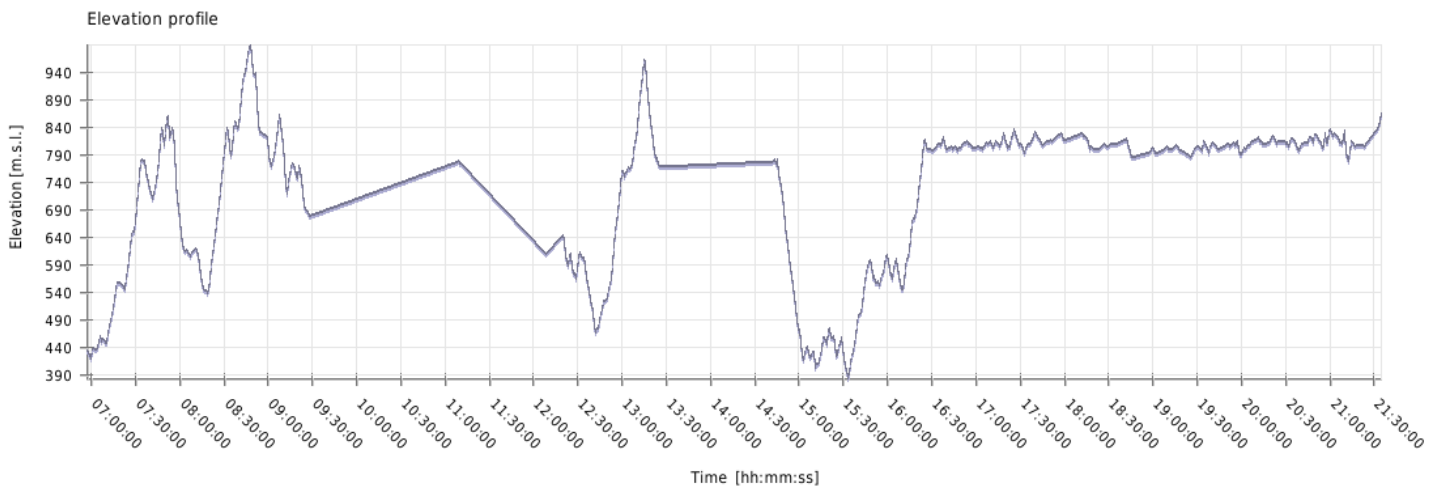
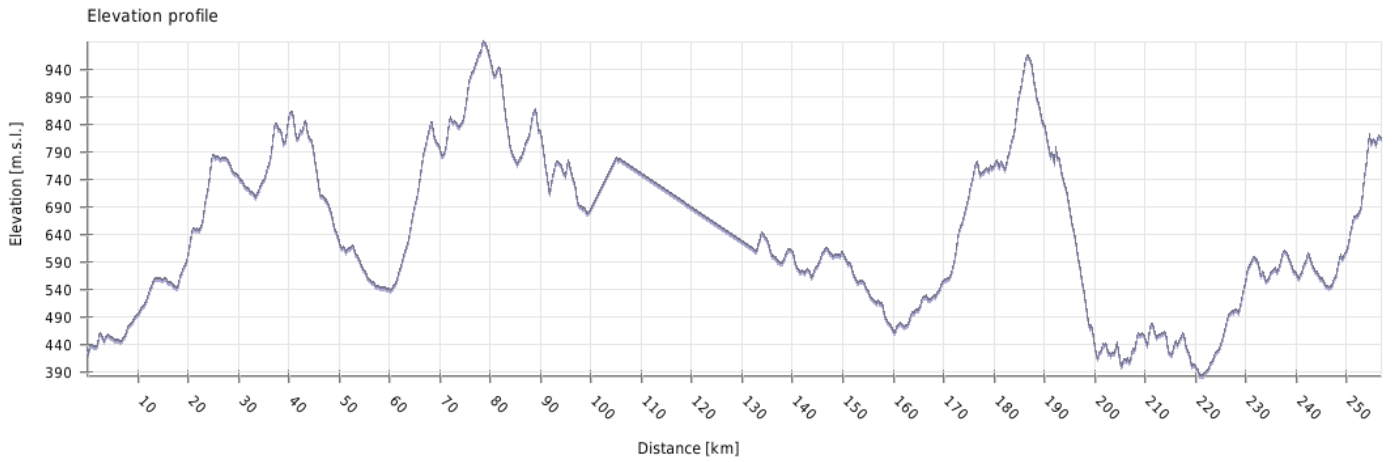
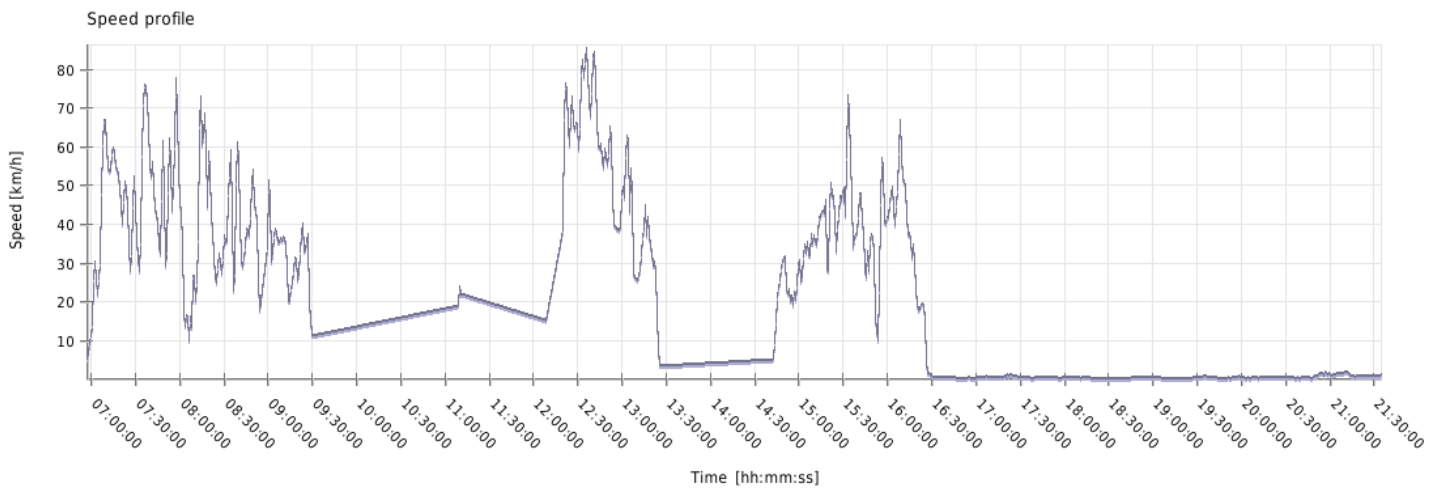
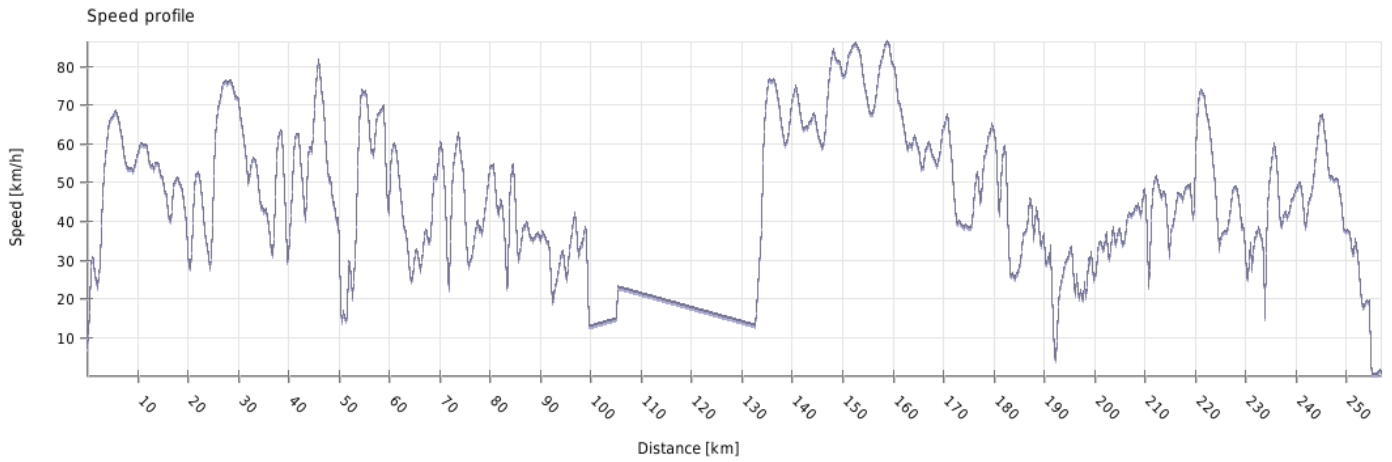


## Elevation



Minimum elevation:	382 m.s.l.
Maximum elevation:	989 m.s.l.
Average elevation:	663.6 m.s.l.
Maximum difference:	607 m
Total climbing:	4209 m
Total descent:	3780 m
Start elevation:	434.7 m.s.l.
End elevation:	863 m.s.l.
Final balance:	428.3 m

## Speed



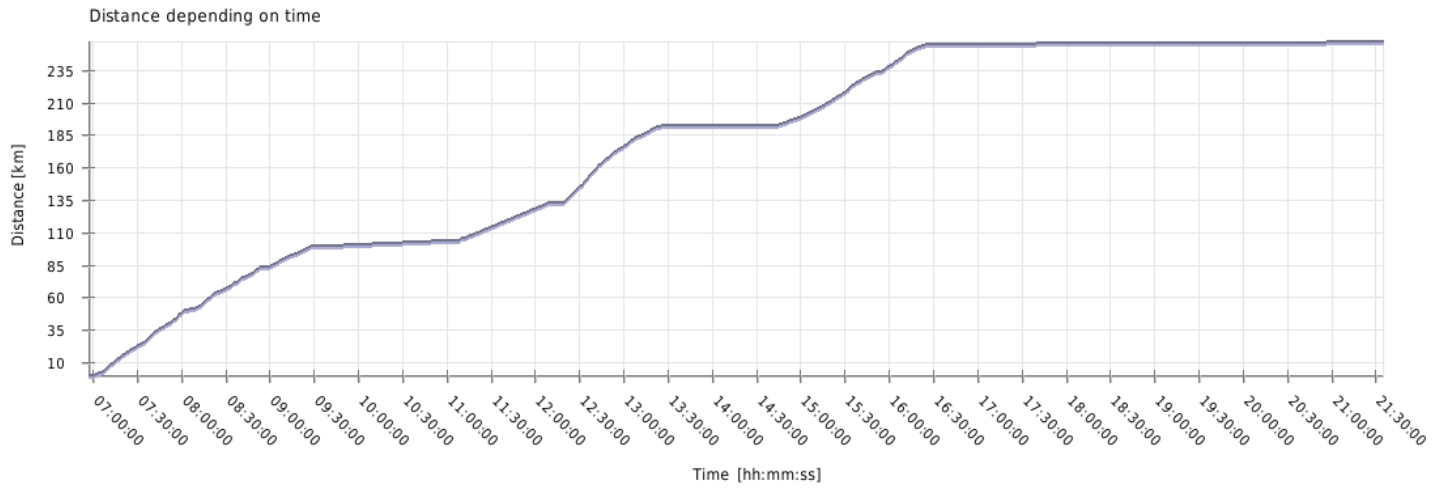
Minimum speed:	0.1 km/h
Maximum speed:	86.3 km/h
Average climbing speed :	37.1 km/h
Average descent speed :	40.7 km/h
Average flat speed:	43.1 km/h
Average speed:	39.2 km/h

## Time

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Date of track:	9.4.2008
Start time:	06:56:01
End time:	21:34:57
Total track time:	14h 38m 56s
Climbing time:	8h 45m 15s
Descent time:	5h 19m 12s
Flat time:	34m 29s

## Distance



Total flat distance:	255.9 km
Total real distance:	256.9 km
Climbing distance:	112.2 km
Descent distance:	126.9 km
Flat distance:	17.8 km