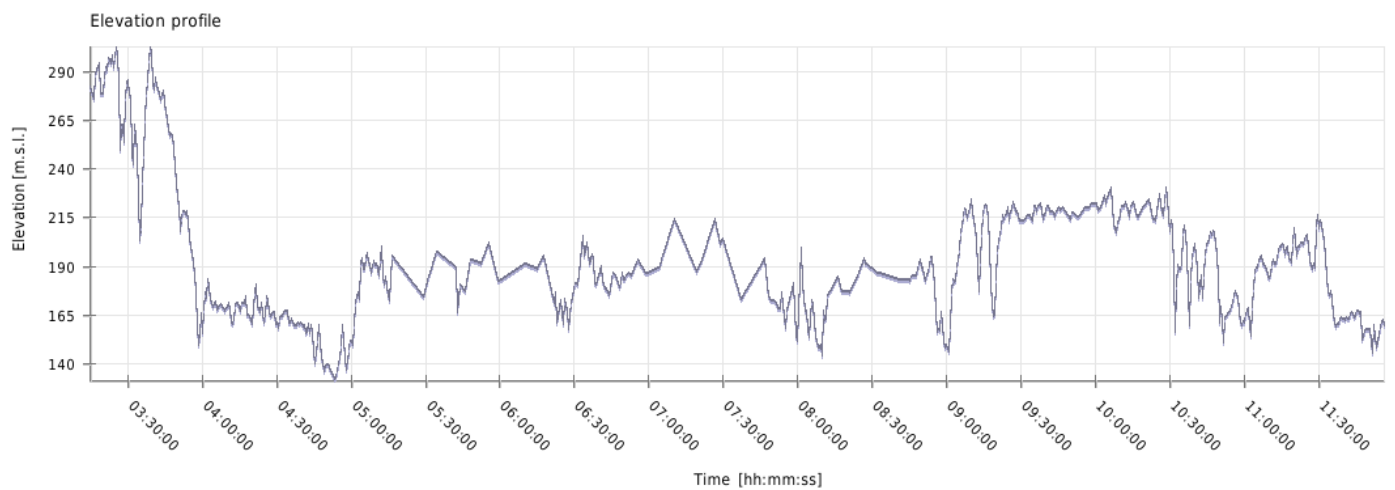
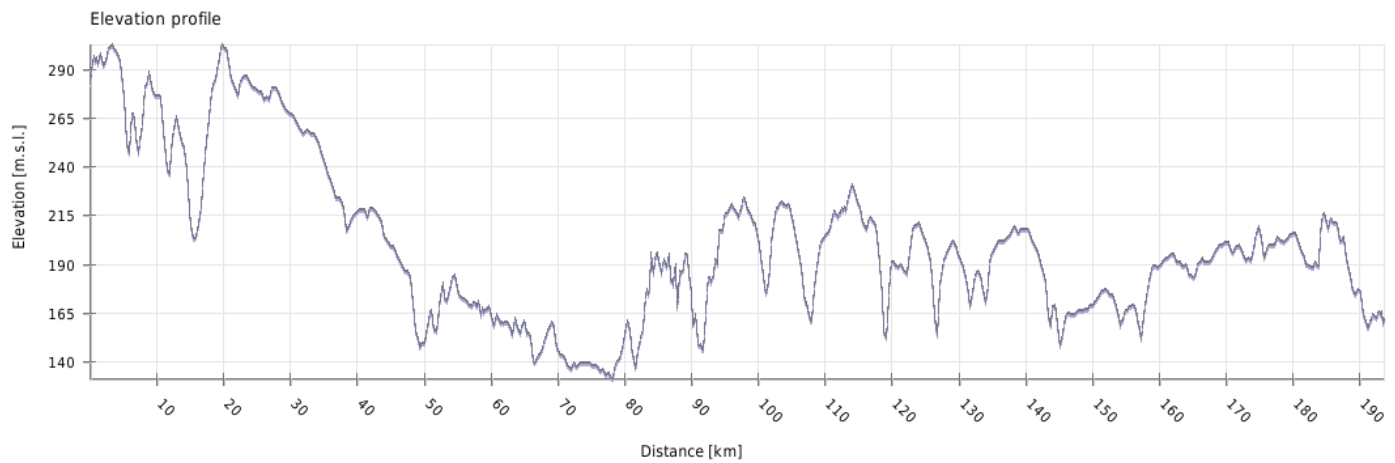
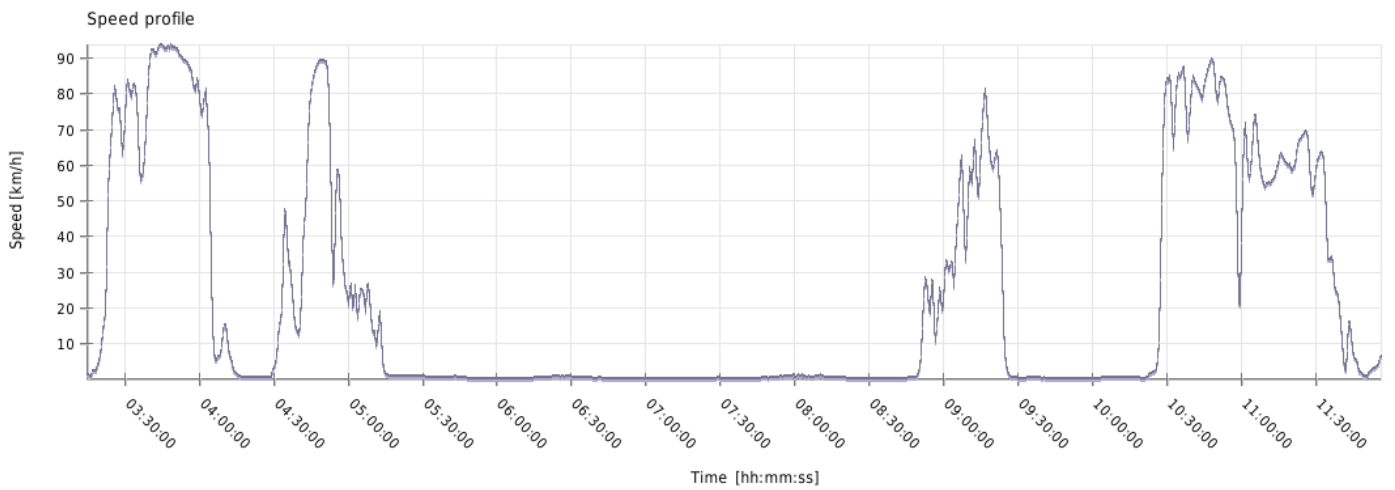
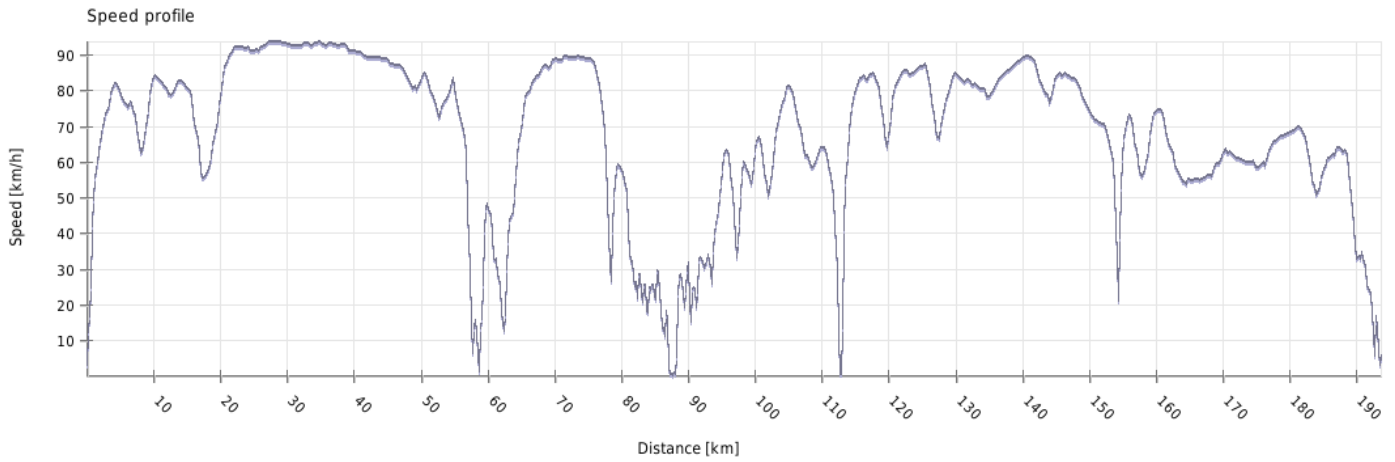


Elevation



Minimum elevation:	131 m.s.l.
Maximum elevation:	303 m.s.l.
Average elevation:	191 m.s.l.
Maximum difference:	172 m
Total climbing:	2020 m
Total descent:	2125 m
Start elevation:	264.1 m.s.l.
End elevation:	159 m.s.l.
Final balance:	-105.1 m

Speed

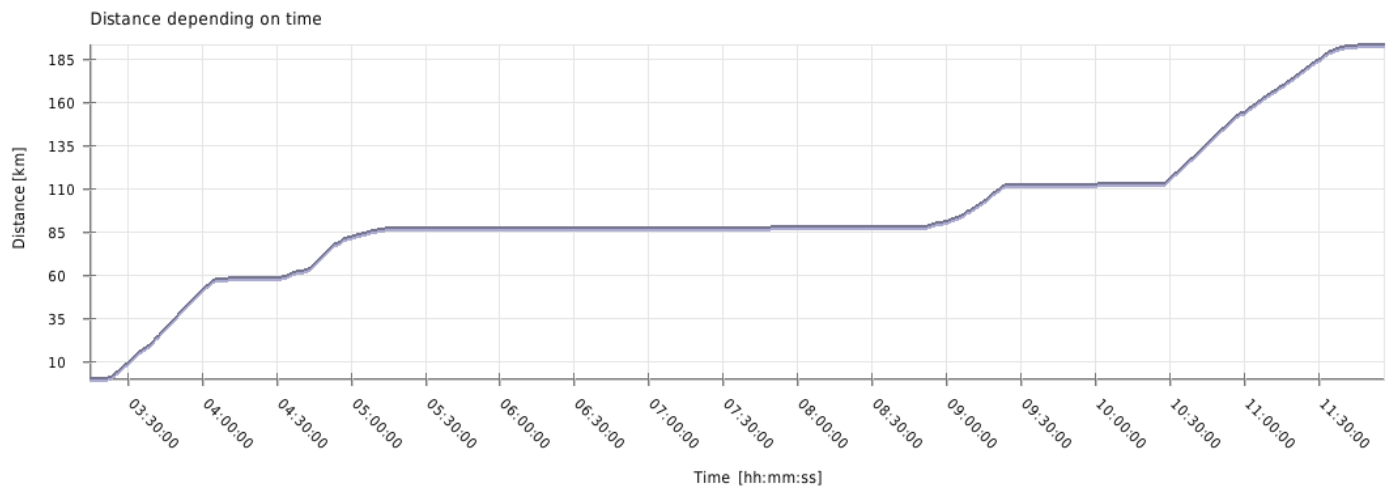


Minimum speed:	0.1 km/h
Maximum speed:	93.7 km/h
Average climbing speed :	52.7 km/h
Average descent speed :	63 km/h
Average flat speed:	46.8 km/h
Average speed:	56.3 km/h

Time

Date of track:	18.8.2008
Start time:	03:14:05
End time:	11:56:22
Total track time:	8h 42m 17s
Climbing time:	3h 47m 10s
Descent time:	4h 04m 18s
Flat time:	50m 49s

Distance



Total flat distance:	192.6 km
Total real distance:	193.6 km
Climbing distance:	75.2 km
Descent distance:	94.1 km
Flat distance:	24.4 km