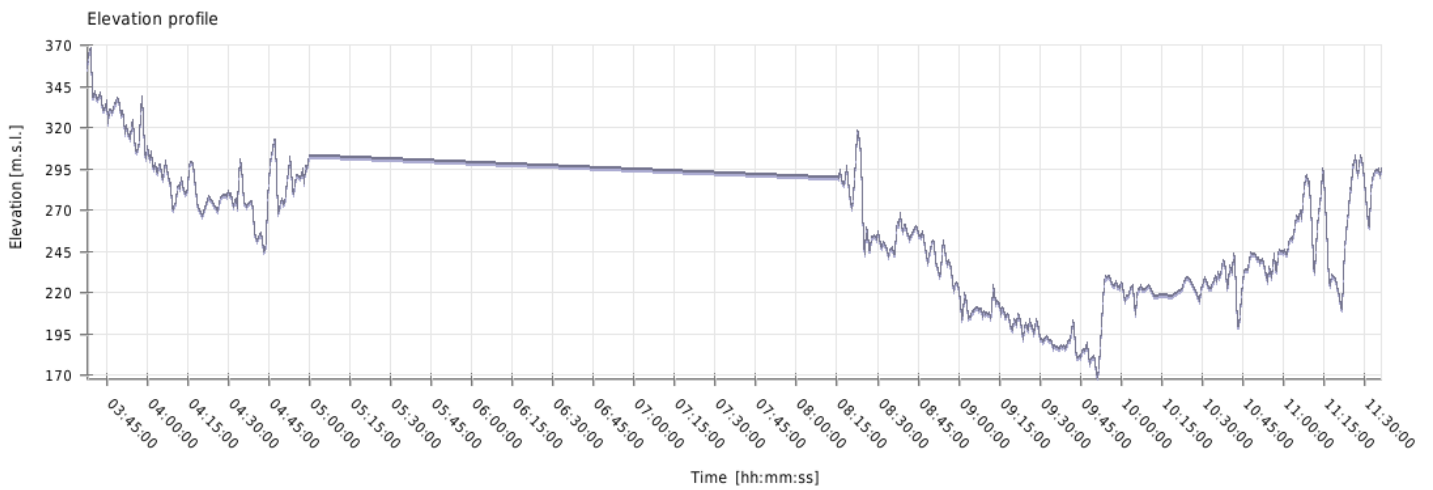
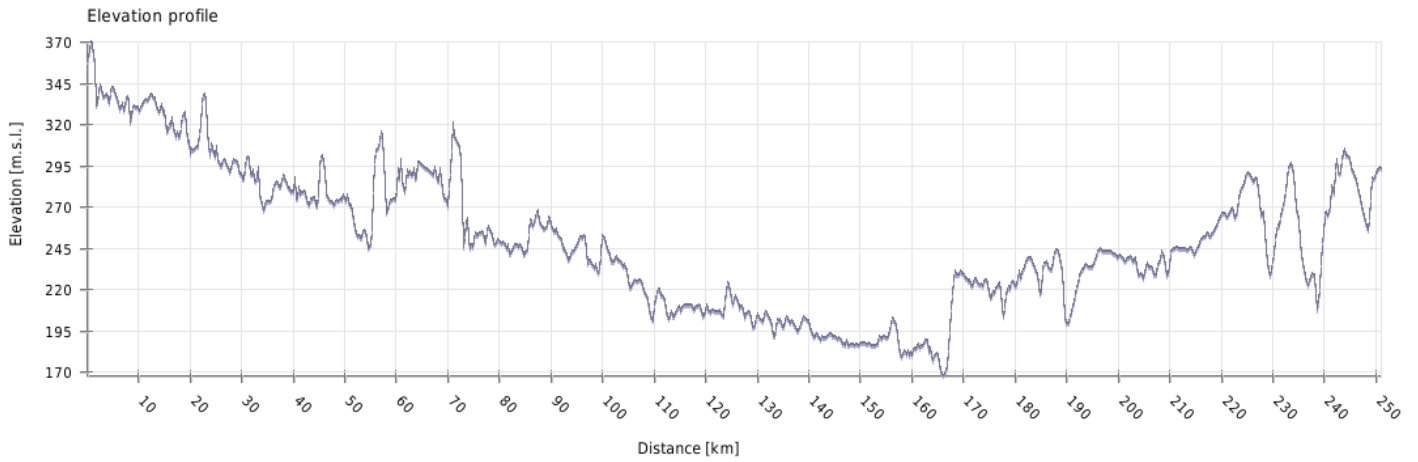
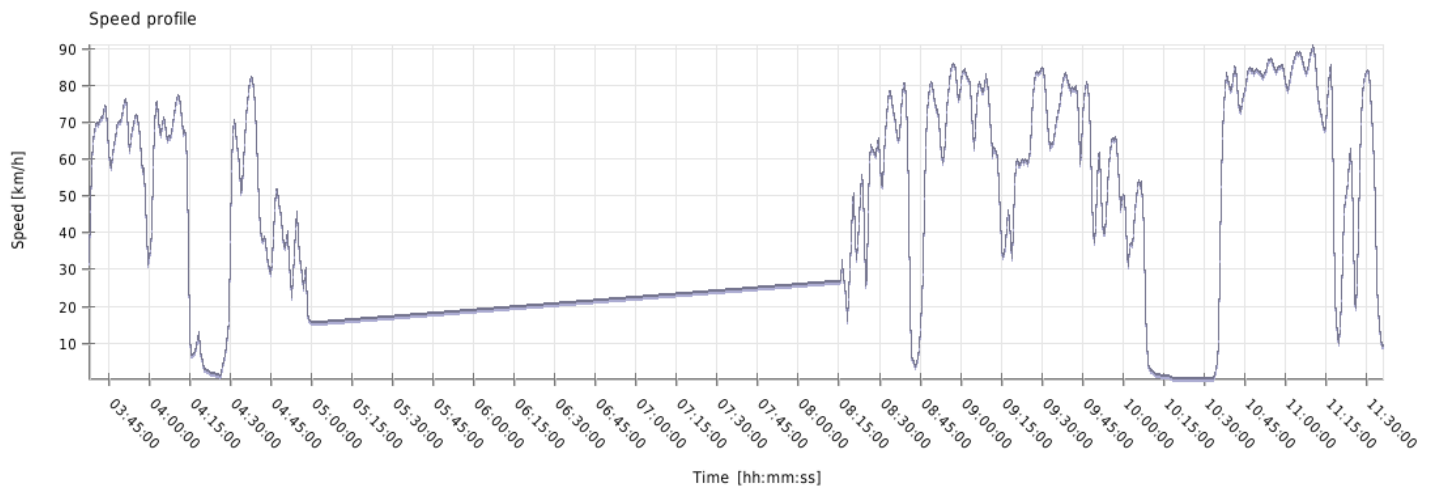
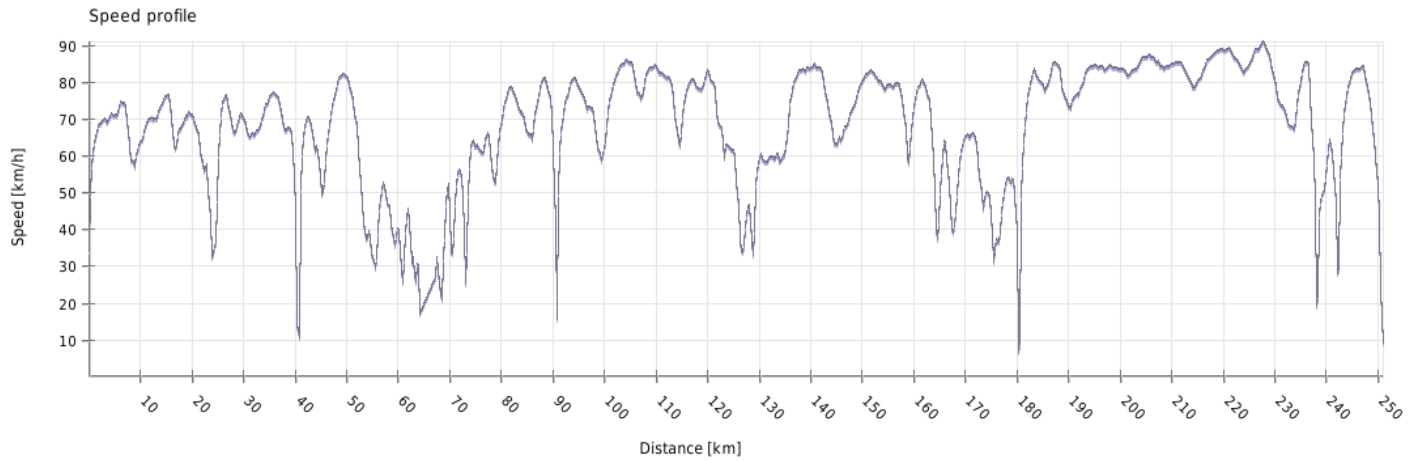


Elevation



Minimum elevation:	168 m.s.l.
Maximum elevation:	370 m.s.l.
Average elevation:	256.6 m.s.l.
Maximum difference:	202 m
Total climbing:	1648 m
Total descent:	1694 m
Start elevation:	343.2 m.s.l.
End elevation:	297 m.s.l.
Final balance:	-46.2 m

Speed

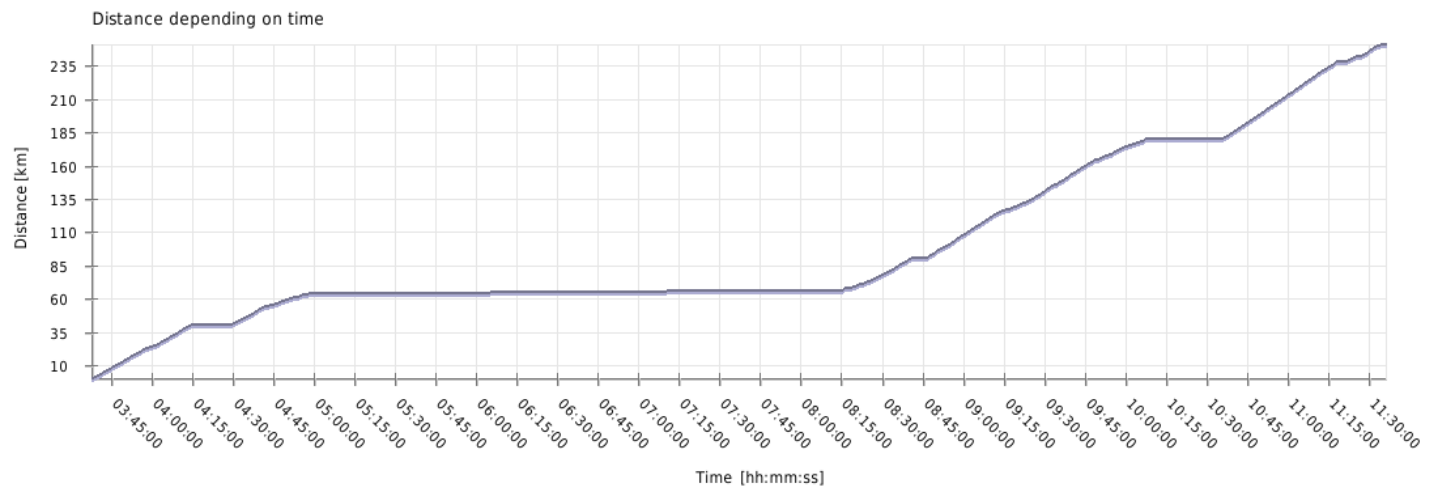


Minimum speed:	0.3 km/h
Maximum speed:	91 km/h
Average climbing speed :	62.6 km/h
Average descent speed :	65.2 km/h
Average flat speed:	64.5 km/h
Average speed:	64 km/h

Time

Date of track:	17.8.2008
Start time:	03:37:41
End time:	11:36:16
Total track time:	7h 58m 35s
Climbing time:	2h 02m 24s
Descent time:	5h 26m 12s
Flat time:	29m 59s

Distance



Total flat distance:	250.9 km
Total real distance:	251 km
Climbing distance:	102.4 km
Descent distance:	118.5 km
Flat distance:	30.1 km