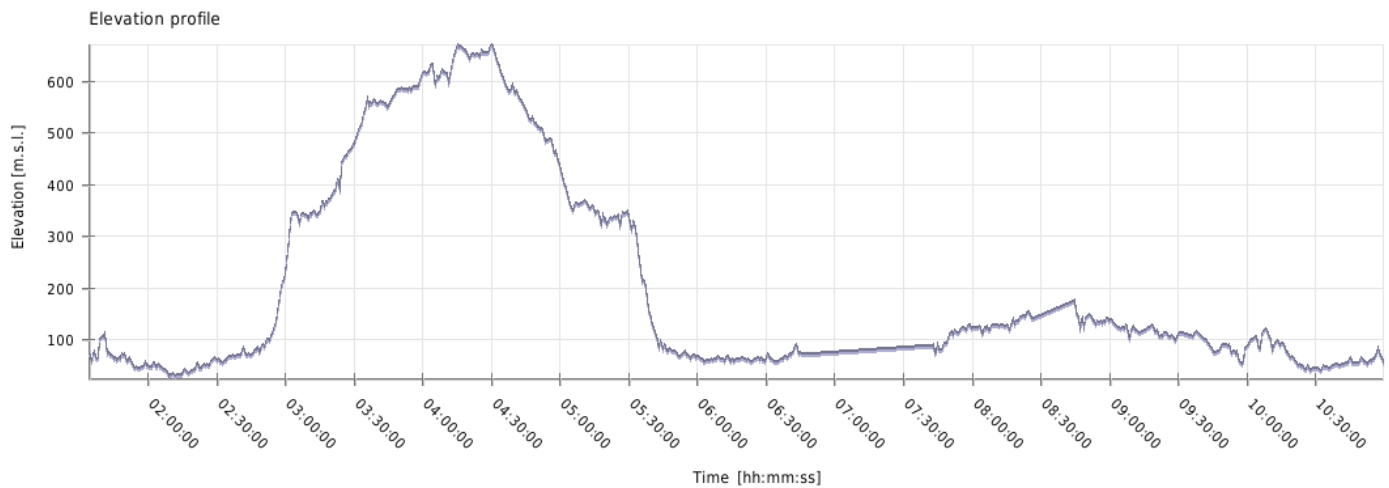
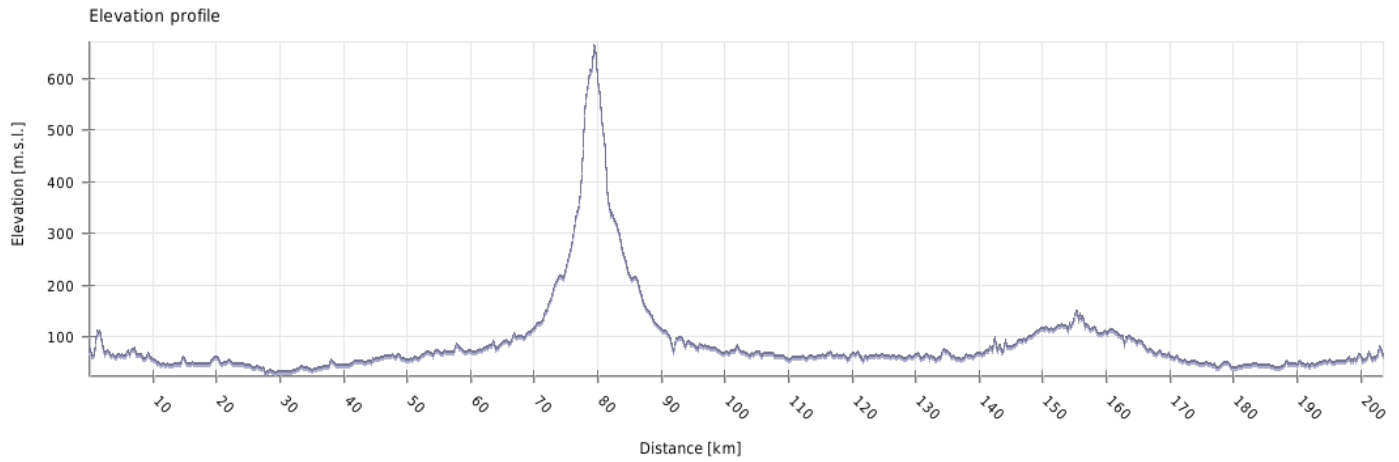
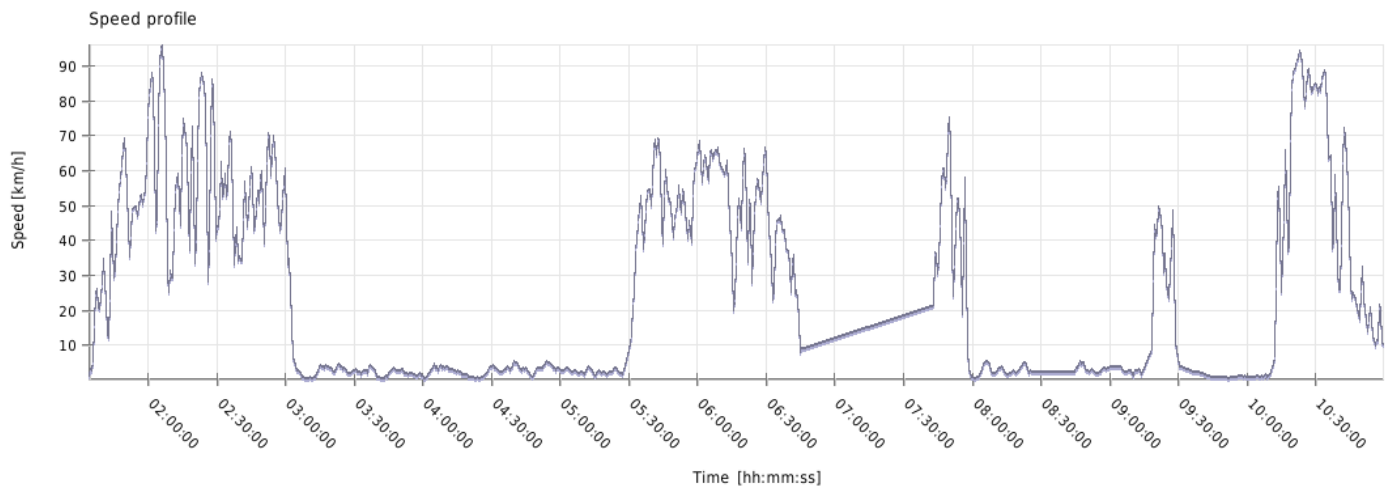
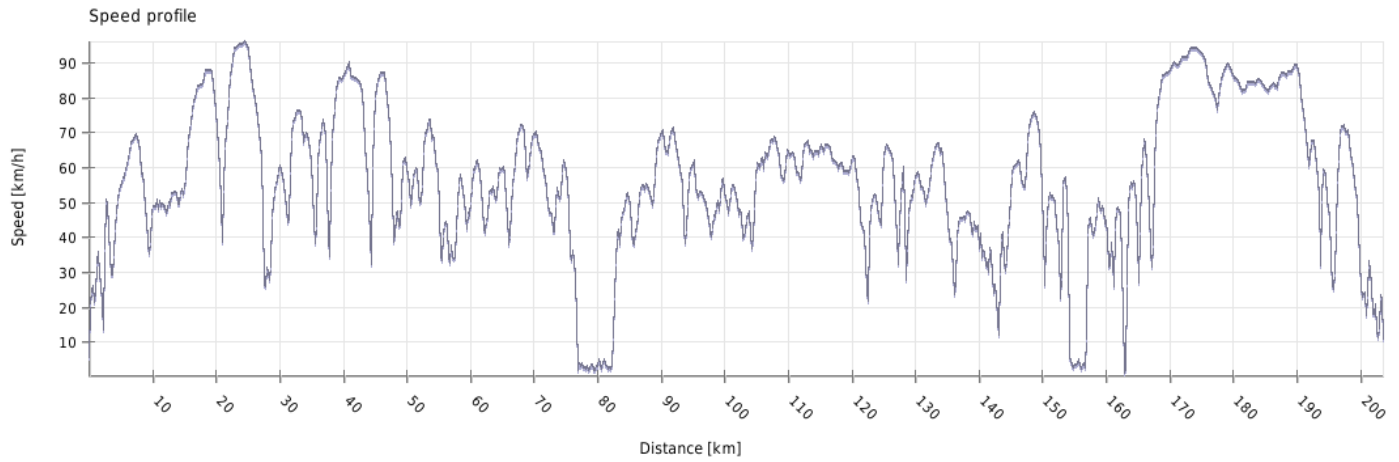


Elevation



Minimum elevation:	24 m.s.l.
Maximum elevation:	670 m.s.l.
Average elevation:	191.6 m.s.l.
Maximum difference:	646 m
Total climbing:	3159 m
Total descent:	3180 m
Start elevation:	76.1 m.s.l.
End elevation:	55 m.s.l.
Final balance:	-21.1 m

Speed

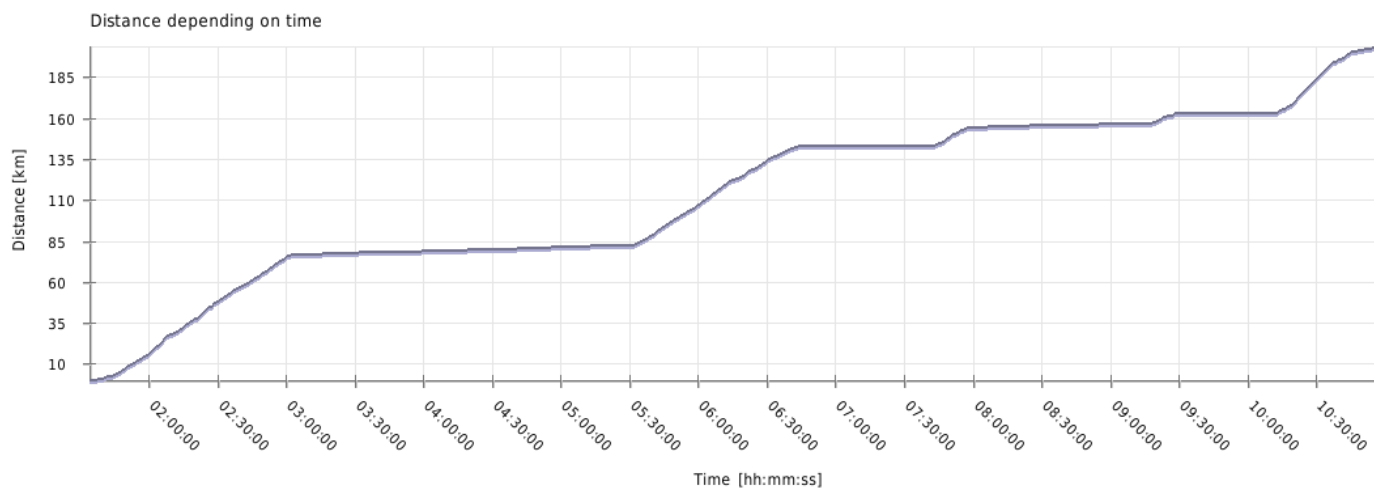


Minimum speed:	0.3 km/h
Maximum speed:	96 km/h
Average climbing speed :	43.8 km/h
Average descent speed :	43.5 km/h
Average flat speed:	47.4 km/h
Average speed:	44.3 km/h

Time

Date of track:	14.7.2008
Start time:	01:33:57
End time:	10:59:30
Total track time:	9h 25m 33s
Climbing time:	4h 45m 48s
Descent time:	3h 35m 30s
Flat time:	1h 04m 15s

Distance



Total flat distance:	202 km
Total real distance:	203.6 km
Climbing distance:	83.7 km
Descent distance:	83.6 km
Flat distance:	36.3 km