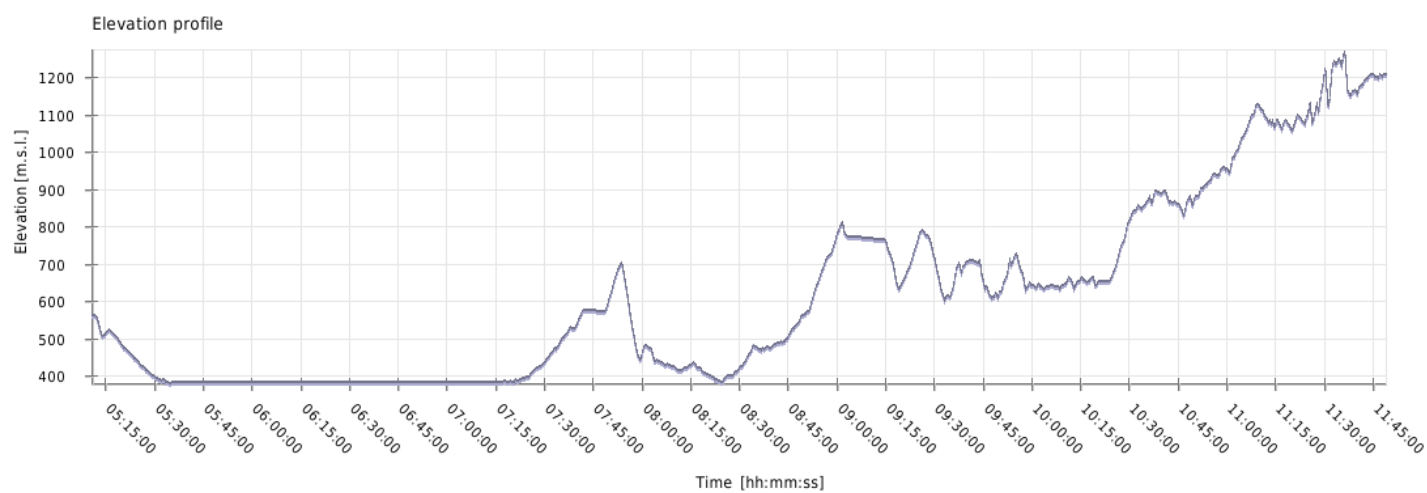
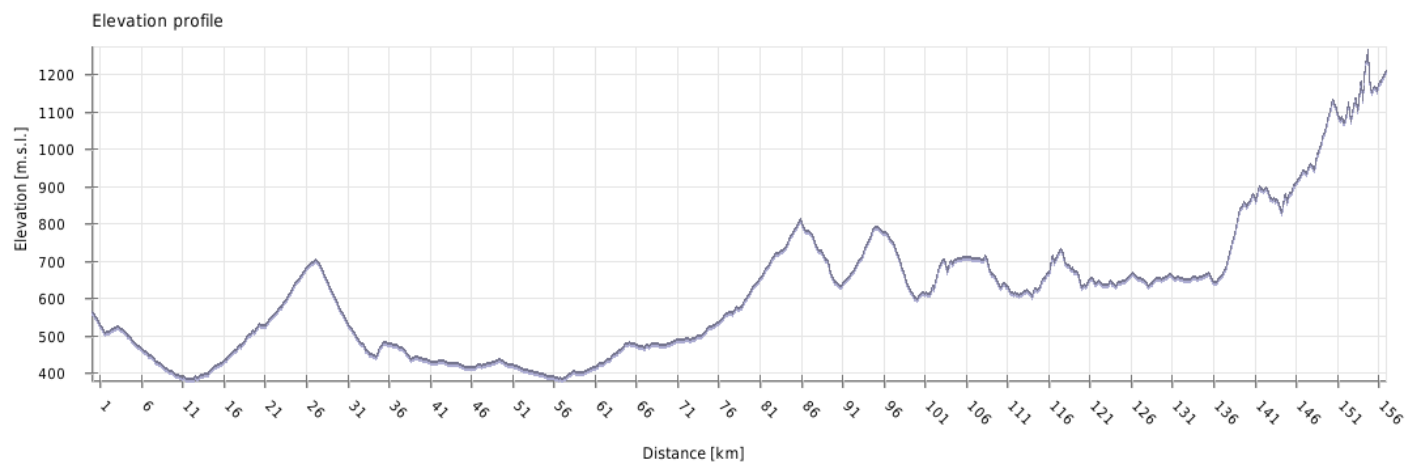
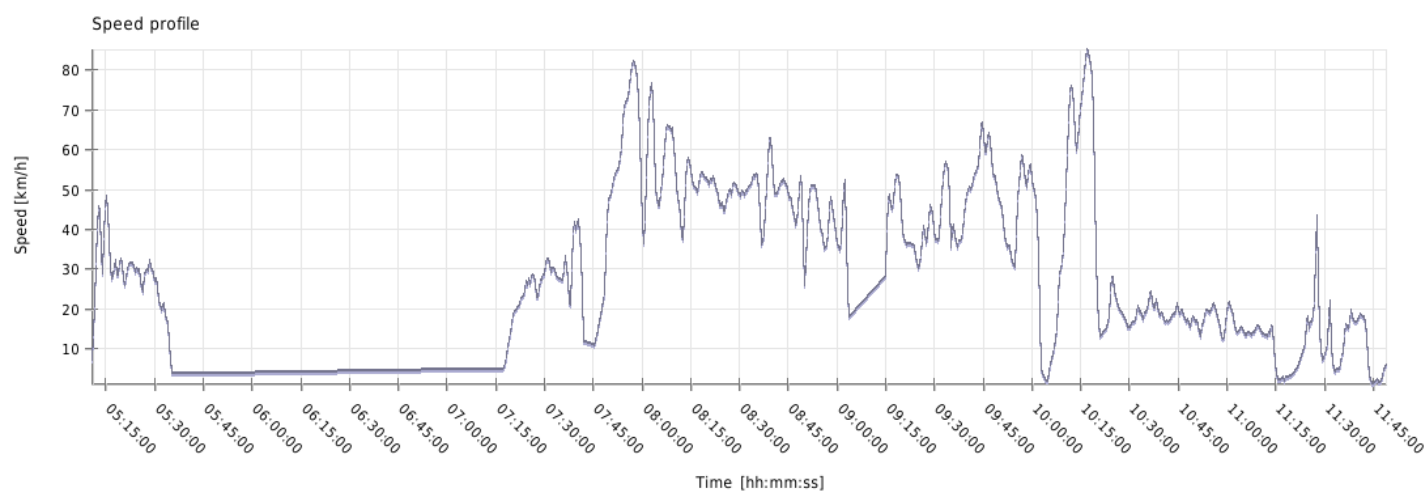
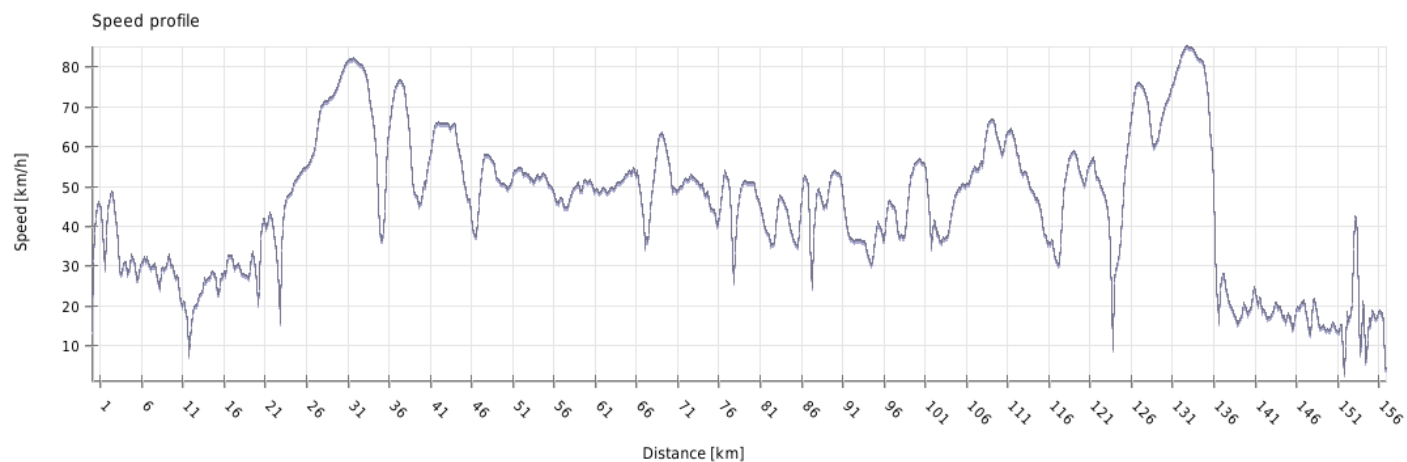


## Elevation



Minimum elevation:	380 m.s.l.
Maximum elevation:	1274 m.s.l.
Average elevation:	693 m.s.l.
Maximum difference:	894 m
Total climbing:	3145 m
Total descent:	2502 m
Start elevation:	566 m.s.l.
End elevation:	1208 m.s.l.
Final balance:	642 m

## Speed



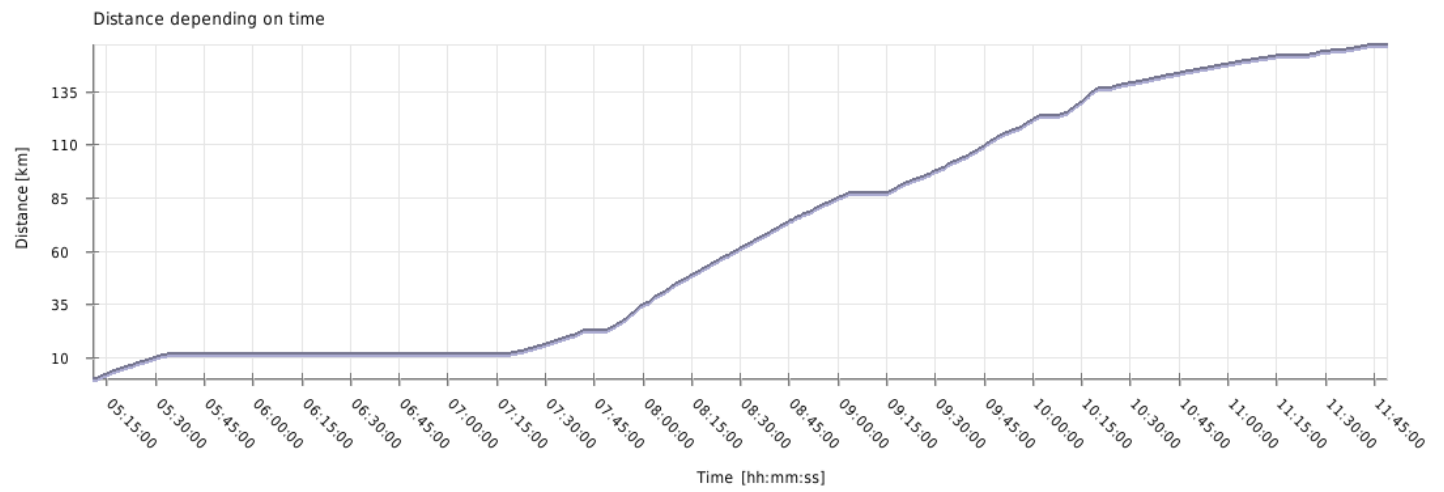
Minimum speed:	1.3 km/h
Maximum speed:	85 km/h
Average climbing speed :	34.7 km/h
Average descent speed :	41 km/h
Average flat speed:	36.1 km/h
Average speed:	37.3 km/h

## Time

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Date of track:	12.4.2008
Start time:	05:09:42
End time:	11:49:04
Total track time:	6h 39m 22s
Climbing time:	4h 03m 54s
Descent time:	2h 04m 14s
Flat time:	31m 14s

## Distance



Total flat distance:	156.3 km
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Total real distance:	156.9 km
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Climbing distance:	75.9 km
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Descent distance:	65.8 km
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Flat distance:	15.3 km
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