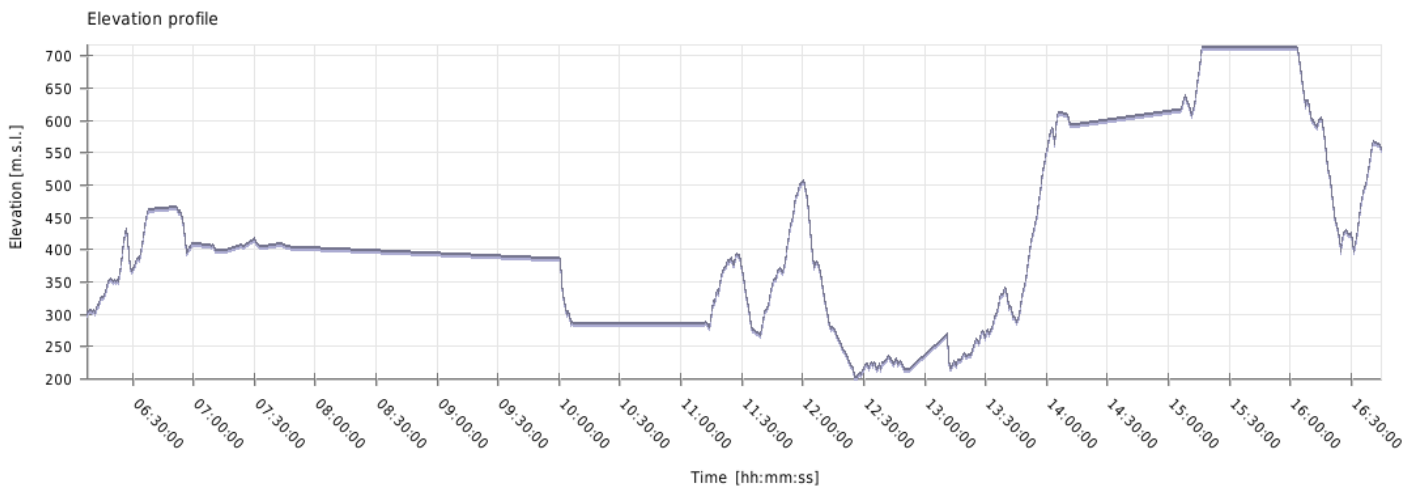
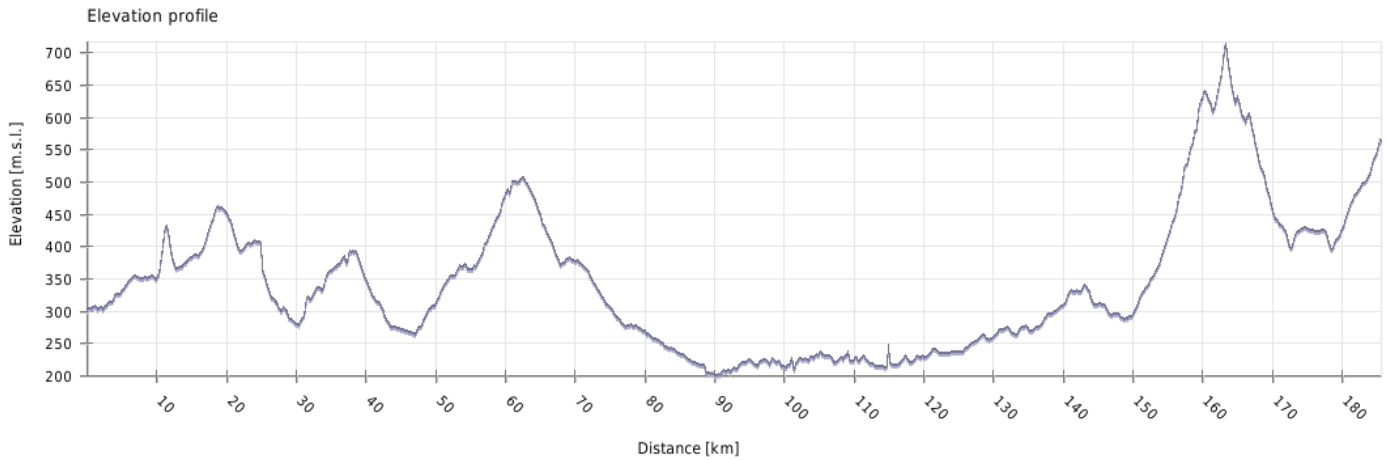
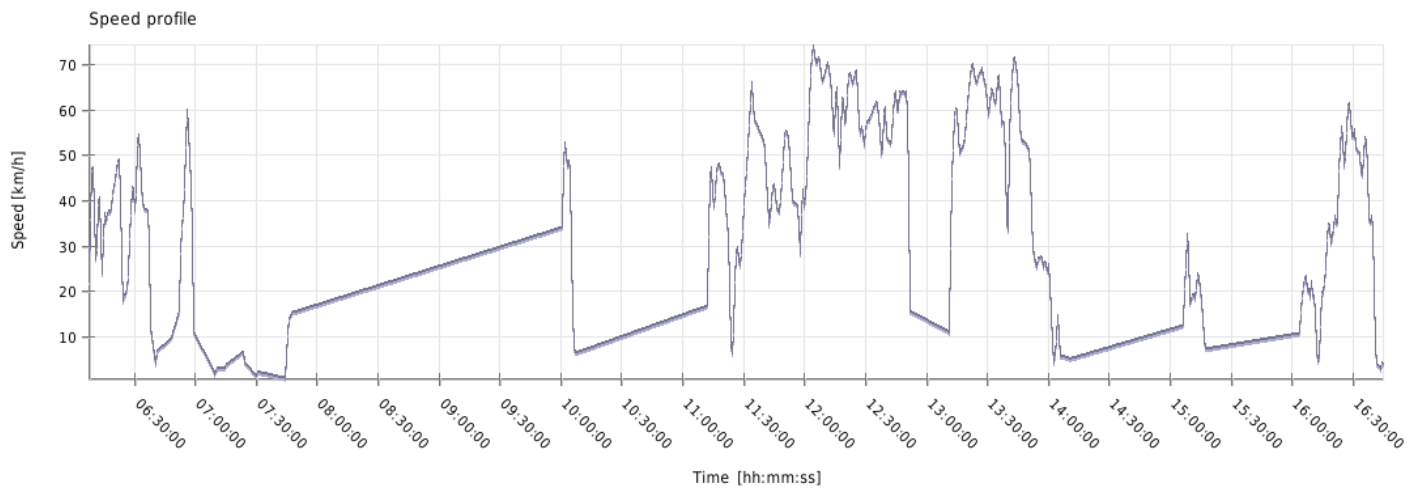
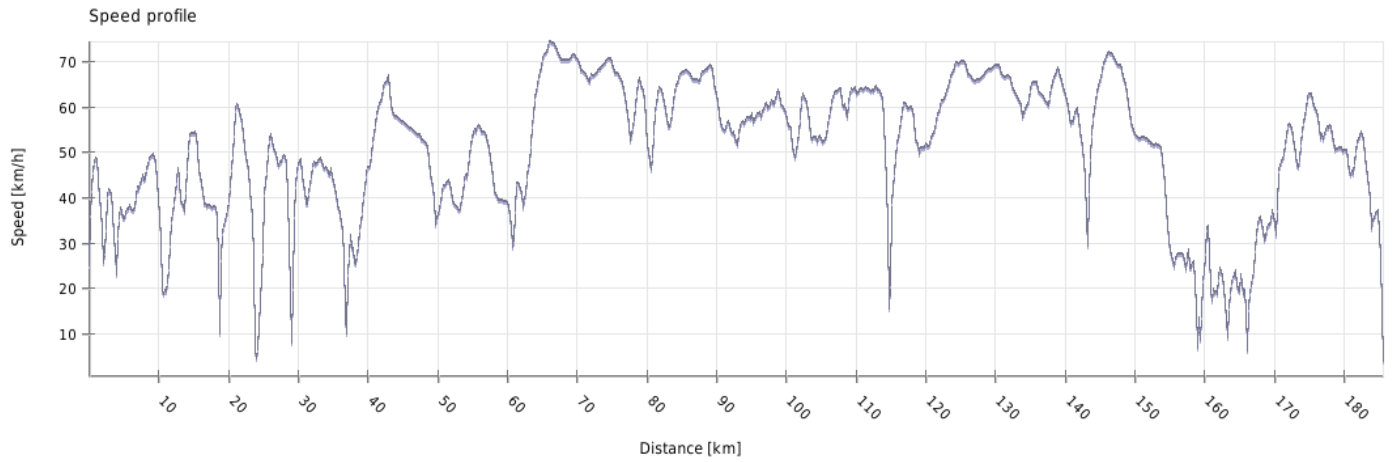


## Elevation



Minimum elevation:	200 m.s.l.
Maximum elevation:	717 m.s.l.
Average elevation:	391.9 m.s.l.
Maximum difference:	517 m
Total climbing:	2027 m
Total descent:	1769 m
Start elevation:	297.1 m.s.l.
End elevation:	555 m.s.l.
Final balance:	257.9 m

## Speed



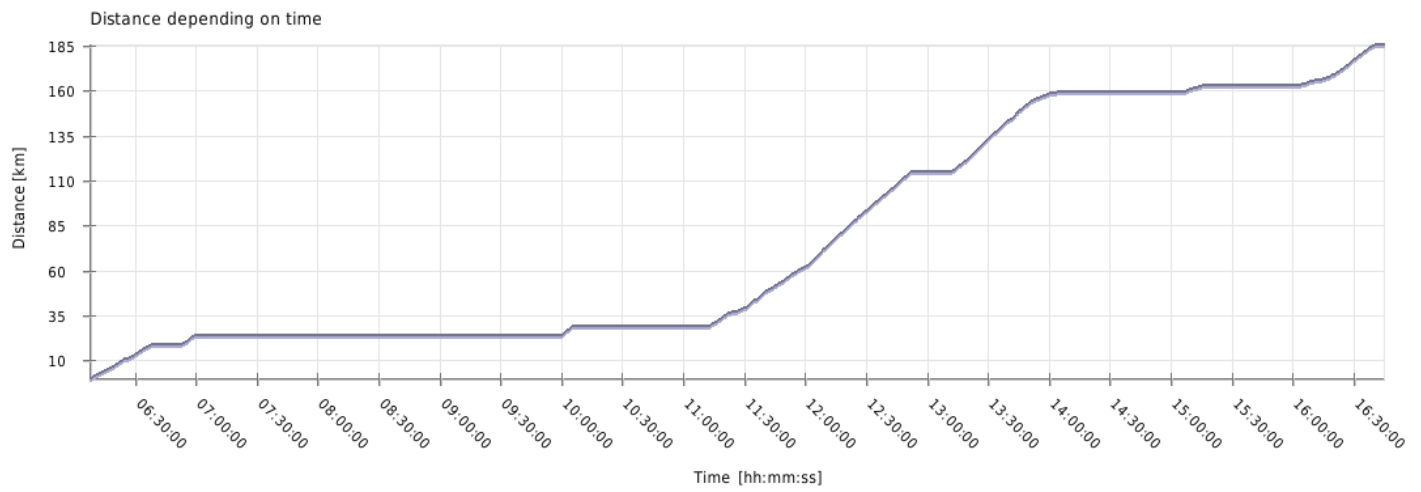
Minimum speed:	0.7 km/h
Maximum speed:	74.3 km/h
Average climbing speed :	42.9 km/h
Average descent speed :	47.7 km/h
Average flat speed:	48.5 km/h
Average speed:	45.5 km/h

## Time

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Date of track:	11.4.2008
Start time:	06:07:44
End time:	16:44:55
Total track time:	10h 37m 11s
Climbing time:	6h 44m 37s
Descent time:	3h 16m 09s
Flat time:	36m 25s

## Distance



Total flat distance:	185.4 km
Total real distance:	185.6 km
Climbing distance:	85.5 km
Descent distance:	77.8 km
Flat distance:	22.3 km