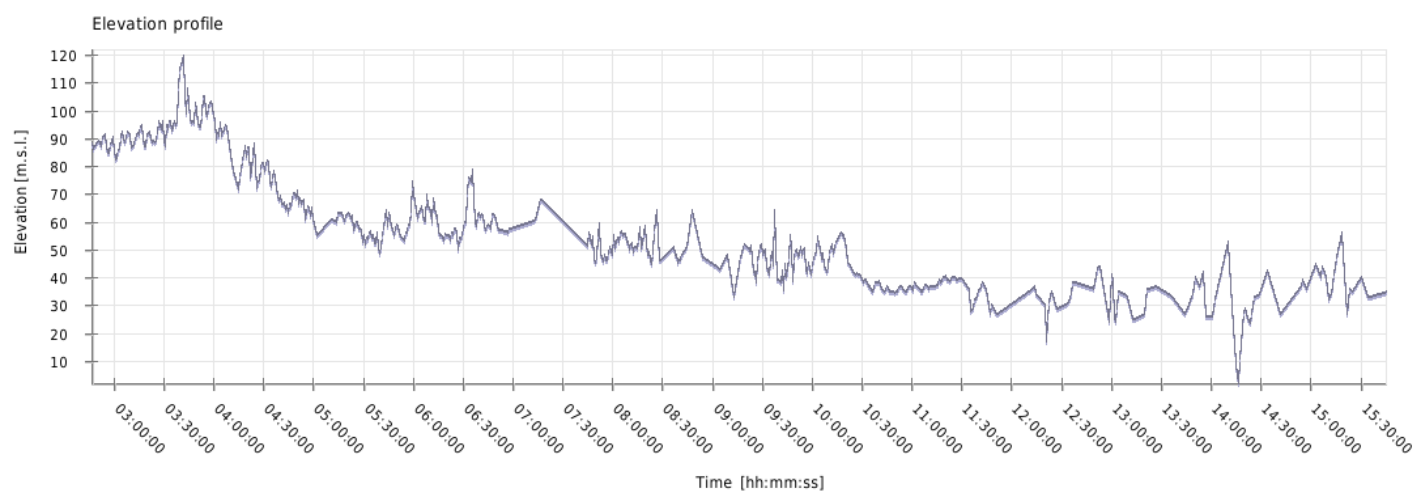
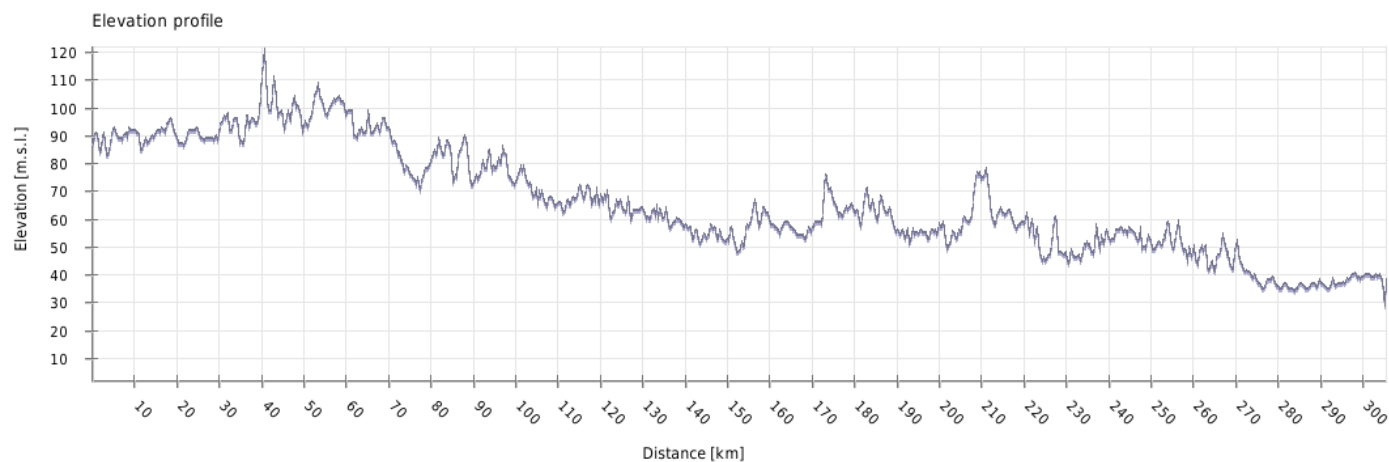
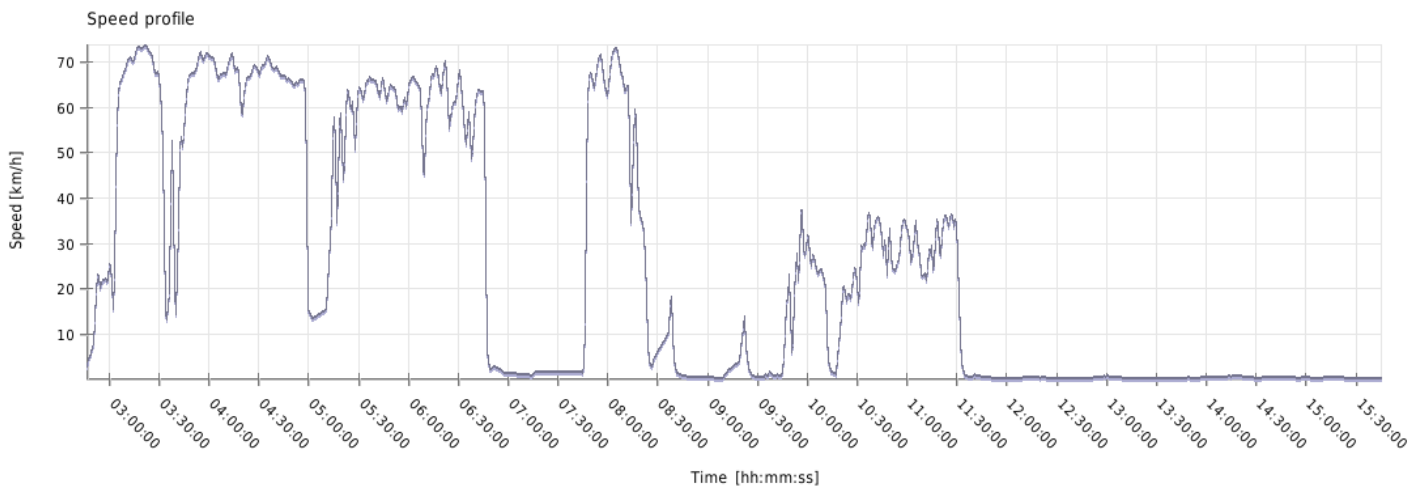
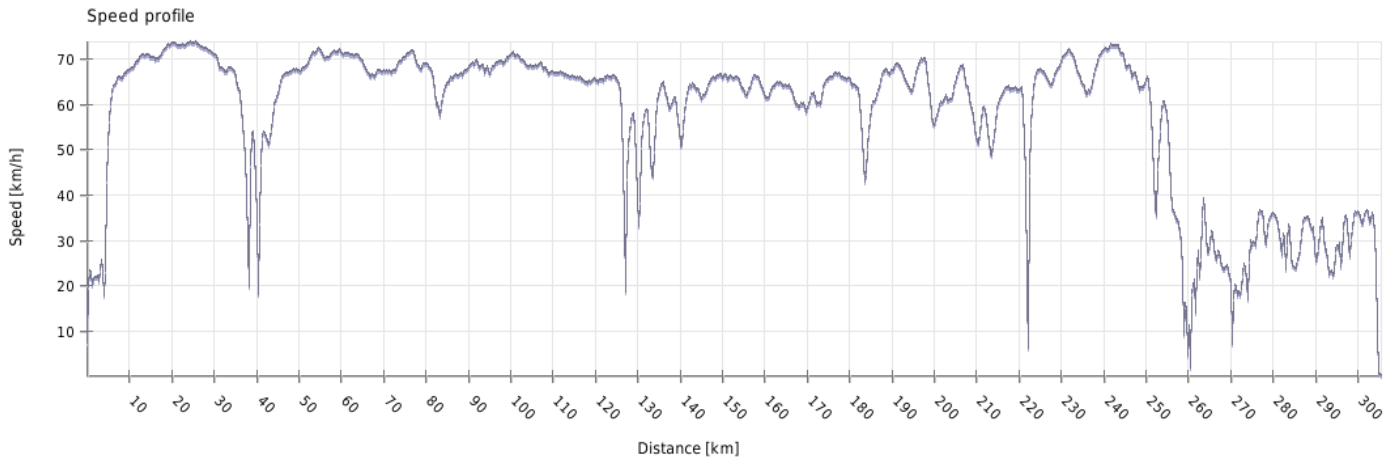


Elevation



Minimum elevation:	2 m.s.l.
Maximum elevation:	122 m.s.l.
Average elevation:	58.2 m.s.l.
Maximum difference:	120 m
Total climbing:	1386 m
Total descent:	1441 m
Start elevation:	90.3 m.s.l.
End elevation:	35 m.s.l.
Final balance:	-55.3 m

Speed

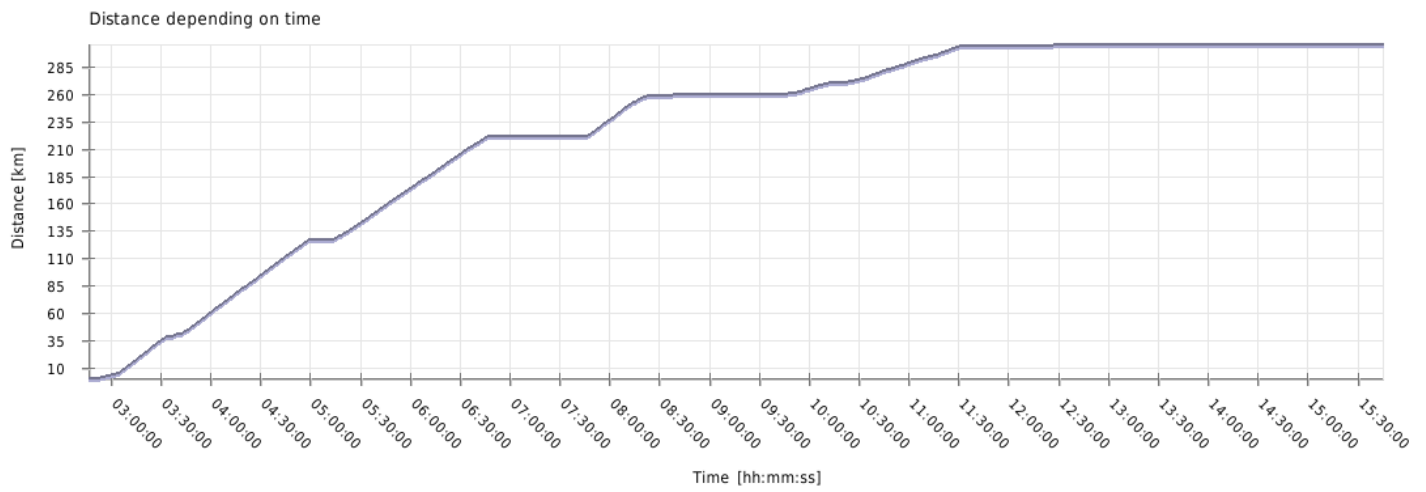


Minimum speed:	0.1 km/h
Maximum speed:	73.9 km/h
Average climbing speed :	55 km/h
Average descent speed :	54.2 km/h
Average flat speed:	43.1 km/h
Average speed:	51.2 km/h

Time

Date of track:	3.9.2008
Start time:	03:46:12
End time:	16:45:19
Total track time:	12h 59m 07s
Climbing time:	5h 49m 08s
Descent time:	5h 07m 50s
Flat time:	2h 02m 09s

Distance



Total flat distance:	305 km
Total real distance:	305.5 km
Climbing distance:	113.2 km
Descent distance:	116.1 km
Flat distance:	76.2 km