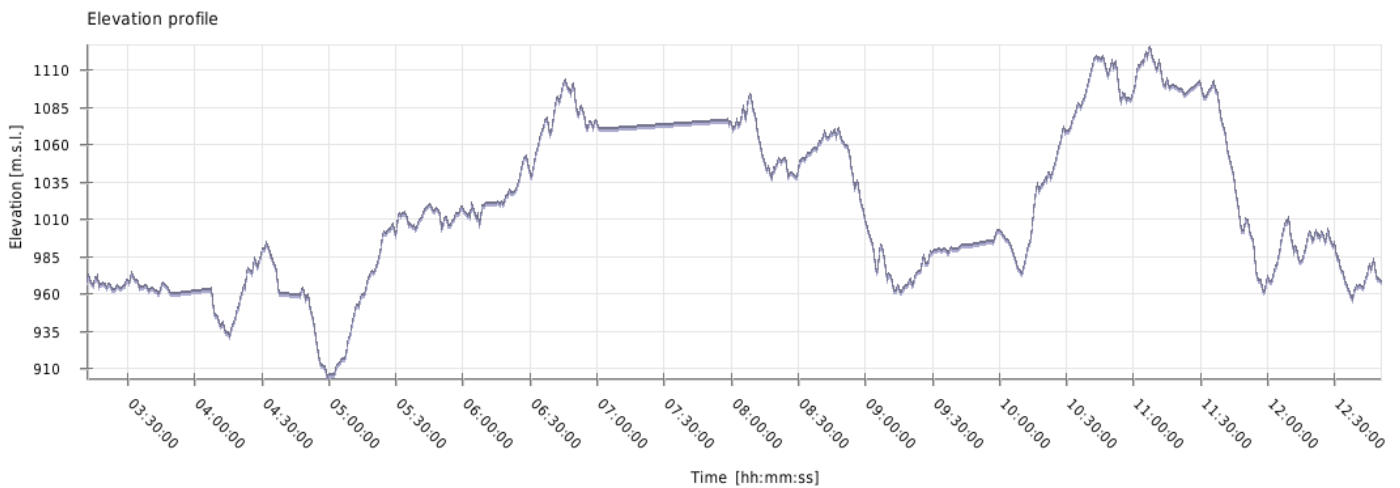
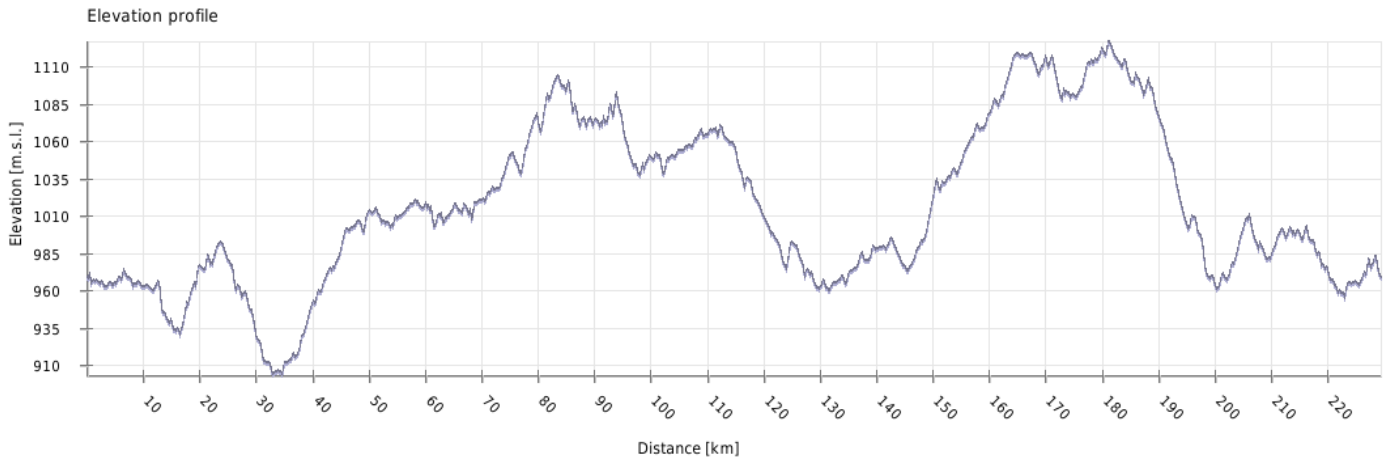
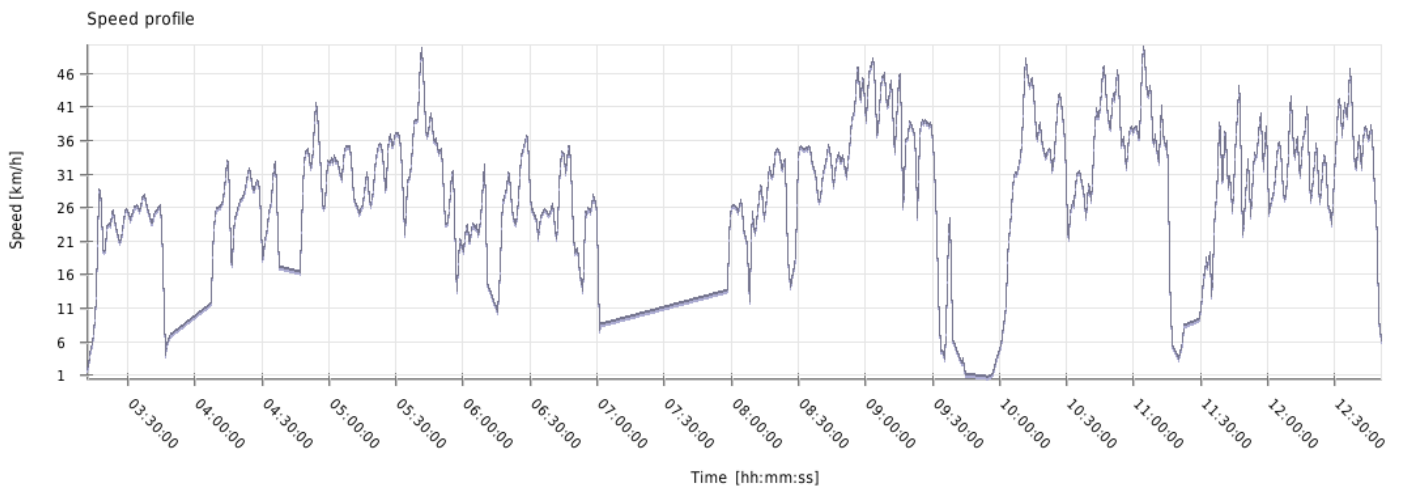
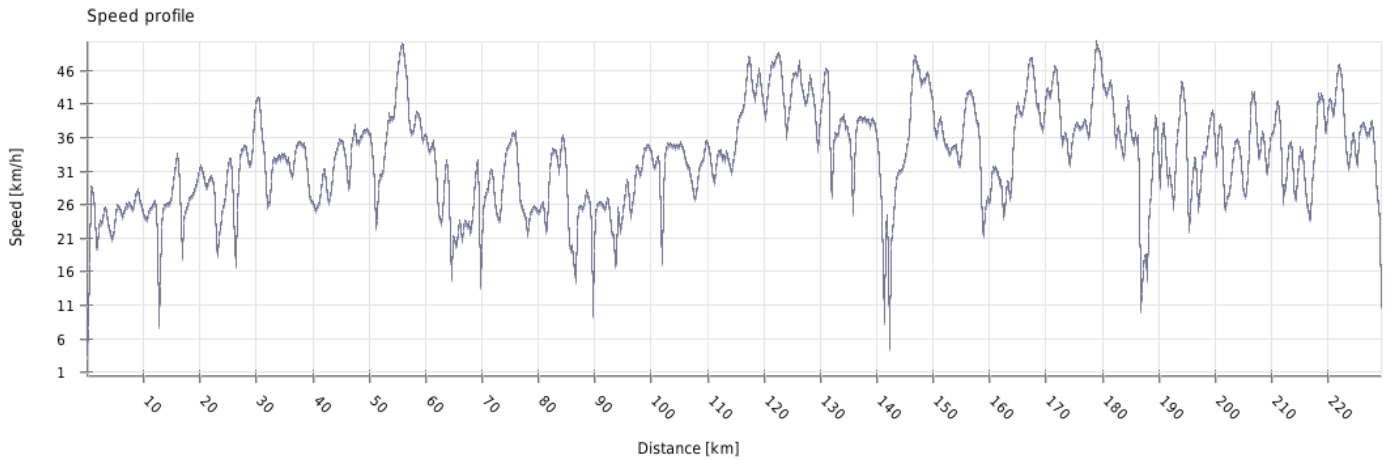


Elevation



Minimum elevation:	903 m.s.l.
Maximum elevation:	1127 m.s.l.
Average elevation:	1019.3 m.s.l.
Maximum difference:	224 m
Total climbing:	1427 m
Total descent:	1427 m
Start elevation:	968.9 m.s.l.
End elevation:	968 m.s.l.
Final balance:	-0.9 m

Speed

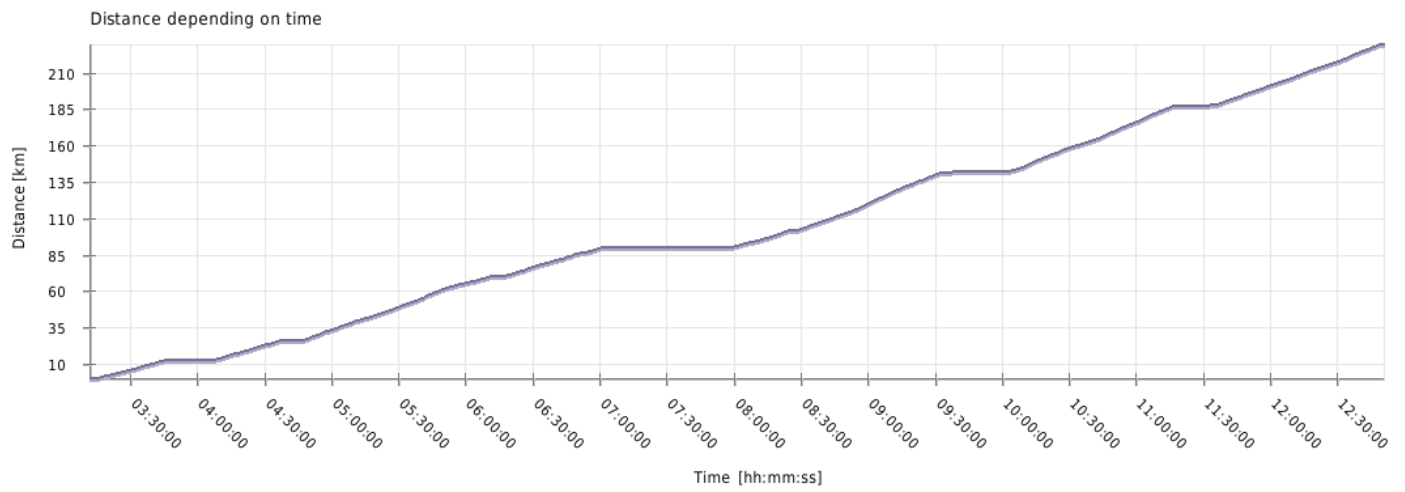


Minimum speed:	0.5 km/h
Maximum speed:	50.2 km/h
Average climbing speed :	31.6 km/h
Average descent speed :	32.3 km/h
Average flat speed:	30 km/h
Average speed:	31.5 km/h

Time

Date of track:	18.7.2008
Start time:	03:11:43
End time:	12:50:55
Total track time:	9h 39m 12s
Climbing time:	4h 38m 36s
Descent time:	3h 11m 23s
Flat time:	1h 49m 13s

Distance



Total flat distance:	229.4 km
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Total real distance:	229.5 km
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Climbing distance:	91.7 km
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Descent distance:	86.1 km
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Flat distance:	51.7 km
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