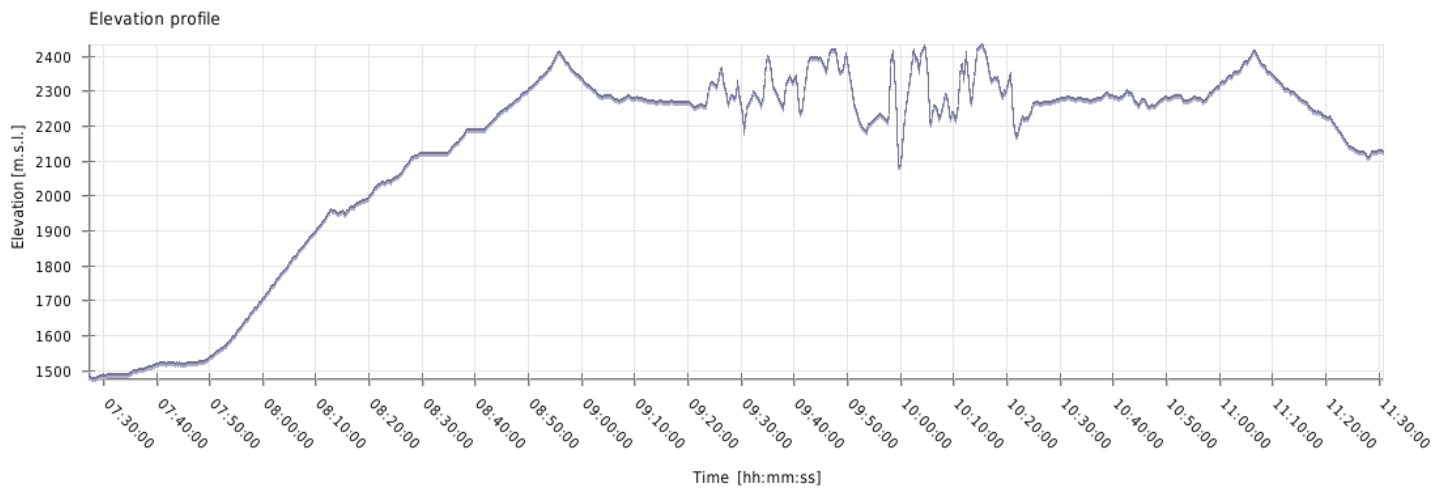
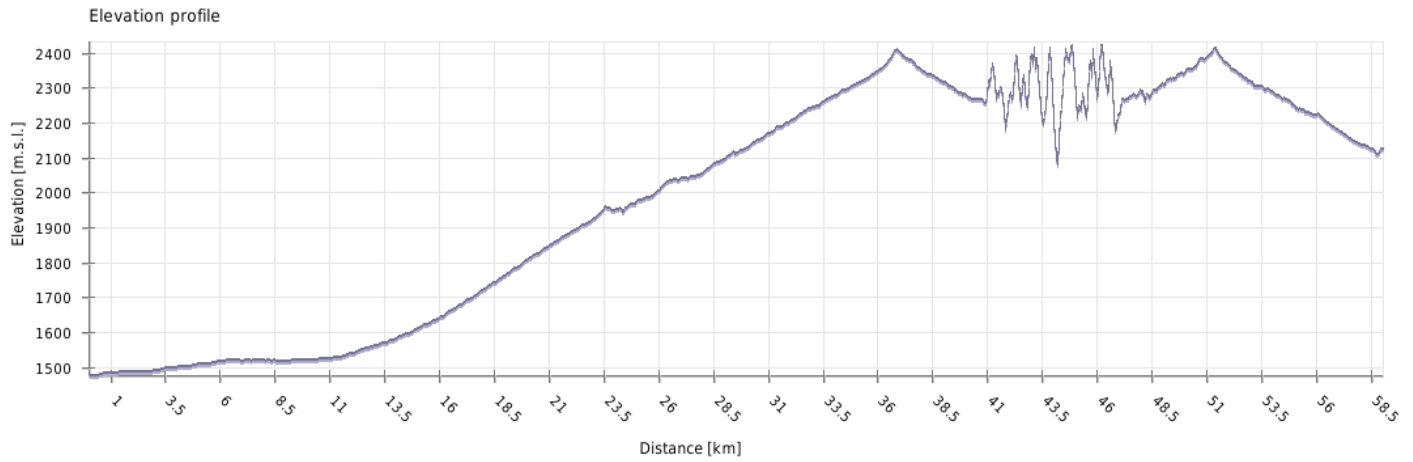
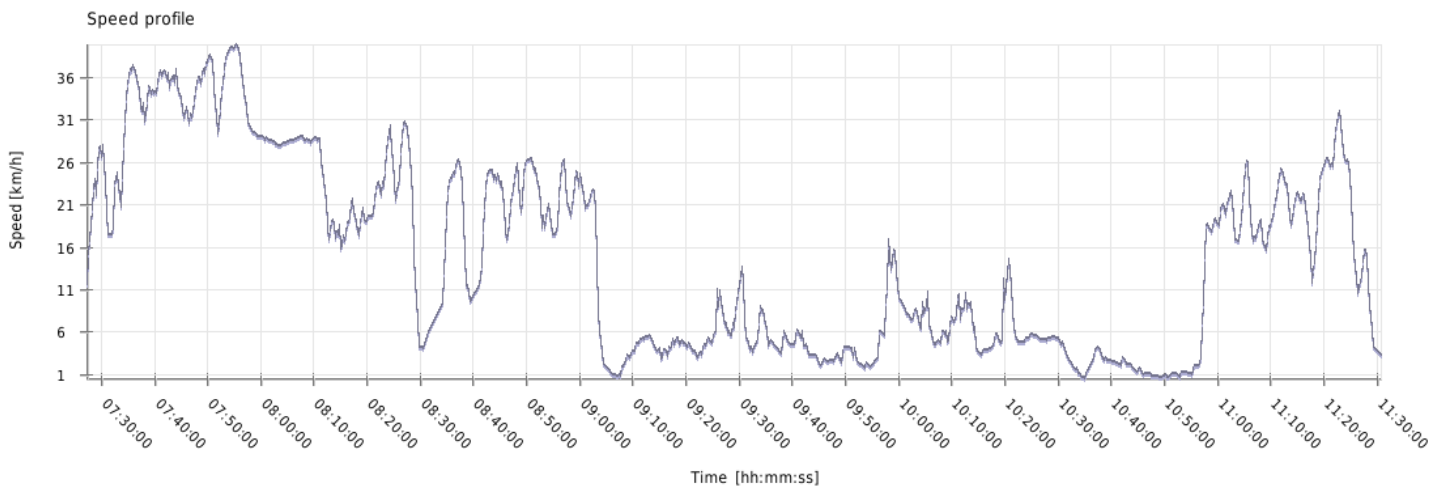
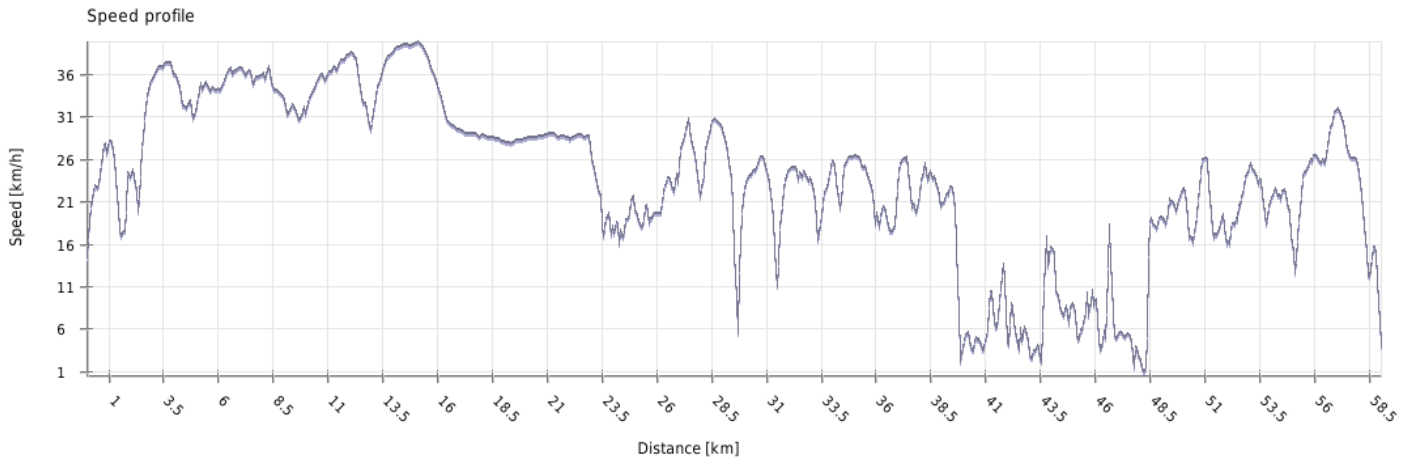


## Elevation



Minimum elevation:	1476 m.s.l.
Maximum elevation:	2432 m.s.l.
Average elevation:	2136.4 m.s.l.
Maximum difference:	956 m
Total climbing:	3760 m
Total descent:	3115 m
Start elevation:	1479.5 m.s.l.
End elevation:	2124 m.s.l.
Final balance:	644.5 m

## Speed



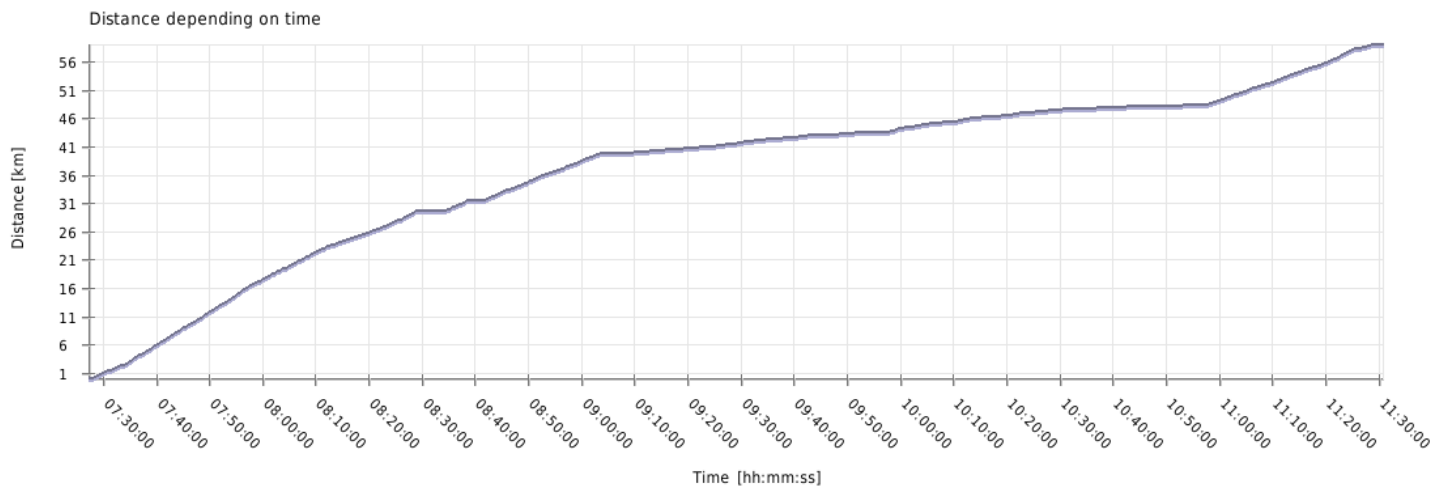
Minimum speed:	0.5 km/h
Maximum speed:	39.8 km/h
Average climbing speed :	20.8 km/h
Average descent speed :	15.7 km/h
Average flat speed:	18.9 km/h
Average speed:	19 km/h

## Time

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Date of track:	22.7.2008
Start time:	07:27:00
End time:	11:30:49
Total track time:	4h 03m 49s
Climbing time:	2h 10m 48s
Descent time:	1h 30m 59s
Flat time:	22m 02s

## Distance



Total flat distance:	55.8 km
Total real distance:	59 km
Climbing distance:	37.8 km
Descent distance:	15.4 km
Flat distance:	5.9 km