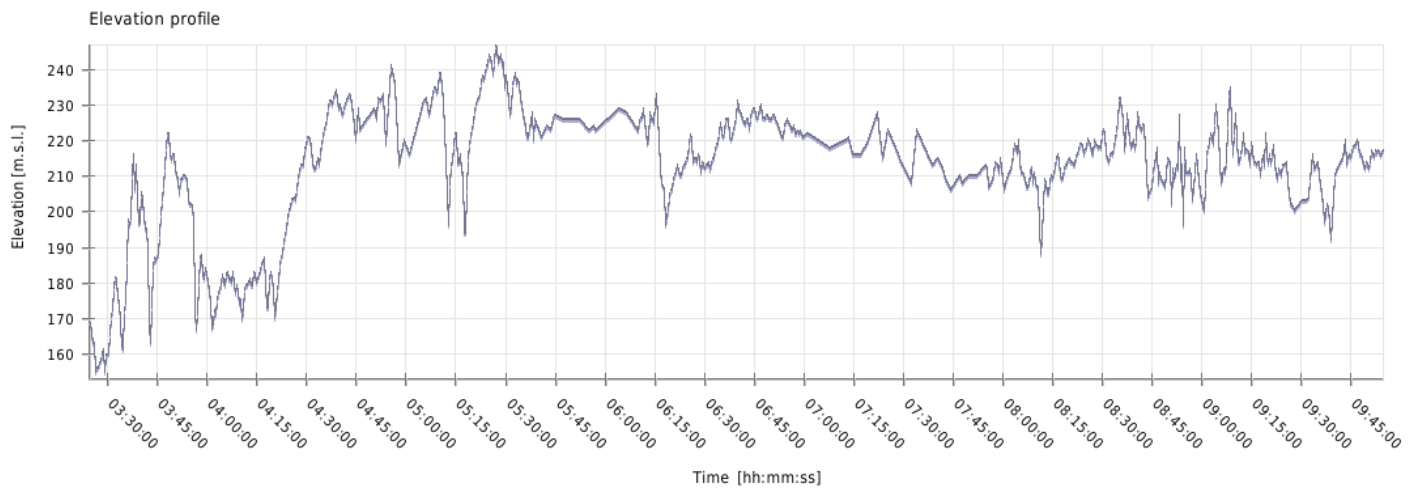
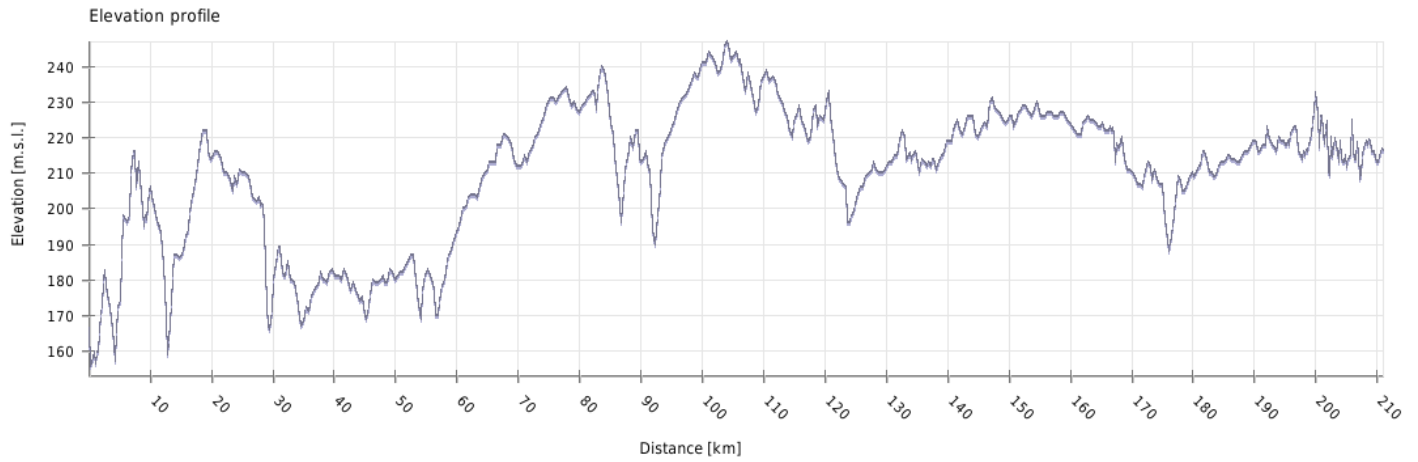
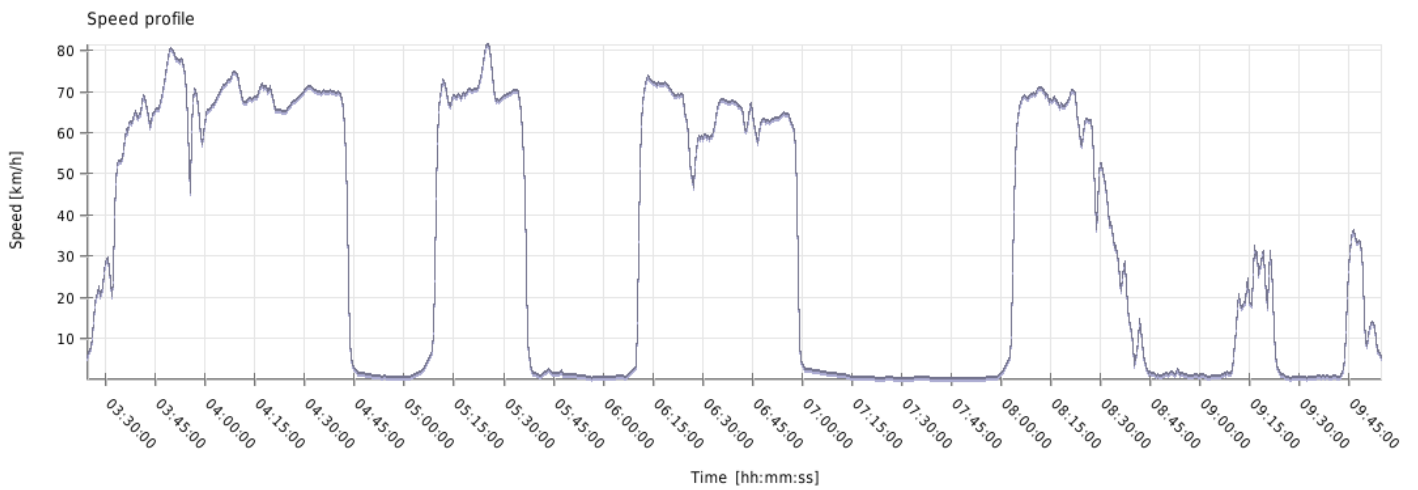
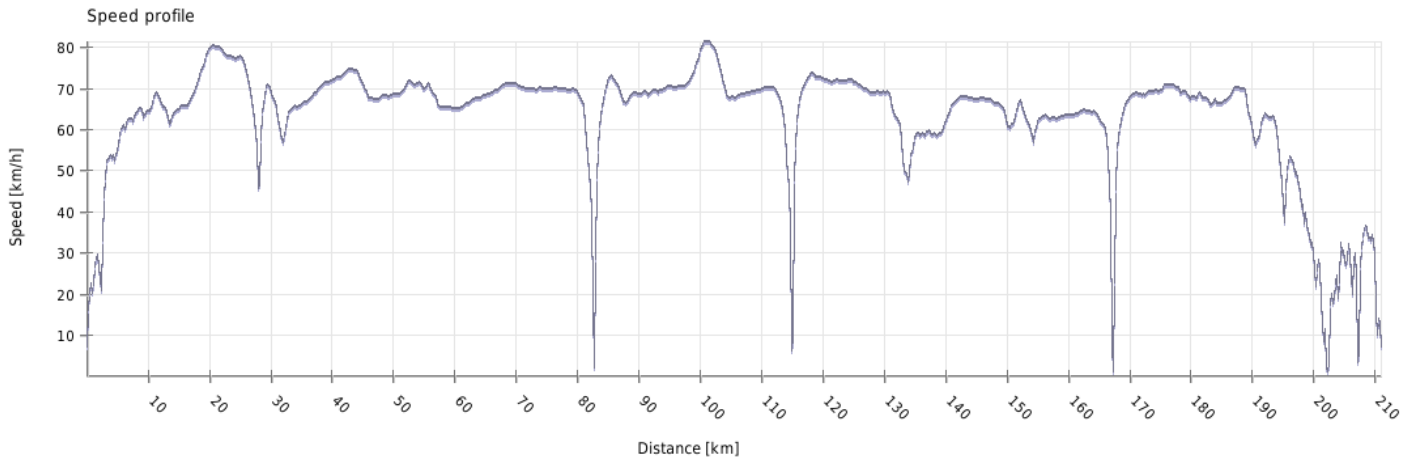


Elevation



Minimum elevation:	153 m.s.l.
Maximum elevation:	247 m.s.l.
Average elevation:	211.1 m.s.l.
Maximum difference:	94 m
Total climbing:	1285 m
Total descent:	1238 m
Start elevation:	170.1 m.s.l.
End elevation:	217 m.s.l.
Final balance:	46.9 m

Speed

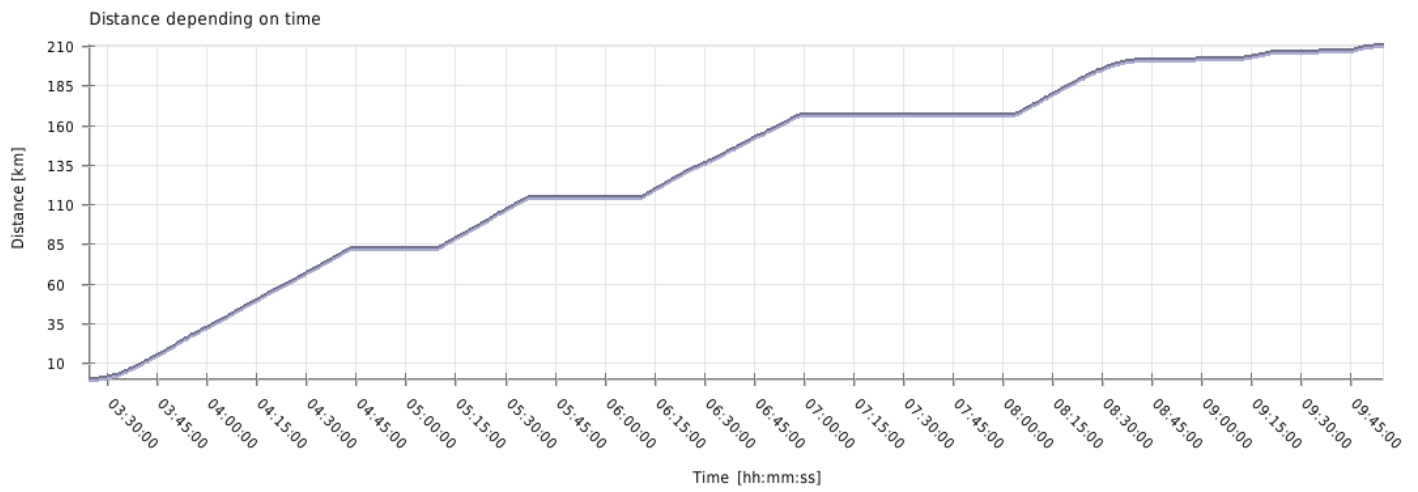


Minimum speed:	0.1 km/h
Maximum speed:	81.4 km/h
Average climbing speed :	58.7 km/h
Average descent speed :	58.7 km/h
Average flat speed:	56.1 km/h
Average speed:	58.3 km/h

Time

Date of track:	19.8.2008
Start time:	03:24:06
End time:	09:54:47
Total track time:	6h 30m 41s
Climbing time:	3h 03m 53s
Descent time:	2h 39m 15s
Flat time:	47m 33s

Distance



Total flat distance:	210.5 km
Total real distance:	211 km
Climbing distance:	96.8 km
Descent distance:	82.5 km
Flat distance:	31.7 km