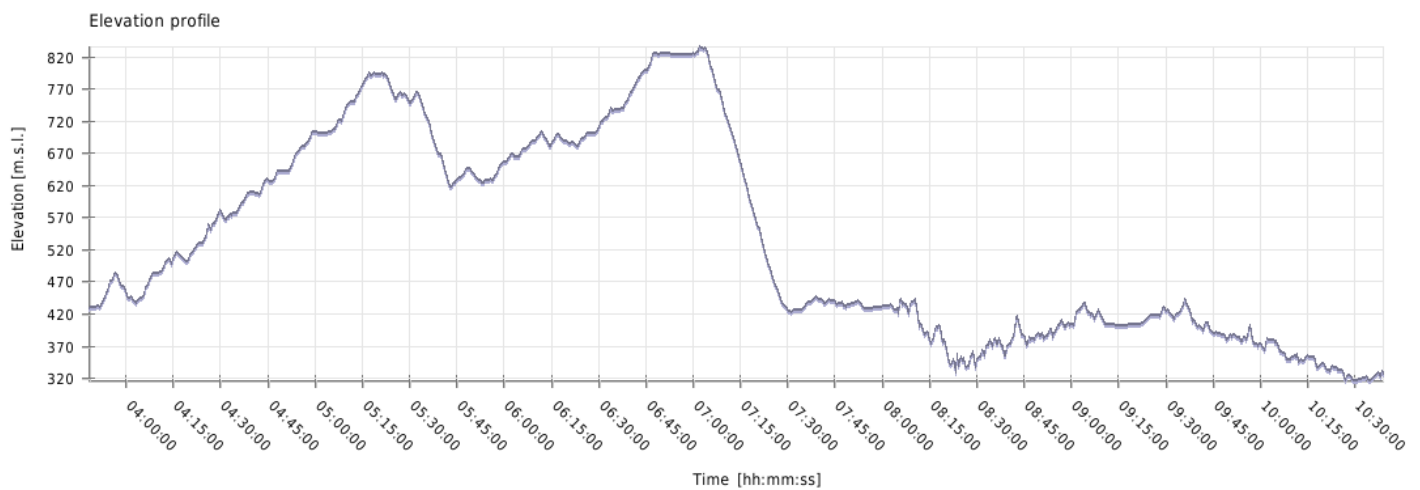
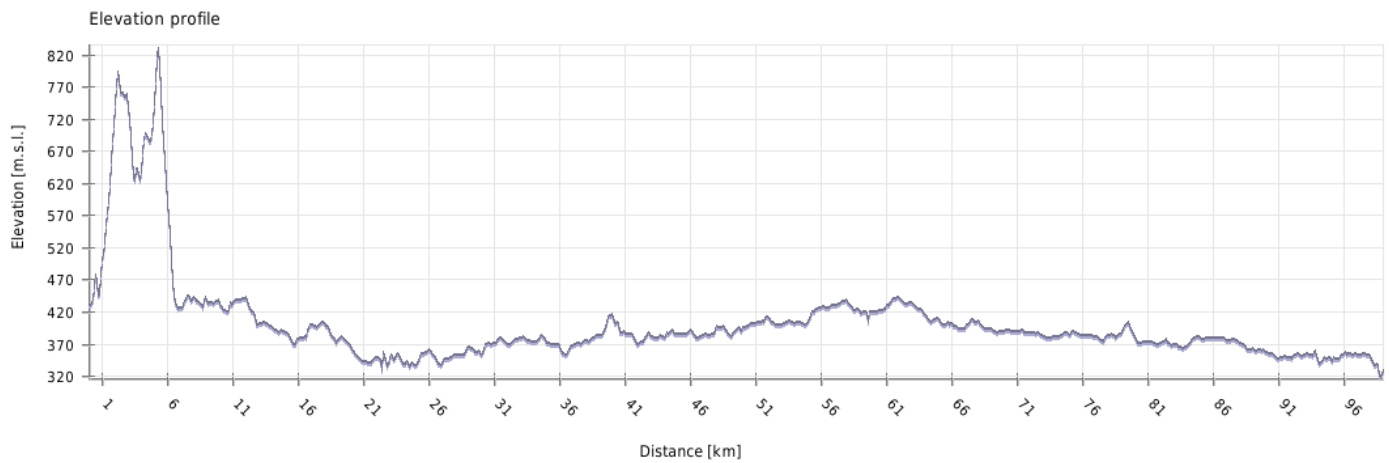
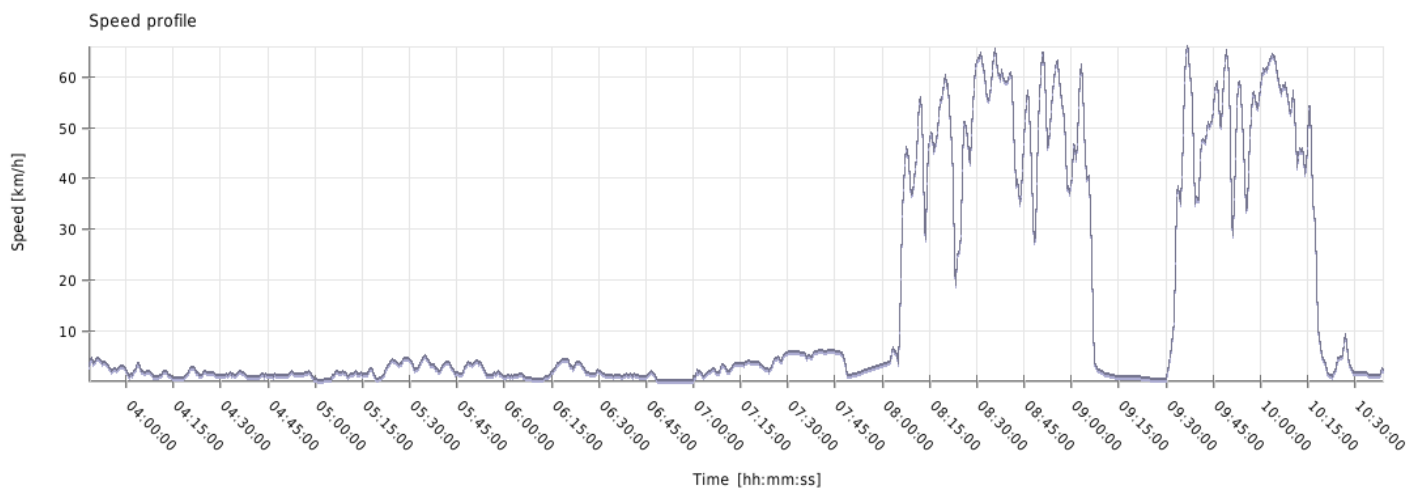
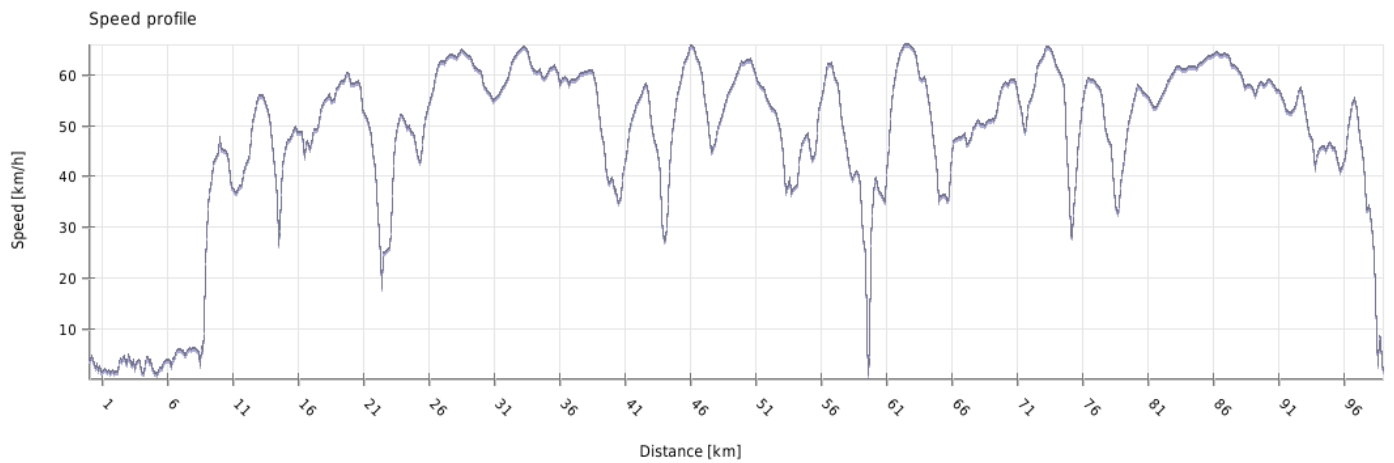


Elevation



Minimum elevation:	316 m.s.l.
Maximum elevation:	836 m.s.l.
Average elevation:	512.2 m.s.l.
Maximum difference:	520 m
Total climbing:	1804 m
Total descent:	1905 m
Start elevation:	428.9 m.s.l.
End elevation:	327 m.s.l.
Final balance:	-101.9 m

Speed

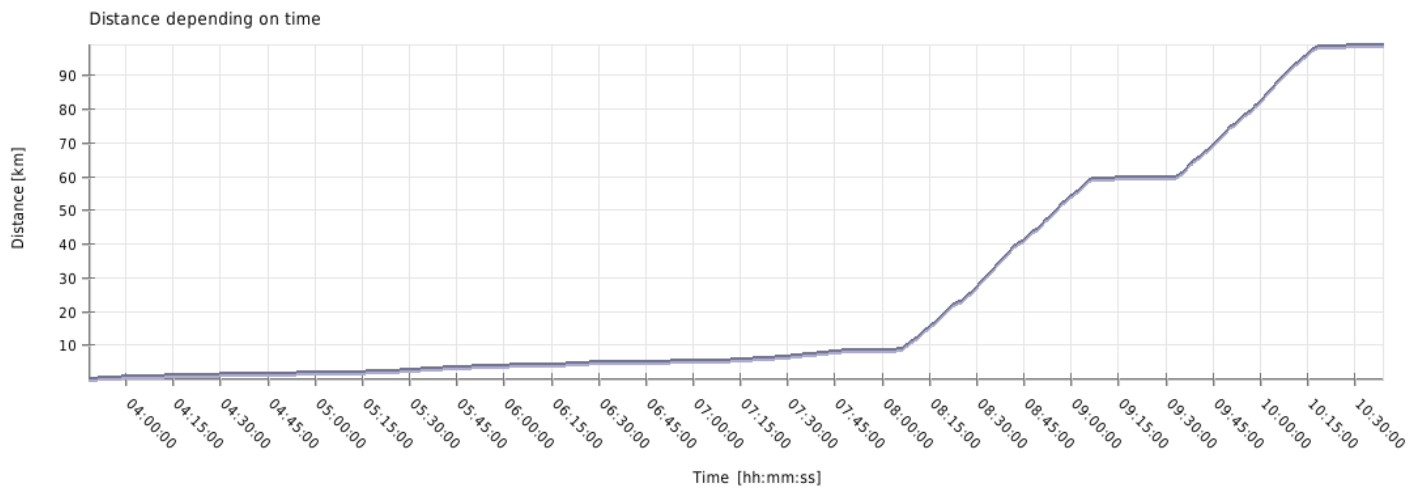


Minimum speed:	0.2 km/h
Maximum speed:	65.9 km/h
Average climbing speed :	37 km/h
Average descent speed :	32.5 km/h
Average flat speed:	30.5 km/h
Average speed:	34.1 km/h

Time

Date of track:	16.8.2008
Start time:	03:48:00
End time:	10:39:02
Total track time:	6h 51m 02s
Climbing time:	3h 26m 23s
Descent time:	2h 46m 09s
Flat time:	38m 30s

Distance



Total flat distance:	98.4 km
Total real distance:	99 km
Climbing distance:	44 km
Descent distance:	44.1 km
Flat distance:	10.9 km