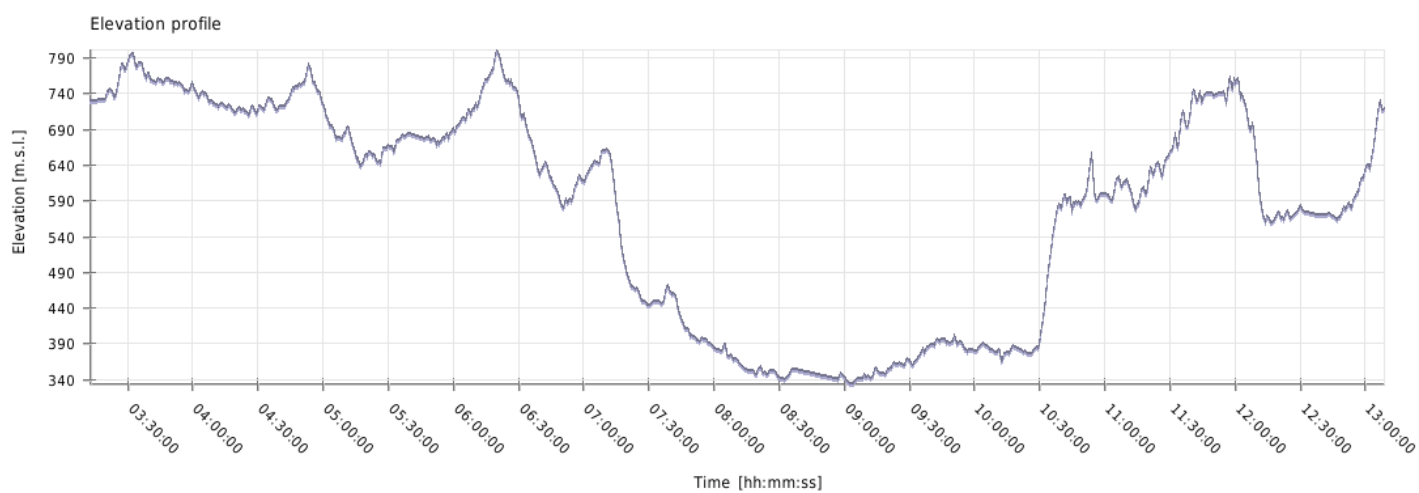
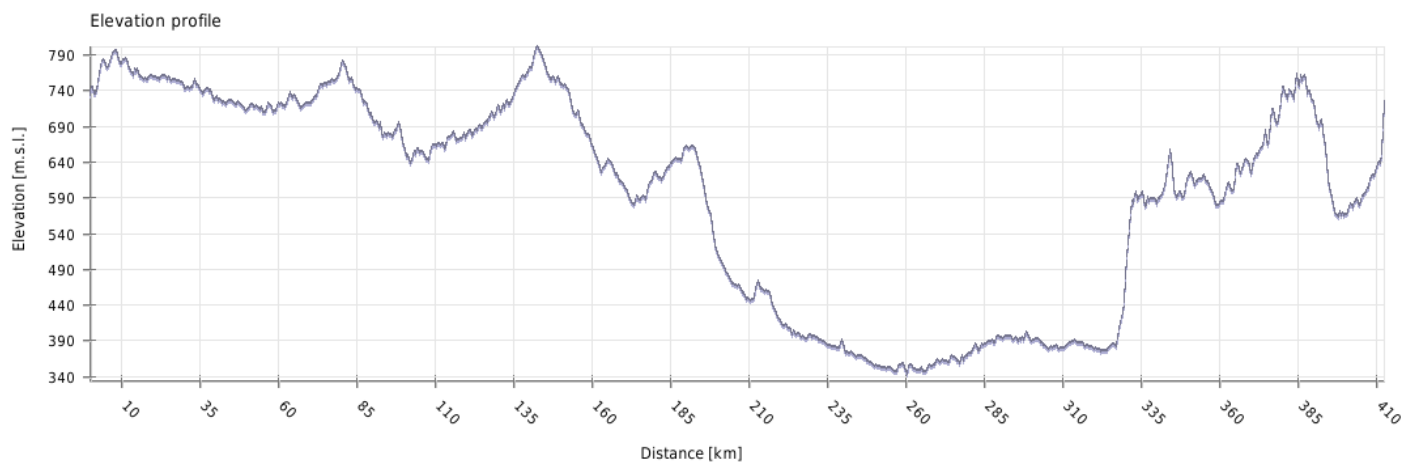
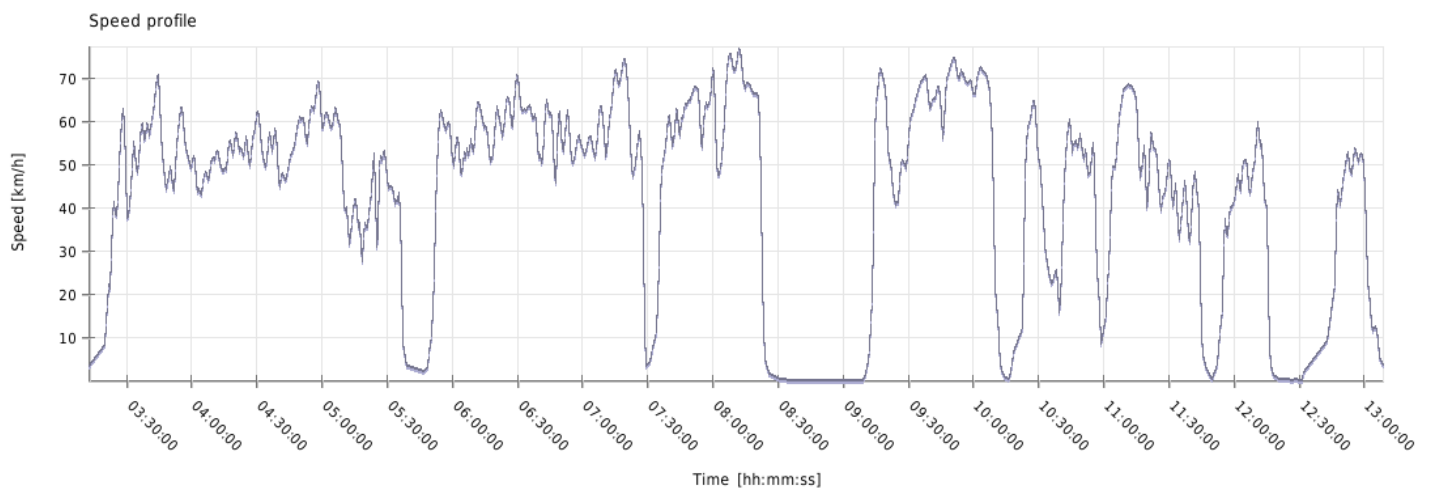
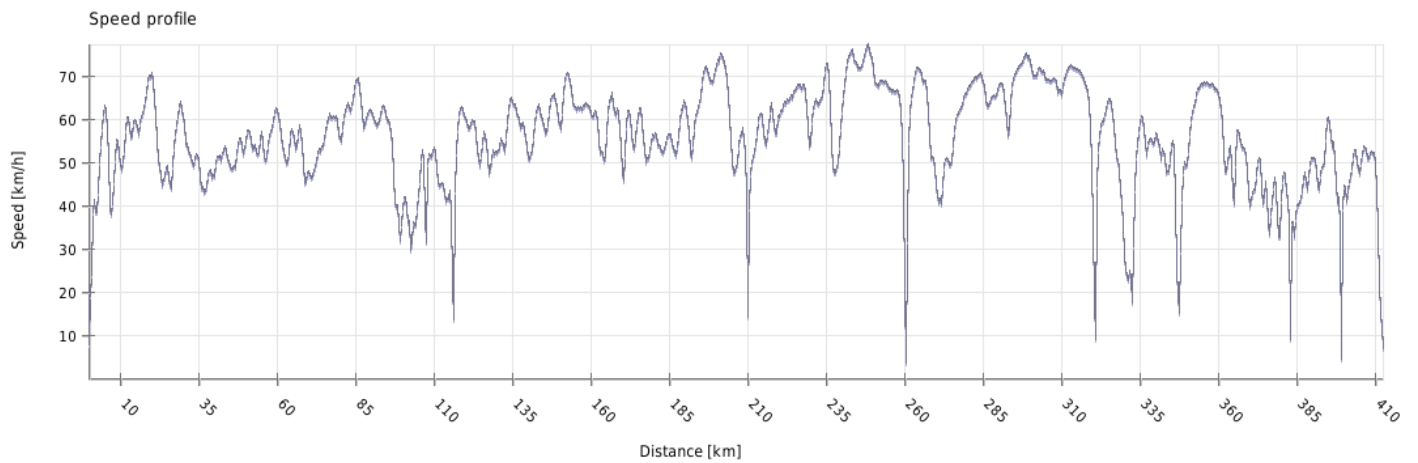


## Elevation



Minimum elevation:	334 m.s.l.
Maximum elevation:	801 m.s.l.
Average elevation:	600.8 m.s.l.
Maximum difference:	467 m
Total climbing:	2532 m
Total descent:	2549 m
Start elevation:	735.5 m.s.l.
End elevation:	718 m.s.l.
Final balance:	-17.5 m

## Speed



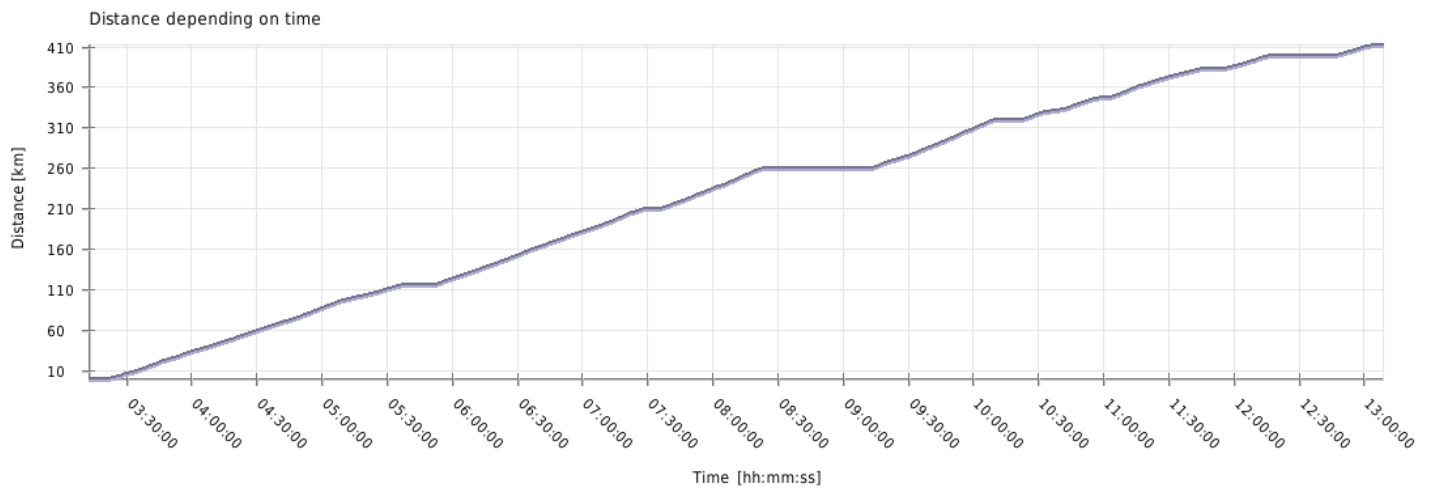
Minimum speed:	0.2 km/h
Maximum speed:	77.3 km/h
Average climbing speed :	49.8 km/h
Average descent speed :	56.7 km/h
Average flat speed:	53.9 km/h
Average speed:	53.3 km/h

## Time

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Date of track:	23.8.2008
Start time:	03:11:40
End time:	13:08:45
Total track time:	9h 57m 05s
Climbing time:	4h 18m 49s
Descent time:	4h 26m 40s
Flat time:	1h 11m 36s

## Distance



Total flat distance:	412.2 km
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Total real distance:	412.5 km
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Climbing distance:	167.3 km
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Descent distance:	186.1 km
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Flat distance:	59.1 km
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