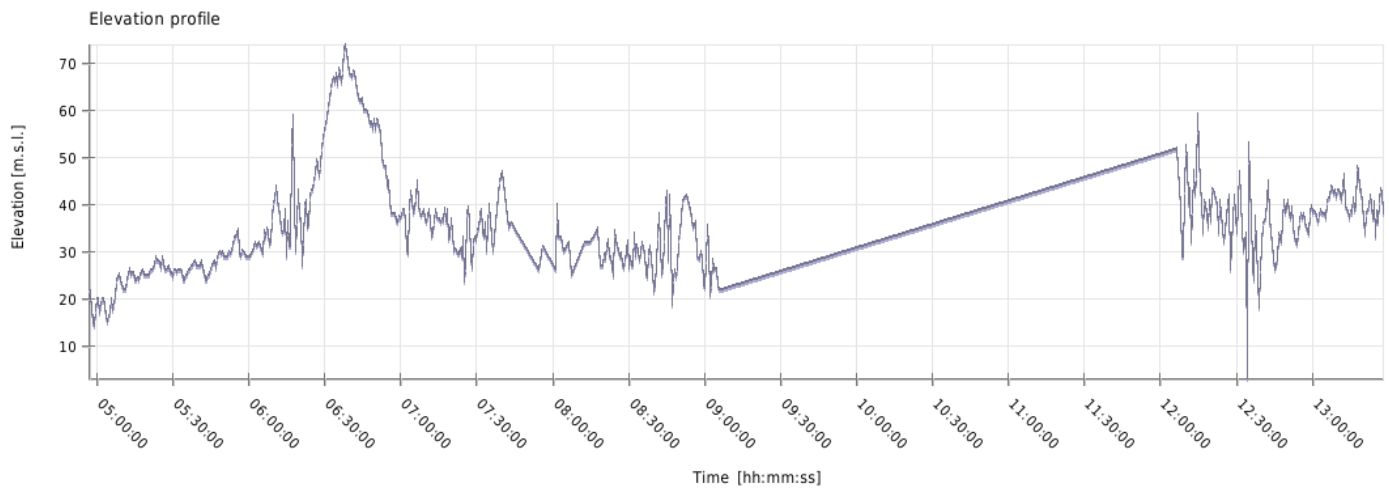
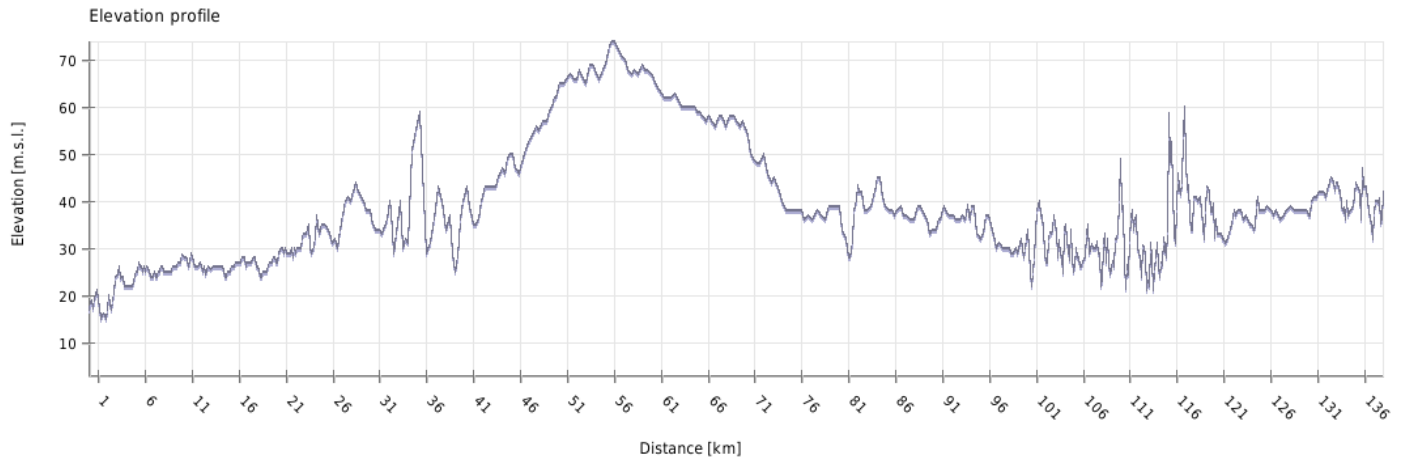
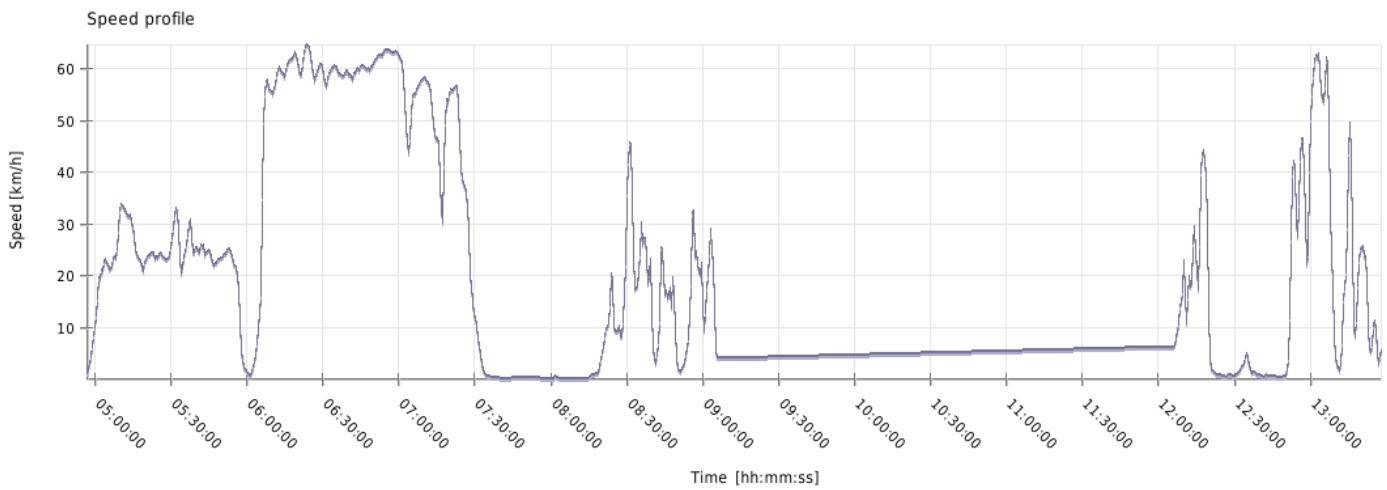
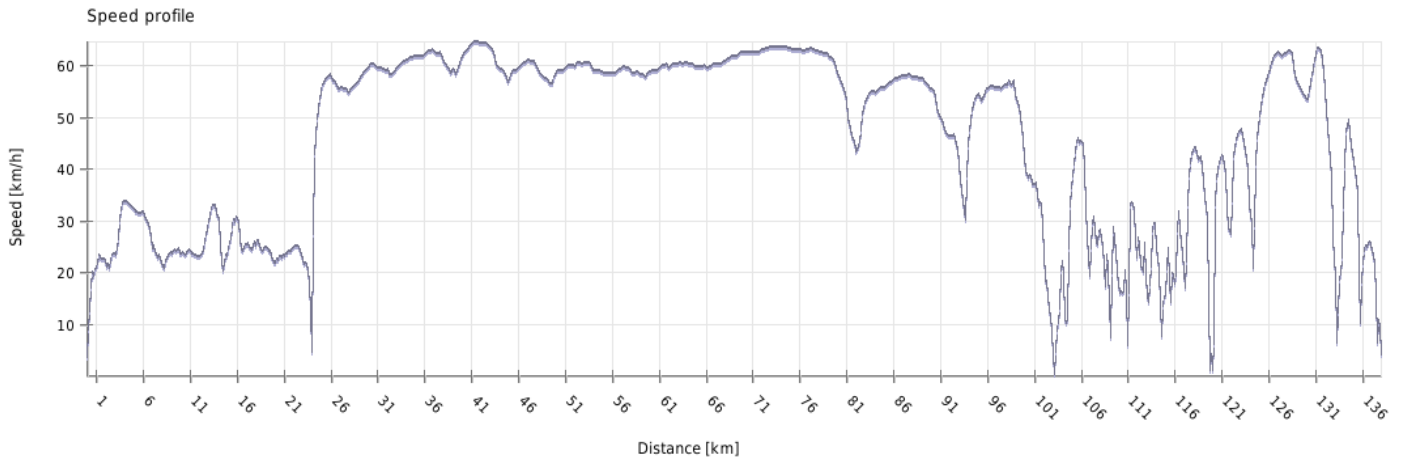


Elevation



Minimum elevation:	3 m.s.l.
Maximum elevation:	74 m.s.l.
Average elevation:	35.1 m.s.l.
Maximum difference:	71 m
Total climbing:	1160 m
Total descent:	1140 m
Start elevation:	18.3 m.s.l.
End elevation:	38 m.s.l.
Final balance:	19.7 m

Speed

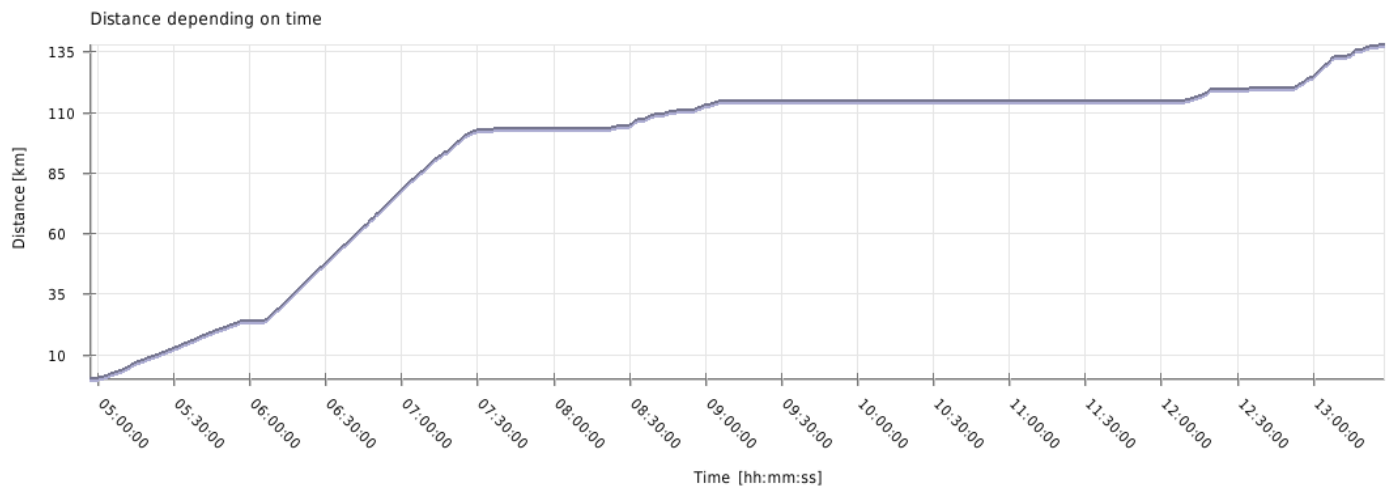


Minimum speed:	0.1 km/h
Maximum speed:	64.6 km/h
Average climbing speed :	37.8 km/h
Average descent speed :	39.7 km/h
Average flat speed:	37 km/h
Average speed:	38.3 km/h

Time

Date of track:	9.9.2008
Start time:	05:56:07
End time:	14:28:04
Total track time:	8h 31m 57s
Climbing time:	5h 10m 12s
Descent time:	2h 16m 50s
Flat time:	1h 04m 55s

Distance



Total flat distance:	137.5 km
Total real distance:	138 km
Climbing distance:	51.1 km
Descent distance:	52.1 km
Flat distance:	34.7 km