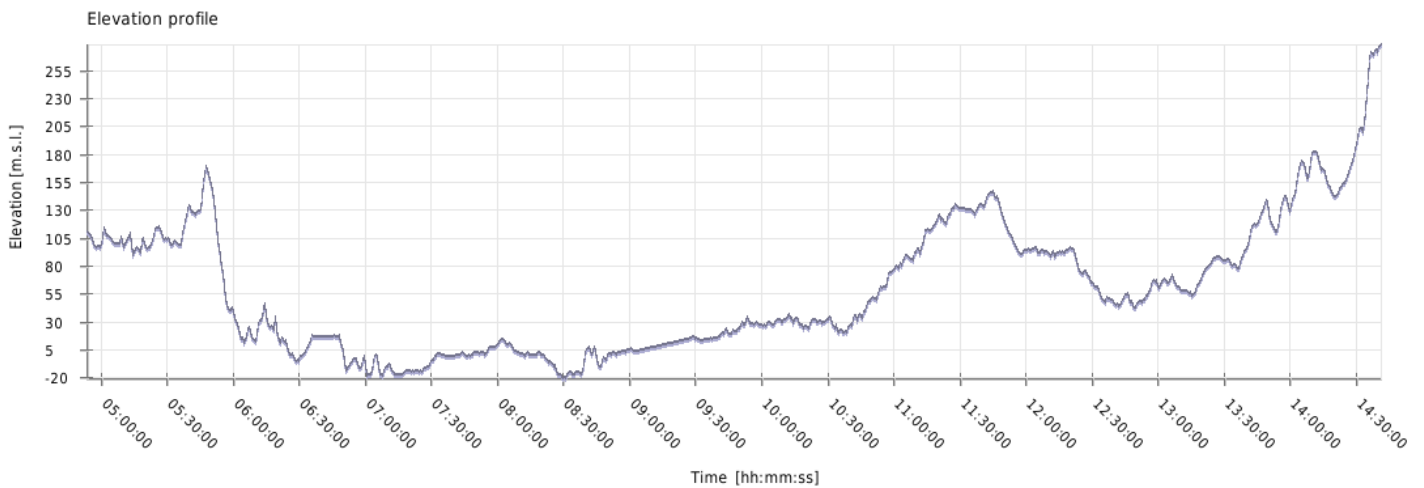
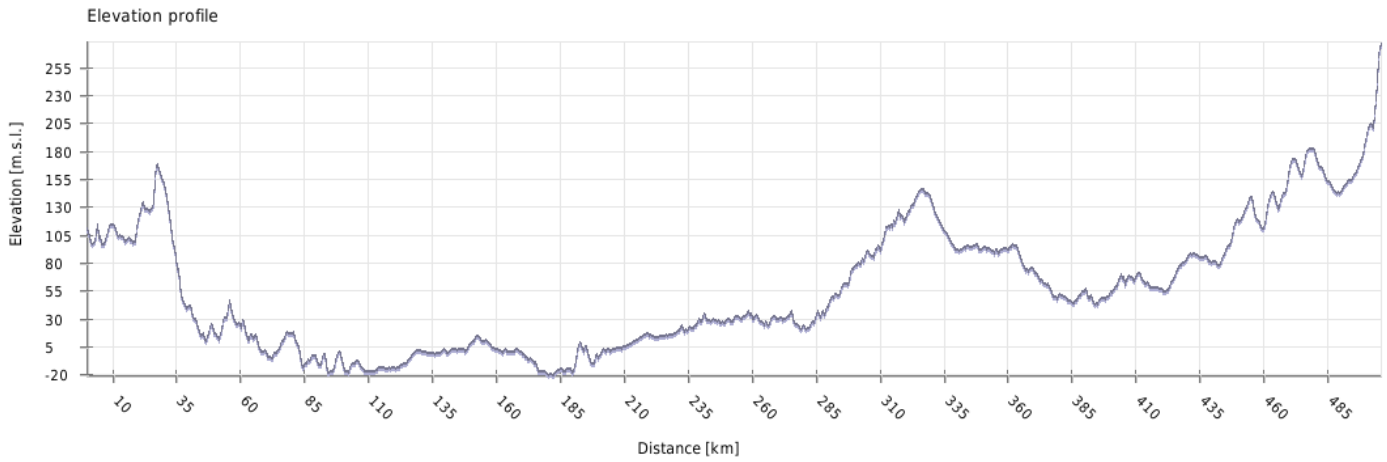
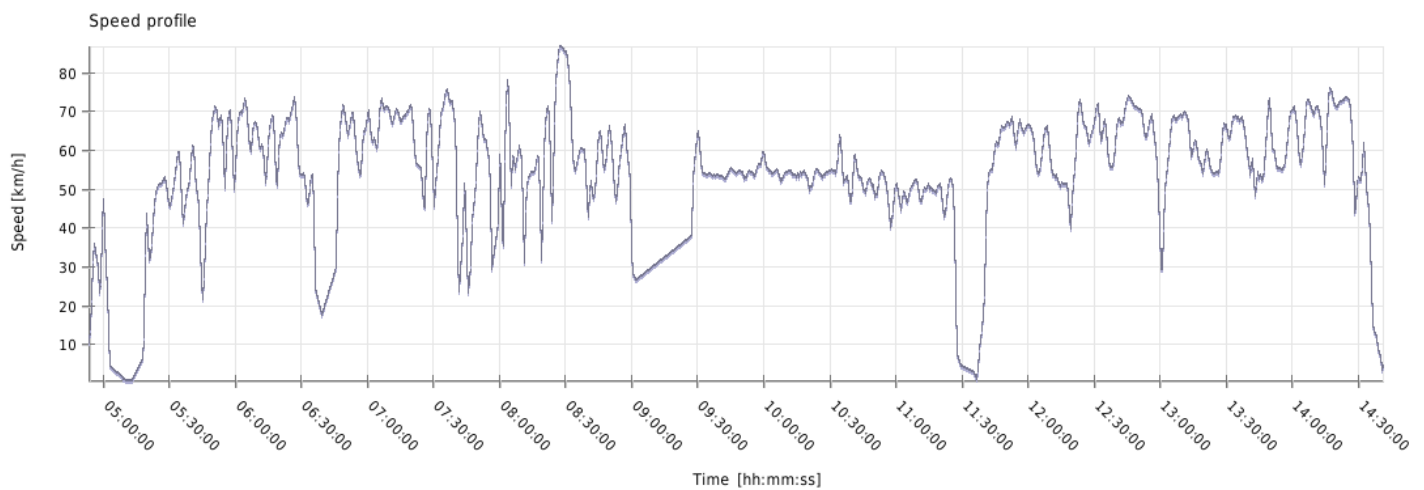
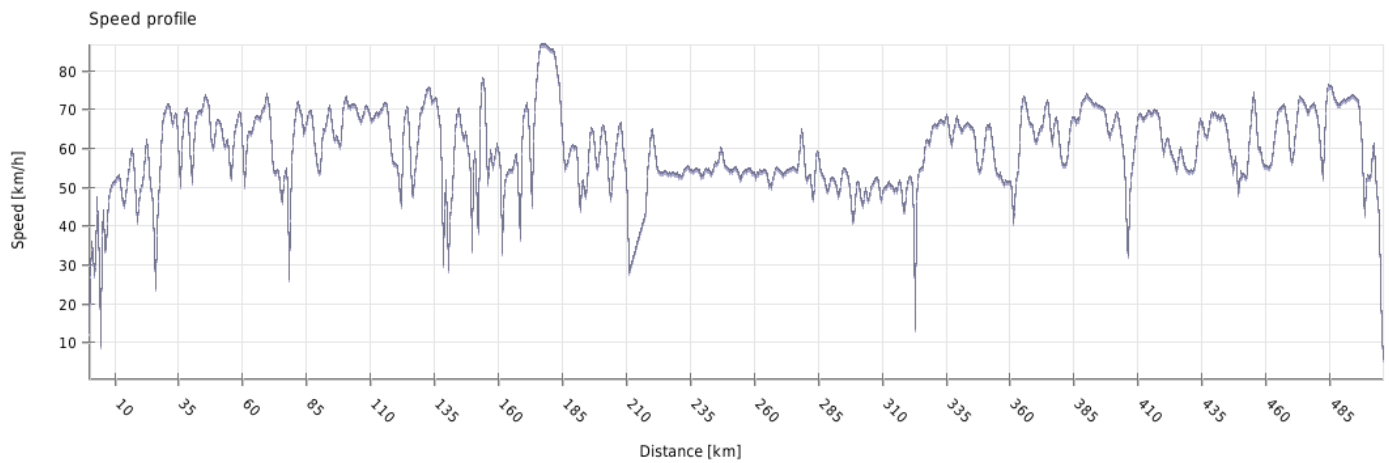


Elevation



Minimum elevation:	-21 m.s.l.
Maximum elevation:	278 m.s.l.
Average elevation:	60.1 m.s.l.
Maximum difference:	299 m
Total climbing:	1422 m
Total descent:	1254 m
Start elevation:	110.1 m.s.l.
End elevation:	278 m.s.l.
Final balance:	167.9 m

Speed

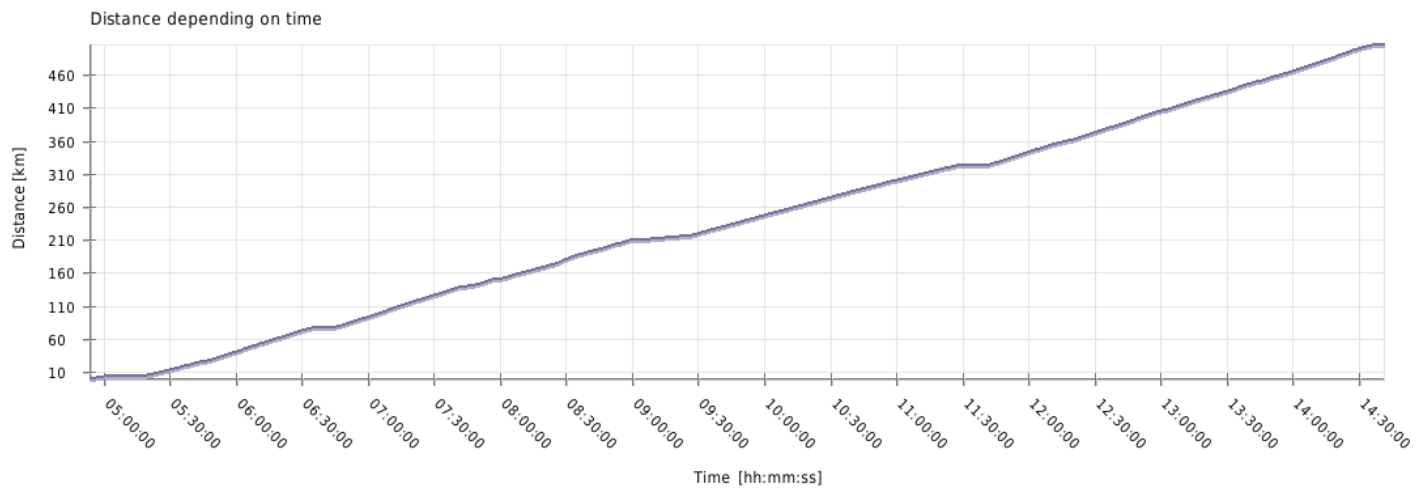


Minimum speed:	0.7 km/h
Maximum speed:	86.7 km/h
Average climbing speed :	51.6 km/h
Average descent speed :	59.5 km/h
Average flat speed:	58.5 km/h
Average speed:	56 km/h

Time

Date of track:	17.4.2008
Start time:	04:53:40
End time:	14:41:19
Total track time:	9h 47m 39s
Climbing time:	3h 59m 50s
Descent time:	3h 12m 41s
Flat time:	2h 35m 08s

Distance



Total flat distance:	505.9 km
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Total real distance:	505.9 km
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Climbing distance:	190.9 km
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Descent distance:	169.6 km
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Flat distance:	145.4 km
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