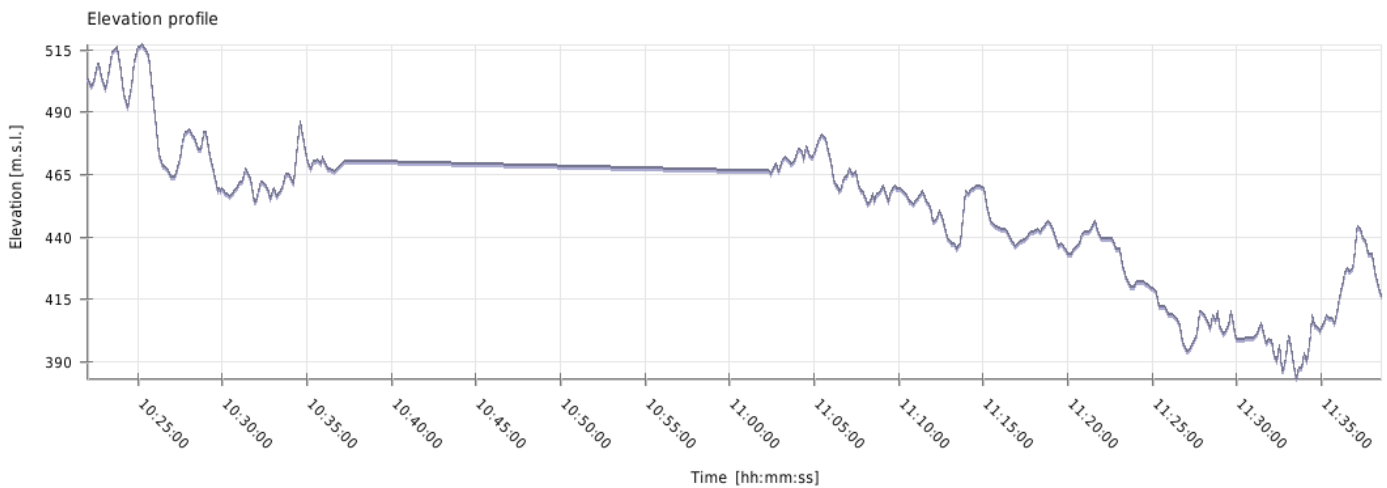
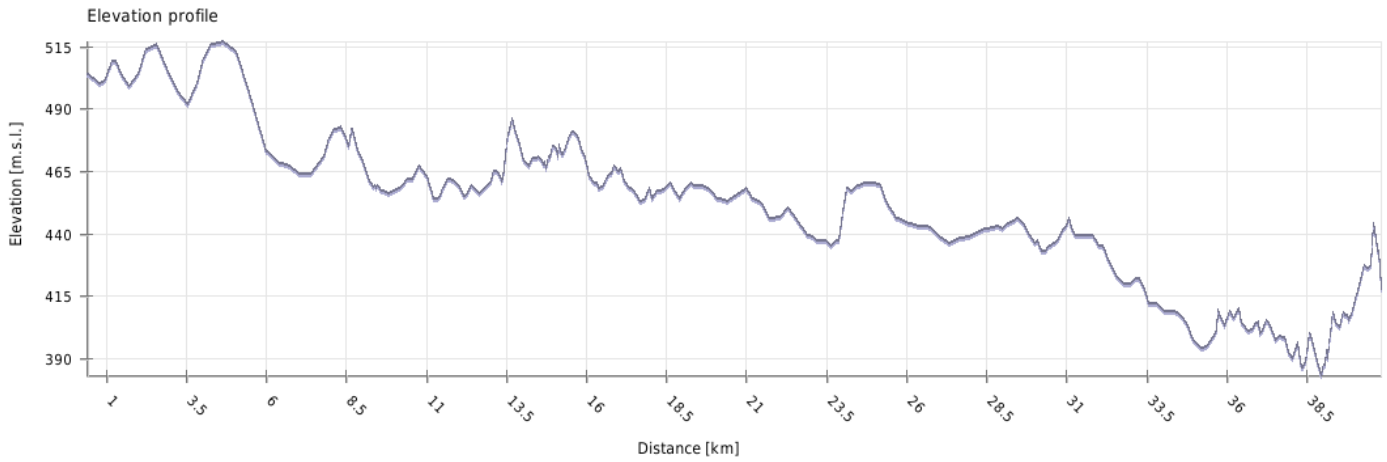
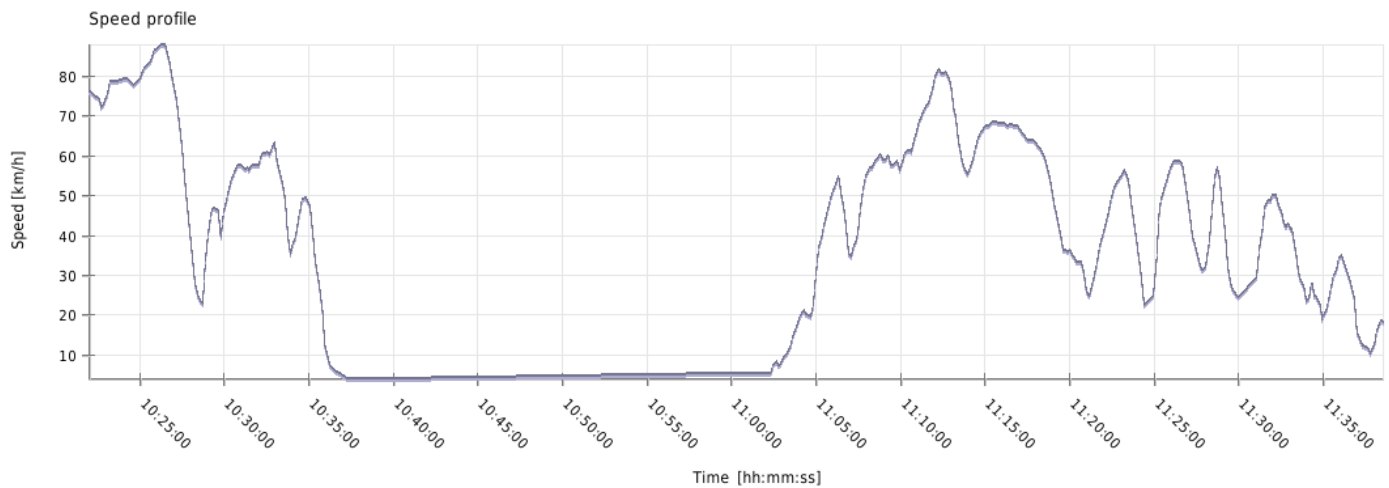
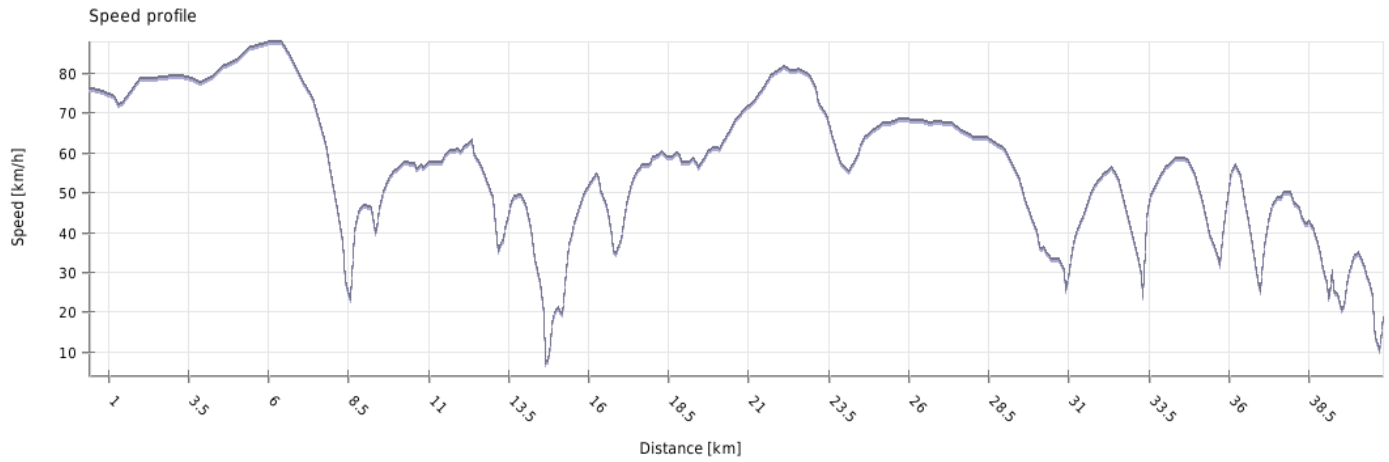


## Elevation



Minimum elevation:	383 m.s.l.
Maximum elevation:	517 m.s.l.
Average elevation:	447.1 m.s.l.
Maximum difference:	134 m
Total climbing:	403 m
Total descent:	495 m
Start elevation:	508.3 m.s.l.
End elevation:	416 m.s.l.
Final balance:	-92.3 m

## Speed



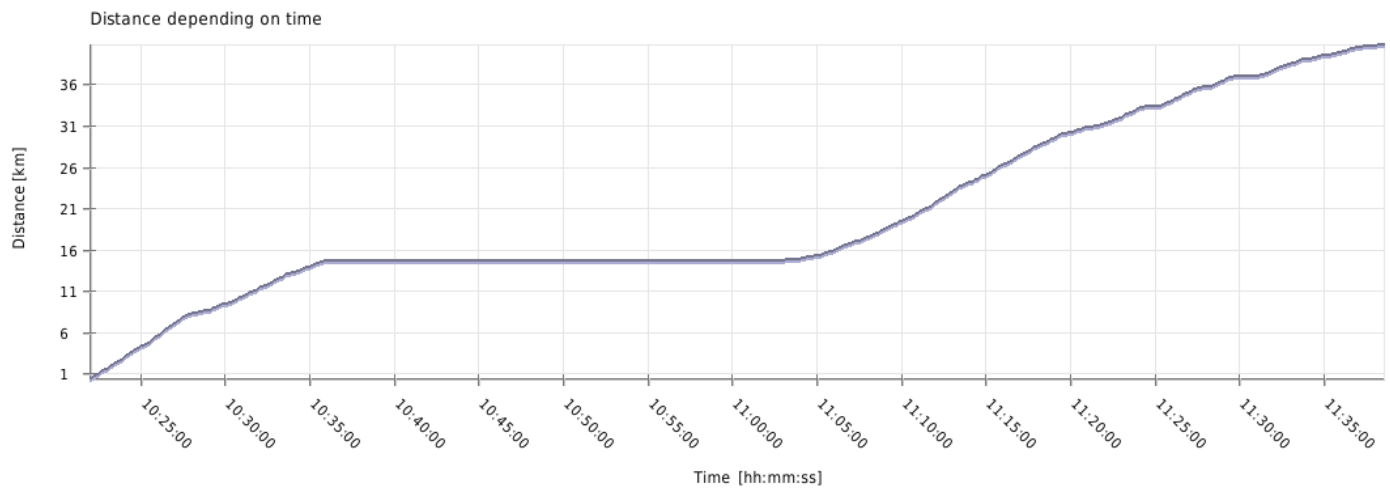
Minimum speed:	4 km/h
Maximum speed:	87.9 km/h
Average climbing speed :	48.8 km/h
Average descent speed :	53.7 km/h
Average flat speed:	46.4 km/h
Average speed:	50.9 km/h

## Time

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Date of track:	6.4.2008
Start time:	10:21:44
End time:	11:38:33
Total track time:	1h 16m 49s
Climbing time:	21m 17s
Descent time:	50m 00s
Flat time:	05m 32s

## Distance



Total flat distance:	40.8 km
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Total real distance:	40.8 km
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Climbing distance:	16 km
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Descent distance:	20.6 km
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Flat distance:	4.3 km
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