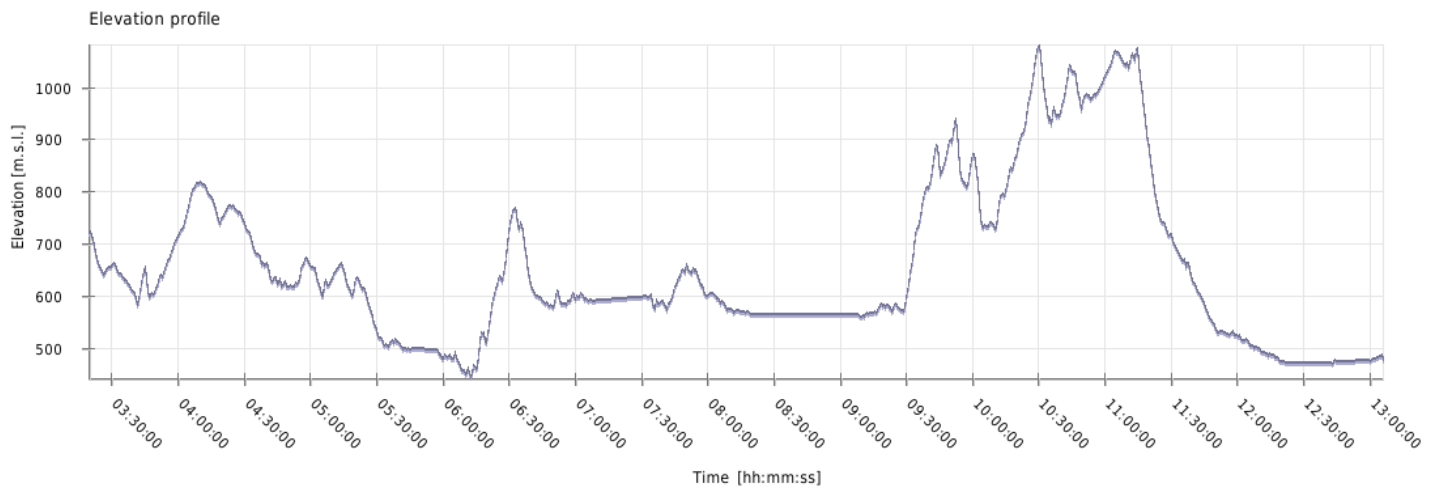
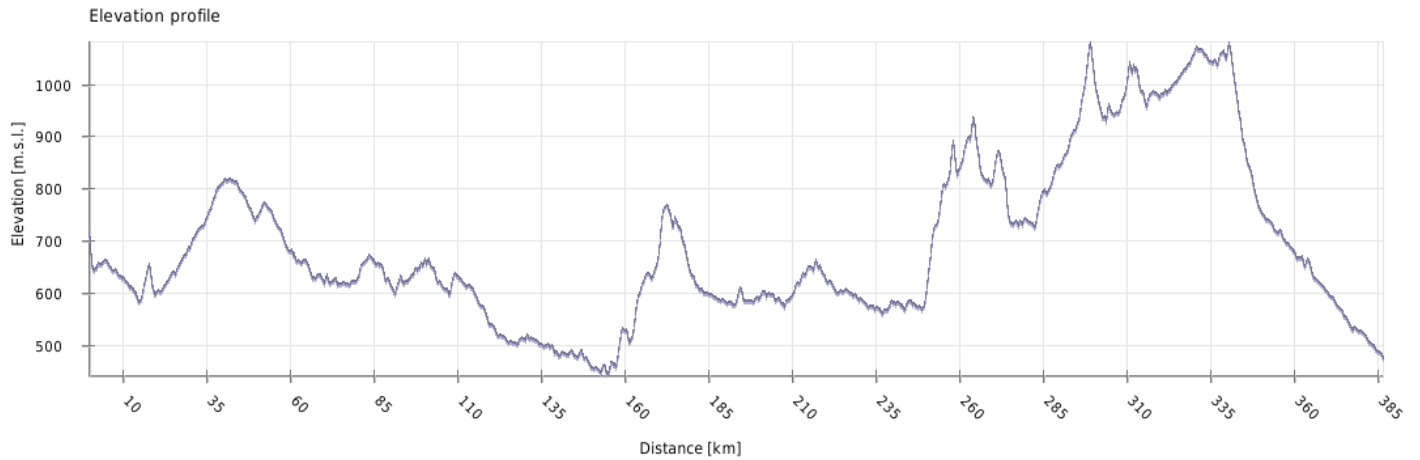
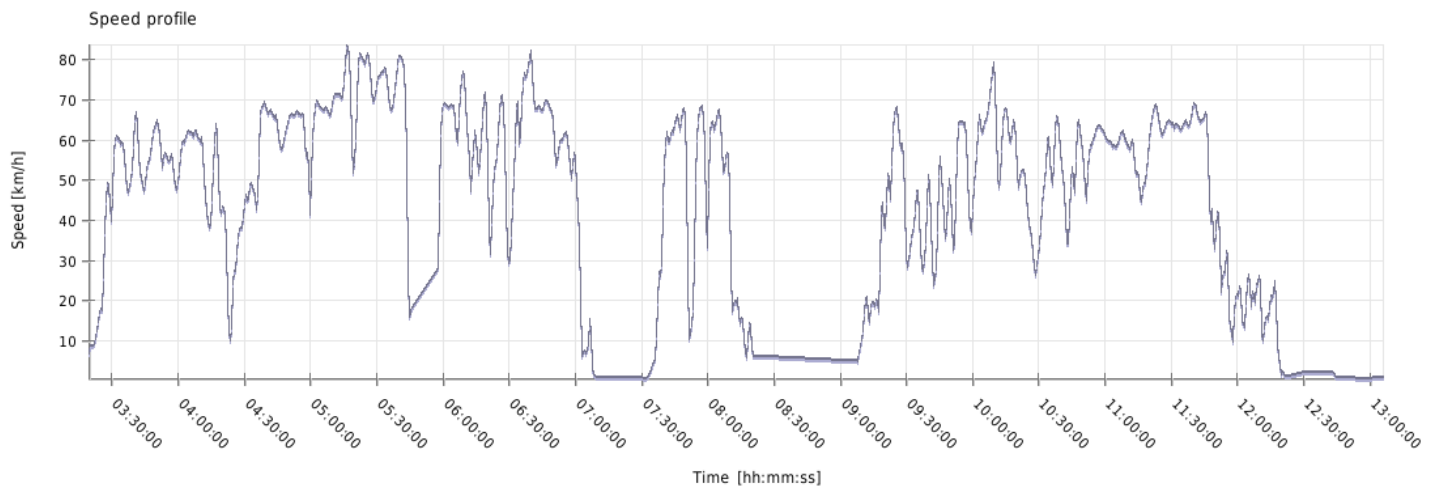
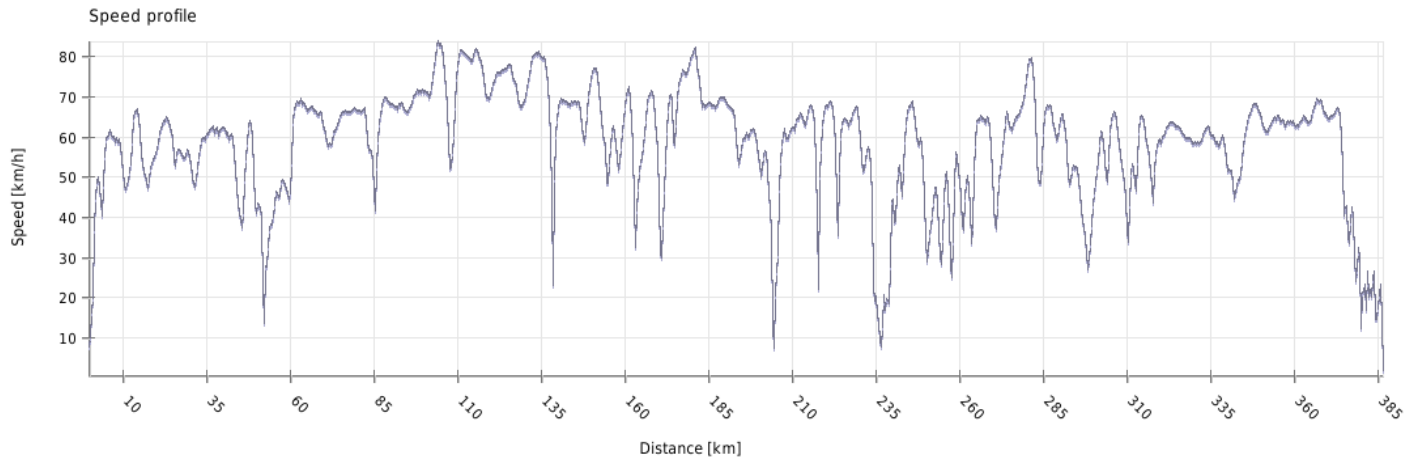


Elevation



Minimum elevation:	441 m.s.l.
Maximum elevation:	1082 m.s.l.
Average elevation:	679.4 m.s.l.
Maximum difference:	641 m
Total climbing:	3192 m
Total descent:	3437 m
Start elevation:	721.5 m.s.l.
End elevation:	476 m.s.l.
Final balance:	-245.5 m

Speed

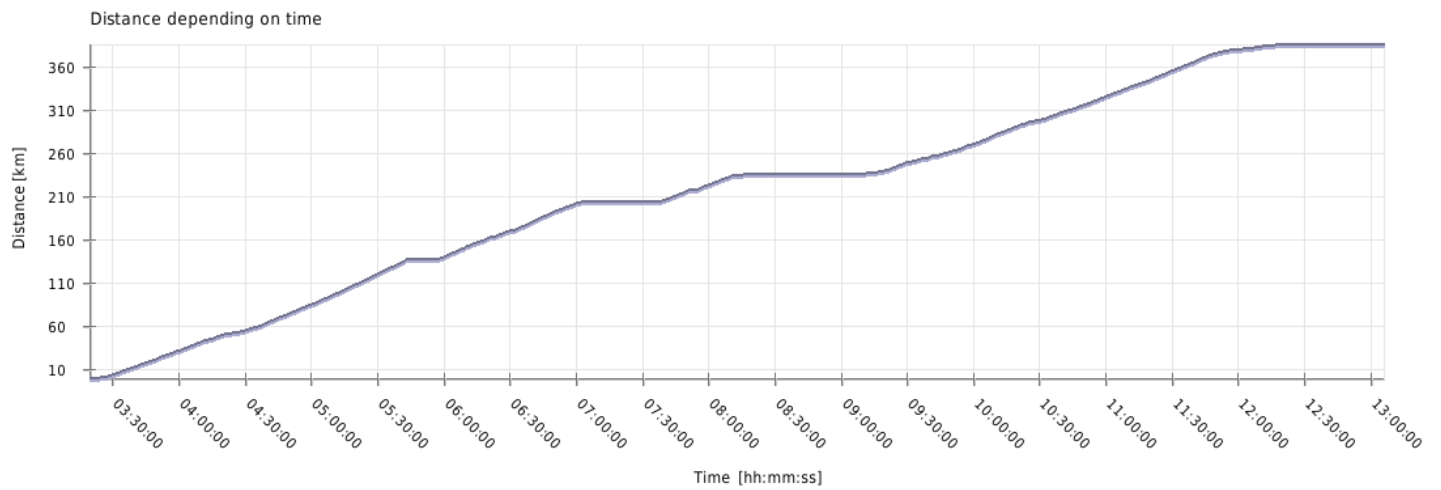


Minimum speed:	0.5 km/h
Maximum speed:	83.7 km/h
Average climbing speed :	51.1 km/h
Average descent speed :	56.1 km/h
Average flat speed:	44.9 km/h
Average speed:	52.8 km/h

Time

Date of track:	24.8.2008
Start time:	03:19:39
End time:	13:06:04
Total track time:	9h 46m 25s
Climbing time:	4h 46m 07s
Descent time:	4h 11m 26s
Flat time:	48m 52s

Distance



Total flat distance:	386.2 km
Total real distance:	386.5 km
Climbing distance:	164.1 km
Descent distance:	187.6 km
Flat distance:	34.8 km