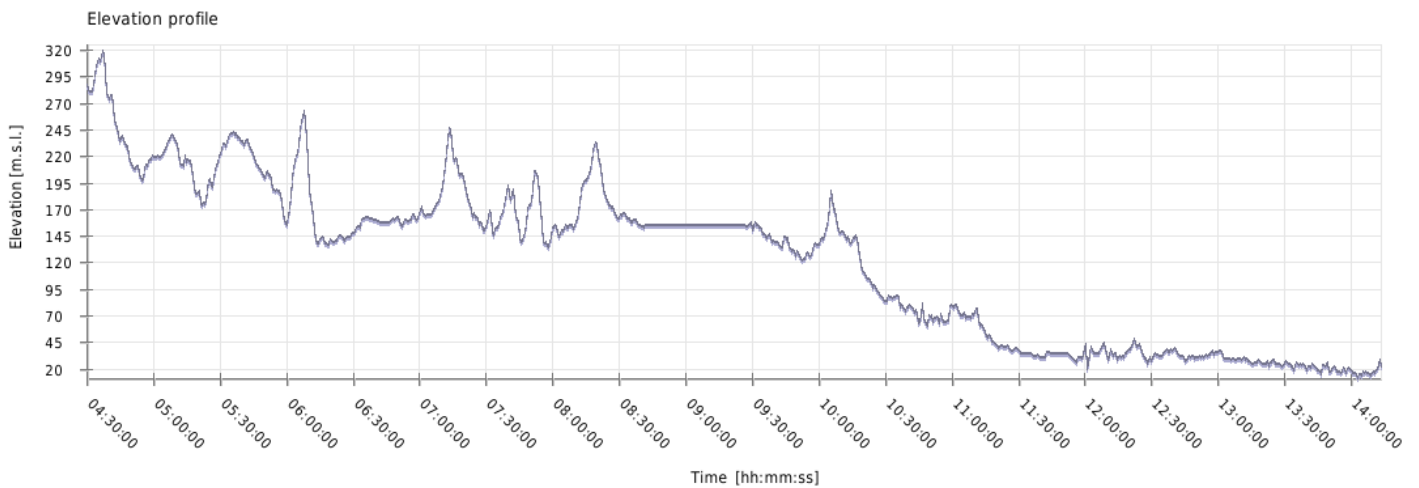
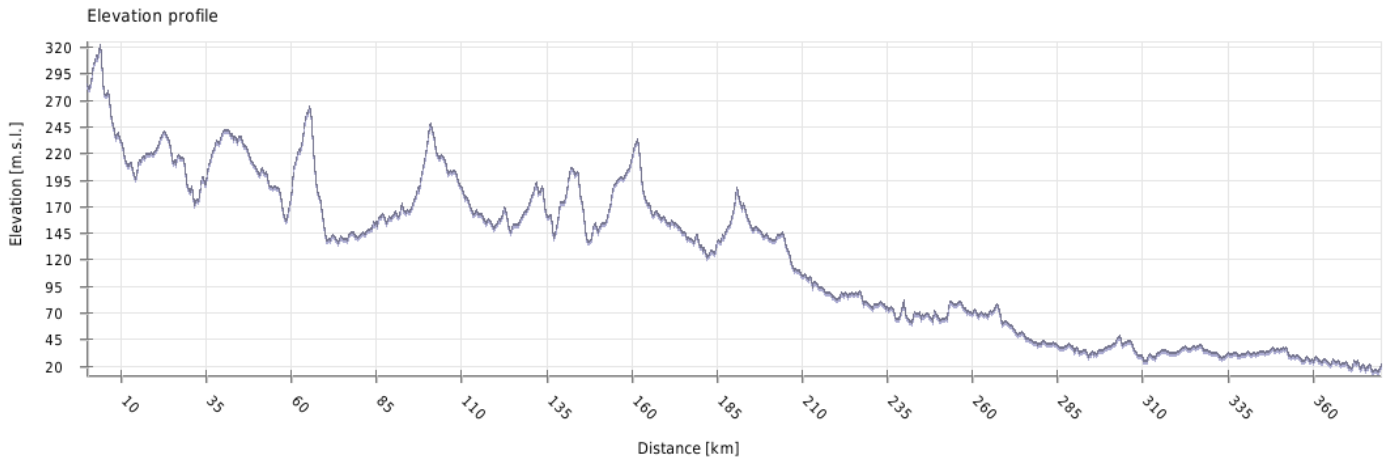
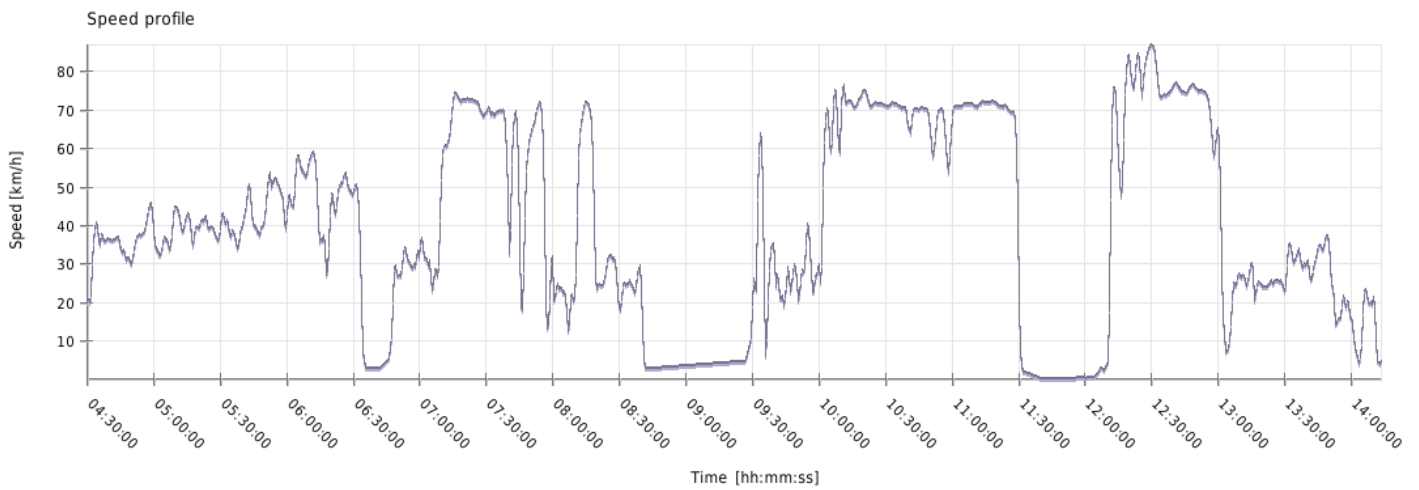
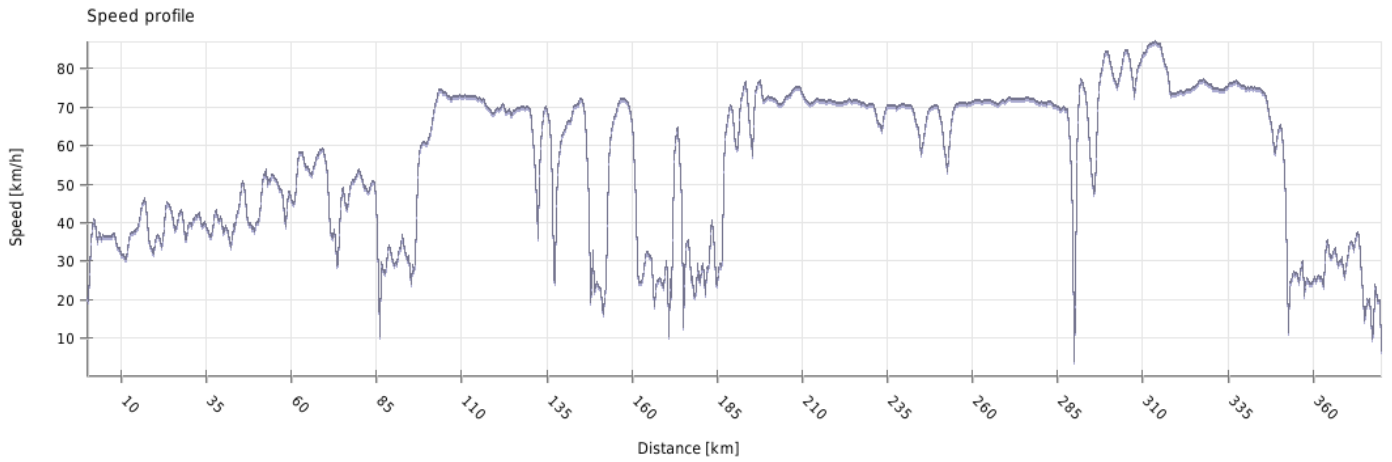


Elevation



Minimum elevation:	11 m.s.l.
Maximum elevation:	325 m.s.l.
Average elevation:	129.2 m.s.l.
Maximum difference:	314 m
Total climbing:	1574 m
Total descent:	1842 m
Start elevation:	289.1 m.s.l.
End elevation:	21 m.s.l.
Final balance:	-268.1 m

Speed

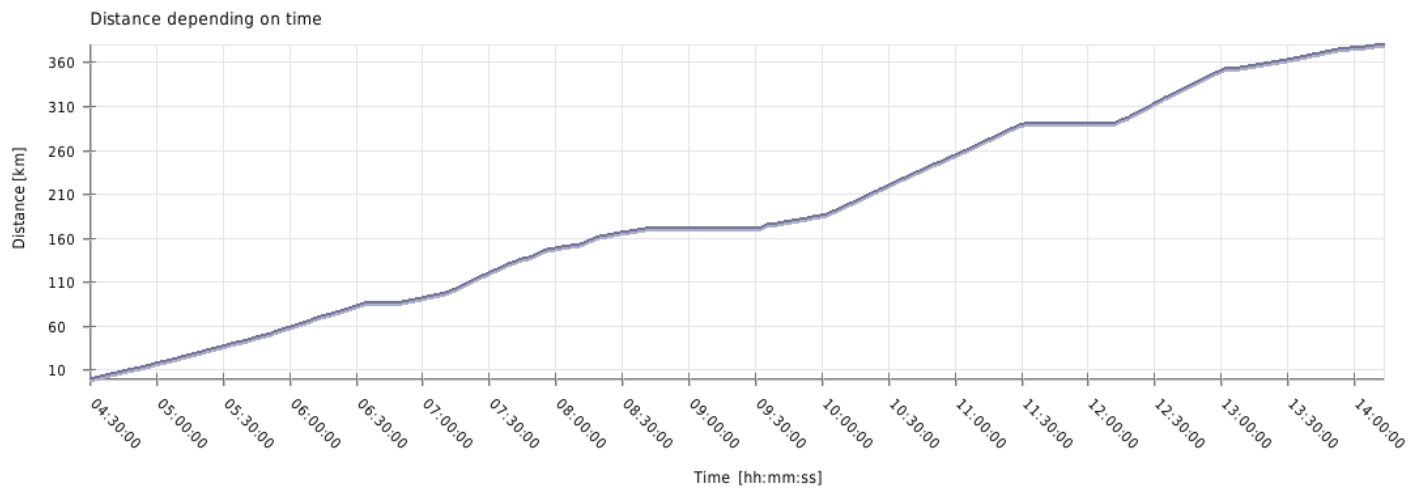


Minimum speed:	0.2 km/h
Maximum speed:	86.9 km/h
Average climbing speed :	48.6 km/h
Average descent speed :	49 km/h
Average flat speed:	43.6 km/h
Average speed:	47.8 km/h

Time

Date of track:	8.9.2008
Start time:	05:29:47
End time:	15:13:34
Total track time:	9h 43m 47s
Climbing time:	3h 21m 35s
Descent time:	4h 36m 27s
Flat time:	1h 45m 45s

Distance



Total flat distance:	380 km
Total real distance:	380.1 km
Climbing distance:	145.8 km
Descent distance:	164.1 km
Flat distance:	70.2 km