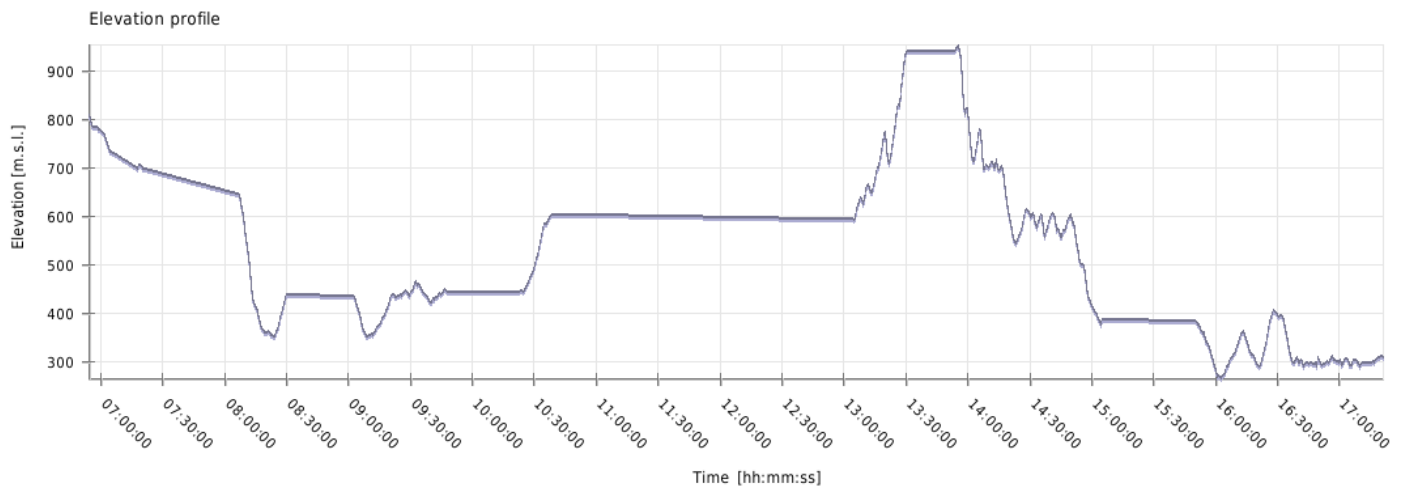
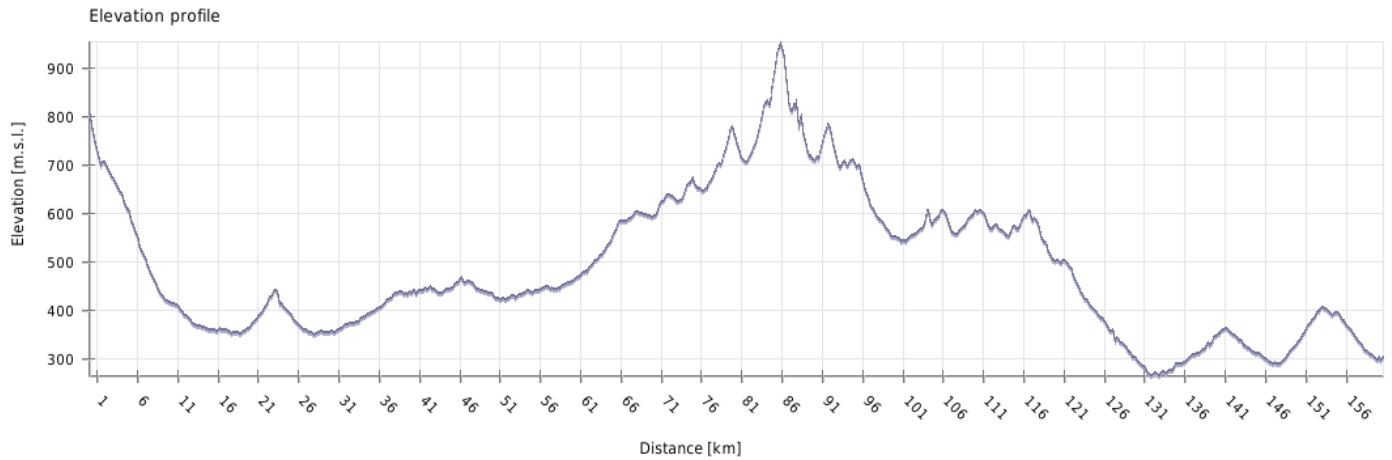
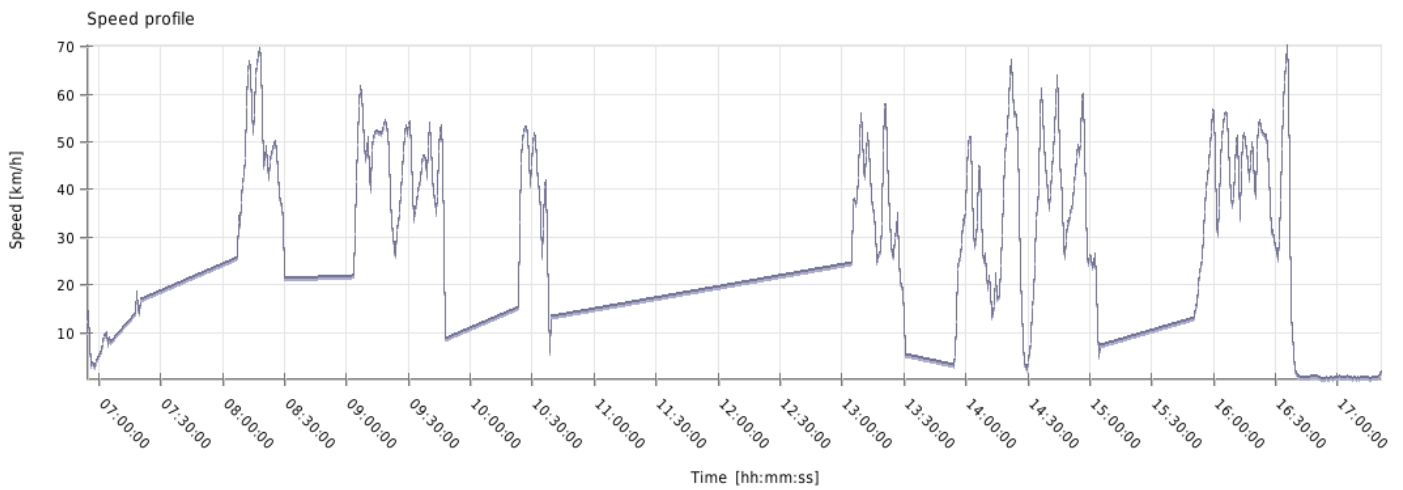
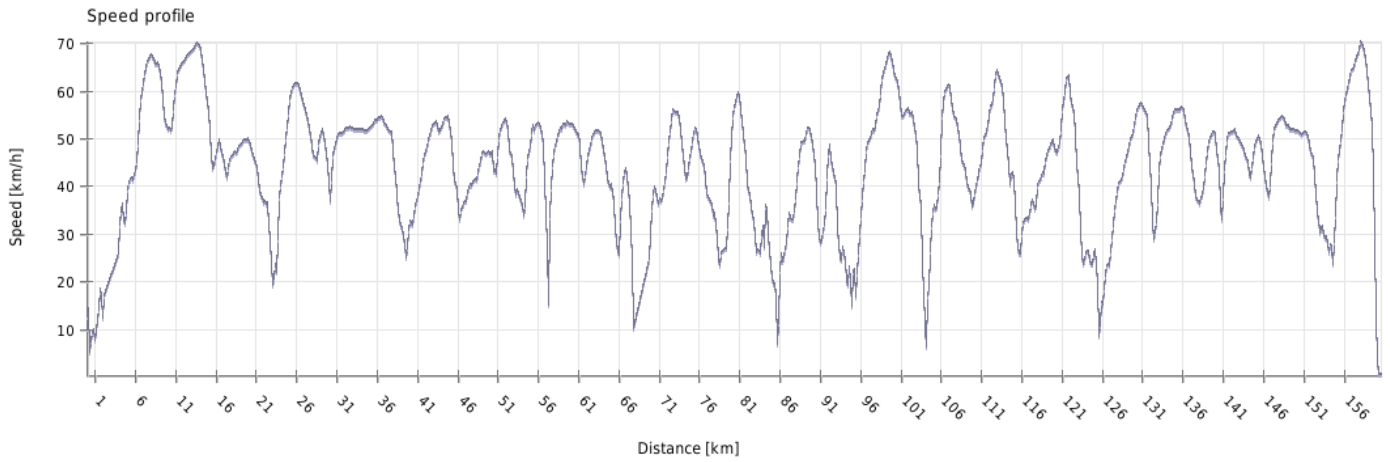


## Elevation



Minimum elevation:	266 m.s.l.
Maximum elevation:	953 m.s.l.
Average elevation:	519.2 m.s.l.
Maximum difference:	687 m
Total climbing:	1972 m
Total descent:	2475 m
Start elevation:	812.7 m.s.l.
End elevation:	309 m.s.l.
Final balance:	-503.7 m

## Speed



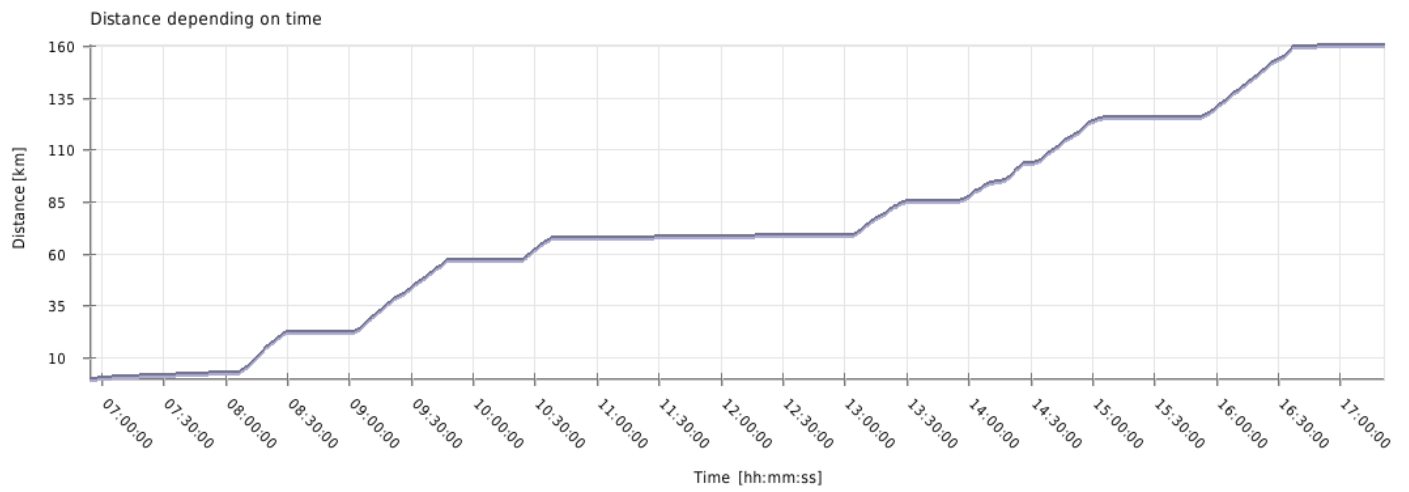
Minimum speed:	0.3 km/h
Maximum speed:	70.3 km/h
Average climbing speed :	40 km/h
Average descent speed :	42.9 km/h
Average flat speed:	37.4 km/h
Average speed:	41 km/h

## Time

---

Date of track:	10.4.2008
Start time:	06:51:58
End time:	17:21:17
Total track time:	10h 29m 19s
Climbing time:	2h 10m 44s
Descent time:	7h 19m 05s
Flat time:	59m 30s

## Distance



Total flat distance:	160.3 km
Total real distance:	160.6 km
Climbing distance:	69.2 km
Descent distance:	77.5 km
Flat distance:	13.9 km