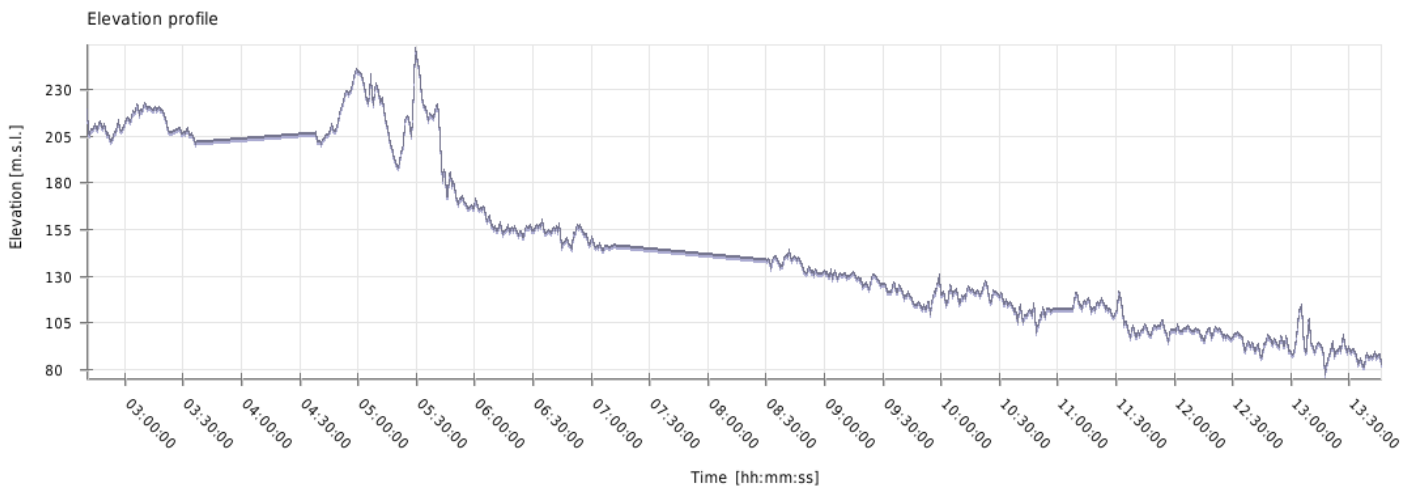
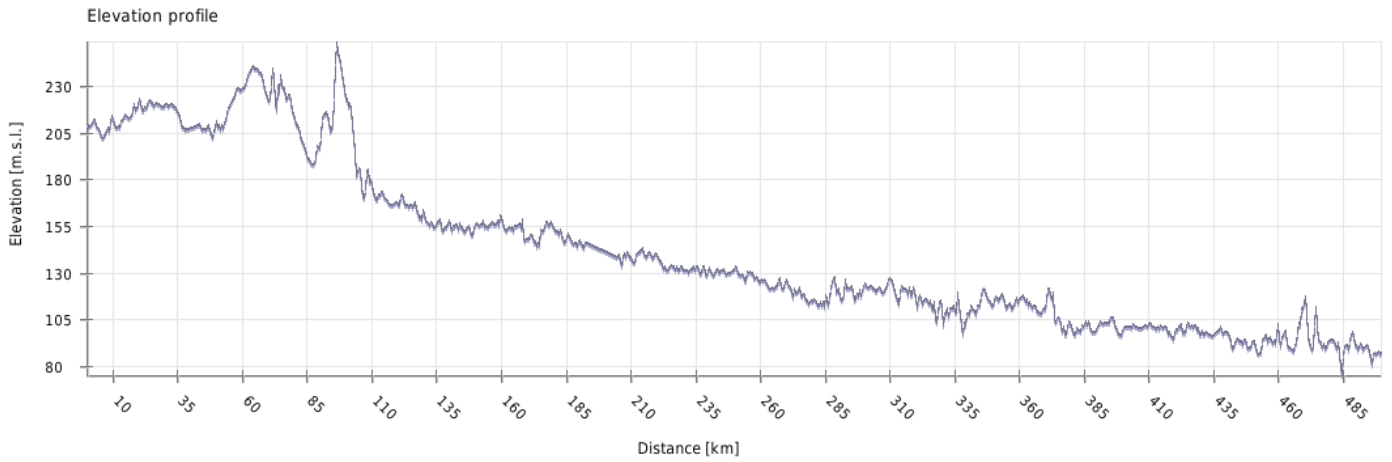
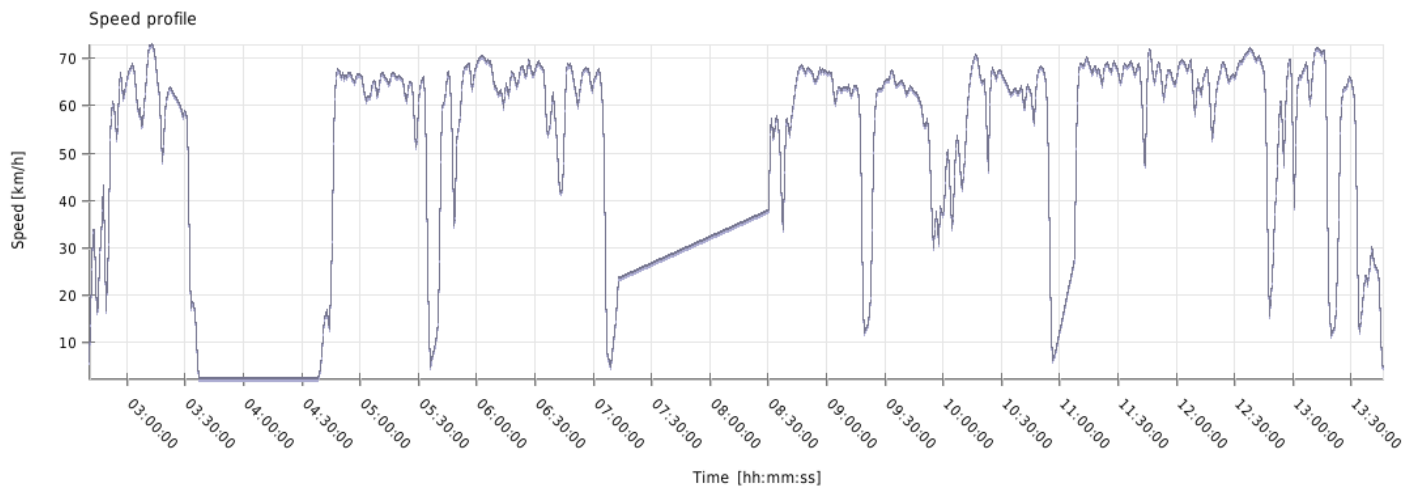
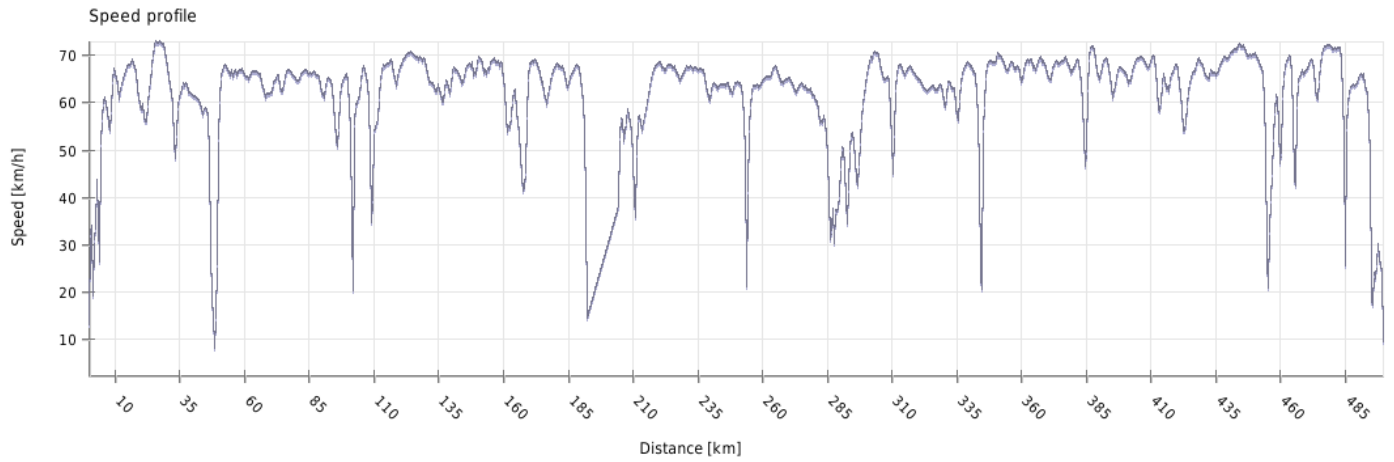


Elevation



Minimum elevation:	75 m.s.l.
Maximum elevation:	254 m.s.l.
Average elevation:	141.9 m.s.l.
Maximum difference:	179 m
Total climbing:	1269 m
Total descent:	1408 m
Start elevation:	222.5 m.s.l.
End elevation:	83 m.s.l.
Final balance:	-139.5 m

Speed

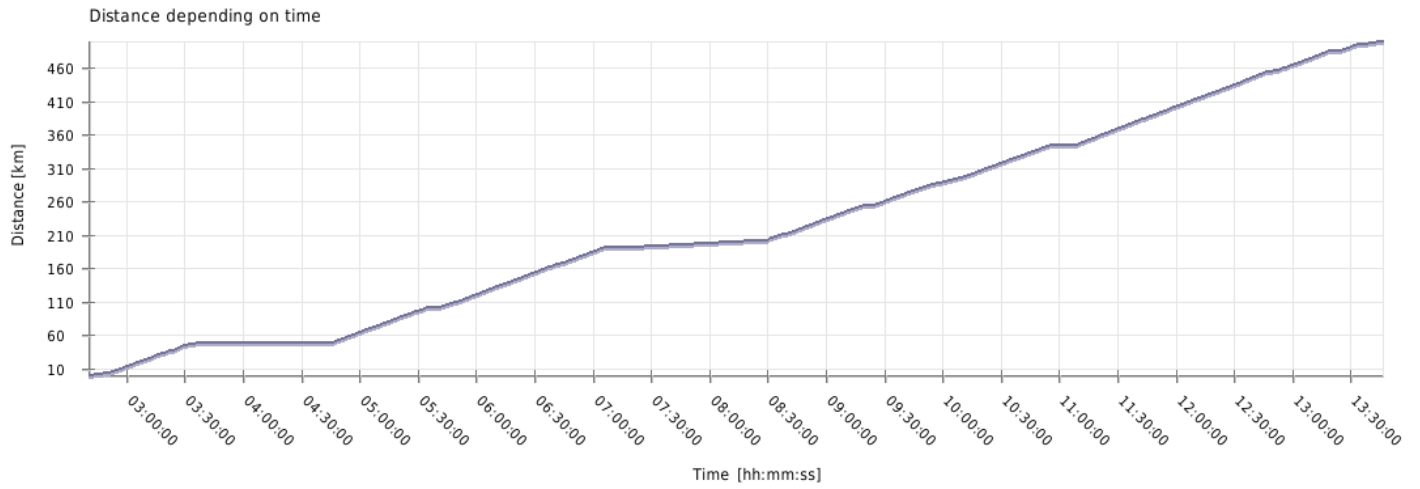


Minimum speed:	2.3 km/h
Maximum speed:	72.8 km/h
Average climbing speed :	59.6 km/h
Average descent speed :	45.8 km/h
Average flat speed:	59.6 km/h
Average speed:	53 km/h

Time

Date of track:	2.9.2008
Start time:	03:40:28
End time:	14:46:34
Total track time:	11h 06m 06s
Climbing time:	4h 12m 44s
Descent time:	4h 49m 44s
Flat time:	2h 03m 38s

Distance



Total flat distance:	499.6 km
Total real distance:	499.7 km
Climbing distance:	174.7 km
Descent distance:	205.2 km
Flat distance:	119.8 km