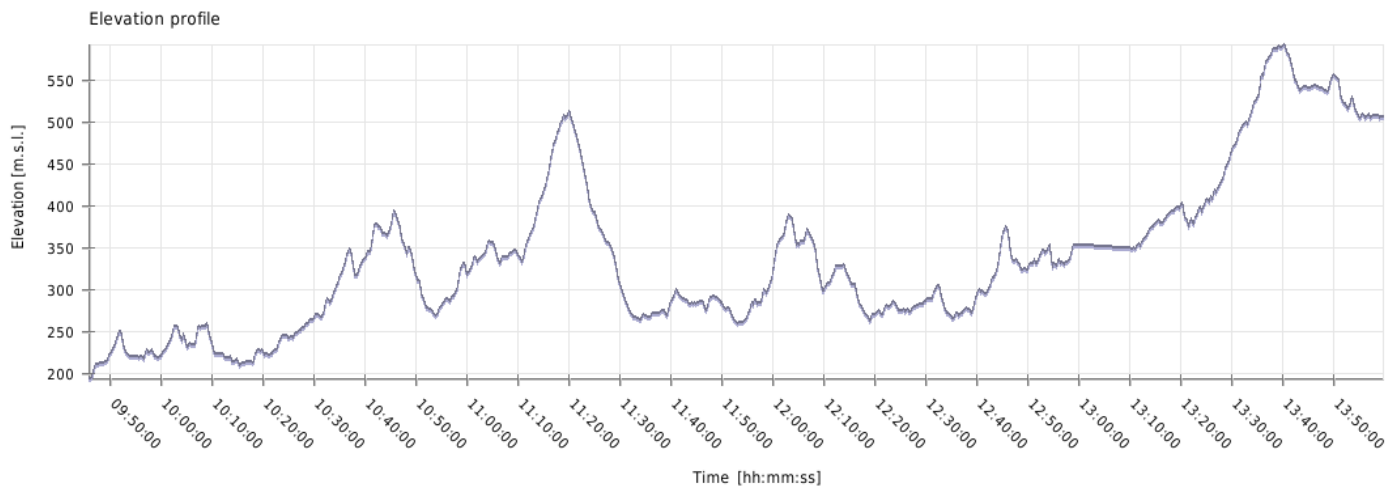
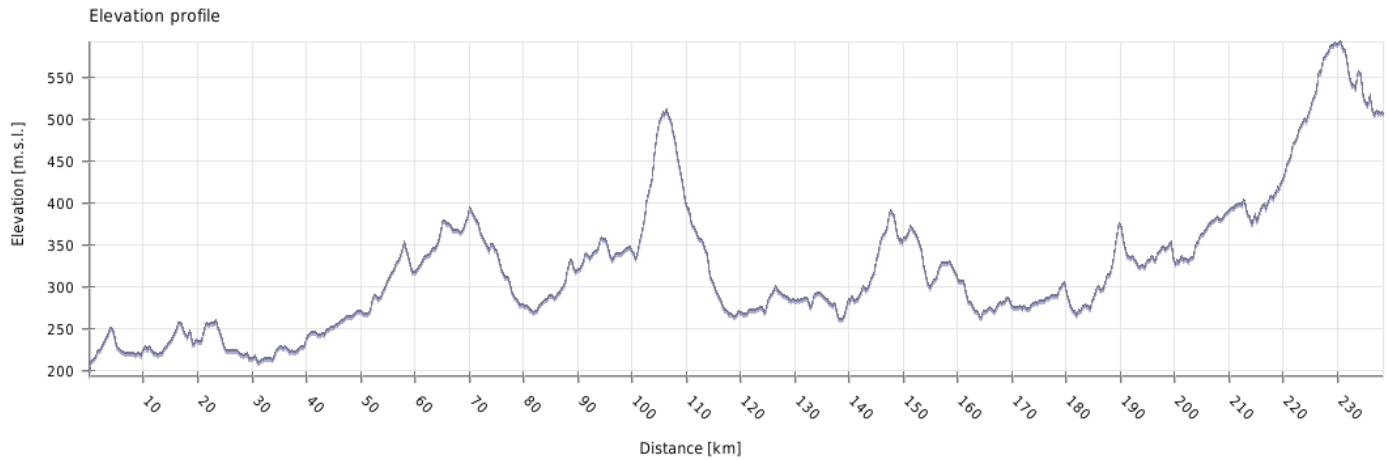
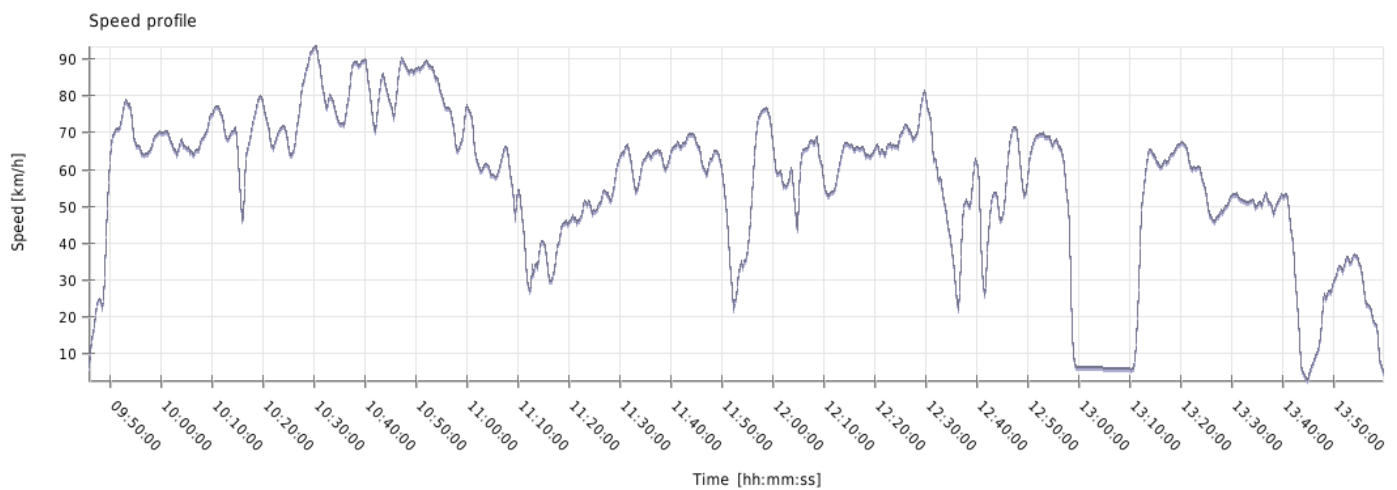
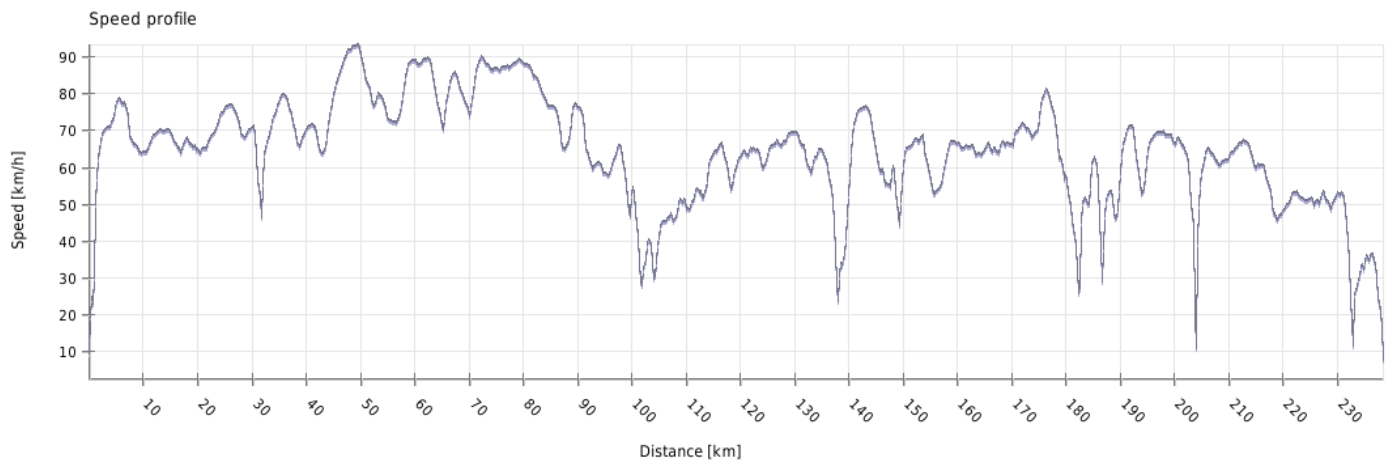


Elevation



Minimum elevation:	191 m.s.l.
Maximum elevation:	593 m.s.l.
Average elevation:	342.6 m.s.l.
Maximum difference:	402 m
Total climbing:	1665 m
Total descent:	1349 m
Start elevation:	192 m.s.l.
End elevation:	507 m.s.l.
Final balance:	315 m

Speed

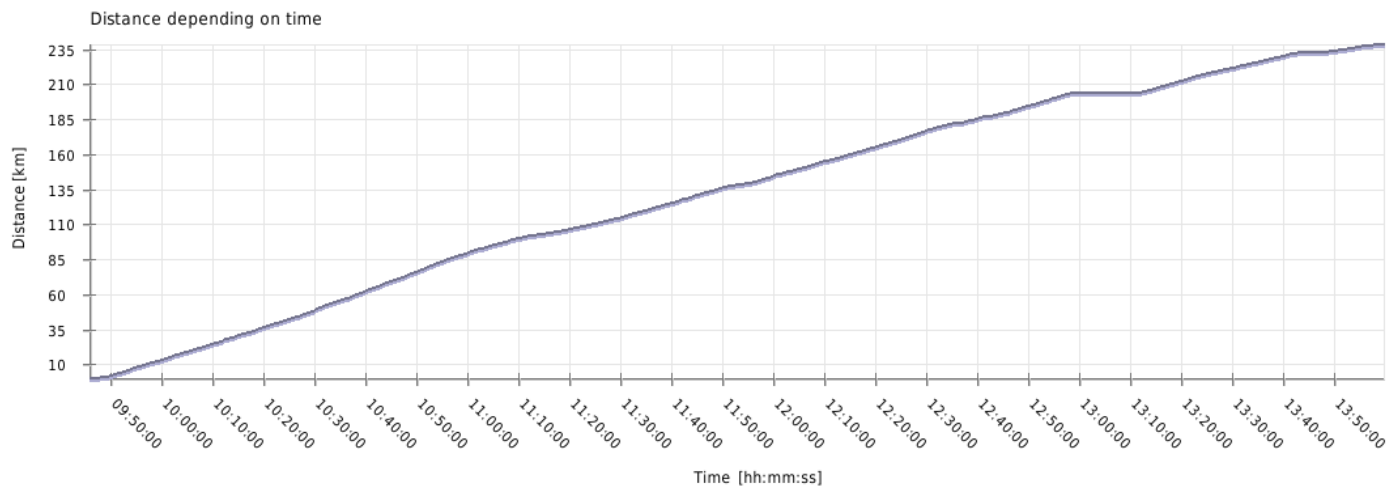


Minimum speed:	2.6 km/h
Maximum speed:	93.2 km/h
Average climbing speed :	59.6 km/h
Average descent speed :	61.7 km/h
Average flat speed:	58.7 km/h
Average speed:	60.3 km/h

Time

Date of track:	21.8.2008
Start time:	09:45:00
End time:	13:59:45
Total track time:	4h 14m 45s
Climbing time:	2h 03m 24s
Descent time:	1h 42m 30s
Flat time:	28m 51s

Distance



Total flat distance: 238.5 km

Total real distance: 238.5 km

Climbing distance: 118.8 km

Descent distance: 92.5 km

Flat distance: 27.2 km