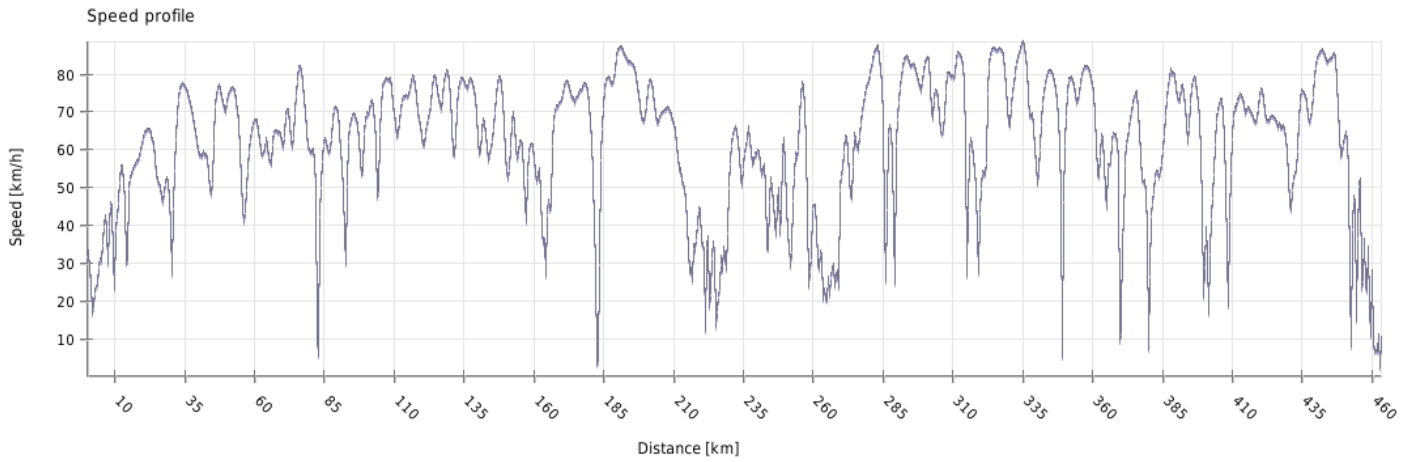


Elevation



Minimum elevation:	9 m.s.l.
Maximum elevation:	197 m.s.l.
Average elevation:	90.9 m.s.l.
Maximum difference:	188 m
Total climbing:	4155 m
Total descent:	4106 m
Start elevation:	46.3 m.s.l.
End elevation:	95 m.s.l.
Final balance:	48.7 m

Speed

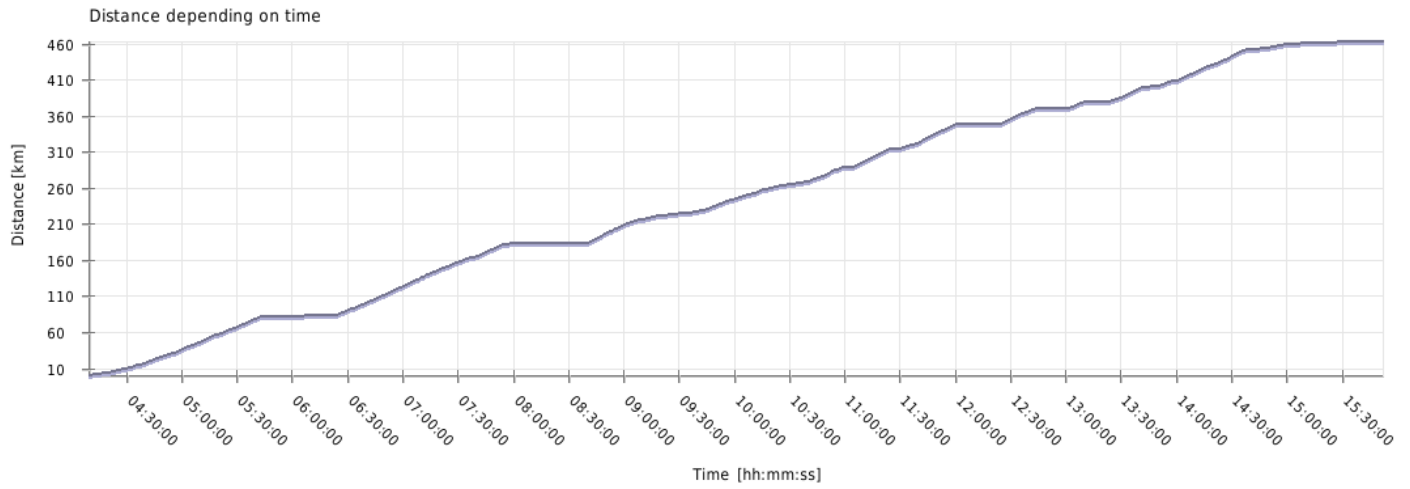


Minimum speed:	0.1 km/h
Maximum speed:	88.5 km/h
Average climbing speed :	51.7 km/h
Average descent speed :	58.7 km/h
Average flat speed:	49.6 km/h
Average speed:	54.6 km/h

Time

Date of track:	12.9.2008
Start time:	05:09:26
End time:	16:52:20
Total track time:	11h 42m 54s
Climbing time:	5h 08m 44s
Descent time:	5h 15m 25s
Flat time:	1h 18m 45s

Distance



Total flat distance:	462.2 km
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Total real distance:	463.3 km
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Climbing distance:	182.6 km
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Descent distance:	225 km
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Flat distance:	55.7 km
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