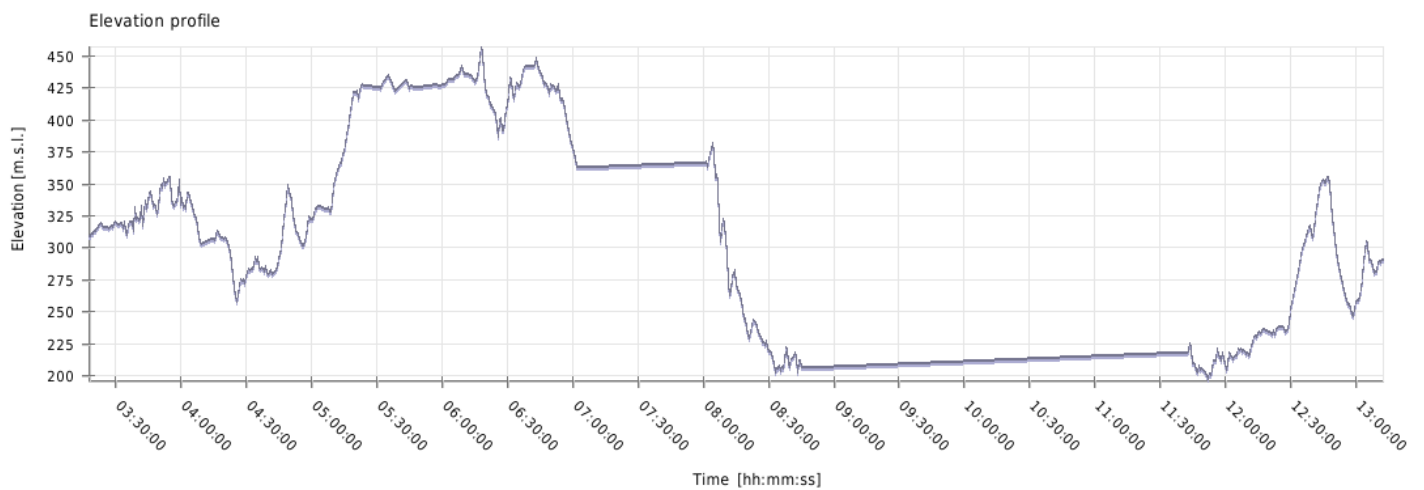
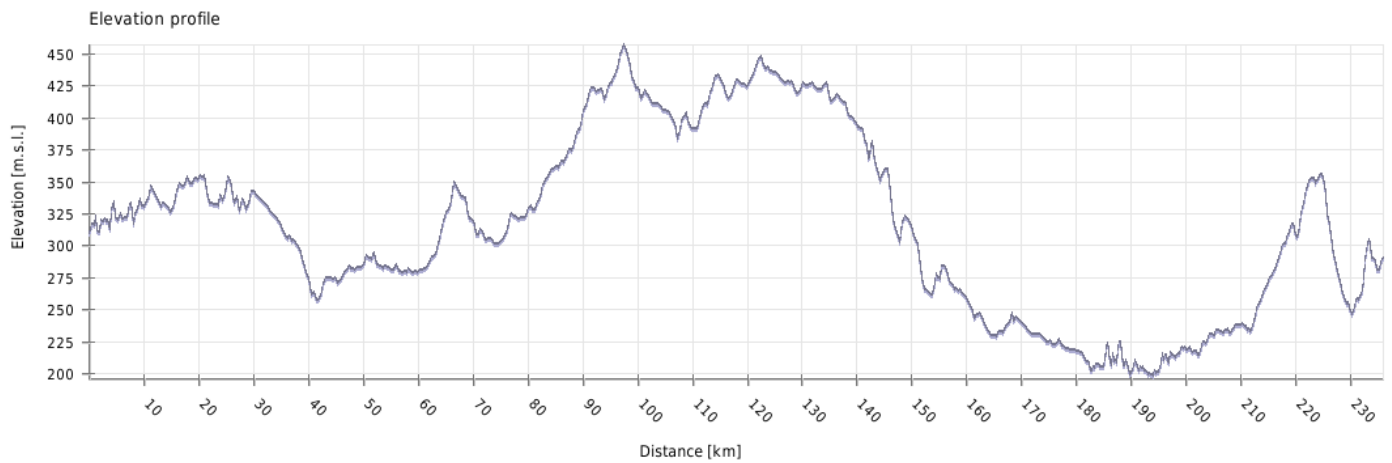
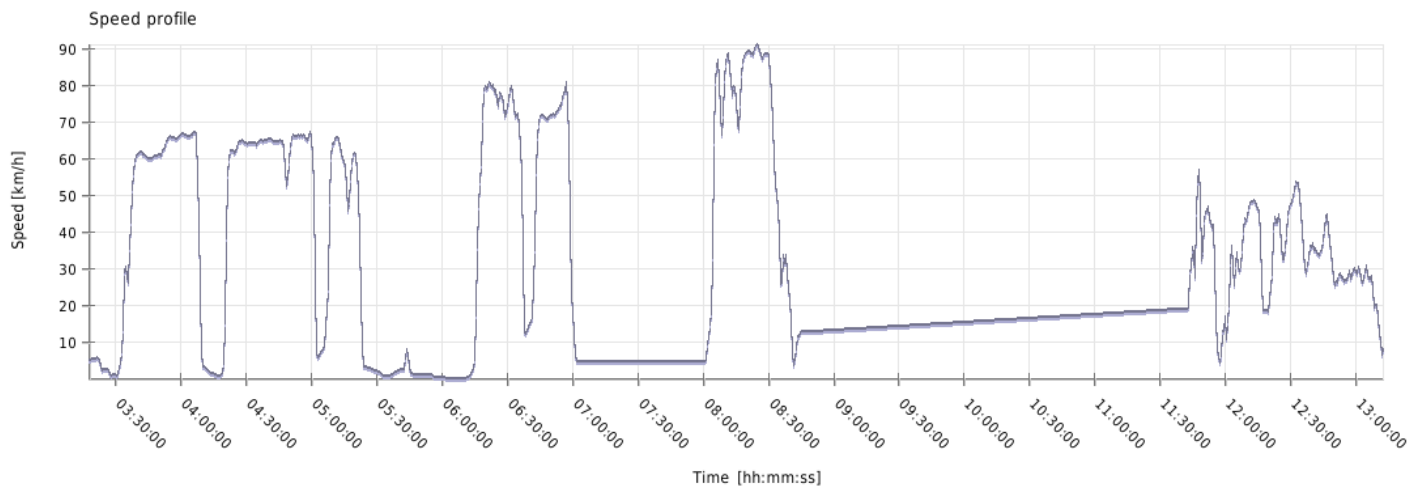
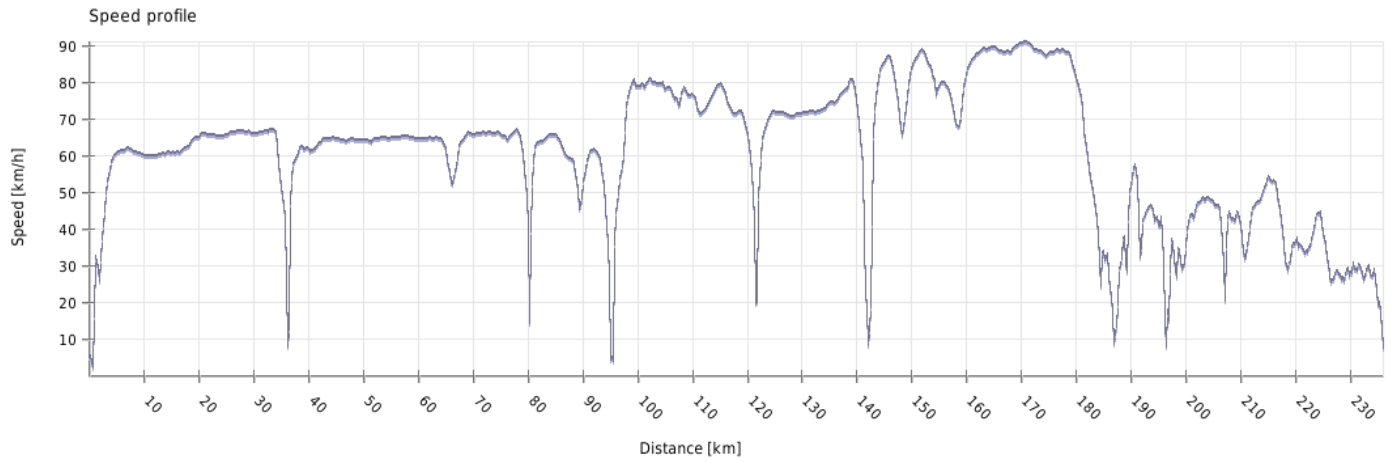


## Elevation



Minimum elevation:	196 m.s.l.
Maximum elevation:	457 m.s.l.
Average elevation:	307.1 m.s.l.
Maximum difference:	261 m
Total climbing:	1348 m
Total descent:	1366 m
Start elevation:	309.2 m.s.l.
End elevation:	291 m.s.l.
Final balance:	-18.2 m

## Speed



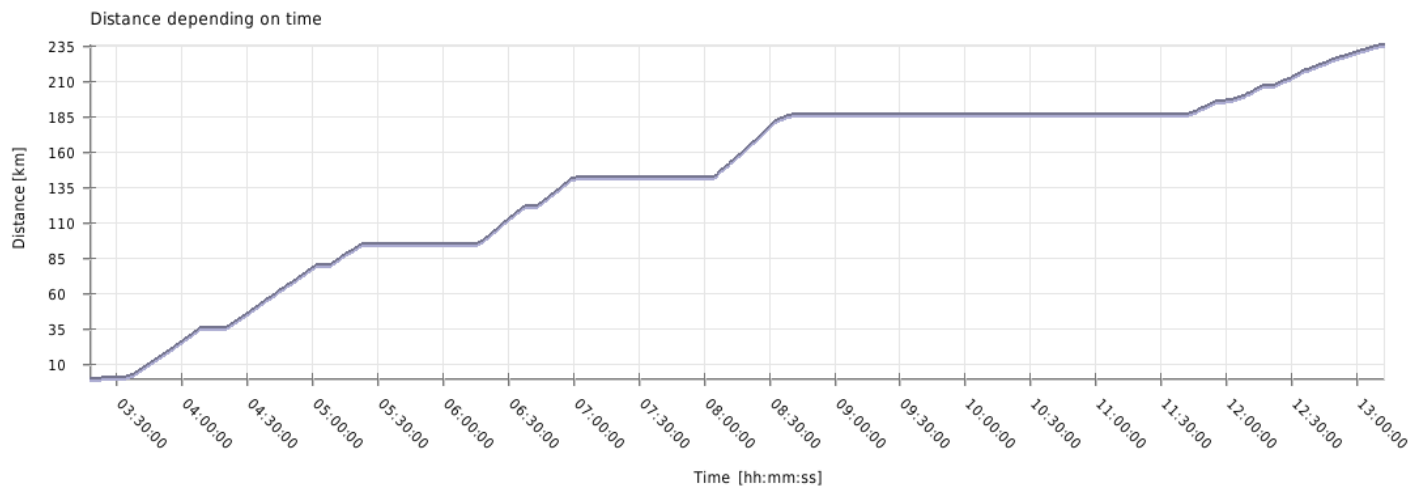
Minimum speed:	0.2 km/h
Maximum speed:	91.2 km/h
Average climbing speed :	51.2 km/h
Average descent speed :	58.6 km/h
Average flat speed:	39.5 km/h
Average speed:	52.7 km/h

## Time

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Date of track:	7.9.2008
Start time:	04:17:24
End time:	14:12:42
Total track time:	9h 55m 18s
Climbing time:	6h 30m 35s
Descent time:	2h 32m 21s
Flat time:	52m 22s

## Distance



Total flat distance:	235.8 km
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Total real distance:	235.9 km
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Climbing distance:	96.4 km
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Descent distance:	113.4 km
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Flat distance:	26.1 km
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