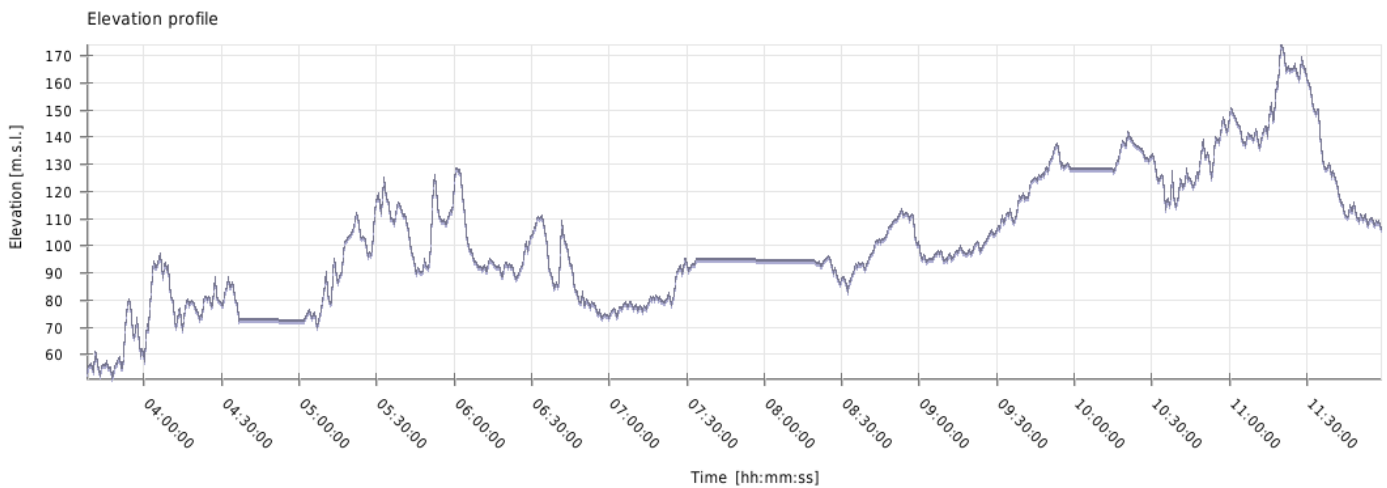
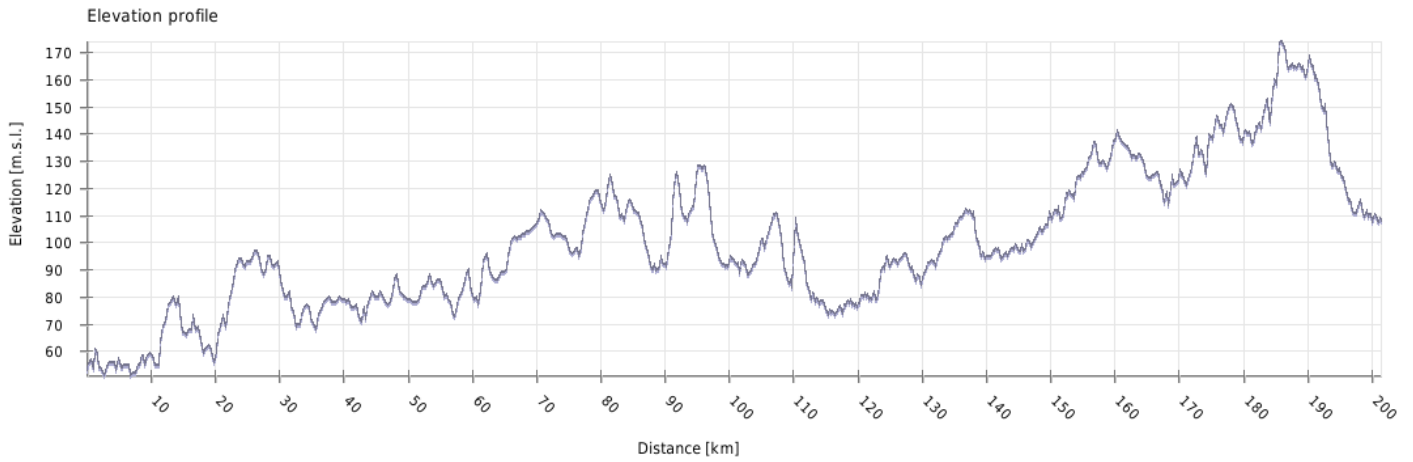
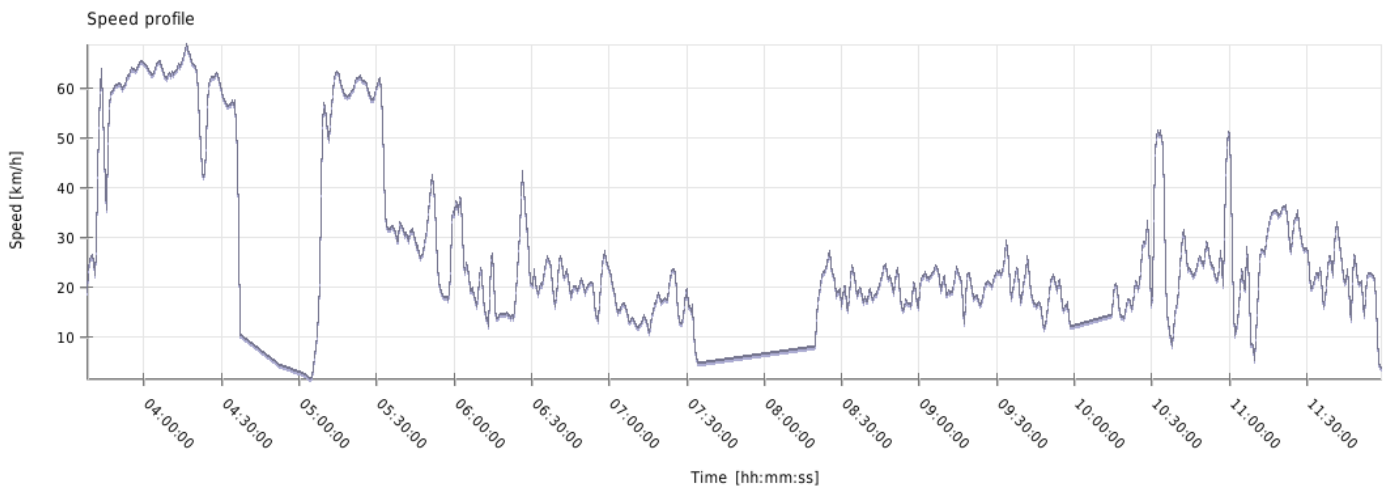
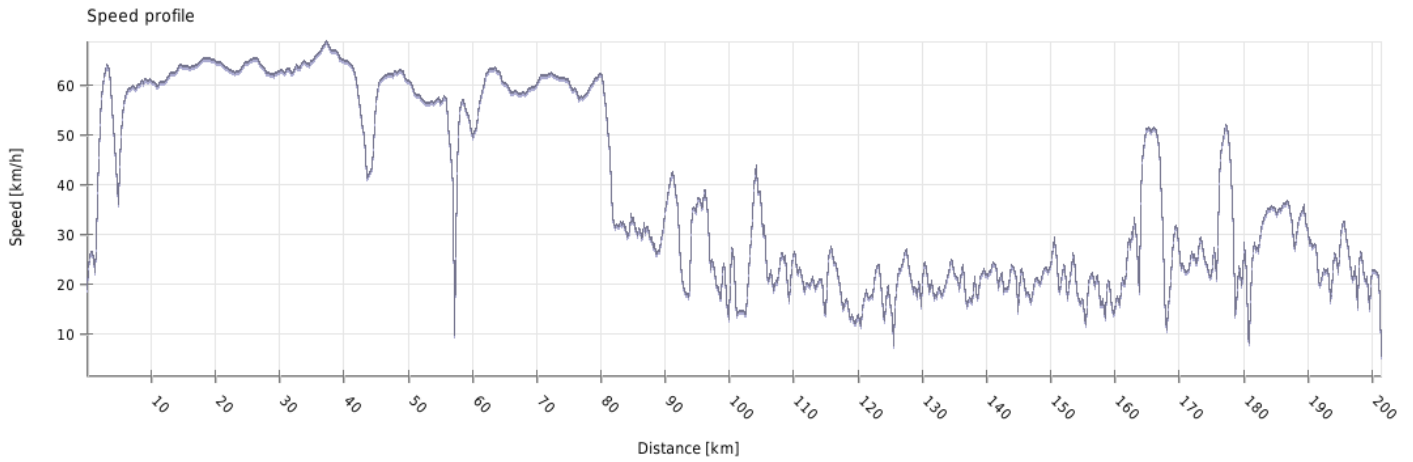


## Elevation



Minimum elevation:	50 m.s.l.
Maximum elevation:	174 m.s.l.
Average elevation:	106.3 m.s.l.
Maximum difference:	124 m
Total climbing:	1057 m
Total descent:	1001 m
Start elevation:	50.2 m.s.l.
End elevation:	106 m.s.l.
Final balance:	55.8 m

## Speed



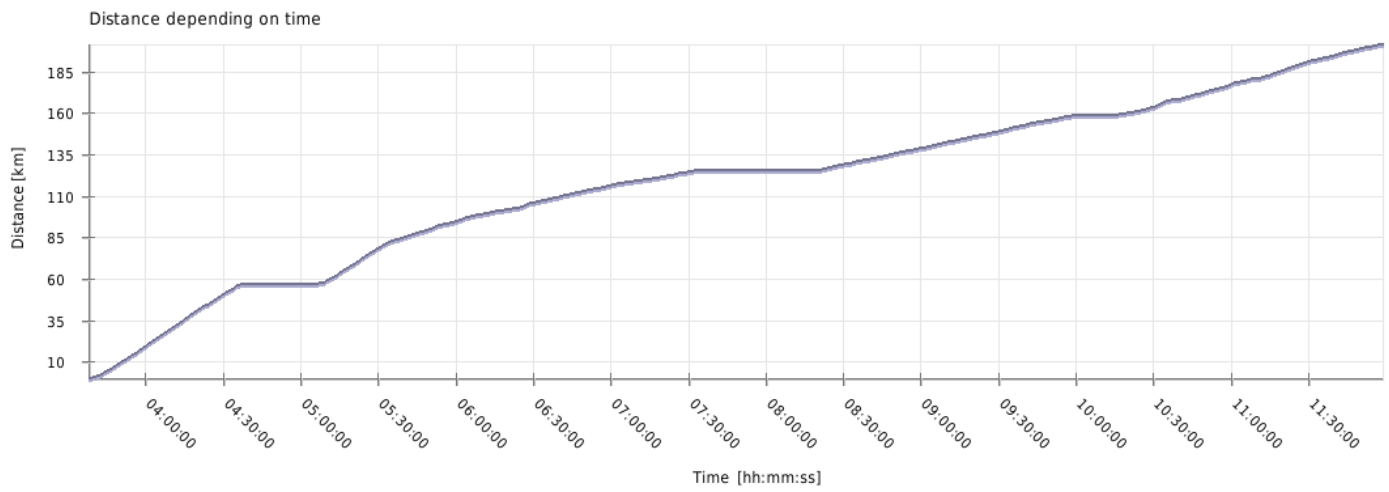
Minimum speed:	1.4 km/h
Maximum speed:	68.8 km/h
Average climbing speed :	33.1 km/h
Average descent speed :	30.5 km/h
Average flat speed:	25.8 km/h
Average speed:	30 km/h

## Time

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Date of track:	5.9.2008
Start time:	04:37:49
End time:	12:58:51
Total track time:	8h 21m 02s
Climbing time:	2h 28m 06s
Descent time:	3h 40m 21s
Flat time:	2h 12m 35s

## Distance



Total flat distance:	201.4 km
Total real distance:	201.5 km
Climbing distance:	78.6 km
Descent distance:	70.6 km
Flat distance:	52.3 km