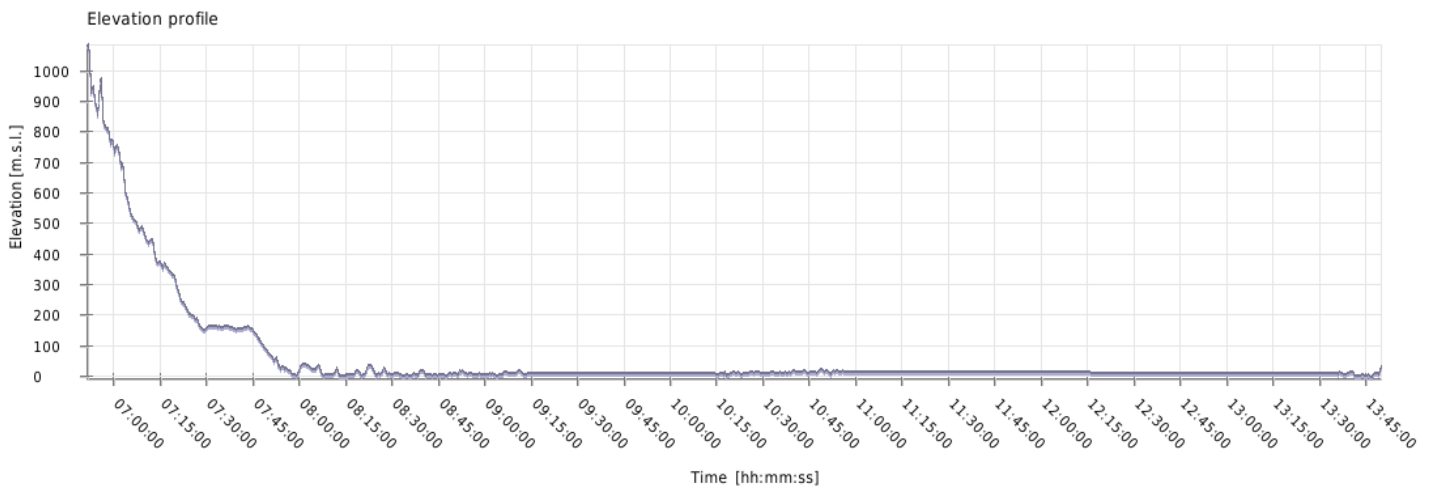
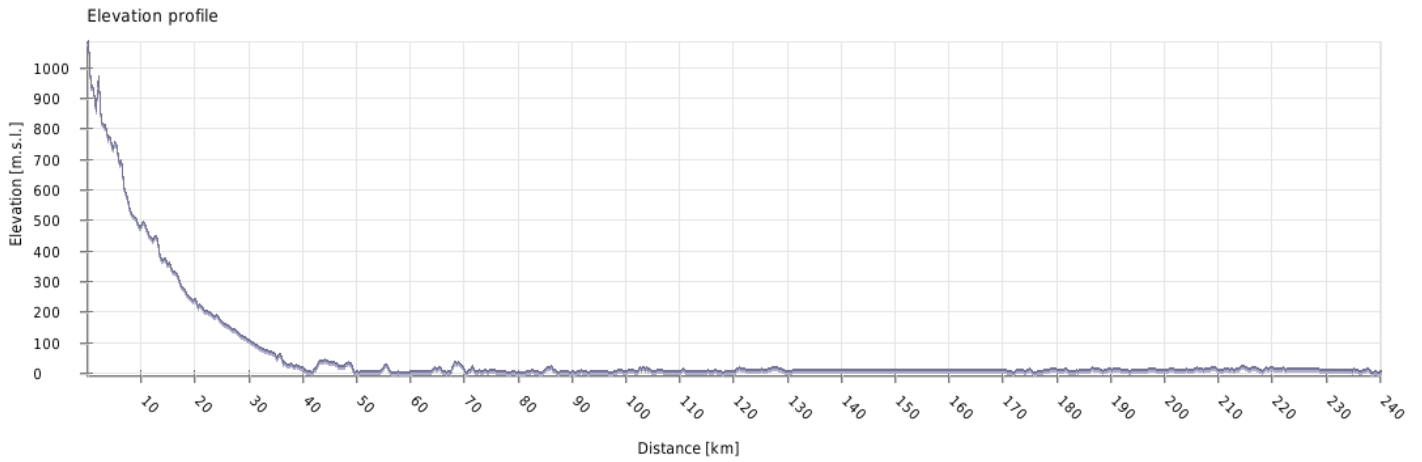
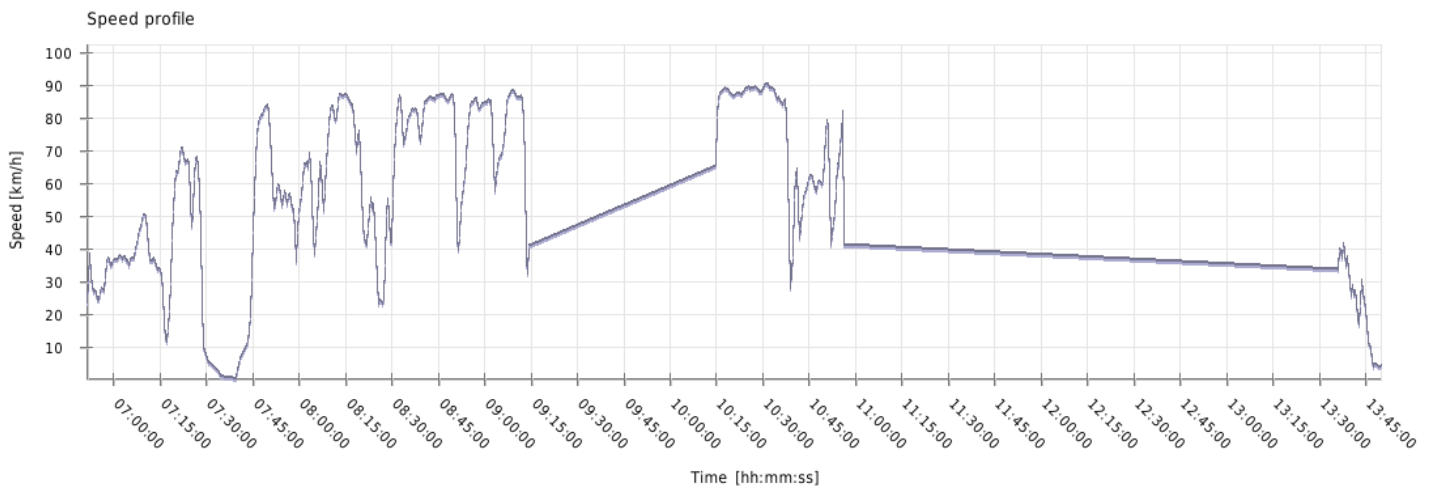
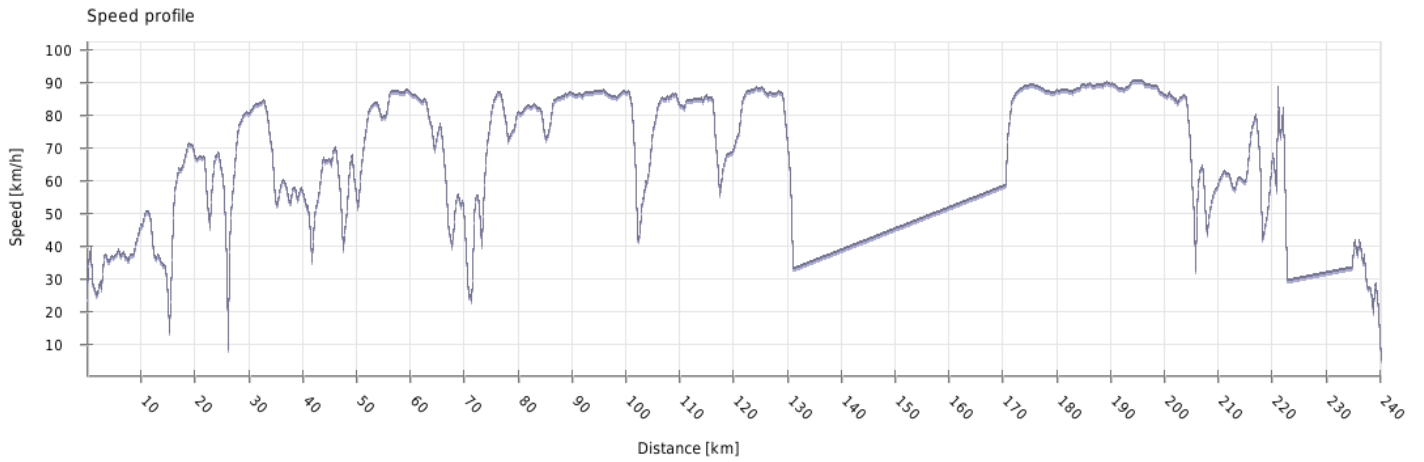


Elevation



Minimum elevation:	-8 m.s.l.
Maximum elevation:	1085 m.s.l.
Average elevation:	155.7 m.s.l.
Maximum difference:	1093 m
Total climbing:	1215 m
Total descent:	2267 m
Start elevation:	1082.4 m.s.l.
End elevation:	30 m.s.l.
Final balance:	-1052.4 m

Speed

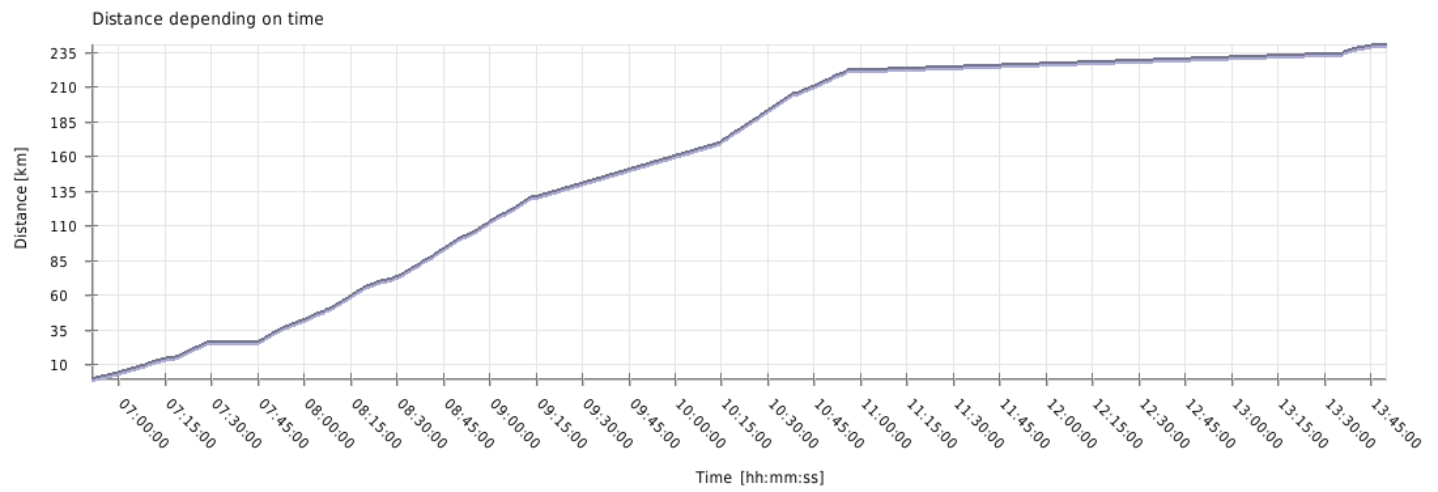


Minimum speed:	0.6 km/h
Maximum speed:	102.6 km/h
Average climbing speed :	63.8 km/h
Average descent speed :	27.7 km/h
Average flat speed:	67.2 km/h
Average speed:	36.2 km/h

Time

Date of track:	2.4.2008
Start time:	06:51:23
End time:	13:49:58
Total track time:	6h 58m 35s
Climbing time:	1h 13m 49s
Descent time:	5h 17m 10s
Flat time:	27m 36s

Distance



Total flat distance:	239.9 km
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Total real distance:	240.3 km
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Climbing distance:	68.2 km
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Descent distance:	142.2 km
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Flat distance:	29.9 km
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