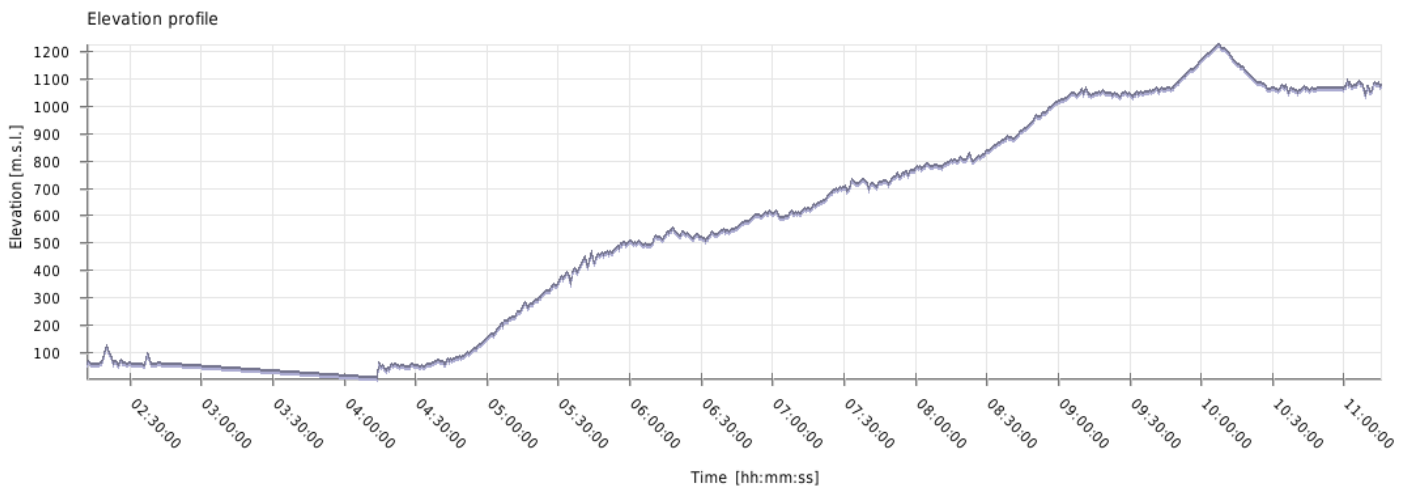
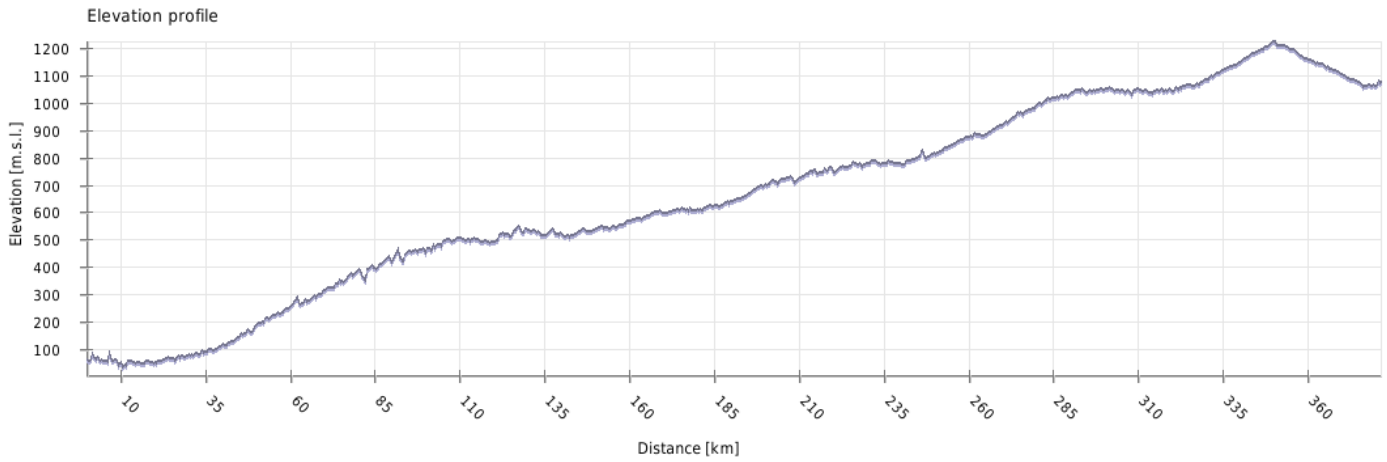
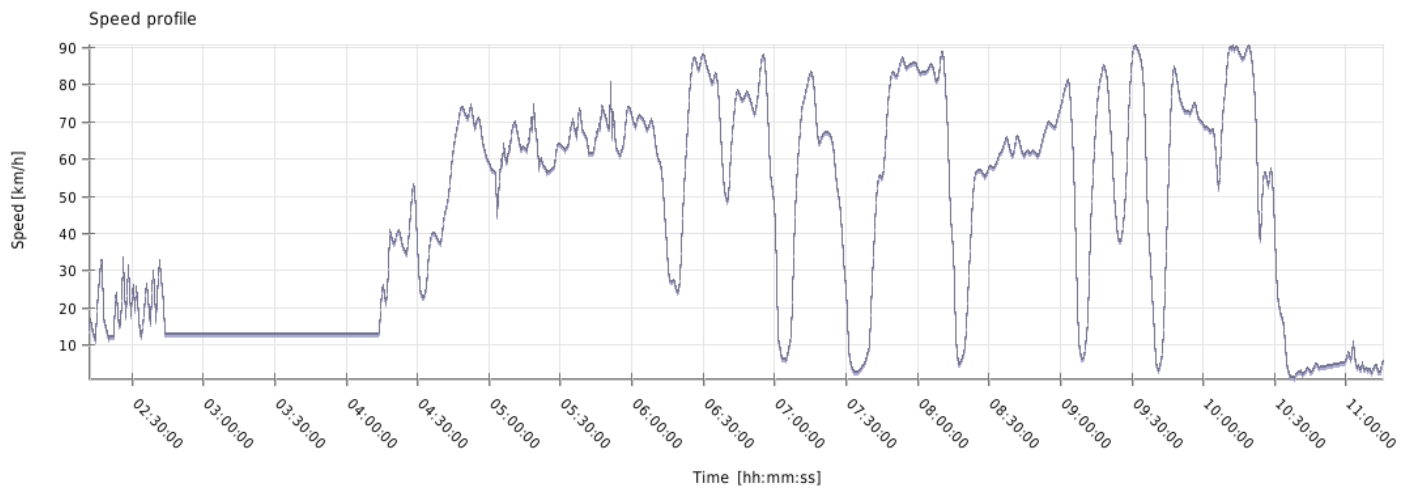
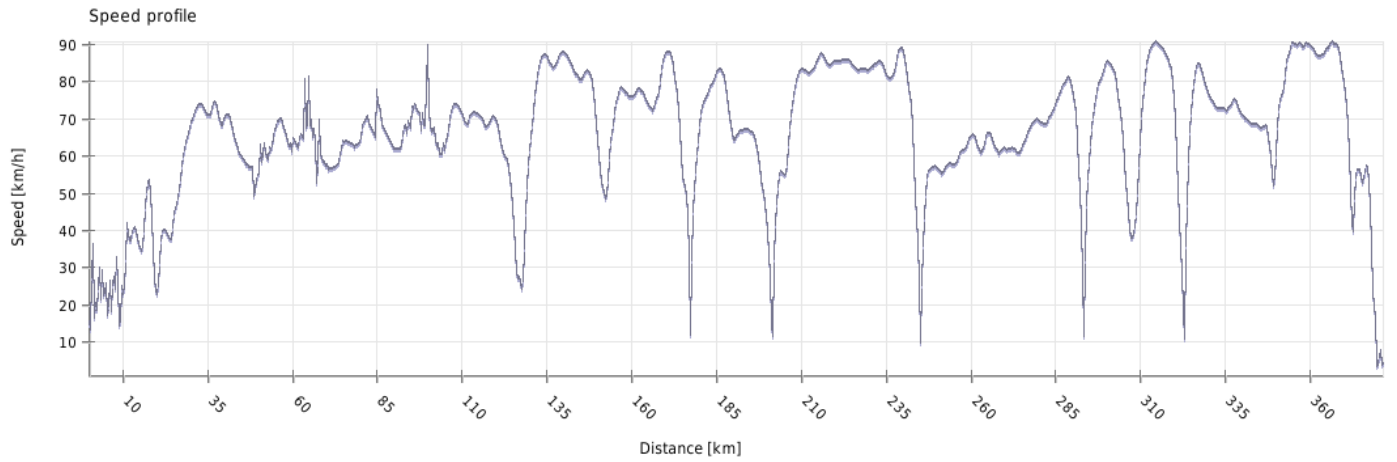


## Elevation



Minimum elevation:	3 m.s.l.
Maximum elevation:	1225 m.s.l.
Average elevation:	617.2 m.s.l.
Maximum difference:	1222 m
Total climbing:	3660 m
Total descent:	2649 m
Start elevation:	65.4 m.s.l.
End elevation:	1076 m.s.l.
Final balance:	1010.6 m

## Speed



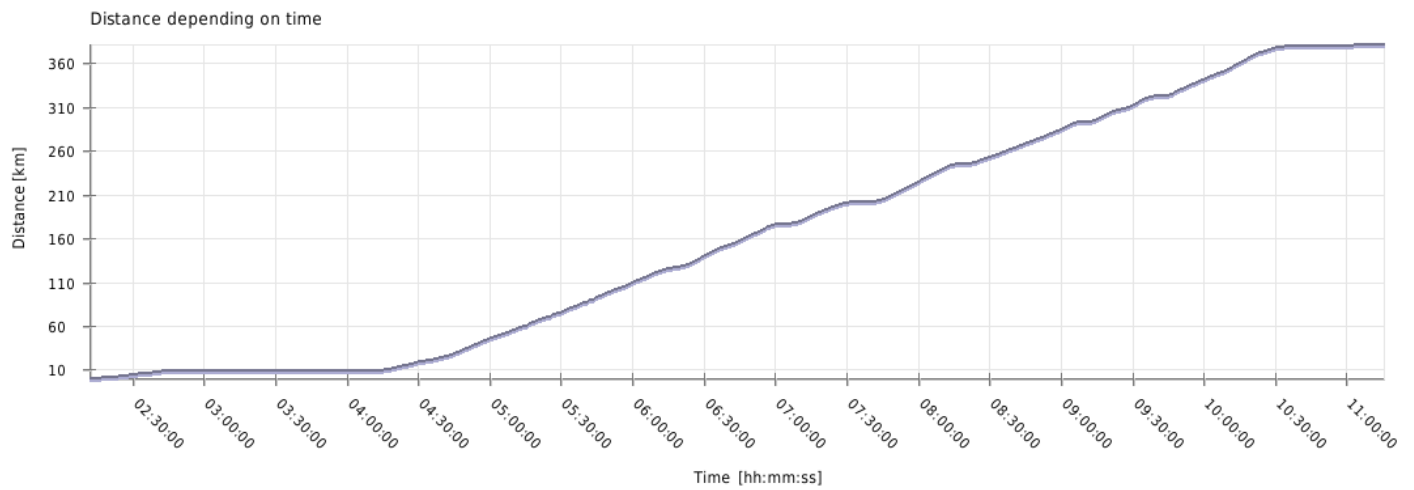
Minimum speed:	1 km/h
Maximum speed:	90.6 km/h
Average climbing speed :	60.9 km/h
Average descent speed :	57.1 km/h
Average flat speed:	55.3 km/h
Average speed:	59 km/h

## Time

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Date of track:	15.7.2008
Start time:	02:11:59
End time:	11:15:40
Total track time:	9h 03m 41s
Climbing time:	3h 57m 52s
Descent time:	4h 20m 58s
Flat time:	44m 51s

## Distance



Total flat distance:	381 km
Total real distance:	381.6 km
Climbing distance:	211.5 km
Descent distance:	132.1 km
Flat distance:	38 km